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Question 1

A statement of beliefs and values about human beings and their world is:

A philosophy

Definition of the term philosophy from McEwen & Wills textbook (5th ed) pg 28.

Question 2

A set of logically interrelated concepts, statements, propositions, and definitions supported by data, testing, and verification to account for or characterize some phenomena is called:

A theory

Definition of the term theory from McEwen & Wills textbook (5th ed) pg. 28

Question 3

_____ is a theory that has been developed by another discipline (not nursing) but may be adapted to use in nursing and other fields

Borrowed theory

Definition of a borrowed theory from McEwen & Wills text books (5th ed) pg. 27A
Borrowed theory is a theory developed in another discipline but applied to the practice of nursing.

Question 4

The most abstract and general component of the structural hierarchy of nursing knowledge is called:

A metaparadigm

Definition of metaparadigm from the McEwen & Wills 5th ed pg. 27

Question 5

A theory that has been developed by a nurse to account for a phenomenon or concern related to nursing is:

A nursing theory

McEwan & Wills pg. 40

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Question 6

The nursing paradigm identifies four concepts of interest to the nursing profession. These four concepts are:

The person, health, environment/situation, and nursing

Description, explanation, prediction, and prescription of an interrelationship of nursing

McEwen & Wills (5th ed) pgs. 41-44

Question 7

A group of theories that are broad in scope, complex, and provide broad and abstract views about nursing are called:

A grand theory

McEwen & Wills 5th ed pg. 37 & chap. 6

Question 8

A group of theories that are more limited in scope, less abstract, reflect practice, and addresses a specific phenomenon are called:

A middle range theory

McEwen & Wills (5th ed) pgs. 37-38 & Chap. 10

Question 9

A central construct in nursing would be:

Caring

Question 10

What do the following theories written by Watson, Swanson, Duffy, Boykin & Schoenhofer, and Hall have in common?

They focus on care and caring

Question 11

An example of a nursing theory would be:

Benner's Novice to Expert theory

Question 12

True or False: Concepts are words or phrases that refer to or describe a phenomenon.

True

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Concepts are terms that refer to or describe phenomena that occur in nature or thought.

Question 13

Nursing theory influences nursing practice by:

Specifying actions or interventions to be provided

Question 14

Which type of nursing practice theory would a nurse be more likely to choose to manage specific situations or issues in the practice setting?

Mercer's Maternal Role Attainment theory

Ruland & Morre's Peaceful End of Life theory

Lorig's Chronic Disease Self-Management theory

McEwen & Wills (5th ed) pg. 38

Question 15

The nurse is caring for a client who is struggling with increased intracranial pressure. The nurse makes sure the client has water to drink, has voided recently, and the room is quiet and dark. Which theory is demonstrated here?

Henderson's need theory

Question 16

Match the nursing theorist to their nursing theory.

Self-care deficit

Dorothea Orem

Focus on interpersonal relationships

Hildegard Peplau

Focus on goal attainment

Imogene King

Focus on humanistic science of nursing

Martha Rogers

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General Systems Theory

Betty Neuman

Question 17

A nursing student in a graduate research course is exploring the reasons for using theory in nursing practice? Which statement represents the best answer(s) to this question?

- Improving client outcomes**
- Renewing and updating practice**
- Enhancing quality of health care**

The goal of nursing theory is to improve practice and to enhance client outcomes and healthcare. It is not a stated goal to improve the view of nursing in society through research, although this may be a positive result. Theory-guided research is necessary for evaluating nursing interventions in practice. Using theories in nursing practice do not determine whether the interventions are effective or not.

Question 18

A nurse is working with a client who has gained weight and experienced increased blood pressure and blood cholesterol levels in response to caring for his wife who has Alzheimer disease. The effect of the spouse's illness on the client is most related to which central concept of nursing?

- environment**

Environment typically refers to the external elements that affect the person; internal and external conditions that influence the organism; significant others with whom the person interacts; and an open system with boundaries that permit the exchange of matter, energy, and information with human beings. Person refers to a being composed of physical, intellectual, biochemical, and psychosocial needs; a human energy field; a holistic being in the world; an open system; an integrated whole; an adaptive system; and a being who is greater than the sum of his parts. Health is the ability to function independently; successful adaptation to life's stressors; achievement of one's full life potential; and unity of mind, body, and soul. Nursing is a science, an art, and a practice discipline and involves caring.

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Question 19

Match the theorist and the theory

Model of skill acquisition (Novice to Expert)

 

Synergy model for patient care

 

Theory of self-care and chronic illness

 

Postpartum depression theory

 

Theory of caregiver stress

 

Question 20

Which assertion best describes the current state of evidence-based practice (EBP) in nursing?

EBP in nursing is growing in emphasis, but its implementation is lagging behind.

Implementation of EBP in nursing is still evolving, as often nursing interventions are based on experience, tradition, intuition, common sense, and untested theories.

Although emphasis on EBP is growing rapidly, the actual incorporation of nursing research findings in practice has lagged.

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