



**KURIFTU
RESORTS**
• AWASH FALLS •

KURIFTU RESORT & SPA

AWASH FALLS SPA MENU

Hot Stone Massage

a hot stone massage involves flat basalt stones being immersed in hot water and then placed onto specific parts of the body. This special massage provides pain relief, stress relief, increased joint flexibility, and decreased muscle tension.

1hr.....1,500.00

Shea Butter Massage

the concentration of natural vitamins and fatty acids in shea butter helps moisturize and nourish the skin. Its high fat content makes it an excellent natural emollient and humectant, locking in moisture and keeping skin hydrated. It ensures that the skin's natural oils are preserved. This means good and smooth skin.

1hr.....1,300.00

Deep Tissue Massage

is similar to Swedish massage but the deeper pressure is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendon and fascia (the protective layer surrounding muscles, bones and joints).

1.5hr.....1,300.00

1hr.....1,000.00

30min.....600.00

Coffee Infused Hot Oil Massage

the oil is the central component of this practice. When combined with massage strokes, it helps reduce stress, improves skin health and reduces muscle stiffness.

1hr.....1,100.00

Swedish Massage

is the most widely recognized and commonly used category of massage. The techniques vary from light to vigorous. This form of massage has shown to be helpful in reducing pain, joint stiffness, and improving overall function.

1.5hr.....1,100.00

1hr.....800.00

30min.....450.00

Aromatherapy Massage

incorporates the use of scented essential oils into a massage. The massage involves alternating between gentle and harder pressure while using a specific blend of essential oils

1hr.....1,000.00