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TINA JONES – Health History Transcript

Started: Aug 14, 2019 | Patient Exam Time: 191 min



Hello!

Question
08/14/19
11:04 PM
CDT



Hi. I'm Preceptor Diana. I will explain the details of this assignment and your objectives, just as a preceptor would in real life. **Pay close attention to this information as it will help guide your exam.** At the end of this prebrief, you will answer a short question about the upcoming assignment. During the simulation, you may return to these instructions at any time by scrolling to the top of your transcript.



What is the situation?

Question
08/14/19
11:05 PM
CDT



Your patient is Tina Jones, a 28-year-old African American woman who has just been admitted to Shadow General Hospital for a painful foot wound. Your role in this simulation is that of a healthcare provider who will **take Ms. Jones' health history**, a key component of her admission process.



What are my objectives in this assessment?

Question
08/14/19
11:06 PM
CDT



A health history requires you to **ask questions related to Ms. Jones' past and present health**, from her current foot wound to her pre-existing conditions. You will also want to **review Ms. Jones' systems, psychosocial history, and family medical history**. These assessments together will give you a comprehensive picture of Ms. Jones' overall health. If you discover any disease states, **ask about symptoms and the patient's experiences of them**. Your questioning should cover a broad array of the symptoms' characteristics. Throughout the conversation, you should **educate and empathize with Ms. Jones** when appropriate to increase her health literacy and sense of well-being. Regardless of whether you have assessed Ms. Jones previously, **ask all questions that are necessary for obtaining a complete health history**. While you should **communicate with patients using accessible, everyday language**, it is standard practice to **use professional medical terminology everywhere else, such as in documenting physical findings and nursing notes**. You may complete the exam activities in any order and move between them as needed.



What else will this exam involve?

Question
08/14/19
11:07 PM
CDT



You will **complete nursing tasks to protect the patients safety, privacy, and health**. You can **document your findings, including vital signs**, in the Electronic Health Record. This record provides necessary information for healthcare professionals who will continue patient care. Besides Subjective Data Collection, and Education and Empathy, there are activities within the simulation that provide valuable practice for their real-world counterparts, but they are not automatically graded by the simulation.



How will I be evaluated?

Question
08/14/19
11:08 PM
CDT



In this assignment, **you will be evaluated on your Subjective Data Collection, as well as your Education and Empathy**. Your success in Education and Empathy is based on whether you **promptly respond after identifying a moment worthy of therapeutic communication**. The evaluation of your interview is dependent on how you **word your questions therapeutically and precisely** and **explore all relevant topics with comprehensive breadth and depth**. This assignment takes on average **between 90 and 110 minutes**. This exam may take longer than in real life, because in this safe simulation, students of all experience levels can take time to hone and review their skills. You can **pause and resume the assignment at any time**; your work is always saved automatically.



How does this assignment prepare me for the real world?

Question
08/14/19
11:10 PM
CDT



In this assessment, you will become familiarized with the structure and content of a health history exam so that with real-life patients, you can:

- ° **ask effective and comprehensive questions**
- ° **obtain a thorough health history**
- ° **evaluate the patient's risk of disease, infection, injury, and complications**
- ° **educate and empathize**
- ° **and reflect on your experience and identify areas to improve.**



In 1 or 2 sentences, answer this question to help prepare for the upcoming exam: Why is it important to obtain a patient's complete health history?



It allows me to establish a baseline to monitor the patient's progress and get an understanding of the patient's overall health.

Statement
08/14/19
11:13 PM
CDT



Time to begin.



Hello Ms. Jones. My name is Amina and I will be your nurse today.

Greet
08/14/19
11:14 PM
CDT



Hello.



Can you confirm your name?

Question
08/14/19
11:15 PM
CDT



Tina Jones.



What brings you in today Ms. Jones

Question
08/14/19
11:16 PM
CDT



I got this scrape on my foot awhile ago, and it got really infected. It's killing me.



I'm so sorry to hear that.

Empathize
08/14/19
11:18 PM
CDT



Aw, thanks.



When did you notice the scrape on your foot? (Clarified to
When did you first notice the scrape?.)

Question
08/14/19
11:18 PM
CDT



I noticed it immediately . . . because it hurt. [AUDIO
COMING SOON] (Clarified to when I noticed the scrape.)



How severe is the pain?

Question
08/14/19
11:21 PM
CDT



It's really bad right now!



Can you please describe the pain?

Question
08/14/19
11:22 PM
CDT



It's throbbing and like, sharp if I try to put weight on it.



When did the pain start?

Question
08/14/19
11:22 PM
CDT



Well, I got the scrape a week ago, but the scrape and the pain got a lot worse in the last few days.



How has the pain changed over time?

Question
08/14/19
11:22 PM
CDT



It hurt all week, but in the last two days it got a lot worse. It got so bad today -- that's why I finally came to the ER.



Does the pain radiate anywhere else?

Question
08/14/19
11:23 PM
CDT



The pain's worse in my foot, but I feel moving up into my ankle, too.



Can you stand or walk on your foot? (Clarified to Is it possible for you to stand on your foot?.)

Question
08/14/19
11:23 PM
CDT



I mean, I literally can't put weight on my foot, the pain is so sharp. (Clarified to if I can stand on my foot.)



Can you rate the pain on a scale of 0 to 10?

Question
08/14/19
11:24 PM
CDT



...Like a 7. It hurts a lot, but whatever pain med the ER gave me is helping a little bit.



Can you tell me where the pain is located?

Question
08/14/19
11:24 PM
CDT



It feels like the pain is just centered around the scrape, like around the ball of my foot. That's where it hurts the most, but my whole foot feels some pain.



How did your injury happen?

Question
08/14/19
11:25 PM
CDT



I was changing a light bulb, and I had to use our little stepstool to reach it. My foot slid off the bottom step and it got all scraped up. I didn't realize how sharp the edge was!



Which foot did you injure?

Question
08/14/19
11:26 PM
CDT



My right foot.



Were you wearing any shoes?

Question
08/14/19
11:30 PM
CDT



No, I was barefoot.



Did you injure anything else?

Question
08/14/19
11:31 PM
CDT



Nope. It's kind of amazing, but I didn't fall hurt my hands, knees, nothing else. Just my foot.



Did you have any alcoholic drinks before your injury?

Question
08/14/19
11:31 PM
CDT



No, I was stone-cold sober. It was the middle of the day.



When did you go to the ER?

Question
08/14/19
11:32 PM
CDT



In the ER they got me started on some pain treatment, gave me some insulin, and something for my fever too. Oh, and they took an X-ray of my foot before cleaning it up and starting me on this antibiotic.



Why did you go to the ER?

Question
08/14/19
11:32 PM
CDT



I got this scrape on my foot a while ago, and I thought it would heal up on its own, but now it's looking pretty nasty. And the pain is killing me!



Did you notice any discharge from the wound?

Question
08/14/19
11:33 PM
CDT



Yeah, there's definitely pus.



When did you notice the pus?

Question
08/14/19
11:34 PM
CDT



I started noticing it two days ago; that and the pain is why I decided to come here.



Can you describe the drainage from your wound?

Question
08/14/19
11:34 PM
CDT



It looks whitish... I don't know, it just looks like pus. It's gross.



Did the wound have an odor?

Question
08/14/19
11:35 PM
CDT



Um, it doesn't smell like anything, as far as I know.



How did you treat your wound at home?

Question
08/14/19
11:35 PM
CDT



I made sure to clean it and keep it bandaged. And I put Neosporin on it.



What did you use to clean your wound and how often?

Question
08/14/19
11:36 PM
CDT



Since it happened, I've been washing it with soap and water, and if it seemed irritated, I would put some peroxide on there and then rinse it off.



How often did you change the bandage?

Question
08/14/19
11:36 PM
CDT



Every morning and night. I was keeping an eye on it.



Did you notice any swelling around the wound?

Question
08/14/19
11:37 PM
CDT



Yeah, it looks swollen around the scrape.



How long have you noticed the swelling?

Question
08/14/19
11:37 PM
CDT



I noticed it two days ago.



Did you see any redness? (Clarified to Does your foot have redness?).

Question
08/14/19
11:37 PM
CDT



Yeah, it's red all around the scrape. (Clarified to if my foot has redness.)



Does the wound feel warm or tender to touch?

Question
08/14/19
11:38 PM
CDT



Yeah, it feels pretty warm.



Are you able to walk on your foot?

Question
08/14/19
11:38 PM
CDT



No, I can't. I can't put any weight on it without like, shooting pain.



Did your foot bleed once your injury happened? (Clarified to Did your foot bleed?).

Question
08/14/19
11:40 PM
CDT



Yeah, right when I hurt it. (Clarified to if my foot bled.)



Does the pain affect your ability to work? (Clarified to Does your foot pain interfere with your job?).

Question
08/14/19
11:44 PM
CDT



I have to move all day at work, supervising everything, so I'm always on my feet. (Clarified to if my foot pain interferes with work.)



Have you recently felt feverish?

Question
08/14/19
11:46 PM
CDT



Yeah, I started to have one yesterday, and then it was a little better this morning. It kinda crept up all day.



Are you feeling feverish right now?

Question
08/14/19
11:47 PM
CDT



Yeah. I had one in the ER, and I don't know if it's gone all the way back to normal. I feel hot.



Vitals measured

Exam Action
08/14/19
11:47 PM
CDT



Have you taken any medications? (Clarified to Have you taken medication for your symptoms?.)

Question
08/14/19
11:49 PM
CDT



I took Advil at home, and the ER gave me something, too. (Clarified to if I have taken medication for my symptoms.)



What medication was given to you in the ER? (Clarified to What kind of pain medication did the emergency room prescribe?).

Question
08/14/19
11:49 PM
CDT



I don't know what the ER gave me. (Clarified to what pain medication the ER prescribed.)



What did the X-ray show?

Question
08/15/19
8:03 AM
CDT



They gave me an X-ray in the ER, and they said nothing was wrong--no broken bones or anything.



Have you taken any prescribed pain medications?

Question
08/15/19
8:05 AM
CDT



Just Advil.



How often did you take Tramadol?

Question
08/15/19
8:06 AM
CDT



I've been taking two Advil, three times a day.



Do you know how many milligrams of Advil you take?

Question
08/15/19
8:08 AM
CDT



I'm not sure. It's just the regular Advil. Not the big extra strength pills.



When did you start taking Tramadol?

Question
08/15/19
8:08 AM
CDT



I only started taking Advil a couple of days ago when my food started hurting worse.



When was the last time you took Advil?

Question
08/15/19
8:08 AM
CDT



I started taking Advil two days ago.



How effective is the Advil?

Question
08/15/19
8:09 AM
CDT



It helps for a few hours, but it never makes the pain go completely away.



Do you take any other prescribed medications?

Question
08/15/19
8:09 AM
CDT



The only prescription I have is my inhaler, but I only use it when I need it.



Do you take any over the counter medication?

Question
08/15/19
8:10 AM
CDT



I take Tylenol for a headache sometimes, or Advil for cramps, but not often.



Do you take any vitamins?

Question
08/15/19
8:10 AM
CDT



No, I don't take any vitamins.



Do you take any herbal supplements?

Question
08/15/19
8:10 AM
CDT



No, I don't take anything herbal.



Do you have any allergies?

Question
08/15/19
8:11 AM
CDT



Yeah, I'm allergic to cats.



Can you describe your reaction to cats?

Question
08/15/19
8:11 AM
CDT



Whenever I'm around cats, I start sneezing, my eyes get itchy. . . and my asthma starts to act up.



Are you allergic to latex?

Question
08/15/19
8:11 AM
CDT



Nope.



Are you allergic to any medications?

Question
08/15/19
8:12 AM
CDT



Yeah, I'm allergic to penicillin.



What is your reaction to penicillin?

Question
08/15/19
8:12 AM
CDT



I don't remember that well because the last time I had penicillin I was pretty little. . . I think I got a rash, like, hives. The doctor told me not to take it again after that.



Do you have any food allergies?

Question
08/15/19
8:12 AM
CDT



Nope, no food allergies that I know of.



Do you have any environmental allergies?

Question
08/15/19
8:12 AM
CDT



No, unless cats count.



Do you have any seasonal allergies?

Question
08/15/19
8:13 AM
CDT



No, not really.



Are you up to date on your immunizations?

Question
08/15/19
8:13 AM
CDT



I'm pretty sure my shots are current, yeah.



Were you vaccinated as a child?

Question
08/15/19
8:14 AM
CDT



I am pretty sure I received all my vaccines as a kid, like before registering for school.



Did you get a flu shot this year?

Question
08/15/19
8:14 AM
CDT



No.



When was your last tetanus shot?

Question
08/15/19
8:14 AM
CDT



I got a tetanus booster about a year ago.



Do you have any current health conditions?

Question
08/15/19
8:15 AM
CDT



Yeah. . . I have asthma and diabetes.



When were you diagnosed with diabetes?

Question
08/15/19
8:15 AM
CDT



I was diagnosed when I was 24.



Do you know what type of diabetes you have?

Question
08/15/19
8:15 AM
CDT



It's Type 2.



Do you follow a special diet?

Question
08/15/19
8:16 AM
CDT



I really try not to worry about what I eat, other than watching my sugar and trying to make healthy choices.



Can you tell me more about the sugars you consume?

Question
08/15/19
8:16 AM
CDT



Once I found out I had diabetes, I started watching my sugar and staying away from regular soda.



Do you take any prescribed medications for your diabetes?
(Clarified to Do you have a prescription for diabetes medication?.)

Question
08/15/19
8:17 AM
CDT



I don't take medicine for it anymore. (Clarified to if I have a prescription for diabetes medication.)



What medications did you take previously?

Question
08/15/19
8:17 AM
CDT



It was metformin.



When was the last time you took metformin/

Question
08/15/19
8:18 AM
CDT



I haven't taken it in about three years, honestly.



Why aren't you taking it anymore?

Question
08/15/19
8:18 AM
CDT



I just got sick of dealing with it!



Did it cause you any side effects? (Clarified to Did you get side effects from your diabetes medication?.)

Question
08/15/19
8:18 AM
CDT



The pills made me gassy and sick all the time. It was really uncomfortable. (Clarified to if I got side effects from my diabetes meds.)