

# THE TRANS TOOL KIT.



IDENTITY  
FORWARD

## TRANSGENDER

*when a person's gender identity differs from their assigned gender at birth. "Trans" is often used as shorthand for transgender.*

## TRANSWOMAN

*a woman who was assigned male at birth.*

## TRANSMAN

*a male who was assigned female at birth.*

## CISGENDER

*when a person's gender identity matches with their gender assigned at birth. "Cis" is often used as shorthand for cisgender.*

## NON-BINARY

*Most people – including most transgender people – are either male or female or within the binary.*

*But some people don't neatly fit into the categories of "man" or "woman," or "male" or "female."*

*For example, some people have a gender that blends elements of being a man or a woman, or a gender that is different than either male or female.*

## GENDER IDENTITY

*One's internal sense of being male, female, neither of these, both, or other gender(s). Everyone has a gender identity, including you. For transgender people, their sex assigned at birth and their gender identity are not necessarily the same.*

## SEX ASSIGNED AT BIRTH

*The assignment and classification of people as male, female, intersex, or another sex assigned at birth often based on physical anatomy at birth and/or karyotyping.*

## GENDER DYSPHORIA

*anxiety and/or discomfort regarding one's sex assigned at birth.*

## TRANSITION

*a person's process to develop and match their gender identity.*

## TOP SURGERY

*referred to as gender affirming surgery, specifically chest surgery which can include, mastectomy or breast augmentation.*

## BOTTOM SURGERY

*referred to as gender affirming surgery, genital surgeries such as vaginoplasty, phalloplasty, or metoidioplasty.*

## INTERSEX

*a general term used for a variety of conditions in which a person is born with a reproductive or sexual anatomy that doesn't seem to fit the typical definitions of female or male.*

## CROSSDRESSING

*the act of dressing and presenting as a different gender. (i.e. some drag performances)*

## PREFERRED PRONOUNS

*pronouns that one uses to identify themselves. For example, he/him, she/her or they/them.*

## QUEER

*A term for people of marginalized gender identities & sexual orientations who are not cisgender and/or heterosexual.*