
Test	Chapter 8 Quiz
Started	9/10/19 1:52 PM
Submitted	9/10/19 2:28 PM
Due Date	9/16/19 11:59 PM
Status	Completed
Attempt Score	38 out of 40 points
Time Elapsed	36 minutes out of 45 minutes
Instructions	<p>Time limit: 45 minutes 20 multiple-choice questions Open-book/open-notes Do not hit the BACK button as this will lock you out of the quiz.</p> <p>The timer will continue if you leave this quiz without submitting it.</p>
Results Displayed	All Answers, Submitted Answers

• **Question 1**

2 out of 2 points

Of the following factors, which is most likely to be linked to personal happiness?

- Selected Answer: d.
having friends
- Answers:
a. being a lottery winner
b. having wealth
c. being intelligent
d. having friends
e. having good health

• **Question 2**

2 out of 2 points

Hours into their cross country road trip, Omar and Carl are famished. The two friends argue about what to do. Should they stop at a highway rest stop, or search for a place to eat in the nearest town? They decide to stop this time at a rest stop, and next time in town. How is motivation best demonstrated in this scenario?

- Selected Answer: c.
They seek to eat food.
- Answers:
a. They find a resolution.
b. They react instinctively to their hunger.

- c.
They seek to eat food.
- d.
They compete for similar resources.

- **Question 3**

2 out of 2 points

Which of the following is a secondary drive?

- Selected Answer: a.
desire to earn money
- Answers:
a.
desire to earn money
b.
sexual desire
c.
hunger
d.
sleep

- **Question 4**

2 out of 2 points

Chris sings in a volunteer community chorus because he enjoys the feeling he gets when he masters a complicated piece of music. His behavior reflects _____.

- Selected Answer: c.
intrinsic motivation
- Answers:
a.
overjustification
b.
self-handicapping strategy
c.
intrinsic motivation
d.
extrinsic motivation

- **Question 5**

2 out of 2 points

In terms of prefrontal activation associated with emotions, the left cerebral cortex is to _____ emotions as right cerebral cortex is to _____ emotions.

- Selected Answer: b.
positive; negative
- Answers:
a.
strong; weak
b.

- positive; negative
- c.
- weak; strong
- d.
- negative; positive
- e.
- mimicked; genuine

- **Question 6**

2 out of 2 points

Approximately what percentage of young women in the United States develops anorexia nervosa?

Selected Answer: d.
About 1%

Answers: a.
About 5%

b.
5 to 10%

c.
11 to 20%

d.
About 1%

- **Question 7**

2 out of 2 points

Vonda is exceptionally skilled at perceiving emotions in others, which is an important element of emotional intelligence. Vonda has a high level of

Selected Answer: a.
empathy.

Answers: a.
empathy.

b.
need for affiliation.

c.
self-actualization.

d.
sympathy.

e.
extraversion.

- **Question 8**

2 out of 2 points

Maslow's hierarchy of needs has how many levels?

Selected Answer: a.
5

- Answers:
- a. 5
 - b. 2
 - c. 7
 - d. 3
 - e. 12

- **Question 9**

2 out of 2 points

Intrinsic motivation influences us to engage in behaviors that ____.

- Selected Answer: d. are personally rewarding
- Answers:
- a. satisfy biological needs
 - b. obtain rewards or incentives important for survival
 - c. are instinctual fixed action patterns
 - d. are personally rewarding

- **Question 10**

2 out of 2 points

Which hormone do scientists believe works on the hypothalamus to stimulate appetite and eating?

- Selected Answer: e. neuropeptide Y
- Answers:
- a. leptin
 - b. endorphins
 - c. melatonin
 - d. dopamine
 - e. neuropeptide Y

- **Question 11**

2 out of 2 points

In the dual-pathway model of fear, the “high road” leads to the _____ and the “low road” leads to the _____.

- Selected Answer: c. cerebral cortex; amygdala
- Answers: a. amygdala; cerebral cortex
b. cerebral cortex; hypothalamus
c. cerebral cortex; amygdala
d. hypothalamus; cerebral cortex
e. hypothalamus; amygdala

• **Question 12**

2 out of 2 points

The highest needs in Maslow's hierarchy are

- Selected Answer: e. self-actualization needs.
- Answers: a. love and belongingness needs.
b. physiological needs.
c. esteem needs.
d. safety needs.
e. self-actualization needs.

• **Question 13**

2 out of 2 points

The need for achievement differs from the need for sex because achievement motivation _____.

- Selected Answer: d. is a social rather than a biological need
- Answers: a. is only found among white males
b. ranks low on Maslow's hierarchy of needs
c. cannot be measured
d.

is a social rather than a biological need

• **Question 14**

2 out of 2 points

Carl works hard to get As on his report card because his mother rewards him with 25 dollars for each A. Carl's behavior is being influenced by ____.

- Selected Answer: a.
Answer: extrinsic motivation
- Answers: a.
extrinsic motivation
b.
a hierarchy of needs
c.
fixed action patterns
d.
drive-reduction theory

• **Question 15**

2 out of 2 points

What is the eating disorder characterized by recurrent binge eating accompanied by inappropriate compensatory behavior in order to prevent weight gain (e.g., self-induced vomiting, misuse of medications such as laxatives or diuretics, fasting, excessive exercise)?

- Selected Answer: a.
Answer: bulimia nervosa
- Answers: a.
bulimia nervosa
b.
compulsive overeating
c.
distorted body image
d.
anorexia nervosa

• **Question 16**

2 out of 2 points

Quentin has a strong need to excel at whatever he does. Quentin's need is called need for

- Selected Answer: b.
Answer: achievement.
- Answers: a.
affiliation.
b.
achievement.
c.
external rewards.

- d.
arousal.
- e.
sensation.

- **Question 17**

2 out of 2 points

What is a Duchenne smile?

- Selected Answer: c.
a genuine smile
- Answers:
a.
a suppressed grimace
b.
a type of smile resulting from the facial-feedback effect
c.
a genuine smile
d.
a fake smile
e.
a smile in response to another person smiling

- **Question 18**

2 out of 2 points

Nervous system activation is reflected most directly in which component of emotions?

- Selected Answer: b.
bodily arousal
- Answers:
a.
expressed behavior
b.
bodily arousal
c.
memory
d.
cognition
e.
judgment

- **Question 19**

0 out of 2 points

The theory that the brain regulates body weight around a genetically predetermined level is identified as

- Selected Answer: d.
self-regulatory theory.

- Answers:
- a. metabolic constancy theory.
 - b. basal metabolism theory.
 - c. genetic determination theory.
 - d. self-regulatory theory.
 - e. set point theory.

• **Question 20**

2 out of 2 points

Anorexia nervosa is characterized by the maintenance of unusually low body weight and ____.

- Selected Answer: c. a distorted view of the body as obese
- Answers:
- a. the extreme need for control
 - b. cycles of binge eating and purging
 - c. a distorted view of the body as obese
 - d. the need to defy conventional norms