



Shadow Health John Larsen

Nursing midterm exam (Walden University)

Patient: John Larsen – Anxiety and Panic Attack



Chief Complaint

- Finding: Established chief complaint

Finding: Reports that he felt like he was "smothering" - sense of chest pressure (Found)

Pro Tip: A patient's chief complaint establishes any illnesses or concerns they are presenting. Asking about the chief complaint will allow the patient to voice any concerns or symptoms the patient may have.

Where do you feel the smothering sensation?

Finding: Reports feeling rapid heartbeat (Found)

Pro Tip: A patient's chief complaint establishes any illnesses or concerns they are presenting. Asking about the chief complaint will allow the patient to voice any concerns or symptoms the patient may have.

Can you describe the smothering sensation?

-

Reports sweating and shivering

(Available)

Pro Tip: A patient's chief complaint establishes any illnesses or concerns they are presenting. Asking about the chief complaint will allow the patient to voice any concerns or symptoms the patient may have.

Example Question:

Can you describe the smothering sensation?

-

Finding:

Reports shortness of breath

(Found)

Pro Tip: A patient's chief complaint establishes any illnesses or concerns they are presenting. Asking about the chief complaint will allow the patient to voice any concerns or symptoms the patient may have.

Example Question:

Do you ever get short of breath?

History of Present Illness

-

Finding:

Asked about onset and duration of symptoms

-

Finding:

Reports feeling started last night

(Found)

Pro Tip: Asking a patient about the length of their current health issues solicits information relevant to the history of their present illness. Details of their current complaint will help you follow-up on any present conditions or symptoms, such as the location of their pain or the amount of pain they may be experiencing.

Example Question:

When did the smothering sensation start?

-

Finding:

Reports feeling began at 3 am

(Found)

Pro Tip: Asking a patient about the length of their current health issues solicits information relevant to the history of their present illness. Details of their current complaint will help you follow-up on any present conditions or symptoms, such as the location of their pain or the amount of pain they may be experiencing.

Example Question:

When did the smothering sensation start?

-

Finding:

Reports that feeling has been constant since onset

(Found)

Pro Tip: Asking a patient about the length of their current health issues solicits information relevant to the history of their present illness. Details of their current complaint will help you follow-up on any present conditions or symptoms, such as the location of their pain or the amount of pain they may be experiencing.

Example Question:

Has the smothering sensation been constant?

-

Finding:

Asked about aggravating factors of symptoms

-

Finding:

Reports that movement or anything besides resting seems to make the symptoms worse

(Found)

Pro Tip: Asking a patient about the length of their current health issues solicits information relevant to the history of their present illness. Details of their current complaint will help you follow-up on any present conditions or symptoms, such as the location of their pain or the amount of pain they may be experiencing.

Example Question:

What makes the smothering sensation worse?

-

Finding:

Asked about relieving factors of symptoms

-

Finding:

Reports trying to take deep breaths

(Found)

Pro Tip: Asking a patient about the length of their current health issues solicits information relevant to the history of their present illness. Details of their current complaint will help you follow-up on any present conditions or symptoms, such as the location of their pain or the amount of pain they may be experiencing.

Example Question:

What makes the smothering sensation better?

-

Finding:

Reports resting to try to feel calmer

(Available)

Pro Tip: Asking a patient about the length of their current health issues solicits information relevant to the history of their present illness. Details of their current complaint will help you follow-up on any present conditions or symptoms, such as the location of their pain or the amount of pain they may be experiencing.

Example Question:

How do you treat your symptoms?

Anxiety Screening

-

Finding:

Asked about anxiety

-

Finding:

Reports excessive worry

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you been unreasonably worried?

•

Finding:

Reports worry frequency as occurring more days than not

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you experience excessive worry more days than not?

•

Finding:

Reports excessive worry has happened for at least the last 6 months

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you been troubled by excessive worry for the last six months?

•

Finding:

Reports unreasonable worry about work

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Are you unreasonably troubled by work?

•

Finding:

Reports unreasonable worry about health

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Are you troubled by unreasonable worry about your health?

•

Finding:

Reports occasionally feeling unable to control worry

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Are you feeling troubled by worrying uncontrollably?

•

Finding:

Asked about restlessness

•

Finding:

Reports occasional restlessness

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Are you bothered by restlessness?

•

Finding:

Reports occasionally feeling "keyed up" or "on edge"

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you been feeling on edge lately?

•

Finding:

Denies feeling easily tired

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you tire easily?

•

Finding:

Denies problems concentrating

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you been having trouble concentrating?

•

Finding:

Reports occasional irritability

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you felt more irritable lately?

•

Finding:

Denies muscle tension

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Are your muscles ever tense?

•

Finding:

Denies anxiety interferes with daily life

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Does your anxiety interfere with your daily life?

-

Finding:

Asked about changes in sleeping habits

-

Finding:

Reports trouble getting to sleep (due to worry)

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you find it hard to go to sleep?

-

Finding:

Reports unsatisfying sleep

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you have unsatisfying sleep?

-

Finding:

Followed up on changes in sleep habits

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

How long have you been having sleep problems?

-

Finding:

Denies taking sleep aids

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you ever taken medication to help you sleep?

-

Finding:

Reports 5 - 6 hours of sleep per night

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

How much sleep do you get a night?

-

Finding:

Reports taking 2 - 3 hours to fall asleep

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

How long does it take for you to fall asleep?

•

Finding:

Asked about changes in eating habits

•

Finding:

Denies changes in eating habits

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Have you experienced changes in your eating habits?

•

Finding:

Asked about depression

•

Finding:

Denies depression

(Found)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you feel depressed more days than not?

•

Finding:

Denies losing interest in life

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you feel disinterested in life more days than not?

•

Finding:

Denies feelings of worthlessness or guilt

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Do you feel worthless more days than not?

•

Finding:

Asked about impact of alcohol or drugs on anxiety

•

Finding:

Denies alcohol use caused failure to fulfill responsibilities

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Has your use of alcohol resulted in a failure to perform responsibilities?

-

Finding:

Denies drug use caused failure to fulfill responsibilities

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Has your use of drugs resulted in a failure to perform responsibilities?

-

Finding:

Denies alcohol use placed him in a dangerous situation

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Has your alcohol use put you in danger?

-

Finding:

Denies drug use placed him in a dangerous situation

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Has your drug use put you in dangerous situations?

-

Finding:

Denies alcohol use resulted in arrest

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Has your use of alcohol gotten you arrested?

-

Finding:

Denies drug use results in arrest

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Has your use of drugs gotten you arrested?

-

Finding:

Denies alcohol use caused problems with loved ones

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Did your alcohol use continue despite causing problems with family?

-

Finding:

Denies drug use caused problems with loved ones

(Available)

Pro Tip: An anxiety screening succinctly reviews a patient's relationship to stress, worry, and fear, and can indicate whether these feelings are symptoms of larger psychological issues. This will provide information that should contextualize a more in-depth conversation on mental health.

Example Question:

Did you keep using drugs even though they cause problems with your family?

Past Medical History

-

Finding:

Asked about existing health conditions

-

Finding:

Reports hypertension

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have hypertension?

-

Finding:

Reports high cholesterol

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have high cholesterol?

-

Finding:

Reports osteoarthritis

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have osteoarthritis

-

Finding:

Followed up on history of mental health

-

Finding:

Denies past depression diagnosis

(Available)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have a history of depression?

-

Finding:

Denies past anxiety diagnosis

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Have you ever had treatment for anxiety disorder?

-

Finding:

Denies past psychiatric admissions

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Have you had to go to a hospital for a psychiatric disorder?

-

Finding:

Followed up on hypertension diagnosis

-

Finding:

Diagnosed at age 47

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

How old were you when you were diagnosed with hypertension?

-

Finding:

Reports occasionally checking BP at the pharmacy

(Available)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Where do you get your blood pressure tested?

-

Finding:

Reports belief that BP is well-controlled

(Available)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

How is your blood pressure now?

-

Finding:

Reports typical numbers are 110/70

(Available)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

What is your usual blood pressure?

-

Finding:

Followed up on high cholesterol diagnosis

-

Finding:

Diagnosed at age 45

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

When were you diagnosed with high cholesterol?

•

Finding:

Followed up on osteoarthritis diagnosis

•

Finding:

Diagnosed at age 46

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

When were you diagnosed with osteoarthritis?

•

Finding:

Asked about allergies

•

Finding:

Denies general allergies

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have any allergies?

•

Finding:

Denies environmental allergies

(Available)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have environmental allergies?

•

Finding:

Denies latex allergy

(Available)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Do you have a latex allergy?

•

Finding:

Asked specifically about medication allergies

•

Finding:

Reports codeine allergy

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

Are you allergic to codeine?

•

Finding:

Followed up on codeine allergy

-

Finding:

Reports reaction is nausea and vomiting

(Found)

Pro Tip: Inquiring into the patient's relevant history can reveal past diagnoses and previous conditions or concerns. Information about the patient's existing health conditions, a timeline of diagnosis, symptoms, and allergies can indicate where you should follow-up for further care and treatment.

Example Question:

What is your reaction to codeine?

Home Medications

-

Finding:

Asked about home medications

-

Finding:

Reports medication for hypertension

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you take medication for hypertension?

-

Finding:

Denies medication for osteoarthritis

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you take medication for osteoarthritis?

-

Finding:

Reports medication for high cholesterol

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you take cholesterol medication?

-

Finding:

Reports taking fish oil capsules

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you take vitamins or supplements?

-

Finding:

Denies taking vitamins

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you take vitamins or supplements?

-

Finding:

Denies taking herbal supplements

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you take herbal supplements?

-

Finding:

Followed up on last dose of home medications

-

Finding:

Reports no home meds taken today

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

When was the last time you took any medication?

-

Finding:

Followed up on medication for cholesterol

-

Finding:

Reports taking atorvastatin

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

What cholesterol medication do you take?

-

Finding:

Reports atorvastatin dosage: 20 mg

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

How much Lipitor do you take?

-

Finding:

Reports atorvastatin frequency: 1x daily

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

How often are you taking the Lipitor?

-

Finding:

Denies atorvastatin side effects

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you have any side effects from the Lipitor?

-

Finding:

Followed up on medication for hypertension

-

Finding:

Reports taking lisinopril

(Found)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

What do you take for your blood pressure?

-

Finding:

Reports lisinopril dosage: 10 mg

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

How much lisinopril are you taking?

-

Finding:

Reports lisinopril frequency: 1x daily

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

How often do you take the lisinopril?

-

Finding:

Denies lisinopril side effects

(Available)

Pro Tip: A patient's home medications can provide insight into the patient's current treatment and its efficacy. Inquiring into medication history, dosage, and frequency will help you understand the patient's background and how it may affect their current situation.

Example Question:

Do you get any side effects from the lisinopril?

Family History

-

Finding:

Asked about relevant family history

-

Finding:

Reports mother had high cholesterol

(Found)

Pro Tip: A patient's family medical history can indicate if the patient is at a higher risk for certain illnesses and disorders. Gathering this information can contextualize a patient's current complaint and how their family's health history might be influencing it.

Example Question:

How is your mother's health?

-

Finding:

Reports father died of lung cancer, had hypertension
(Found)

Pro Tip: A patient's family medical history can indicate if the patient is at a higher risk for certain illnesses and disorders. Gathering this information can contextualize a patient's current complaint and how their family's health history might be influencing it.

Example Question:

Can you tell me about your father's health?

•

Finding:

Reports father died at age 50

(Available)

Pro Tip: A patient's family medical history can indicate if the patient is at a higher risk for certain illnesses and disorders. Gathering this information can contextualize a patient's current complaint and how their family's health history might be influencing it.

Example Question:

When did your father pass away?

Social History

•

Finding:

Asked about substance use

•

Finding:

Reports occasional alcohol use

(Found)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you drink alcohol?

•

Finding:

Denies recent alcohol use

(Found)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Have you had alcohol recently?

•

Finding:

Denies illicit drug use

(Found)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you have a history of drug use?

•

Finding:

Denies taking any form of stimulant

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you take any stimulants?

•

Finding:

Denies use of tobacco and nicotine products

(Found)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you use tobacco products?

•

Finding:

Followed up on alcohol use

•

Finding:

Drinks on the weekends

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

When do you drink alcohol?

•

Finding:

Drinks 2 beers per day on the weekend

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

How many drinks do you have on the weekend?

•

Finding:

Asked about caffeine use

•

Finding:

Drinks coffee

(Found)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you drink coffee?

•

Finding:

Reports 2 cups of coffee every morning

(Found)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

How much coffee do you drink?

•

Finding:

Denies that anxiety is impacted by caffeine

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Does how much caffeine you have affect your anxiety?

•

Finding:

Asked about family, support system, and living situation

-

Finding:

Reports being single

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Are you single?

-

Finding:

Reports living alone

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you live alone?

-

Finding:

Reports spending time with friends on the weekends

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you see your friends often?

-

Finding:

Denies any spiritual activities

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Are you religious?

-

Finding:

Reports no support system

(Available)

Pro Tip: A patient's social history encompasses their family and support system, living situation, and daily behaviors such as diet, exercise, sexual activity, and substance use. These factors can influence their current health and wellness. Asking about a patient's social history can also unveil the influence of their present illnesses in their social lives.

Example Question:

Do you have a support system?

Review of Systems

-

Finding:

Asked about general symptoms

-

Finding:

Denies fever

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you had a fever?

•

Finding:
Denies chills
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you get chills?

•

Finding:
Denies night sweats
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you get night sweats?

•

Finding:
Denies weight loss
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you lost weight?

•

Finding:
Asked about review of systems for HEENT

•

Finding:
Reports blurry vision when he gets too worried
(Found)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Is your vision blurry?

•

Finding:
Denies impaired hearing
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

How is your hearing?

•

Finding:
Asked about review of systems for respiratory

•

Finding:
Denies cough
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have a cough?

•

Finding:
Denies dyspnea on exertion
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do normal activities make you short of breath?

-

Finding:

Denies wheezing

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Are you wheezing?

-

Finding:

Asked about review of systems for cardiovascular

-

Finding:

Reports palpitations

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have heart palpitations?

-

Finding:

Denies chest pain

(Found)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have chest pain?

-

Finding:

Denies edema

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you noticed swelling anywhere?

-

Finding:

Denies claudication

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you get cramps?

-

Finding:

Asked about review of systems for skin, hair, and nails

-

Finding:

Denies changes in hair

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Has the hair on your head changed?

-

Finding:

Denies changes in skin

(Found)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Has your skin changed?

-

Finding:

Denies pruritus or easy bruising

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you been bruising easily?

-

Finding:

Denies pigmentation changes

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Has your skin changed color?

-

Finding:

Denies rashes

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you get rashes?

-

Finding:

Asked about review of systems for gastrointestinal

-

Finding:

Denies nausea

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you been nauseated?

-

Finding:

Denies abdominal pain

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have abdominal pain?

-

Finding:

Denies difficulty swallowing

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you had trouble swallowing?

-

Finding:

Denies vomiting

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you been vomitting?

-

Finding:

Reports constipation

(Found)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have difficulty moving your bowels?

-

Finding:

Denies diarrhea

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you had diarrhea lately?

-

Finding:

Asked about review of systems for musculoskeletal

-

Finding:

Denies recent injury

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you had any recent injuries?

-

Finding:

Denies joint pain

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have joint pain?

-

Finding:

Denies erythema

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have redness in your joints?

-

Finding:

Denies edema of joints

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you have swollen joints?

-

Finding:

Asked about review of systems for neurological

-

Finding:

Reports weakness

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you feel weak?

-

Finding:

Denies frequent headaches

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you get headaches often?

-

Finding:

Denies syncope, dizziness, fainting, or vertigo

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you been dizzy?

-

Finding:

Denies changes in coordination

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you had problems with coordination?

-

Finding:

Denies changes in memory

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you had changes in memory?

-

Finding:

Denies recent falls

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Have you fallen recently?

-

Finding:

Asked about review of systems for psychological

-

Finding:

Reports recent mood changes
(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Has your mood changed recently?

•

Finding:

Denies hallucinations

(Available)

Pro Tip: Understanding a patient's health involves a comprehensive overview of their physiological systems. This is necessary to understand what symptoms may indicate larger issues, and what treatments the patient may require.

Example Question:

Do you ever see things that are not there?

•

Finding:

Denies suicidal ideation or self-harm