1 Energy function for a piecewise linear twist angle field

I will define the piecewise linear twist angle as

$$\psi(r) = \begin{cases}
\psi'_c r & 0 \le r \le R_c \\
\psi'_s r + \psi_1 & R_c < r \le R_s \\
\psi'_R r + \psi_2 & R_s < r \le R.
\end{cases}$$
(1)

which have two constraints,

$$\psi_1 = (\psi_c' - \psi_s') R_c, \tag{2a}$$

$$\psi_2 = (\psi_s' - \psi_R') R_s + (\psi_c' - \psi_s') R_c, \tag{2b}$$

to ensure continuity of $\psi(r)$.

Next, I will insert this into the free energy per unit volume,

$$E(R, \eta, \delta; \psi(r)) = \frac{2}{R^2} \int_0^R r dr \left[\frac{1}{2} \left(\psi' + \frac{\sin 2\psi}{2r} - 1 \right)^2 + \frac{1}{2} K_{33} \frac{\sin^4 \psi}{r^2} \right]$$

$$+ \frac{\Lambda \delta^2}{2R^2} \int_0^R r dr \left(\frac{4\pi^2}{\cos^2 \psi} - \eta^2 \right)^2 + \frac{\omega \delta^2}{2} \left(\frac{3}{4} \delta^2 - 1 \right)$$

$$- \frac{(1 + k_{24})}{R^2} \sin \psi(R) + \frac{2\gamma}{R}.$$
(3)

The resulting equation can be written as

$$E(R, \eta, \delta, R_c, R_s, \psi'_c, \psi'_s, \psi'_R) = \frac{2}{R^2} \left(\frac{1}{4} (u(0, R_c, \psi'_c) + u(R_c, R_s, \psi'_s) + u(R_s, R, \psi'_R)) + \frac{1}{8} (f_1(0, R_c, 0, \psi'_c) + f_2(R_c, R_s, \psi_1, \psi'_s) + f_1(R_s, R, \psi_2, \psi'_R)) + \frac{1}{2} K_{33} (f_2(0, R_c, 0, \psi'_c) + f_2(R_c, R_s, \psi_1, \psi'_s) + f_2(R_s, R, \psi_2, \psi'_R)) + \frac{1}{4} (v(0, R_c, 0, \psi'_c) + v(R_c, R_s, \psi_1, \psi'_s) + v(R_s, R, \psi_2, \psi'_R)) \right) + \frac{\Lambda \delta^2}{2R^2} \left(16\pi^4 (g_2(0, R_c, 0, \psi'_c) + g_2(R_c, R_s, \psi_1, \psi'_s) + g_2(R_s, R, \psi_2, \psi'_R)) + \frac{\Lambda \delta^2}{2R^2} (g_1(0, R_c, 0, \psi'_c) + g_1(R_c, R_s, \psi_1, \psi'_s) + g_1(R_s, R, \psi_2, \psi'_R)) + \frac{\eta^4}{2} R^2 \right) + \frac{\omega \delta^2}{2} \left(\frac{3}{4} \delta^2 - 1 \right) - \frac{(1 + k_{24})}{R^2} \sin(\psi'_R R + \psi_2) + \frac{2\gamma}{R} \right)$$

$$(4)$$

which utilizes a derivation shown in the appendix (see eqns 13 and 14, as well as the definitions of the functions u, v, f_{α} , and g_{α} in equations 15a, 15b, 15c, and 15d, respectively). I will minimize this equation subject to the constraint equations 2a and 2b to determine the equilibrium configuration of the fibril.

2 Differentiation of the energy

The derivative with respect to the fibril radius, R, is

$$\frac{\partial E}{\partial R} = \frac{4}{R^3} \left(\frac{1}{4} (u(0, R_c, \psi'_c) + u(R_c, R_s, \psi'_s) + u(R_s, R, \psi'_R)) + \frac{1}{8} (f_1(0, R_c, 0, \psi'_c) + f_1(R_c, R_s, \psi_1, \psi'_s) + f_1(R_s, R, \psi_2, \psi'_R)) + \frac{1}{2} K_{33} (f_2(0, R_c, 0, \psi'_c) + f_2(R_c, R_s, \psi_1, \psi'_s) + f_2(R_s, R, \psi_2, \psi'_R)) + \frac{1}{4} (v(0, R_c, 0, \psi'_c) + v(R_c, R_s, \psi_1, \psi'_s) + v(R_s, R, \psi_2, \psi'_R)) \right) \\
+ \frac{2}{R^2} \left(\frac{1}{4} \frac{\partial u(R_s, x_2, \psi'_R)}{\partial x_2} \Big|_{x_2 = R} + \frac{1}{8} \frac{\partial f_1(R_s, x_2, \psi_2, \psi'_R)}{\partial x_2} \Big|_{x_2 = R} + \frac{1}{2} K_{33} \frac{\partial f_2(R_s, x_2, \psi_2, \psi'_R)}{\partial x_2} \Big|_{x_2 = R} \right) \\
- \frac{\Lambda \delta^2}{R^3} \left(16\pi^4 (g_2(0, R_c, 0, \psi'_c) + g_2(R_c, R_s, \psi_1, \psi'_s) + g_2(R_s, R, \psi_2, \psi'_R)) - 8\pi^2 \eta^2 (g_1(0, R_c, 0, \psi'_c) + g_1(R_c, R_s, \psi_1, \psi'_s) + g_1(R_s, R, \psi_2, \psi'_R)) + \frac{\eta^4}{2} R^2 \right) \\
+ \frac{\Lambda \delta^2}{2R^2} \left(16\pi^4 \frac{\partial g_2(R_s, x_2, \psi_2, \psi'_R)}{\partial x_2} \Big|_{x_2 = R} - 8\pi^2 \eta^2 \frac{\partial g_1(R_s, x_2, \psi_2, \psi'_R)}{\partial x_2} \Big|_{x_2 = R} + \eta^4 R \right) \\
+ \frac{2(1 + k_{24})}{R^3} \sin(\psi'_R R + \psi_2) - \frac{\psi'_R (1 + k_{24})}{R^2} \cos(\psi'_R R + \psi_2) - \frac{2\gamma}{R^2}. \tag{5}$$

The derivative with respect to the inverse period of density modulations, η , is

$$\frac{\partial E}{\partial \eta} = \frac{\Lambda \delta^2}{2R^2} \left(-16\pi^2 \eta (g_1(0, R_c, 0, \psi_c') + g_1(R_c, R_s, \psi_1, \psi_s') + g_1(R_s, R, \psi_2, \psi_R')) + 2\eta^3 R^2 \right)$$
 (6)

The derivative with respect to the size of the density modulations, δ , is

$$\frac{\partial E}{\partial \delta} = \frac{\Lambda \delta}{R^2} \left(16\pi^4 (g_2(0, R_c, 0, \psi'_c) + g_2(R_c, R_s, \psi_1, \psi'_s) + g_2(R_s, R, \psi_2, \psi'_R)) - 8\pi^2 \eta^2 (g_1(0, R_c, 0, \psi'_c) + g_1(R_c, R_s, \psi_1, \psi'_s) + g_1(R_s, R, \psi_2, \psi'_R)) + \frac{\eta^4}{2} R^2 \right) + \omega \delta \left(\frac{3}{2} \delta^2 - 1 \right).$$
(7)

The derivative with respect to the core radius size, R_c , is

$$\frac{\partial E}{\partial R_c} = \frac{2}{R^2} \left(\frac{1}{4} \left(\frac{\partial u(0, x_2, \psi'_c)}{\partial x_2} \Big|_{x_2 = R_c} + \frac{\partial u(x_1, R_s, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} \right) + \frac{1}{8} \left(\frac{\partial f_1(0, x_2, 0, \psi'_c)}{\partial x_2} \Big|_{x_2 = R_c} \right) + \frac{\partial f_1(x_1, R_s, \psi_1, \psi'_c)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_1(R_c, R_s, \xi, \psi'_s)}{\partial \xi} \Big|_{\xi = \psi_1} \frac{\partial \psi_1}{\partial R_c} + \frac{\partial f_1(R_s, R, \xi, \psi'_R)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial R_c} \right) + \frac{1}{2} K_{33} \left(\frac{\partial f_2(0, x_2, 0, \psi'_c)}{\partial x_2} \Big|_{x_2 = R_c} + \frac{\partial f_2(x_1, R_s, \psi_1, \psi'_c)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_c, R_s, \xi, \psi'_s)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_1}{\partial R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_1}{\partial R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial \xi} \Big|_{x_2 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_1} \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_2} \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{x_1 = R_c} + \frac{\partial f_2(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_1} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s, R, \xi, \psi'_s)}{\partial x_2} \Big|_{\xi = \psi_1} \frac{\partial f_1(R_s,$$

The derivative with respect to the shelf radius size, R_s , is

$$\frac{\partial E}{\partial R_s} = \frac{2}{R^2} \left(\frac{1}{4} \left(\frac{\partial u(R_c, x_2, \psi'_s)}{\partial x_2} \Big|_{x_2 = R_s} + \frac{\partial u(x_1, R, \psi'_R)}{\partial x_1} \Big|_{x_1 = R_s} \right) + \frac{1}{8} \left(\frac{\partial f_1(R_c, x_2, \psi_1, \psi'_s)}{\partial x_2} \Big|_{x_2 = R_s} \right) + \frac{\partial f_1(x_1, R, \psi_2, \psi'_R)}{\partial x_1} \Big|_{x_1 = R_s} + \frac{\partial f_1(R_s, R, \xi, \psi'_R)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial R_s} \right) + \frac{1}{2} K_{33} \left(\frac{\partial f_2(R_c, x_2, \psi_1, \psi'_s)}{\partial x_2} \Big|_{x_2 = R_s} + \frac{\partial f_2(x_1, R, \psi_2, \psi'_R)}{\partial x_1} \Big|_{x_1 = R_s} + \frac{\partial f_2(R_s, R, \xi, \psi'_R)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial R_s} \right) + \frac{1}{4} \left(\frac{\partial v(R_c, x_2, \psi_1, \psi'_s)}{\partial x_2} \Big|_{x_2 = R_s} + \frac{\partial v(x_1, R, \psi_2, \psi'_R)}{\partial x_1} \Big|_{x_1 = R_2} + \frac{\partial v(R_s, R, \xi, \psi'_R)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial R_s} \right) + \frac{\Lambda \delta^2}{2R^2} \left(16\pi^4 \left(\frac{\partial g_2(R_c, x_2, \psi_1, \psi'_s)}{\partial x_2} \Big|_{x_2 = R_s} + \frac{\partial g_2(x_1, R, \psi_2, \psi'_R)}{\partial x_1} \Big|_{x_1 = R_s} + \frac{\partial g_2(R_s, R, \xi, \psi'_R)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial R_s} \right) - 8\pi^2 \eta^2 \left(\frac{\partial g_1(R_c, x_2, \psi_1, \psi'_s)}{\partial x_2} \Big|_{x_2 = R_s} + \frac{g_1(x_1, R, \psi_2, \psi'_R)}{\partial x_1} \Big|_{x_1 = R_s} + \frac{\partial g_1(R_s, R, \xi, \psi'_R)}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial R_s} \right) - \frac{(1 + k_{24})}{R^2} \cos(\psi'_R R + \psi_2) \frac{\partial \psi_2}{\partial R_s}. \tag{9}$$

The derivative with respect to the twist angle gradient in the core, ψ'_c , is

$$\frac{\partial E}{\partial \psi_{c}'} = \frac{2}{R^{2}} \left(\frac{1}{4} \frac{\partial u(0, R_{c}, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{1}{8} \left(\frac{\partial f_{1}(0, R_{c}, 0, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{\partial f_{1}(R_{c}, R_{s}, \xi, \psi_{s}')}{\partial \xi} \Big|_{\xi=\psi_{1}} \frac{\partial \psi_{1}}{\partial \psi_{c}'} \right) + \frac{1}{2} K_{33} \left(\frac{\partial f_{2}(0, R_{c}, 0, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{\partial f_{2}(R_{c}, R_{s}, \xi, \psi_{s}')}{\partial \xi} \Big|_{\xi=\psi_{1}} \frac{\partial \psi_{1}}{\partial \psi_{c}'} \right) + \frac{1}{4} \left(\frac{\partial v(0, R_{c}, 0, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{\partial v(R_{c}, R_{s}, \xi, \psi_{s}')}{\partial \xi} \Big|_{\xi=\psi_{1}} \frac{\partial \psi_{1}}{\partial \psi_{c}'} \right) + \frac{1}{4} \left(\frac{\partial v(0, R_{c}, 0, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{\partial v(R_{c}, R_{s}, \xi, \psi_{s}')}{\partial \xi} \Big|_{\xi=\psi_{1}} \frac{\partial \psi_{1}}{\partial \psi_{c}'} \right) + \frac{\Lambda \delta^{2}}{2R^{2}} \left(16\pi^{4} \left(\frac{\partial g_{2}(0, R_{c}, 0, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{\partial g_{2}(R_{c}, R_{s}, \xi, \psi_{s}')}{\partial \xi} \Big|_{\xi=\psi_{1}} \frac{\partial \psi_{1}}{\partial \psi_{c}'} \right) + \frac{\partial g_{2}(R_{s}, R, \xi, \psi_{R}')}{\partial \xi} \Big|_{\xi=\psi_{2}} \frac{\partial \psi_{2}}{\partial \psi_{c}'} \right) - 8\pi^{2} \eta^{2} \left(\frac{\partial g_{1}(0, R_{c}, 0, \zeta)}{\partial \zeta} \Big|_{\zeta=\psi_{c}'} + \frac{\partial g_{1}(R_{c}, R_{s}, \xi, \psi_{s}')}{\partial \xi} \Big|_{\xi=\psi_{1}} \frac{\partial \psi_{1}}{\partial \psi_{c}'} \right) + \frac{\partial g_{1}(R_{s}, R, \xi, \psi_{R}')}{\partial \xi} \Big|_{\xi=\psi_{2}} \frac{\partial \psi_{2}}{\partial \psi_{c}'} \right) - \frac{(1 + k_{24})}{R^{2}} \cos(\psi_{R}' R + \psi_{2}) \frac{\partial \psi_{2}}{\partial \psi_{c}'}.$$

$$(10)$$

The derivative with respect to the twist angle gradient in the shelf, ψ'_s , is

$$\frac{\partial E}{\partial \psi_s'} = \frac{2}{R^2} \left(\frac{1}{4} \frac{\partial u(R_c, R_s, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_s'} + \frac{1}{8} \left(\frac{\partial f_1(R_c, R_s, \psi_1, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_s'} + \frac{\partial f_1(R_s, R, \xi, \psi_R')}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial \psi_s'} \right) \\
+ \frac{1}{2} K_{33} \left(\frac{\partial f_2(R_c, R_s, \psi_1, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_s'} + \frac{\partial f_2(R_s, R, \xi, \psi_R')}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial \psi_s'} \right) \\
+ \frac{1}{4} \left(\frac{\partial v(R_c, R_s, \psi_1, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_s'} + \frac{\partial v(R_s, R, \xi, \psi_R')}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial \psi_s'} \right) \right) \\
+ \frac{\Lambda \delta^2}{2R^2} \left(16\pi^4 \left(\frac{\partial g_2(R_c, R_s, \psi_1, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_s'} + \frac{\partial g_2(R_s, R, \xi, \psi_R')}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial \psi_s'} \right) \right) \\
- 8\pi^2 \eta^2 \left(\frac{\partial g_1(R_c, R_s, \psi_1, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_s'} + \frac{\partial g_1(R_s, R, \xi, \psi_R')}{\partial \xi} \Big|_{\xi = \psi_2} \frac{\partial \psi_2}{\partial \psi_s'} \right) \right) \\
- \frac{(1 + k_{24})}{R^2} \cos(\psi_R' R + \psi_2) \frac{\partial \psi_2}{\partial \psi_s'}. \tag{11}$$

Finally, the derivative with respect to the twist angle gradient in surface reconstruction region, ψ'_R , is

$$\frac{\partial E}{\partial \psi_{R}'} = \frac{2}{R^{2}} \left(\frac{1}{4} \frac{\partial u(R_{s}, R, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} + \frac{1}{8} \frac{\partial f_{1}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} + \frac{1}{2} K_{33} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} \right) + \frac{1}{4} \frac{\partial v(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} + \frac{1}{2} K_{33} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - 8\pi^{2} \eta^{2} \frac{\partial g_{1}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}(R_{s}, R, \psi_{2}, \zeta)}{\partial \zeta} \Big|_{\zeta = \psi_{R}'} - \frac{1}{2} \frac{\partial f_{2}($$

3 Detailed calculations

For a general linear function of the form $\psi(r) = \psi'_{ab}r + \psi_0$ in the region a < r < b, the two integrals in eqn 3 become

$$\int_{a}^{b} r dr \left[\frac{1}{2} \left(\psi'_{ab} + \frac{\sin(2(\psi'_{ab}r + \psi_{0}))}{2r} - 1 \right)^{2} + \frac{1}{2} K_{33} \frac{\sin^{4}(\psi'_{ab}r + \psi_{0})}{r^{2}} \right]
= \int_{a}^{b} dr \left(\frac{(1 - \psi'_{ab})^{2}}{2} r + \frac{1}{8} \frac{\sin^{2}(2(\psi'_{ab}r + \psi_{0}))}{r} - \frac{(1 - \psi'_{ab})}{2} \sin(2(\psi'_{ab}r + \psi_{0})) + \frac{1}{2} K_{33} \frac{\sin^{4}(\psi'_{ab}r + \psi_{0})}{r} \right)
= \left(\frac{1}{4} u(a, b, \psi'_{ab}) + \frac{1}{8} f_{1}(a, b, \psi_{0}, \psi'_{ab}) + \frac{1}{2} K_{33} f_{2}(a, b, \psi_{0}, \psi'_{ab}) + \frac{1}{4} v(a, b, \psi_{0}, \psi'_{ab}) \right)$$
(13)

and

$$\int_{a}^{b} r dr \left(\frac{4\pi^{2}}{\cos^{2}(\psi'_{ab}r + \psi_{0})} - \eta^{2} \right)^{2}$$

$$= \int_{a}^{b} dr \left(\frac{16\pi^{4}r}{\cos^{4}(\psi'_{ab}r + \psi_{0})} - \frac{8\pi^{2}r}{\cos^{2}(\psi'_{ab}r + \psi_{0})} \eta^{2} + \eta^{4}r \right)$$

$$= \left(16\pi^{4}g_{2}(a, b, \psi_{0}, \psi'_{ab}) - 8\pi^{2}\eta^{2}g_{1}(a, b, \psi_{0}, \psi'_{ab}) + \frac{\eta^{4}}{2}(b^{2} - a^{2}) \right)$$
(14)

where I have defined the functions

$$u(x_1, x_2, \zeta) = (1 - \zeta)^2 (x_2^2 - x_1^2),$$
 (15a)

$$v(x_1, x_2, \xi, \zeta) = \frac{(1 - \zeta)}{\zeta} (\cos(2(\zeta x_2 + \xi)) - \cos(2(\zeta x_1 + \xi))), \tag{15b}$$

$$f_{\alpha}(x_1, x_2, \xi, \zeta) = \int_{x_1}^{x_2} du \frac{\sin^{2\alpha} \left(\frac{2}{\alpha}(\zeta u + \xi)\right)}{u}, \tag{15c}$$

$$g_{\alpha}(x_1, x_2, \xi, \zeta) = \int_{x_1}^{x_2} du \frac{u}{\cos^{2\alpha}(\zeta u + \xi)}.$$
 (15d)

For $\zeta \ll 1$, I can expand the final three of these equations up to $\mathcal{O}(\zeta^4)$ using trigonometric identities to get

$$v(x_{1}, x_{2}, \xi, \zeta) = -2(1 - \zeta)\sin(2\xi)(x_{2} - x_{1}) - 2(1 - \zeta)\cos(2\xi)(x_{2}^{2} - x_{1}^{2})\zeta$$

$$+ \frac{4}{3}(1 - \zeta)\sin(2\xi)(x_{2}^{3} - x_{1}^{3})\zeta^{2} + \frac{2}{3}\cos(2\xi)(x_{2}^{4} - x_{1}^{4})\zeta^{3}, \qquad (16a)$$

$$f_{1}(x_{1}, x_{2}, \xi, \zeta) = \sin^{2}(2\xi)\ln\frac{x_{2}}{x_{1}} + 4\zeta(x_{2} - x_{1})\cos(2\xi)\sin(2\xi)$$

$$+ 2\zeta^{2}(x_{2}^{2} - x_{1}^{2})\left(\cos^{2}(2\xi) - \sin^{2}(2\xi)\right) - \frac{32}{9}\zeta^{3}(x_{2}^{3} - x_{1}^{3})\sin(2\xi)\cos(2\xi) \qquad (16b)$$

$$f_{2}(x_{1}, x_{2}, \xi, \zeta) = \sin^{4}\xi\ln\frac{x_{2}}{x_{1}} + 4\zeta(x_{2} - x_{1})\sin^{3}\xi\cos\xi + \zeta^{2}(x_{2}^{2} - x_{1}^{2})\sin^{2}\xi(\cos^{2}\xi - \sin^{2}\xi)$$

$$+ \frac{4}{3}\zeta^{3}(x_{2}^{3} - x_{1}^{3})\sin\xi\cos\xi\left(\cos^{2}\xi - 5\sin^{2}\xi\right) \qquad (16c)$$

$$g_{1}(x_{1}, x_{2}, \xi, \zeta) = \frac{1}{\cos^{2}\xi}\left(\frac{x_{2}^{2} - x_{1}^{2}}{2} + \frac{2\zeta(x_{2}^{3} - x_{1}^{2})}{3}\tan\xi + \frac{\zeta^{2}(x_{2}^{4} - x_{1}^{4})(3\tan^{2}\xi + 1)}{4} + \frac{4\zeta^{3}(x_{2}^{5} - x_{1}^{5})(4 + 3\tan^{2}\xi)\tan\xi}{15}\right) \qquad (16d)$$

$$g_{2}(x_{1}, x_{2}, \xi, \zeta) = \frac{1}{\cos^{4}\xi}\left(\frac{x_{2}^{2} - x_{1}^{2}}{2} + \frac{4\zeta(x_{2}^{3} - x_{1}^{3})\tan\xi}{3} + \frac{\zeta^{2}(x_{2}^{4} - x_{1}^{4})(1 + 5\tan^{2}\xi)}{2} + \frac{\zeta^{3}(x_{2}^{5} - x_{1}^{5})(60\tan^{2}\xi + 28)\tan\xi}{15}\right) \qquad (16e)$$

The derivatives of these functions are listed below:

$$\frac{\partial u}{\partial x_1} = -2(1-\zeta)^2 x_1 \tag{17a}$$

$$\frac{\partial u}{\partial x_2} = 2(1-\zeta)^2 x_2 \tag{17b}$$

$$\frac{\partial u}{\partial \xi} = 0 \tag{17c}$$

$$\frac{\partial u}{\partial \zeta} = -2\zeta(1-\zeta)(x_2^2 - x_1^2) \tag{17d}$$

$$\frac{\partial v}{\partial x_1} = 2(1 - \zeta)\sin(2(\zeta x_1 + \xi)) \tag{18a}$$

$$\frac{\partial v}{\partial x_2} = -2(1-\zeta)\sin(2(\zeta x_2 + \xi)) \tag{18b}$$

$$\frac{\partial v}{\partial \xi} = \begin{cases}
-4\cos(2\xi)(x_2 - x_1) + (4\cos(2\xi)(x_2 - x_1) + 4\sin(2\xi)(x_2^2 - x_1^2))\zeta, & \zeta = 0 \\
-2\frac{(1-\zeta)}{\zeta}(\sin(2(\zeta x_2 + \xi)) - \sin(2(\zeta x_1 + \xi))), & \zeta \neq 0
\end{cases}$$
(18c)

$$\frac{\partial v}{\partial \zeta} = \begin{cases}
2\sin(2\xi)(x_2 - x_1) - 2\cos(2\xi)(x_2^2 - x_1^2) + 4(\cos(2\xi)(x_2^2 - x_1^2) + \frac{2}{3}\sin(2\xi)(x_2^3 - x_1^3))\zeta, & \zeta = 0 \\
\frac{-2(1-\zeta)}{\zeta}(x_2\sin(2(\zeta x_2 + \xi)) - x_1\sin(2(\zeta x_1 + \xi))) - \frac{1}{\zeta^2}(\cos(2(\zeta x_2 + \xi)) - \cos(2(\zeta x_1 + \xi))), & \zeta \neq 0
\end{cases} \tag{18d}$$

$$\frac{\partial f_{\alpha}}{\partial x_{1}} = \begin{cases}
\infty, & x_{1} = 0, \xi \neq 0 \\
-\left(\frac{2\zeta}{\alpha}\right)^{2\alpha} x_{1}^{2\alpha - 1}, & x_{1} = 0, \xi = 0 \\
-\frac{\sin^{2\alpha}\left(\frac{2}{\alpha}(\zeta x_{1} + \xi)\right)}{x_{1}}, & x_{1} \neq 0
\end{cases} \tag{19a}$$

$$\frac{\partial f_{\alpha}}{\partial x_2} = \begin{cases}
\infty, & x_1 = 0, \xi \neq 0 \\
\left(\frac{2\zeta}{\alpha}\right)^{2\alpha} x_2^{2\alpha - 1}, & x_1 = 0, \xi = 0 \\
\frac{\sin^{2\alpha}\left(\frac{2}{\alpha}(\zeta x_1 + \xi)\right)}{x_1}, & x_1 \neq 0
\end{cases} \tag{19b}$$

$$\frac{\partial f_{\alpha}}{\partial \xi} = \begin{cases}
\infty, & x_1 = 0, \xi \neq 0 \\
\int_{x_1}^{x_2} du \frac{4\sin^{2\alpha - 1}\left(\frac{2}{\alpha}(\zeta u + \xi)\right)\cos\left(\frac{2}{\alpha}(\zeta u + \xi)\right)}{u}, & x_1 \neq 0
\end{cases} \tag{19c}$$

$$\frac{\partial f_{\alpha}}{\partial \xi} = \begin{cases}
\infty, & x_{1} = 0, \xi \neq 0 \\
\int_{x_{1}}^{x_{2}} du \frac{4 \sin^{2\alpha - 1} \left(\frac{2}{\alpha} (\zeta u + \xi)\right) \cos \left(\frac{2}{\alpha} (\zeta u + \xi)\right)}{u}, & x_{1} \neq 0
\end{cases} \\
\frac{\partial f_{\alpha}}{\partial \zeta} = \begin{cases}
4(x_{2} - x_{1}) \cos(2\xi) \sin(2\xi) + 4(x_{2}^{2} - x_{1}^{2})(\cos^{2}(2\xi) - \sin^{2}(2\xi))\zeta, & \zeta = 0, \alpha = 1 \\
4(x_{2} - x_{1}) \sin^{3}(\xi) \cos(\xi) + 2(x_{2}^{2} - x_{1}^{2}) \sin^{2}(\xi)(3 \cos^{2}(\xi) - \sin^{2}(\xi))\zeta, & \zeta = 0, \alpha = 2 \\
\frac{1}{\zeta} \left(\sin^{2\alpha} \left(\frac{2}{\alpha} (\zeta x_{2} + \xi)\right) - \sin^{2\alpha} \left(\frac{2}{\alpha} (\zeta x_{1} + \xi)\right)\right), & \zeta \neq 0
\end{cases}$$

$$\frac{\partial g_{\alpha}}{\partial x_1} = \frac{-x_1}{\cos^{2\alpha}(\zeta x_1 + \xi)} \tag{20a}$$

$$\frac{\partial g_{\alpha}}{\partial x_2} = \frac{x_2}{\cos^{2\alpha}(\zeta x_2 + \xi)} \tag{20b}$$

$$\frac{\partial g_{\alpha}}{\partial x_{2}} = \frac{x_{2}}{\cos^{2\alpha}(\zeta x_{2} + \xi)}$$

$$\frac{\partial g_{\alpha}}{\partial \xi} = \int_{x_{1}}^{x_{2}} du \frac{2\alpha u \sin(\zeta u + \xi)}{\cos^{2\alpha+1}(\zeta u + \xi)}$$

$$\frac{\partial g_{\alpha}}{\partial \zeta} = \int_{x_{1}}^{x_{2}} du \frac{2\alpha u^{2} \sin(\zeta u + \xi)}{\cos^{2\alpha+1}(\zeta u + \xi)}$$
(20b)
$$\frac{\partial g_{\alpha}}{\partial \xi} = \int_{x_{1}}^{x_{2}} du \frac{2\alpha u^{2} \sin(\zeta u + \xi)}{\cos^{2\alpha+1}(\zeta u + \xi)}$$
(20d)

$$\frac{\partial g_{\alpha}}{\partial \zeta} = \int_{x_1}^{x_2} du \frac{2\alpha u^2 \sin(\zeta u + \xi)}{\cos^{2\alpha + 1}(\zeta u + \xi)}$$
(20d)

4 References