

ATI PN COMPREHENSIVE EXIT EXAM

1. The nurse is preparing to assist the patient in using the incentive spirometer.

Which nursing intervention should the nurse provide first?

- a. Perform hand hygiene.
- b. Explain use of the mouthpiece.
- c. Instruct the patient to inhale slowly.
- d. Place in the reverse Trendelenburg position.

ANS: A

Performing hand hygiene reduces microorganisms and should be performed first. Placing the patient in the correct position such as high Fowler's for the typical postoperative patient or reverse Trendelenburg for the bariatric patient would be the next step in the process. Demonstration of use of the mouthpiece followed by the instruction to inhale slowly would be the last step in this scenario.

2. The nurse and the nursing assistive personnel (NAP) are caring for a group of postoperative patients who need turning, coughing, deep breathing, incentive spirometer, and leg exercises. Which task will the nurse assign to the NAP?

- a. Teach postoperative exercises.
- b. Do nothing associated with postoperative exercises.
- c. Document in the medical record when exercises are completed.
- d. Inform the nurse if the patient is unwilling to perform exercises.

ANS: D

The nurse can delegate to the NAP to encourage patients to practice postoperative exercises regularly after instruction and to inform the nurse if the patient is unwilling to perform these exercises. The skills of

demonstrating and teaching postoperative exercises and documenting are not within the scope of practice for the nursing assistant. Doing nothing is not appropriate.

3. The nurse is providing preoperative teaching for the ambulatory surgery patient who will be having a cyst removed from the right arm. Which will be the **best** explanation for diet progression after surgery?

- a. "Start with clear liquids, soup, and crackers. Advance to a normal diet as tolerated."
- b. "Stay with ice chips for several hours. After that, you can have whatever you want."
- c. "Stay on clear liquids for 24 hours. Then you can progress to a normal diet."
- d. "Start with clear liquids for 2 hours and then full liquids for 2 hours. Then progress to a normal diet."

ANS: A

Patients usually receive a normal diet the first evening after surgery unless they have undergone surgery on GI structures. Implement diet intake while judging the patient's response. For example, provide clear liquids such as water, apple juice, broth, or tea after nausea subsides. If the patient tolerates liquids without nausea, advance the diet as ordered. There is no need to stay on ice chips for several hours or clear liquids for 24 hours after this procedure. Putting a time frame on the progression is too prescriptive. Progression should be adjusted for the patient's needs.

4. The nurse explains the pain relief measures available after surgery during preoperative teaching for a surgical patient. Which comment from the patient indicates the need for additional education on this topic?

- a. "I will be asked to rate my pain on a pain scale."
- b. "I will have minimal pain because of the anesthesia."
- c. "I will take the pain medication as the provider prescribes it." "I will take my pain medications before doing postoperative exercises."
- d. exercises."

ANS: B

Anesthesia will be provided during the procedure itself, and the patient should not experience pain during the procedure; however, this will not minimize the pain after surgery. Pain management is utilized after the postoperative phase. Inform the patient of interventions available for pain relief, including medication, relaxation, and distraction. The patient needs to know and understand how to take the medications that the health care provider will prescribe postoperatively. During the stay in the facility, the level of pain is frequently assessed by the nurses. Coordinating pain medication with postoperative exercises helps to minimize discomfort and allows the exercises to be more effective.

5. The nurse is making a preoperative education appointment with a patient.

The patient asks if a family member should come to the appointment. Which is the **best** response by the nurse?

- a. "There is no need for an additional person at the appointment."
- b. "Your family can come and wait with you in the waiting room."
- c. "We recommend including family members at this appointment."
- d. "It is required that you have a family member at this appointment."

ANS: C

Including family members in perioperative education is advisable. Often a family member is a coach for postoperative exercises when the patient returns from surgery. If anxious relatives do not understand routine postoperative events, it is likely that their anxiety will heighten the patient's fears and concerns. Preoperative preparation of family members before surgery helps to minimize anxiety and misunderstanding. An additional person is needed at the appointment if at all possible, and he or she needs to be involved in the process, not just

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<https://www.stuvia.com/doc/1113753/ati-comprehensive-predictor-exam-14-versionslatest-2021-a-high-score-document>

<https://www.coursemerit.com/solution-details/58749/ATI-COMPREHENSIVE-PREDICTOR-EXAM--14-LATEST-VERSION-2021>

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ATI Community Health Proctored Exam (13 LATEST VERSIONS,2021)/Community Health ATI Proctored

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<https://www.stuvia.com/doc/1097183/ati-community-health-proctored-exam-13-versions-community-health-ati-proctored-exam-13-versions-latest-2021>

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ATI FUNDAMENTALS PROCTORED EXAM (9 LATEST VERSIONS,2021) /FUNDAMENTALS ATI PROCTORED EXAM / FUNDAMENTALS PROCTORED ATI EXAM (A BEST DOCUMENT FOR EXAM)

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<https://www.coursemerit.com/solution-details/58752/ATI-FUNDAMENTALS-PROCTORED-EXAM-9-LATEST-VERSIONS2021>

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https://www.stuvia.com/doc/1102314/leadership-management-proctored-a_t_iexam-5-versionslatest-2021-a-high-score-document

<https://www.coursemerit.com/solution-details/58753/ATI-LEADERSHIP-MANAGEMENT-PROCTORED-EXAM5-LATEST-VERSIONS2021>

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ATI MATERNAL NEWBORN PROCTORED EXAM (19 VERSIONS)/ MATERNAL NEWBORN ATI PROCTORED EXAM:LATEST 2021

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ATI PN COMMUNITY HEALTH PROCTORED EXAM (14 VERSIONS)/ PN COMMUNITY HEALTH PROCTORED ATI EXAM:LATEST 2021

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<https://www.stuvia.com/doc/1013475/ati-pn-maternity-proctored-exam-6-versions-pn-maternity-ati-proctored-examlatest-2021>

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waiting in the waiting room; however, it is certainly not a requirement for actually completing the surgery that someone comes to this appointment.

6. The nurse is reviewing the surgical consent with the patient during preoperative education and finds the patient does not understand what procedure will be completed. What is the nurse's best **next** step?

- a. Notify the health care provider about the patient's question.
- b. Explain the procedure that will be completed.
- c. Continue with preoperative education.
- d. Ask the patient to sign the form.

ANS: A

Surgery cannot be legally or ethically performed until the patient fully understands the need for a procedure and all the implications. It is the surgeon's responsibility to explain the procedure, associated risks, benefits, alternatives, and possible complications. It is important for the nurse to pause with preoperative education to notify the health care provider of the patient's questions. It is not within the nurse's scope to explain the procedure. The nurse can certainly reinforce what the health care provider has explained, but the information needs to come from the health care provider. It is not prudent to ask a patient to sign a form for a procedure that he/she does not understand.