

Screening for Thyroid Disease, ACP-ASIM Scientific Policy, Ann Intern Med. 1998; 129:141-143, code 500700180.

<http://www.acponline.org/sci-policy/guidelines/>

Recommendations

It is reasonable to screen women older than 50 years of age for unsuspected but symptomatic thyroid disease. The preferred screening method is a sensitive TSH test. A free thyroxine test should be done when the TSH level is undetectable or is 10 mU/L or more. Patients who have an undetectable TSH level and an elevated free thyroxine level have overt hyperthyroidism. Patients who have a TSH level higher than 10 mU/L and a low free thyroxine level have overt hypothyroidism. Patients with either of these conditions are likely to benefit from appropriate treatment.

The following two pages are screen shots of the GLIF specification of this guideline, done by Aziz Boxwala, using the GEODE Authoring Tool, Gauth.



