

1. Role-play with equipment during the course of a physical examination would be most beneficial with which of the following groups?

- Preschoolers/Toddlers

2. What is the Ortolani Sign?

-Assess for congenital hip dysplasia

3. When performing a physical examination of a toddler, which of the following body parts would examine last?

- Ears and throat

4. What are three findings using Jones criteria for Rheumatic Fever?

-Streptococcal infection, carditis, and erythema marginatum

5. While examining a 4-month-old boy, you are unable to palpate one of his testes. The next most appropriate step is:

- Refer the child to a urologist

6. Concurrent Otitis media and Conjunctivitis is likely due to which?

- Haemophilus influenza

7. What is the appropriate management of a child with asthma who presents with acute wheezing and/or coughing?

- Administer a short-acting beta agonist

8. Sandra, age 12 years, has several vesicles and honey-colored crusted lesions on her face above the right nares. She has a history of having a bad scratch in the same area several days ago. What condition do you suspect?

-Impetigo

9. The most appropriate management of a 5-year old with a firm nontender nodule in the mid-upper eyelid for 3 weeks would be:

-Topical ophthalmic ointment

10. A 10-month-old child has been diagnosed with gastroenteritis. He attends a child care facility. What is the most likely cause of illness?

-Rotavirus

11. If a child or any patient describes a “pop” in the knee. What is this indicative of?

- Anterior cruciate ligament tear

12. A 7-year-old African American female presents with several hyperkeratotic raised, periungual lesions on the two middle fingers of her left hand. She has a history of nail biting. The most likely diagnosis is:

- Verruca vulgaris

13. Management of scoliosis depends on the severity of curve as well as the age of the child. Which of the following would require surgical intervention?

- Thoracic curve greater than 50 degrees or lumbar curve greater than 40 degrees.

14. Treatment of true central precocious puberty is best achieved with:

- Gonadotropin-releasing hormone agonist

15. Baby Sally was in your office last week for her 6-month checkup. Her weight was 7 kg. Today she presents with diarrhea and vomiting for 4 days. Today her weight is 6.5 kg. What is her percentage of dehydration?

-7%

16. Which of the following would be the most appropriate initial management of a newborn diagnosed with developmental dysplasia of the hip?

-Pavlik harness

17. When considering catch up vaccination in children for IPV vaccinations, it is important to understand one of the following considerations is NOT a consideration when administering the vaccine:

- IPV is can be given routinely beyond the age of 18 years of age in the U.S.

18. An essential test in the evaluation of a 2-year-old being managed for Kawasaki disease is:

- An echocardiogram

19. A 4-week-old presents to your office in mid=January with a 1-week history of nasal congestion and occasional cough. On the evening prior to this visit, the infant developed a temperature of 102, refused to breastfeed, and had proximal coughing and noisy, labored breathing. On exam, you note an ill-appearing infant who is lethargic with tachypnea.

- RSV bronchiolitis

20. What needs to be included when educating parents about a febrile seizure?

- Children may experience repeated seizures

21. A 4-year-old boy is brought in by his mother, who is concerned about the sudden onset of a painful limp in his right leg 2 days ago? Today he has a low-grade fever. Which of the following diagnoses is most likely?

- Transient synovitis of the hip

22. In addition to penicillin, all of the following antibiotics can be used to treat strep pharyngitis except:

- Bactrim

23. Primary dysmenorrhea is due to:

- Elevated prostaglandin level

24. Which behavior would NOT be expected in a two-year old?

- Draws a circle

25. The most common congenital heart defect in children is:

- Ventricular septal defect

26. Michael is a 15-year-old high school student who presents for a school sports physical. He appears to be in good health but is concerned about a bad headache he had a few weeks ago. He is concerned because his mother's friend died of a brain tumor. You tell Michael that the most common type of headache with onset in adolescence is:

- Tension headache

27. Treatment for testicular torsion primarily?

- Immediate surgical referral

28. What is important to understand about encopresis?

- The DSM 5 describe the condition as a repeated passage of stool into inappropriate places such as child's underpants.

28. Newborn W.R. has a vascular lesion that will not fade as she gets older. What is your diagnosis?

- Port-wine stain (nevus flammeus)

29. Vomiting in infancy has a long list of differential diagnosis. Which accompanying symptom would most likely point to pyloric stenosis?

- Acts hungry after vomiting

30. Which malignancy is associated with genitourinary anomalies?

- Wilm's tumor

31. A child has mild persistent asthma. Appropriate daily medication should include:

- An inhaled low-dose corticosteroid

32. A 3-year-old has an edematous, mildly erythematous right upper eyelid for 1 day with a fever of 103. An important eye assessment would be:

- Ocular mobility

33. What diagnosis should be considered if the infant has not passed meconium in the first 24 hours of life?

- Congenital ganglionic megacolon

34. A child with juvenile idiopathic arthritis (JIA) can present with which asymptomatic condition that warrants close to follow up?

- Uveitis and needs to have routine ophthalmologic screening with slit-lamp every 3 months if the ANA is positive.

35. A 15-month-old failed treatment with amoxicillin for otitis media. At his 2-week recheck, his TM remained red with distorted landmarks, and he persisted with nasal congestion and poor nighttime sleeping, and he has had 101 fever for the past 2 days. The next best step would be to treat with:

- A 10-day course of Augmentin

36. Which of the following is an absolute contraindication for use of combined hormonal contraceptives in adolescent women?

- History of thromboembolism

37. The most common trigger for an acute asthma episode in the very young child is:

- Viral respiratory infections

38. Which of the following findings could be expected to occur in a baby with intussusception?

- Inconsolable screaming

39. The appropriate management of Osgood-Schlatter disease includes:

- Decreasing activity, applying ice, and taking prescribing NSAIDS

40. In a healthy, 8-month-old with diarrhea but no dehydration, what would be most appropriate advice to give parents?

- Give bananas and cereal as tolerated

41. The most common rheumatoid disease of childhood is:

- Juvenile idiopathic arthritis

42. When assessing for croup, what is a common finding on xray?

- Subglottic narrowing (steeple sign)

43. Which chromosomal abnormality is associated with short stature in girls?

- Turner syndrome

44. Which activities are common in a 4-5 year-old child?

- Independent toileting (may need help to wipe)

45. A 14-year-old female presents to the clinic and is demonstrating some hesitancy in discussing an important issue regarding her self-identity. What is the appropriate actions on behalf of the clinician?

-The provider should use gender neutral terms to allow the adolescent to feel more comfortable with discussing this issue

46. The most definitive feature or features for diagnosing “growing pains” includes:

- Exclusion of other causes of lower extremity pain

47. When examining an adolescent between the ages of 10-13 years of age it is important to remember what characteristic regarding socio-emotional development?

- Feel awkward about their body and self, the examiner should provide privacy for the patient, and this age group tend to test their environment.

48. On exam, an 8 year old being seen at your clinic with complaints of persistent pain to left leg with limp. What is the most likely cause of this condition?

- Legg-Calve Perthes Disease

49. Cara is a 16-year-old adolescent who has been sexually active with... male partner for 6 months. They have used condoms consistently. Cara is interested in a hormonal method as well. Your advice includes all of the following except which one?

- The vaginal contraceptive ring must be changed weekly

50. Role=play with equipment during the course of a physical examination would be most beneficial with which of the following age groups?

-Preschoolers/Toddlers

51. For children 2 to 4 years of age, the most common cause of head injury is:

-Falls

52. In a healthy, 8-month-old with diarrhea but no dehydration, what would be the most appropriate advice to give parents?

- Give bananas and cereal as tolerated

53. The appropriate management of Osgood-Schlatter disease includes:

- Decreasing activity, applying ice, and taking prescribing NSAIDS

54. The organism that causes hand, foot, mouth syndrome is what virus?

- Coxsackie virus

55. Judy has a history of remission and exacerbation of acne that has followed the pattern of menses for 2 years. However, the condition over the last 6 months has worsened to a moderate degree of severity and has been chronic and persistent. You prescribe...

- Hydroquinone

56. Which malignancy is associated with genitourinary anomalies?

-Wilm's tumor

57. A 15-month-old failed treatment with amoxicillin for otitis media. AT his 2-week recheck, his TM remained red and distorted.....

-A 10-day course of Augmentin

58. Which of the following is not considered preventative management for iron0deficiency anemia?

-No cow's milk until 1 year of age

59. In mild to moderate attacks of asthma, albuterol should be given every 4-5 hours PRN and routine medications should be:

-Continued as usual

60. In addition to penicillin, all of the following antibiotics can be used to treat strep pharyngitis except:

-Bactrim

61. The most definitive feature or features for a diagnosis of “growing pains” includes:

- Exclusion of other causes of lower extremity pain

62. Which of the following foods would be appropriate for a child with celiac disease?

- Boiled rice with butter

63. When performing a physical examination of a toddler, which of the following body parts would you examine last?

- Ears and throat

64. Daily eyelid cleaning with diluted baby shampoo and a cotton-tipped applicator would be appropriate in the treatment of which of the following conditions?

- Blepharitis

65. Primary dysmenorrhea is due to:

- Elevated prostaglandin level

66. Management of scoliosis depends on the severity of curve as well as the age of the child. Which of the following would require surgical intervention?

- Thoracic curve greater than 50 degrees or lumbar curve than 40 degrees

67. A 10-year old has marked ear pain, not wanting anyone to touch his ear. The canal is edematous and exudate is present. TM Is normal. How should this be managed?

-Topical fluoroquinolone

68. Patients with otitis externa should be instructed to do which of the following?

- Keep ear dry until symptoms improve

69. A 2-year-old female has lymphedema of the hands and feet, with low posterior hairline, cubitus valgus, and a history of intrauterine growth restrictions. Which of the following defects is the most common among the children with these signs?

-Coarctation of the aorta