

NR 601 FINAL EXAM STUDY GUIDE QUESTIONS AND ANSWERS LATEST UPDATE(2020)

written by

NOTEBOOK



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"Which FSH value is consistent with complete cessation of ovarian function?"

- A. Less than 10
- B. 10-25
- C. 25-35
- D. Greater than 40

Diabetes is one of the leading causes of which disease:

- A chronic lung disease
- B kidney failure
- C disability
- D cardiac death.

Which antihypertensive medication can be used to treat hot flashes in menopause?

- A. Labatolol
- B. Clonidine However it has adverse effects such as dry mouth, drowsiness and hypotension which may make it undesirable.
- C. Hydrochlorothiazide
- D. Hydralazine

What is the least diabetogenic statin?

- A. Rosuvastatin
- B. Simvastatin
- C. Atorvastatin
- D. Pravastatin

Bence Jones proteins found in a urinalysis may be indicative of:

- A. Leukemia
- B. Lymphosarcoma
- C. Multiple myeloma
- D. All of the above

What is the first line medication for new type 2 diabetic?

- A. Novolog
- B. Penicillin
- C. Metformin
- D. Glyburide

Protein on a urinalysis usually has a renal pathology, specific to which renal structure?

- A. Glomerulus
- B. Renal cortex
- C. Medulla
- D. Nephron

What is the hA1C goal for diabetic patients with complex health status (multiple chronic conditions)?

- A. <7.5
- B. <8.0 Its B. VERY complex is 8.5. I feel like that's tricky
- C. <8.5
- D. < 9

Type 2 diabetes factors include?

- A. Polycystic
- B. Obesity
- C. Hypotension
- D. Liver disease

Gastric bypass surgery can be performed on a patient with a BMI off.

- A. 20-25
- B. 40

- C. 30-34
- D. 25- 29

Signs of indicative abuse includes?

- 1) Weight Gain
- 2) Poor Hygiene
- 3) Lack of control
- 4) Increase interested in daily activities

What age related changes does NOT affect urologic functioning?

- A. Decreased bladder capacity
- B. Normal aging
- C. Increased PVR urine volume
- D. Increased urethral resistance

Painful, irregular-shaped, deep red ulcers with a red halo and undermined edges. Which STD is most likely?

- A. Syphilis
- B. HSV (Herpes)
- C. Chancroid (*Haemophilus ducreyi*)
- D. Molluscum contagiosum (Pox virus)

What is the average BG level of a HB A1C of 9.5?

- A. 226
- B. 216
- C. 197
- D. 240

A way I remember this is know that an A1C of 6 is always 126 and add 14 to get your next AIC bG level.

Which STI increases in those over the age of 50 years old?

- A. Syphilis

- B. HSV (Herpes)
- C. HIV
- D. Gonorrhea

Which type of incontinence is a result of bladder hypermobility?

- A. Urge
- B. Overflow
- C. Stress
- D. Functional

Especially for those who have had vaginal deliveries. Pee when you sneeze/cough. Do some kegals to manage

What test can detect interstitial cystitis?

- A. Potassium sensitivity
- B. Sodium sensitivity
- C. CBC
- D. Bladder ultrasound

What is the first line opioid for dyspnea?

- A. Percocet
- B. Morphine
- C. Tramadol
- D. Tylenol

A male complains of dysuria. Urinalysis is positive for nitrates, leukocyte esterase, and bacteria. Which medication should be given?

- A Doxycycline X 7 days
- B Trimethoprim-sulfamethoxazole X 7-10 days
- C Ciprofloxacin X 3 days
- D Nitrofurantoin X 14 day

Which patient is a contraindication for Cipro?

- A Pregnant
- B 19 years old
- C hypertensive
- D pyelonephritis

What is the difference between palliative care and hospice services?

- A. Hospice is provided with life expectancy of six months or less
- B. Palliative care can be involved at any stage of illness.
- C. Palliative care integrates psychological and spiritual aspects of care throughout the illness from diagnosis to death
- D. All of the above.

The Crede's maneuver is an effective management in which UI?

- A. Functional
- B. Urge
- C. Overflow
- D. Stress

Which UI is associated due to UTI, vaginitis, bladder stones, and tumors?

- A. Urge
- B. Stress
- C. Functional
- D. Overflow

Which of the following is not part of the SPIKES protocol?

- A. Setting
- B. Planning

- C. Strategy
- D. Invitation

Answer is B

P actually stands for perception (Kennedy page 496)

What is a common characteristic of dysuria-pyuria syndrome (acute urethral syndrome)?

- A. Painful urination
- B. WBCs on microscopic UA
- C. Absence of positive bacterial culture
- D. All of the above**

Often caused by Chlamydia

Contraindication for testosterone therapy injection, all EXCEPT:

- A. Liver disease
- B. Mercury allergy
- C. Latex allergy**
- D. Prostate cancer

If the testosterone level is below 300, what is the next step?

- A. Order a serum prolactin level**
- B. Initiate testosterone therapy
- C. Repeat the level in 1 month
- D. Refer to urologist

All of the following labs should be ordered in a patient with complaints of ED EXCEPT:

- A. Lipid profile
- B. CMP** and obviously add a testosterone level to those labs
- C. TSH
- D. Fasting blood sugar

Risk factors for urinary incontinence include:

- A. Age
- B. Residing in long term care setting
- C. Cognitive impairment
- D. Female gender

E. All of the above Kennedy of 84. UI. Is twice as common in women as men incidence increases with age being institutionalized and those with a deficit in ADLs

A patient with impaired glucose intolerance is at an increased risk of developing type 2 diabetes within how many years of onset?

- A) 2 to 5 years
- B) 5 to 10 years**
- C) 3 to 6 years
- D) within 1 year

What is the most commonly identified infectious agent or toxic insult in a person with genetic predisposition for DM1?

- A.) Herpes
- B.) Congenital Rubella**
- C.) Chicken pox
- D.) MMR vaccine while pregnant

All are contraindications of Metformin except

- A. Stroke**
- B. MI
- C. Renal disease
- D. Septicemia

When should insulin therapy begin in the management of DM2?

- A. Initially
- B. If A1C is >9.0 and symptomatic**
- C. If A1C is >8% and asymptomatic
- D. Patients with DM2 do not require insulin therapy.

Which A1C indicates strong glycemic control?

- A. 6%
- B. <7%**
- C. 8.5%
- D. 5.7%

A patient who is experiencing menopausal symptoms and has a uterus can be treated with?

- A. Estrogen-only therapy
- B. Estrogen plus progestin**
- C. Neither are recommended
- D. Either one can be used

Viagra: how long after injection does it last?

- A. 15-45 minutes
- B. 30-60 minutes**
- C. 60-90 minutes
- D. 90- 120 minutes

Viagra: how often can it be used?

- A. Every 24 hours, 2-3 times/week**
- B. Every 24 hours, 4-5 times/week
- C. Every 12 hours, 2-3 times/week
- D. Every 12 hours, 4-5 times/week

The transdermal testosterone gel or solution (AndroGel) can be applied to?

- A. Scrotum
- B. Axillary
- C. Upper arm
- D. B&C**

Testosterone implantable pellets (Testopel) produce steady blood levels if implanted into the subcutaneous tissue:

- A. Monthly
- B. Weekly
- C. Every 5-6 months
- D. Every 3-4 months**

Which is true regarding nitrates and Viagra(Sildenafil)?

- A. Nitrates are alway contraindicated with Viagra
- B. Can give nitrites within 12 hours of taking Viagra
- C. Must wait 24 hours after taking Viagra to give nitrites**
- D. There are no restrictions when giving the 2 medications

A patient presents with complaints of changes in behavior (socially inappropriate, easily frustrated, impulsive), language dysfunction, and difficulty reading and writing. Which type of dementia would you suspect?

- A. Lewy Body/Parkinson S
- B. Frontotemporal lobe/Picks Disease**
- C. Vascular Dementia
- D. Mixed Dementia

Which is true regarding early onset dementia?

- A. It affects those 65 and younger
- B. It affects those 55 and younger**

- C. It is usually familial
- D. A & C**

Which ethnic group is at the highest risk for developing Alzheimers disease?

- A. African American**
- B. Caucasian
- C. Hispanic
- D. A and C

Ok this is one of those weird which is MOST right questions. According to the study guide I have, both AA and Hispanic are more at risk than Caucasian, but AA are twice as likely to develop it? If anyone finds anything confirming this let me know. Confusing ☺

Which one is not correct with incontinence mnemonic DRIP

- A. Diabetes** The "D" stands for delirium
- B. Polyuria
- C. Restricted mobility
- D. Infection

Poor judgment and decisions first presents in which phase of Alzheimers disease?

- A. Preclinical**
- B. Mild-moderate
- C. Severe
- D. None of the above

Which is true regarding the onset and half life of codeine?

- A. Onset: 30 minutes, HL: 2-4 hrs
- B. Onset: 15 minutes, HL: 4-6 hrs**

- C. Onset: 60 minutes, HL: 4-6 hrs
- D. Onset 60 minutes, HL: 2-4 hrs

Dilauded is:

- A. 5 times more potent than Morphine
- B. 2 times more potent than Morphine
- C. Half as potent as Morphine
- D. 3 times more potent than Morphine

Which medication is most appropriate for very severe, intractable pain?

- A. Codeine
- B. Morphine
- C. Fentanyl
- D. Hydrocodone

Pain arising from the muscles, joints and cutaneous tissue is?

- A. Visceral pain
- B. Somatic pain
- C. Neuropathic pain
- D. None of the above

All of these medications can be used for neuropathic pain EXCEPT?

- A. Gabapentin
- B. Methadone
- C. Amitriptyline
- D. All are correct

In AD, Preclinical changes in the brain can begin in _____ years before symptoms present.

- A. 2-5
- B. 10-20**
- C. 1
- D. 5-10

Women are more at risk for which type of abuse?

- A. Neglect
- B. Physical
- C. Sexual
- D. Both B & C**

Those with cognitive function are more at risk for which type of abuse?

- A. Exploitation**
- B. Sexual
- C. Abandonment
- D. Physical

Which type of dementia is caused by the blockage of bloody supply to neurons?

- A. Lewy Body Dementia
- B. Alzheimer's disease
- C. Vascular Dementia**
- D. Frontotemporal dementia

How would you best treat an uncomplicated UTI of a non-pregnant 55 year old female with no known drug allergies?

- A: Cipro 7-10 days
- B: Bactrim 7-10 days

C: Bactrim 3 days

D: it's uncomplicated. No treatment is needed.

Age-related changes in the bladder, urethra and ureters include all of the following in older women except:

- a. decline in ureteral resistance pressure
- b. increased estrogen production's influence on the bladder and ureter
- c. laxity of the pelvic muscle
- d. decline in bladder outlet function

The proposed mechanism by which diphenhydramine caused delirium is:

- a. anticholinergic effects
- b. dopaminergic effects
- c. gabapergic effects
- d. serotonergic effects

According to the Palliative Care Presentation, palliative care may be provided to

- a. only cancer patients
- b. anyone regardless of their life expectancy or disease progression
- c. those with a life expectancy > 6 months
- d. those with a life expectancy < 6 months

The highest level of evidence to support interventions at the end of life is with

- a. hyosamine for respiratory secretions
- b. stimulant laxatives for treating constipation
- c. opioids for pain control
- d. opioids for dyspnea

According to the World Health Organization's analgesic ladder, which drug would be most appropriate in opiate-naïve patient who presents with moderate pain

- a. naproxen/morphine
- b. aspirin/fentanyl
- c. acetaminophen/hydrocodone
- d. ibuprofen/impraminen

According to the American College of Cardiology 2017 Guidelines for High blood pressure in adults, hypertension stage 2 is defined as

- a. >150 or >90 mmHG
- b. >140 or >90 mmHG
- c. 120-129/<80 mmHg
- d. 130-139 or 80-89 mm HG

Pain which results from pathology or damage to the nervous system is classified as

- a. chronic
- b. neuropathic

- c. acute
- d. nociceptive

What helps a clinician to differentiate between Delirium and Dementia?

- a. Patients are agitated in dementia
- b. Patients are usually alert with Dementia
- c. Both have the same symptoms
- d. a & b

Tom was just brought in and physical exam identifies tachycardia, sweating, flushed face, dilated pupils, disorientation with elevated blood pressure. What is most likely going to be Tom's diagnosis?

- a. Withdrawal delirium
- b. Dementia
- c. Psychosis
- d. Any of the above

The first way to Distinguish between T1DM and T2 DM?

- a: BMI, Age, Ketones
- b: Cpeptide levels
- c: A1C
- d: Fasting Glucose

Its actually A: A type 1-is likely to lose weight, be younger, and produce ketones. Type 2 is usually obese, older, and does not produce ketones. Then secondary measures are Cpeptide levels as they are decreased in type 1.