

# ATI Nutrition

## 1. Toddler eating habit

- Allow the child to eat by themselves
- Prepare different foods

## 2. Pt with GT prevent infection

- Discard within 36 hours
- Change tubing 96 hours

## 3. Toddler food choice

- Unsalted popcorn
- Raw carrots
- Graham crackers
- Hotdogs

## 3. Patient with N/V

- Whole wheat bread
- Yogurt
- Skim milk
- Orange fruit

## 4. Foods that mostly allergy for kids

- Eggs
- Peanut butter

## 5. Pt in TPN watch for adverse effect

- Gain 3.3 lbs/day

6. Pt in GT feeding risk for aspiration

- Flush 30ml of water post feedings

7. Pt with TPN

- Titrate

8. Pt with wasting syndrome what formula you will give

- Increase protein
- Hydrolyzed

9. School age risk for obesity

- HTN
- DM1
- JRA
- Hypothyroidism

10. S/S for hypoglycemia (Select all that apply)

- Weakness
- Headache
- One more ans(just pick 3 ans)

11. S/S of hypocalcemia

- Tetany
- Reflex weakness

12. Math question 3 cans each can is 240 it has 1.5 cal/per ml how many total calorie in ml

$$240 \times 3 = 720 \times 1.5 = 1080$$

- 1080

13. Jewis Pt what food need to take out in the tray

- Bacon

14. Jewis food choice

- Baked chicken over rice

15. Seventh day Adventist food that they can not have

- Coffee

16. Pt with wound what medication can cause dehiscence

- Prednisone

- Omeprazole
- Zolmitriptan
- Verimipril

17. Pt has difficulty swallowing due to stomatitis..... what diet is appropriate

- Liquid
- Clear
- Pureed
- Light diet

18. Pt with dysphagia what intervention you will do

- Let patient rest before meals

19. Diet for patient with Dumping syndrome

- High protein

20. Intervention for pt with Dumping syndrome(don't know the right ans)

- Eat with beverage
  -
21. Pt is gaining weight what lab value has to watch
- T3 220
  - K 3.5
  - Ca 8
  - Na 145
22. Infant with Gerd and vomiting, intervention
- Elevate head at 20 degree when feeding
  - Position in side laying
23. Obese Patient what disease can contribute
- PUD
  - Gerd
  - Crohns
  - Celiac
24. Pregnant Pt
- Increase Folate
25. Pt with intermittent feeding intervention to prevent N/V
- Warm formula within room temperature
26. Pt with TPN nurse noticed abdominal distention what you will do
- Check residual
27. Pt wanting to loss weight

- Identify motivation
  - Set up goal
  - Identify modified diet
28. Pt with CKD what diet to give
- Decrease protein
  - Increase protein
  - Decrease Calcium
  - Increase calcium
29. Complete protein diet for toddler
- Scrambled eggs
  - Peanut butter
  - Peas
30. Pt. with Celiac disease what food you will give
- Rice with chicken
  - Rye bread
  - Barley
  - Whole wheat bread
31. Aids patient having diarrhea intervention
- Give 8oz of fluids every after episode of diarrhea
32. Good choice of oil
- Palm oil
  - Canola oil
  - Lard
33. 6 lbs infant in 6 months how the weight will be

- 14
- 15
- 12
- 16

34. Risk for CA in female

- drink 2 glasses of wine a day

35. Pt risk for Diabetes

- cholesterol 230
- triglyceride
- HDL 78

36. Pt is malnourish what lab support the dx

- Pre albumin

37. Pregnant calorie intake

- Increase 500cal

38. DASH diet

- Increase calcium

39. CVA diet

- Smoke salmon

40. Increase protein to which of the following patient

- 21% total burn

41. Pregnant taking Amoxicillin

- Pump before 1 hour discard and breastfeed
- Give baby formula

- Continue breastfeeding

42. Medication for hypertension what food is contraindication except

- Bake potato
- Avocado
- Peaches

43. Coumadin contraindication

- Vit. K

44. What food is low in Phosphorous

- Milk
- Cheese
- Slice of apple

45. Food rich in Folate

- Beef liver

46. Diet for Pt with pancreatitis

- Limit calcium
- Offer 5-6 meals (ans)

48. Pt with C-diff presenting signs of fluid volume deficit

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49. Pt with Hypertension

- Decrease sodium to 3500/day (wrong ans)

50. Increase fluids what labs to watch?

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51. Patient taking Calcium supplement advise

- Choose supplement Calcium with Vitamin D

52. Anorexic Patient

- Schedule meals same time

53. Breast feeding mom need further teaching

- I will add water to the formula

54. Tyramine what food to avoid

- Cheese
  - Avocado
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Some Useful Link: (Different ATI Exam)

**ATI Mental Health Proctored Exam (16- Latest Upgraded Versions) , Best ATI Exam Solution 2020, High Rated Solutions.**

<https://www.stuvia.com/doc/805547/ati-mental-health-proctored-exam-16-latest-upgraded-versions-best-ati-exam-solution-2020-high-rated-solutions.>

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## **ATI Maternal Newborn Proctored Exam / ATI Maternal Newborn ,11- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions.**

<https://www.stuvia.com/doc/805552/ati-maternal-newborn-proctored-exam-ati-maternal-newborn-11-latest-upgraded-versions-best-atи-exam-solution-2020-high-rated-solutions.>

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## **ATI Community Health Proctored Exam/ ATI Community Health, 22- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions.**

<https://www.stuvia.com/doc/805555/ati-community-health-proctored-exam-ati-community-health-22-latest-upgraded-versions-best-atи-exam-solution-2020-high-rated-solutions.>

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## **ATI Leadership Proctored Exam,13- Latest Upgraded Versions) , Best ATI Exam Solution 2020, High Rated Solutions.**

<https://www.stuvia.com/doc/805563/ati-leadership-proctored-exam13-latest-upgraded-versions-best-atи-exam-solution-2020-high-rated-solutions.>

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## **ATI Leadership Management Proctored Exam (2- Latest Upgraded Versions) , Best ATI Exam Solution 2020, High Rated Solutions.**

<https://www.stuvia.com/doc/805564/ati-leadership-management-proctored-exam-2-latest-upgraded-versions-best-atи-exam-solution-2020-high-rated-solutions.>

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## **ATI Med Surg Proctored Exam,14- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions.**

<https://www.stuvia.com/doc/805566/ati-med-surg-proctored-exam14-latest-upgraded-versions-best-ati-exam-solution-2020-high-rated-solutions>.

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## **ATI ATI Comprehensive Predictor Exam,14- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions**

<https://www.stuvia.com/doc/805569/ati-atи-comprehensive-predictor-exam14-latest-upgraded-versions-best-ati-exam-solution-2020-high-rated-solutions>

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## **ATI Proctored Pharmacology Exam,14- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions**

<https://www.stuvia.com/doc/805570/ati-proctored-pharmacology-exam14-latest-upgraded-versions-best-ati-exam-solution-2020-high-rated-solutions>

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## **ATI Proctored Nutrition Exam,4- Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions**

<https://www.stuvia.com/doc/805576/ati-proctored-nutrition-exam4-latest-upgraded-versions-best-ati-exam-solution-2020-high-rated-solutions>

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## **ATI Gerontology Final Quiz (2 Versions), Question Answers, 100% Correct , Correct Answers**

<https://www.stuvia.com/doc/805579/ati-gerontology-final-quiz-2-versions-question-answers-100-correct-correct-answers>

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## **ATI pediatric Proctored Exam, 7 Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions**

[https://www.stuvia.com/doc/805580/ati-pediatric-proctored-exam-7-latest-upgraded-versions-best-  
ati-exam-solution-2020-high-rated-solutions](https://www.stuvia.com/doc/805580/ati-pediatric-proctored-exam-7-latest-upgraded-versions-best-atи-exam-solution-2020-high-rated-solutions)

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## **ATI Fundamentals Exam,7 Latest Upgraded Versions , Best ATI Exam Solution 2020, High Rated Solutions**

[https://www.stuvia.com/doc/805581/ati-fundamentals-exam7-latest-upgraded-versions-best-atи-  
exam-solution-2020-high-rated-solutions](https://www.stuvia.com/doc/805581/ati-fundamentals-exam7-latest-upgraded-versions-best-atи-<br/>exam-solution-2020-high-rated-solutions)

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