

# Focused Exam: Abdominal Pain Results | Turned In

Physical Assessment - June 2020, NUR 3010

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## Your Results

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## Objective Data Collection: 21 of 21 (100%)

- ☐ Correct  
☐ Partially correct

- ☐ Incorrect  
☐ Missed

### Inspected head and face

1 of 1 point

#### Skull Symmetry (1/3 point)

- ☐ Symmetric  
☐ Asymmetric

#### Facial Feature Symmetry (1/3 point)

- ☐ Symmetric  
☐ Asymmetric

#### Appearance (1/3 point)

- ☐ No visible abnormal findings  
☐ Flushed appearance  
☐ Rash or lesion  
☐ Skin growths (freckles, moles, or birth mark)  
☐ Excessive hair growth  
☐ Evidence of skin trauma (scar, laceration, or bruising)

### Inspected nasal mucosa

1 of 1 point

#### Appearance (1/1 point)

- ☐ Moist and pink  
☐ Dry appearance  
☐ Redness

### Inspected mouth

1 of 1 point

#### Oral Mucosa (1/1 point)

- ☐ Moist and pink  
☐ Dry appearance  
☐ Redness

### Inspected abdomen

1 of 1 point

#### Symmetry (1/3 point)

- ☐ Symmetric  
☐ Asymmetric

#### Contour (1/3 point)

- ☐ Flat  
☐ Rounded  
☐ Protuberant

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☐ Hollowed

Appearance (1/3 point)

- ☐ No visible abnormal findings
- ☐ Rash
- ☐ Striae
- ☐ Bulging around umbilicus
- ☐ Distension
- ☐ Visible masses (warts, cysts, or tumors)
- ☐ Freckles, birthmark, or discoloration
- ☐ Excessive hair growth
- ☐ Scarring
- ☐ Laceration, lesion, or wound
- ☐ Bruising
- ☐ Redness
- ☐ Jaundice
- ☐ Prominent veins

Inspected for edema in lower extremities

1 of 1 point

Right: Edema (1/4 point)

- ☐ No edema
- ☐ Pitting
- ☐ Non-pitting

Left: Edema (1/4 point)

- ☐ No edema
- ☐ Pitting
- ☐ Non-pitting

Right: Severity Of Edema (1/4 point)

- ☐ No edema
- ☐ 1+ Slight pitting
- ☐ 2+ Deeper pit, disappears in 10 to 15 seconds
- ☐ 3+ Noticeably deep pit that lasts more than a minute
- ☐ 4+ Very deep pit that lasts 2 to 5 minutes

Left: Severity Of Edema (1/4 point)

- ☐ No edema
- ☐ 1+ Slight pitting
- ☐ 2+ Deeper pit, disappears in 10 to 15 seconds
- ☐ 3+ Noticeably deep pit that lasts more than a minute
- ☐ 4+ Very deep pit that lasts 2 to 5 minutes

Auscultated heart sounds

1 of 1 point

Heart Sounds (1/2 point)

- ☐ S1 and S2 audible
- ☐ S1, S2, and S3 audible
- ☐ S1, S2, and S4 audible
- ☐ S1, S2, S3, and S4 audible

Extra Heart Sounds (1/2 point)

- ☐ No extra sounds
- ☐ Gallops
- ☐ Murmur
- ☐ Friction rub
- ☐ Valve clicks

Auscultated breath sounds

1 of 1 point

Breath Sounds (1/3 point)

- ☐ Present in all areas
- ☐ Diminished in some areas
- ☐ Absent in some areas

Adventitious Sounds (1/3 point)

- ☐ No adventitious sounds
- ☐ Wheezing
- ☐ Fine crackles
- ☐ Stridor
- ☐ Rhonchi
- ☐ Rales

Location (1/3 point)

- ☐ All areas clear
- ☐ Adventitious sounds in anterior right upper lobe
- ☐ Adventitious sounds in anterior right middle lobe
- ☐ Adventitious sounds in anterior right lower lobe
- ☐ Adventitious sounds in anterior left upper lobe
- ☐ Adventitious sounds in anterior left lower lobe
- ☐ Adventitious sounds in posterior right upper lobe

- ☐ Adventitious sounds in posterior left upper lobe
- ☐ Adventitious sounds in posterior left lower lobe

**Auscultated abdominal aorta**

1 of 1 point

**Sound (1/1 point)**

- ☐ No bruit
- ☐ Bruit

**Auscultated bowel sounds**

1 of 1 point

**Bowel Sounds (1/2 point)**

- ☐ Absent
- ☐ Hypoactive
- ☐ Normoactive
- ☐ Hyperactive

**Location Of Non Normoactive Bowel Sounds (1/2 point)**

- ☐ All quadrants normoactive
- ☐ Right upper quadrant
- ☐ Right lower quadrant
- ☐ Left upper quadrant
- ☐ Left lower quadrant

**Auscultated abdominal arteries**

1 of 1 point

**Right: Renal (1/6 point)**

- ☐ No bruit
- ☐ Bruit

**Right: Femoral (1/6 point)**

- ☐ No bruit
- ☐ Bruit

**Left: Iliac (1/6 point)**

- ☐ No bruit
- ☐ Bruit

**Right: Iliac (1/6 point)**

- ☐ No bruit
- ☐ Bruit

**Left: Renal (1/6 point)**

- ☐ No bruit
- ☐ Bruit

**Left: Femoral (1/6 point)**

- ☐ No bruit
- ☐ Bruit

**Percussed abdomen**

1 of 1 point

**Observations (1/1 point)**

- ☐ All areas generally tympanic
- ☐ Some areas dull, some tympanic
- ☐ Some areas resonant

**Percussed CVA tenderness**

1 of 1 point

**Patient Reaction (1/1 point)**

- ☐ Did not react
- ☐ Pain reaction

**Percussed spleen**

1 of 1 point

**Spleen (1/1 point)**

- ☐ Tympany
- ☐ Dullness

**Percussed liver**

1 of 1 point

**Liver Span (1/1 point)**

- ☐ Smaller than 6 cm
- ☐ Between 6 and 12 cm

**Palpated abdomen - light**

1 of 1 point

**Tenderness (1/3 point)**

- ☐ None reported  
☐ Tenderness reported

**Location Of Tenderness (1/3 point)**

- ☐ No quadrants tender  
☐ Right upper quadrant  
☐ Right lower quadrant  
☐ Left upper quadrant  
☐ Left lower quadrant

**Observations (1/3 point)**

- ☐ No additional observations  
☐ Masses  
☐ Guarding  
☐ Distension

**Palpated abdomen - deep**

1 of 1 point

**Presence Of Unexpected Mass (1/2 point)**

- ☐ No palpable mass  
☐ Palpable mass

**Location Of Mass (1/2 point)**

- ☐ No palpable mass  
☐ Right upper quadrant  
☐ Right lower quadrant  
☐ Left upper quadrant  
☐ Left lower quadrant  
☐ Around umbilicus

**Palpated liver**

1 of 1 point

**Detection (1/1 point)**

- ☐ Not palpable  
☐ Palpable

**Palpated spleen**

1 of 1 point

**Detection (1/1 point)**

- ☐ Not palpable  
☐ Palpable

**Palpated bladder**

1 of 1 point

**Detection (1/1 point)**

- ☐ Not palpable  
☐ Palpable

**Palpated kidneys**

1 of 1 point

**Right (1/2 point)**

- ☐ Palpable  
☐ Not palpable

**Left (1/2 point)**

- ☐ Palpable  
☐ Not palpable

**Tested skin turgor**

1 of 1 point

**Observations (1/1 point)**

- ☐ No tenting  
☐ Tenting

## Comments

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