



Internal Relationships

Romantic or close personal relationships within the workplace can create potential conflicts of interest, favouritism, or allegations of harassment if not handled correctly.

- 1 Disclose relationships to HR:** If you enter into a romantic relationship with a colleague, especially someone in a supervisory position, disclose the relationship to HR to ensure transparency and avoid conflicts of interest.
- 2 Avoid favouritism:** Ensure that personal relationships do not influence decisions related to promotions, projects, or other work-related matters.
- 3 Set clear boundaries at work:** Maintain professionalism during work hours and keep personal matters outside of the workplace. Avoid public displays of affection or discussions of personal issues in the office.
- 4 Be mindful of the impact on others:** Consider how your relationship might be perceived by colleagues and avoid behaviours that could create discomfort or the appearance of preferential treatment.