

RN Adult Medical Surgical Online Practice 2019 A

1. A home health nurse is assigned to a client who was recently discharged from a rehabilitation center after experiencing a right-hemispheric stroke. Which of the following neurologic deficits should the nurse expect to find when assessing the client? (select all that apply)

Visual spatial deficits

Left hemianopsia (blindness in the left half of the visual field)

One-sided neglect

2. A nurse is reviewing the health record of a client who is scheduled for allergy skin testing. The nurse should postpone the testing and report to the provider which of the following findings?

Current medications

3. A nurse is caring for a group of clients. The nurse should plan to make a referral to physical therapy for which of the following clients?

A client who is receiving preoperative teaching for a right knee arthroplasty

4. A nurse is caring for a client who is having a seizure. Which of the following interventions is the nurse's priority?

Turn the client to the side

5. A nurse is caring for a client who is 12 hr postoperative following a total hip arthroplasty. Which of the following actions should the nurse take?

Place a pillow between the client's leg

6. A nurse is preparing to admit a client who has dysphagia. The nurse should plan to place which of the following items at the client's bedside?

Suction machine

7. A nurse is planning teaching for a client who has bladder cancer and is to undergo a cutaneous diversion procedure to establish a ureterostomy. Which of the following statements should the nurse include in the teaching?

"You should cut the opening of the skin barrier one-eighth inch wider than the stoma"

8. A nurse in an emergency department is caring for a client who reports vomiting and diarrhea for the past 3 days. Which of the following findings should indicate to the nurse that the client is experiencing fluid volume deficit?

Heart rate 110/min

9.A nurse is planning care for a client who is undergoing brachytherapy via a sealed vaginal implant to treat endometrial cancer.Which of the following actions should the nurse include in the client's plan of care?

Wear a lead apron while providing care to the client

10.A nurse is planning to provide discharge teaching for the family of an older adult client who has hemianopsia and is at risk for falls. Which of the following instructions should the nurse include?

Remind the client to scan their complete range of vision during ambulation

11.A nurse is planning care to decrease psychosocial health issues for a client who is starting dialysis treatments for chronic kidney disease. Which of the following interventions should the nurse include in the plan?

Tell the client that it is possible to return to similar previous levels of activity

12.A nurse is caring for a client who has a closed head injury and has an intraventricular catheter placed. Which of the following findings indicates that the client is experiencing increased intracranial pressure (ICP)

Sleepiness exhibited by the client

Widening pulse pressure

Decerebrated posturing

13.An older adult client is brought to an emergency department by a family member. Which of the following assessment findings should cause the nurse to suspect that the client has hypertonic dehydration?

Urine specific gravity 1.045

14.A nurse is caring for a client who has a prescription for enalapril. The nurse should identify which of the following findings as an adverse effect of the medication?

Orthostatic hypotension

15.A nurse in a provider's office is caring for a client who requests sildenafil to treat erectile dysfunction. Which of the following statements should the nurse make?

" You will not be able to use sildenafil if you are taking nitroglycerin

16. A nurse is planning care for a client who has extensive burn injuries and is immunocompromised. Which of the following precautions should the nurse include in the plan of care to prevent a *pseudomonas aeruginosa* infection?

Avoid placing plants or flowers in the client's room

17. A nurse is teaching a class about client rights. Which of the following instructions should the nurse include?

A client should sign an informed consent receiving a placebo during a research trial.

18. A nurse is caring for a client who is receiving morphine for daily dressing changes. The client tells the nurse, " I don't want any more morphine because I don't want to get addicted." Which of the following actions should the nurse take?

Instruct the client on alternative therapies for pain reduction

19. A nurse is preparing a client who has supraventricular tachycardia for elective cardioversion. Which of the following prescribed medications should the nurse instruct the client to withhold for 48 hr prior to cardioversion?

Digoxin

20. A nurse is caring for a client 1 hr following a cardiac catheterization. The nurse notes the formation of a hematoma at the insertion site and a decreased pulse rate in the affected extremity. Which of the following interventions is the nurse's priority?

Apply firm pressure to the insertion site

21. A nurse is assessing a client who has graves' disease. Which of the following images should indicate to the nurse that the client has exophthalmos?

The nurse should identify an outward protrusion of the eyes as exophthalmos, a common finding of graves' disease. An overproduction of the thyroid hormone causes edema of the extraocular muscle and increases fatty tissue behind the eye, which results in the eyes protruding outward. Exophthalmos can cause the client to experience problems with vision, including focusing on objects, as well as pressure on the optic nerve.

22. A nurse is caring for a client who has a stage 111 pressure injury. Which of the following findings contributes to delayed wound healing?

Urine output 25 mL/hr

23. A nurse is providing teaching to a client who is receiving chemotherapy and has a new prescription for epoetin alfa. Which of the following client statements indicates an understanding of the teaching?

"I will monitor my blood pressure while taking this medication"

24. A nurse is providing discharge instructions to a client following an upper gastrointestinal series with barium contrast. Which of the following information should the nurse provide?

Increase fluid intake

25. A nurse is assessing a client who has acute cholecystitis. Which of the following findings is the nurse's priority?

Tachycardia

26. A nurse is teaching a client who has a family history of colorectal cancer. To help mitigate this risk, which of the following dietary alterations should the nurse recommend?

Add Cabbage to the diet

27. A nurse is caring for a client who has emphysema and is receiving mechanical ventilation. The client appears anxious and restless, and the high-pressure alarm is sounding. Which of the following actions should the nurse take first?

Instruct the client to allow the machine to breathe for them.

28. A nurse is providing preoperative teaching for a client who is scheduled for an open cholecystectomy. Which of the following actions should the nurse take?

Demonstrate ways to deep breathe and cough

29. A nurse and an assistive personnel(AP) are caring for a client who has bacterial meningitis. The nurse should give the AP which of the following instructions?

Wear mask

30. A nurse is preparing to administer a unit of packed RBCs to a client. Which of the following actions should the nurse take?

Remain with the client for the first 15 min of infusion

31. A nurse is providing teaching to a client who has chronic kidney disease and a new prescription for erythropoietin. Which of the following statements by the client indicates an

understanding of the teaching?

"I am taking this medication to increase my energy level"

32. A nurse is caring for a client who has hepatic encephalopathy that is being treated with lactulose. The client is experiencing excessive stools. Which of the following findings is an adverse effect of this medication?

Hypokalemia

33. A nurse is providing teaching to an older adult female client who has stress incontinence and a BMI of 32. Which of the following statements by the client indicates an understanding of the teaching?

"I am dieting to lose weight."

34. A nurse is caring for a client who has type 1 diabetes mellitus and has had acute bronchitis for the past 3 days. Which of the following statements should the nurse include when instructing the client?

"Take insulin even if you are unable to eat your regular diet."

35. A nurse is caring for a client who is on bed rest and has a new prescription for enoxaparin (lovenox) subcutaneous. Which of the following actions should the nurse take?

Inject the medication into the anterolateral abdominal wall.

36. A nurse is caring for a client who is undergoing hemodialysis to treat end-stage kidney disease (ESKD). The client reports muscle cramps and a tingling sensation in their hands. Which of the following medications should the nurse plan to administer?

Calcium carbonate

37. A nurse is assessing a client following the administration of magnesium sulfate 1 g IV bolus. For which of the following adverse effects should the nurse monitor?

Respiratory paralysis

38. A nurse is caring for a client who has diabetic ketoacidosis (DKA). Which of the following laboratory findings should the nurse expect?

BUN 32 mg/dL

39. A nurse is providing teaching to a client who has irritable bowel syndrome (IBS). Which of the following instructions should the nurse include in the teaching?

Increase fiber intake to at least 30 g per day

40. A nurse is caring for a client who has pancreatitis. The nurse should expect which of the following laboratory results to be below the expected reference range?

Calcium

41. A nurse is assessing a client who had extracorporeal shock wave lithotripsy (ESWL) 6 hr ago. Which of the following findings should the nurse expect?

Stone fragments in the urine

42. A nurse is creating a plan of care for a client who has neutropenia as a result of chemotherapy. Which of the following interventions should the nurse include in the plan?

Monitor the client's temperature every 4 hr

43. A nurse is assessing a group of clients for indications of role changes. The nurse should identify that which of the following clients is at risk for experiencing a role change?

A client who has multiple sclerosis and is experiencing progressive difficulty ambulating

44. A nurse in a provider's office is assessing a client who has migraine headaches and is taking feverfew to prevent headaches. The nurse should identify that which of the following client medications interacts with feverfew?

Naproxen

45. A nurse is conducting an admission history for a client who is to undergo a CT scan with an IV contrast agent. The nurse should identify that which of the following findings requires further assessment?

History of asthma

46. A nurse has received change-of-shift report for a group of clients. Which of the following clients should the nurse assess first?

A client who had a myocardial infarction (MI) 4 days ago and is asking for a PRN sublingual nitroglycerin tablet

47. A nurse is caring for a client who has anorexia, low-grade fever, night sweats, and a productive cough. Which of the following actions should the nurse take first?

Initiate airborne precautions

48. A nurse is caring for a client who has a new prescription for total parenteral nutrition (TPN). The client is to receive 2,000 Kcal per day. The TPN solution has 500 Kcal/L. The IV pump should be set at how many mL/hr?

$$1/500 \times 2000 / 24 = 0.16666667 \text{ round the answer to } 167 \text{ mL/hr}$$

49. A nurse in an emergency department is caring for a client who has full-thickness burns over 20% of their total body surface area. After ensuring a patent airway and administering oxygen, which of the following items should the nurse prepare to administer first?

IV fluids

50. A nurse is planning to irrigate and dress a clean, granulating wound for a client who has a pressure injury. Which of the following actions should the nurse take?

Use a 30-mL syringe

51. A nurse is providing teaching for a female client who has recurrent urinary tract infections. Which of the following information should the nurse include in the teaching?

Void before and after intercourse

52. A nurse is caring for a client who is experiencing supraventricular tachycardia. Upon assessing the client, the nurse observes the following findings: heart rate 200/min, blood pressure 78/40 mm Hg, and respiratory rate 30/min. Which of the following action should the nurse take?

Perform synchronized cardioversion

53. A nurse is providing teaching to an older adult client who has cancer and a new prescription for an opioid analgesic for pain management. Which of the following information should the nurse include in the teaching?

"You should void every 4 hours to decrease the risk of urinary retention."

54. A nurse in an acute care facility is caring for a client who is at risk for seizures. Which of the

following precautions should the nurse implement?

Ensure that the client has a patent IV

55.A nurse is providing teaching to a client who has a gastric ulcer and a new prescription for omeprazole. The nurse should instruct the client that the medication provides relief by which of the following actions?

Suppressing gastric acid production

56. A nurse is caring for a client who has bilateral pneumonia and an SaO₂ of 85%. The client has dyspnea with a productive cough and is using accessory muscles to breathe. Which of the following actions should the nurse take first?

Place the client in high-fowler's position

57.A nurse is assessing a male client for an inguinal hernia. Which of the following areas should the nurse palpate to verify that the client has an inguinal hernia?

An inguinal hernia forms from the peritoneum, which contains part of the intestine, and can protrude into the scrotum in men.

58.A nurse in an emergency department is caring for a client who is experiencing a thyroid storm. Which of the following manifestations should the nurse expect?

Fever

Hypertension

Tachycardia

59.A nurse is performing a dressing change for a client who is recovering from a hemicolectomy. When removing the dressing, the nurse notes that a large part of the bowel is protruding through the abdomen. Which of the following actions should the nurse take first?

Call for help

60.A nurse is providing discharge instructions to a client who has a partial-thickness burn on the hand. Which of the following instructions should the nurse include?

Wrap fingers with individual dressings

61. A nurse is caring for a client who has HIV. Which of the following findings indicates a positive response to the prescribed HIV treatment?

Decreased viral load

62. A nurse is caring for a client who is receiving total parenteral nutrition(TPN). A new bag is not available when the current infusion is nearly completed. Which of the following actions should the nurse take ?

Administer dextrose 10% in water until the new bag arrives

63. A nurse is assessing a client who has had a suspected stroke. The nurse should place the priority on which of the following findings?

Dysphagia

64. A nurse in a provider's office is assessing a client who has hypertension and takes propranolol. Which of the following findings should indicate to the nurse that the client is experiencing an adverse reaction to this medication?

Report of night cough

65. A nurse in an emergency department is assessing a client who has a detached retina . Which of the following should the nurse expect the client to report?

" it's like a curtain closed over my eye

66. A nurse is providing teaching to a female client who has a history of urinary tract infections. Which of the following information should the nurse include in the teaching?

Take daily cranberry supplements

67.A nurse in an emergency department is reviewing the provider's prescriptions for a client who sustained a rattlesnake bite to the lower leg. Which of the following prescription should the nurse expect?

Administer an opioid analgesic to the client

68.A nurse is caring for a client who has chronic glomerulonephritis with oliguria. Which of the following findings should the nurse identify as a manifestation of chronic glomerulonephritis?

Hyperkalemia

69.A nurse in a community clinic is caring for a client who reports an increase in the frequency of migraine headaches. To help reduce the risk of migraine headaches, which of the following foods should the nurse recommend?

Aged cheese

70. A nurse is assessing a client who has had a plaster cast applied to their left leg 2 hr ago. Which of the following actions should the nurse take?

Check that one finger fits between the cast and the leg

71. A nurse is caring for a client who has viral pneumonia. The client's pulse oximeter readings have fluctuated between 79% and 88% for the last 30. Which of the following oxygen delivery systems should the nurse initiate to provide the highest concentration of oxygen?

Non-rebreather mask

72. A nurse is caring for a client who has a new diagnosis of hyperthyroidism. Which of the following is the priority assessment finding that the nurse should report to the provider?

Blood pressure 170/80 mm Hg

73. A nurse is teaching a young adult client how to perform a testicular self-examination. Which of the following instructions should the nurse include?

Roll each testicle between the thumb and fingers

74. A nurse is caring for a client who has a potassium level of 3 mEq/L. Which of the following assessment findings should the nurse expect?

Hypoactive bowel sounds

75. A nurse is reviewing the laboratory results of a client who has cirrhosis. Which of the following laboratory values should the nurse expect?

Elevated bilirubin level

76. A nurse is providing discharge teaching to a client who has heart failure and a new prescription for a potassium-sparing diuretic. Which of the following information should the nurse include in the teaching?

Try to walk at least three times per week for exercise

77. A nurse is elevating a client who has a new diagnosis of type 1 diabetes mellitus. Which of the following client statements indicates the client is successfully coping with the change?

"I used to never worry about my feet. Now, I inspect my feet every day with a mirror."

78. A nurse is providing teaching to a client who has hypothyroidism and is receiving

levothyroxine. The nurse should instruct the client that which of the following supplements can interfere with the effectiveness of the medication?

Calcium

79. A nurse is providing teaching to a client who has esophageal cancer and is to undergo radiation therapy. Which of the following statements should the nurse identify as an indication that the client understands the teaching?

"I will use my hands rather than a washcloth to clean the radiation area."

80. A nurse is performing a cardiac assessment for a client who had a myocardial infarction 2 days ago. Which of the following actions should the nurse take first after hearing the following sound?

Listen with the client on their left side

81. A nurse is teaching a client who has venous insufficiency about self-care. Which of the following statements should the nurse identify as an indication that the client understands the teaching?

"I will wear clean graduated compression stockings every day."

82. A nurse is caring for a client who is experiencing a tonic-clonic seizure. Which of the following actions should the nurse take?

Loosen restrictive clothing

83. A nurse is caring for a client who presents to a clinic for a 1-week follow-up visit after hospitalization for heart failure. Based on the information in the client's chart, which of the following findings should the nurse report to the provider?

Heart rate 55/min

84. A nurse is providing instructions to a client who has type 2 diabetes mellitus and a new prescription for metformin. Which of the following statements by the client indicates an understanding of the teaching?

"I should take this medication with a meal."

85. A nurse in an ICU is assessing a client who has a traumatic brain injury. Which of the following findings should the nurse identify as a component of cushing's triad?

Bradycardia

86. A nurse is providing dietary teaching to a client who is postoperative following a thyroidectomy with removal of the parathyroid glands. The nurse should instruct the client to include which of the following foods that has the greatest amount of calcium in her diet?

12 almonds

87. A nurse is caring for a client who has portal hypertension. The client is vomiting blood mixed with food after a meal. Which of the following actions should the nurse take first?

Obtain Vital Signs

88. A nurse is caring for a client who is postoperative following a total hip arthroplasty. Which of the following laboratory values should the nurse report to the provider?

HGB 8 g/dl

89. A nurse is caring for a client who has amyotrophic lateral sclerosis(ASL) and is being admitted to the hospital with pneumonia. Which of the following assessment findings is the nurse's priority?

Increased respiratory secretions

90. A nurse is caring for a client who has a leg cast and is returning demonstration on the proper use of crutches while climbing stairs. Identify the sequence the client should follow when demonstrating crutch use.

- a. Place their body weight on the crutches
- b. Advance the unaffected leg onto the stair
- c. Shift their weight from the crutches to the unaffected leg
- d. Then bring the crutches and the affected leg up to the stairs.

