## 1 Piecewise linear definition

I will define the piecewise linear twist angle as

$$\psi(r) = \begin{cases} \psi'_{c}r & 0 \le r \le R_{c} \\ \psi'_{s}r + (\psi'_{c} - \psi'_{s})R_{c} & R_{c} < r \le R_{s} \\ \psi'_{R}r + (\psi'_{s} - \psi'_{R})R_{s} + (\psi'_{c} - \psi'_{s})R_{c} & R_{s} < r \le R. \end{cases}$$
(1)

Next, I will insert this into the free energy per unit volume,

$$E(R, \eta, \delta; \psi(r)) = \frac{2}{R^2} \int_0^R r dr \left[ \frac{1}{2} \left( \psi' + \frac{\sin 2\psi}{2r} - 1 \right)^2 + \frac{1}{2} K_{33} \frac{\sin^4 \psi}{r^2} \right]$$

$$+ \frac{\Lambda \delta^2}{2R^2} \int_0^R r dr \left( \frac{4\pi^2}{\cos^2 \psi} - \eta^2 \right)^2 + \frac{\omega \delta^2}{2} \left( \frac{3}{4} \delta^2 - 1 \right)$$

$$- \frac{(1 + k_{24})}{R^2} \sin \psi(R) + \frac{2\gamma}{R}.$$
(2)

## 2 Detailed calculations

For a general linear function of the form  $\psi(r) = \psi'_{ab}r + \psi_0$  in the region a < r < b, the two integrals in eqn 2 become

$$\int_{a}^{b} r dr \left[ \frac{1}{2} \left( \psi'_{ab} + \frac{\sin(2(\psi'_{ab}r + \psi_{0}))}{2r} - 1 \right)^{2} + \frac{1}{2} K_{33} \frac{\sin^{4}(\psi'_{ab}r + \psi_{0})}{r^{2}} \right] 
= \int_{a}^{b} dr \left( \frac{(1 - \psi'_{ab})^{2}}{2} r + \frac{1}{8} \frac{\sin^{2}(2(\psi'_{ab}r + \psi_{0}))}{r} - \frac{(1 - \psi'_{ab})}{2} \sin(2(\psi'_{ab}r + \psi_{0})) + \frac{1}{2} K_{33} \frac{\sin^{4}(\psi'_{ab}r + \psi_{0})}{r} \right) 
= \left( \frac{1}{4} u(a, b, \psi'_{ab}) + \frac{1}{8} f_{1}(a, b, \psi_{0}, \psi'_{ab}) + \frac{1}{2} K_{33} f_{2}(a, b, \psi_{0}, \psi'_{ab}) + \frac{1}{4} v(a, b, \psi_{0}, \psi'_{ab}) \right)$$
(3)

and

$$\int_{a}^{b} r dr \left( \frac{4\pi^{2}}{\cos^{2}(\psi'_{ab}r + \psi_{0})} - \eta^{2} \right)^{2}$$

$$= \int_{a}^{b} dr \left( \frac{16\pi^{4}r}{\cos^{4}(\psi'_{ab}r + \psi_{0})} - \frac{8\pi^{2}r}{\cos^{2}(\psi'_{ab}r + \psi_{0})} \eta^{2} + \eta^{4}r \right)$$

$$= \left( 16\pi^{4}g_{2}(a, b, \psi_{0}, \psi'_{ab}) - 8\pi^{2}\eta^{2}g_{1}(a, b, \psi_{0}, \psi'_{ab}) + \frac{\eta^{4}}{2}(b^{2} - a^{2}) \right) \tag{4}$$

where I have defined the functions

$$u(x_1, x_2, \zeta) = (1 - \zeta)^2 (x_2^2 - x_1^2), \tag{5a}$$

$$v(x_1, x_2, \xi, \zeta) = \frac{(1 - \zeta)}{\zeta} (\cos(2(\zeta x_2 + \xi)) - \cos(2(\zeta x_1 + \xi))), \tag{5b}$$

$$f_{\alpha}(x_1, x_2, \xi, \zeta) = \int_{x_1}^{x_2} du \frac{\sin^{2\alpha} \left(\frac{2}{\alpha}(\zeta u + \xi)\right)}{u}, \tag{5c}$$

$$g_{\alpha}(x_1, x_2, \xi, \zeta) = \int_{x_1}^{x_2} du \frac{u}{\cos^{2\alpha}(\zeta u + \xi)}.$$
 (5d)

For  $\zeta \ll 1$ , I can expand the final three of these equations up to  $\mathcal{O}(\zeta^4)$  using trigonometric identities to get

$$v(x_{1}, x_{2}, \xi, \zeta) = -2(1 - \zeta)\sin(2\xi)(x_{2} - x_{1}) - 2(1 - \zeta)\cos(2\xi)(x_{2}^{2} - x_{1}^{2})\zeta$$

$$+ \frac{4}{3}(1 - \zeta)\sin(2\xi)(x_{2}^{3} - x_{1}^{3})\zeta^{2} + \frac{2}{3}\cos(2\xi)(x_{2}^{4} - x_{1}^{4})\zeta^{3}, \qquad (6a)$$

$$f_{1}(x_{1}, x_{2}, \xi, \zeta) = \sin^{2}(2\xi)\ln\frac{x_{2}}{x_{1}} + 4\zeta(x_{2} - x_{1})\cos(2\xi)\sin(2\xi)$$

$$+ 2\zeta^{2}(x_{2}^{2} - x_{1}^{2})\left(\cos^{2}(2\xi) - \sin^{2}(2\xi)\right) - \frac{32}{9}\zeta^{3}(x_{2}^{3} - x_{1}^{3})\sin(2\xi)\cos(2\xi) \qquad (6b)$$

$$f_{2}(x_{1}, x_{2}, \xi, \zeta) = \sin^{4}\xi\ln\frac{x_{2}}{x_{1}} + 4\zeta(x_{2} - x_{1})\sin^{3}\xi\cos\xi + \zeta^{2}(x_{2}^{2} - x_{1}^{2})\sin^{2}\xi(\cos^{2}\xi - \sin^{2}\xi)$$

$$+ \frac{4}{3}\zeta^{3}(x_{2}^{3} - x_{1}^{3})\sin\xi\cos\xi\left(\cos^{2}\xi - 5\sin^{2}\xi\right) \qquad (6c)$$

$$g_{1}(x_{1}, x_{2}, \xi, \zeta) = \frac{1}{\cos^{2}\xi}\left(\frac{x_{2}^{2} - x_{1}^{2}}{2} + \frac{2\zeta(x_{2}^{3} - x_{1}^{2})}{3}\tan\xi + \frac{\zeta^{2}(x_{2}^{4} - x_{1}^{4})(3\tan^{2}\xi + 1)}{4} + \frac{4\zeta^{3}(x_{2}^{5} - x_{1}^{5})(4 + 3\tan^{2}\xi)\tan\xi}{15}\right) \qquad (6d)$$

$$g_{2}(x_{1}, x_{2}, \xi, \zeta) = \frac{1}{\cos^{4}\xi}\left(\frac{x_{2}^{2} - x_{1}^{2}}{2} + \frac{4\zeta(x_{2}^{3} - x_{1}^{3})\tan\xi}{3} + \frac{\zeta^{2}(x_{2}^{4} - x_{1}^{4})(1 + 5\tan^{2}\xi)}{2} + \frac{\zeta^{3}(x_{2}^{5} - x_{1}^{5})(60\tan^{2}\xi + 28)\tan\xi}{15}\right) \qquad (6e)$$

The derivatives of these functions are listed below:

$$\frac{\partial u}{\partial x_1} = -2(1-\zeta)^2 x_1 \tag{7a}$$

$$\frac{\partial u}{\partial x_2} = 2(1-\zeta)^2 x_2 \tag{7b}$$

$$\frac{\partial u}{\partial \xi} = 0 \tag{7c}$$

$$\frac{\partial \xi}{\partial \zeta} = -2\zeta(1-\zeta)(x_2^2 - x_1^2) \tag{7d}$$

$$\frac{\partial v}{\partial x_1} = 2(1 - \zeta)\sin(2(\zeta x_1 + \xi)) \tag{8a}$$

$$\frac{\partial v}{\partial x_2} = -2(1-\zeta)\sin(2(\zeta x_1 + \xi)) \tag{8b}$$

$$\frac{\partial v}{\partial \xi} = \begin{cases}
-4\cos(2\xi)(x_2 - x_1) + (4\cos(2\xi)(x_2 - x_1) + 4\sin(2\xi)(x_2^3 - x_1^3))\zeta, & \zeta = 0 \\
-2\frac{(1-\zeta)}{\zeta}(\sin(2(\zeta x_2 + \xi)) - \sin(2(\zeta x_1 + \xi))), & \zeta \neq 0
\end{cases}$$
(8c)

$$\frac{\partial v}{\partial \zeta} = \begin{cases}
2\sin(2\xi)(x_2 - x_1) - 2\cos(2\xi)(x_2^2 - x_1^2) + 4(\cos(2\xi)(x_2^2 - x_1^2) + \frac{2}{3}\sin(2\xi)(x_2^3 - x_1^3))\zeta, & \zeta = 0 \\
\frac{-2(1-\zeta)}{\zeta}(x_2\sin(2(\zeta x_2 + \xi)) - x_1\sin(2(\zeta x_1 + \xi))) - \frac{1}{\zeta^2}(\cos(2(\zeta x_2 + \xi)) - \cos(2(\zeta x_1 + \xi))), & \zeta \neq 0
\end{cases} \tag{8d}$$

$$\frac{\partial f_{\alpha}}{\partial x_{1}} = \begin{cases}
\infty, & x_{1} = 0, \xi \neq 0 \\
-\left(\frac{2\zeta}{\alpha}\right)^{2\alpha} x_{1}^{2\alpha-1}, & x_{1} = 0, \xi = 0 \\
-\frac{\sin^{2\alpha}\left(\frac{2}{\alpha}(\zeta x_{1} + \xi)\right)}{x_{1}}, & x_{1} \neq 0
\end{cases}$$

$$\frac{\partial f_{\alpha}}{\partial x_{2}} = \begin{cases}
\infty, & x_{1} = 0, \xi \neq 0 \\
\left(\frac{2\zeta}{\alpha}\right)^{2\alpha} x_{2}^{2\alpha-1}, & x_{1} = 0, \xi = 0 \\
\frac{\sin^{2\alpha}\left(\frac{2}{\alpha}(\zeta x_{1} + \xi)\right)}{x_{1}}, & x_{1} \neq 0
\end{cases}$$
(9a)

$$\frac{\partial f_{\alpha}}{\partial x_2} = \begin{cases}
\infty, & x_1 = 0, \xi \neq 0 \\
\left(\frac{2\zeta}{\alpha}\right)^{2\alpha} x_2^{2\alpha - 1}, & x_1 = 0, \xi = 0 \\
\frac{\sin^{2\alpha}\left(\frac{2}{\alpha}(\zeta x_1 + \xi)\right)}{x_1}, & x_1 \neq 0
\end{cases} \tag{9b}$$

$$\frac{\partial f_{\alpha}}{\partial \xi} = \begin{cases}
\infty, & x_1 = 0, \xi \neq 0 \\
\int_{x_1}^{x_2} du \frac{4\sin(\frac{2}{\alpha}(\zeta u + \xi))\cos(\frac{2}{\alpha}(\zeta u + \xi))}{u}, & x_1 \neq 0
\end{cases} \tag{9c}$$

$$\frac{\partial f_{\alpha}}{\partial \zeta} = \begin{cases}
4(x_2 - x_1)\cos(2\xi)\sin(2\xi) + 4(x_2^2 - x_1^2)(\cos^2(2\xi) - \sin^2(2\xi))\zeta, & \zeta = 0, \alpha = 1 \\
4(x_2 - x_1)\sin^3(\xi)\cos(\xi) + 2(x_2^2 - x_1^2)\sin^2(\xi)(3\cos^2(\xi) - \sin^2(\xi))\zeta, & \zeta = 0, \alpha = 2 \\
\frac{1}{4\zeta}\left(\sin\left(\frac{2}{\alpha}(\zeta x_2 + \xi)\right) - \sin\left(\frac{2}{\alpha}(\zeta x_1 + \xi)\right)\right), & \zeta \neq 0
\end{cases}$$
(9d)

## 3 References