

# ATI RN Proctored Nutrition Exam latest 2021 Verified version

written by

Proven



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# ATI Nutrition

## 1. Toddler eating habit

- Allow the child to eat by themselves
- Prepare different foods

## 2. Pt with GT prevent infection

- Discard within 36 hours
- Change tubing 96 hours

## 3. Toddler food choice

- Unsalted popcorn
- Raw carrots
- Graham crackers
- Hotdogs

## 3. Patient with N/V

- Whole wheat bread
- Yogart
- Skim milk
- Orange fruit

## 4. Foods that mostly allergy for kids

- Eggs
- Peanut butter

## 5. Pt in TPN watch for adverse effect

- Gain 3.3 lbs/day

6. Pt in GT feeding risk for aspiration

- Flush 30ml of water post feedings

7. Pt with TPN

- Titrate

8. Pt with wasting syndrome what formula you will give

- Increase protein
- Hydrolyzed

9. School age risk for obesity

- HTN
- DM1
- JRA
- Hypothyroidism

10. S/S for hypoglycemia (Select all that apply)

- Weakness
- Headache
- One more ans(just pick 3 ans)

11. S/S of hypocalcemia

- Tetany
- Reflex weakness

12. Math question 3 cans each can is 240 it has 1.5 cal/per ml how many total calorie in ml

$$240 \times 3 = 720 \times 1.5 = 1080$$

- 1080

13. Jewish Pt what food need to take out in the tray

- Bacon

14. Jewish food choice

- Baked chicken over rice

15. Seventh day Adventist food that they can not have

- Coffee

16. Pt with wound what medication can cause dehiscence

- Prednisone
- Omeprazole
- Zolmitriptan
- Verapamil

17. Pt has difficulty swallowing due to stomatitis..... what diet is appropriate

- Liquid
- Clear
- Pureed
- Light diet

18. Pt with dysphagia what intervention you will do

- Let patient rest before meals

19. Diet for patient with Dumping syndrome

- High protein

20. Intervention for pt with Dumping syndrome(don't know the right ans)

- Eat with beverage
- 

21. Pt is gaining weight what lab value has to watch

- T3 220
- K 3.5
- Ca 8
- Na 145

22. Infant with Gerd and vomiting, intervention

- Elevate head at 20 degree when feeding
- Position in side laying

23. Obese Patient what disease can contribute

- PUD
- Gerd
- Crohns
- Celiac

24. Pregnant Pt

- Increase Folate

25. Pt with intermittent feeding intervention to prevent N/V

- Warm formula within room temperature

26. Pt with TPN nurse noticed abdominal distention what you will do

- Check residual

27. Pt wanting to loss weight

- Identify motivation
- Set up goal
- Identify modified diet

28. Pt with CKD what diet to give

- Decrease protein
- Increase protein
- Decrease Calcium
- Increase calcium

29. Complete protein diet for toddler

- Scrambled eggs
- Peanut butter
- Peas

30. Pt. with Celiac disease what food you will give

- Rice with chicken
- Rye bread
- Barly
- Whole wheat bread

31. Aids patient having diarrhea intervention

- Give 8oz of fluids every after episode of diarrhea

32. Good choice of oil

- Palm oil
- Canola oil
- Lard

33. 6 lbs infant in 6 months how the weight will be

- 14
- 15
- 12
- 16

34. Risk for CA in female

- drink 2 glasses of wine a day

35. Pt risk for Diabetes

- cholesterol 230
- triglyceride
- HDL 78

36. Pt is malnourish what lab support the dx

- Pre albumin

37. Pregnant calorie intake

- Increase 500cal

38. DASH diet

- Increase calcium

39. CVA diet

- Smoke salmon

40. Increase protein to which of the following patient

- 21% total burn

41. Pregnant taking Amoxicillin

- Pump before 1 hour discard and breastfeed
- Give baby formula

- Continue breastfeeding

42. Medication for hypertension what food is contraindication except

- Bake potato
- Avocado
- Peaches

43. Coumadin contraindication

- Vit. K

44. What food is low in Phosphorous

- Milk
- Cheese
- Slice of apple

45. Food rich in Folate

- Beef liver

46. Diet for Pt with pancreatitis

- ~~Limit calcium~~
- Offer 5-6 meals (ans)

48. Pt with C-diff presenting signs of fluid volume deficit

- 

49. Pt with Hypertension

- Decrease sodium to 3500/day (wrong ans)

50. Increase fluids what labs to watch?

-



51. Patient taking Calcium supplement advise

- Chose supplement Calcium with Vitamin D

52. Anorexic Patient

- Schedule meals same time

53. Breast feeding mom need further teaching

- I will add water to the formula

54. Tyramine what food to avoid

- Cheese
- Avocado

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## **ATI ATI Comprehensive Predictor Exam,14- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions**

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## **ATI Gerontology Final Quiz (2 Versions), Question Answers, 100% Correct , Correct Answers**

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