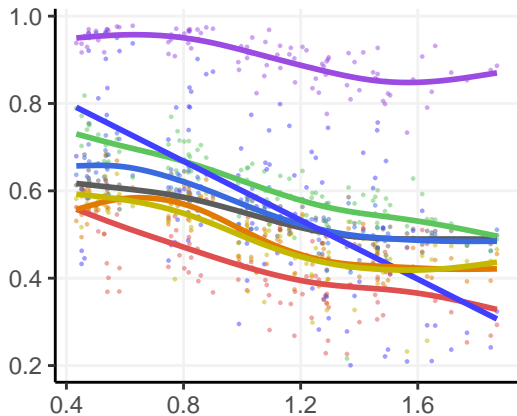
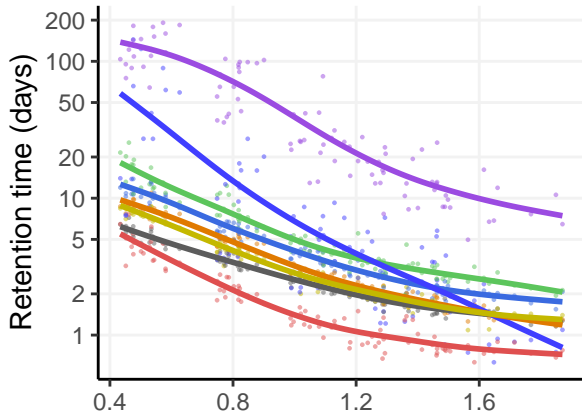


a.

Assimilation efficiency

 $(g_{\text{assim}} \cdot g_{\text{intake}}^{-1})$ **b.**

Retention time (days)

 $(g_{\text{intake}} \cdot g_{\text{body}}^{-1} \cdot \text{d}^{-1})$ 

Element

K

Mg

C

N

P

S

Ca

Na