



Community Original ATI Proctored Exam 2021

Leadership Development (Keiser University)

community health ATI

1. During a home health visit a school age child who has muscular dystrophy confides in the nurse that he was struck by his parents. which of the following actions should the nurse take first?

1. report the incident to local authorities
- 2. check the child for injuries**
3. refer the parent to a social service agency
4. enroll the parent in anger management classes.

***2. a nurse is planning a program about healthy eating at an elementary school where most students select French fries and pizza at lunch every day. which of the following actions should the nurse plan to take first?**

1. give positive feedback to students who make appropriate choices.
2. help students recognize the value of making healthy food choices
3. provide students with resources about making wise choices independently
- 4. determine student's motivation to learn about healthy food choices.**

3. a nurse manager in local community health agency is creating a job description for a new nurse who will practice community oriented nursing. which of the following should the nurse include in the job description? (select all that apply)

- 1. investigate potential health and environmental issues**
- 2. initiate support groups for parents of autistic children**
3. provide wound care for clients in their homes
- 4. participate in local health surveillance activities**
- 5. provide health related education to community groups**

***4. a community health nurse is planning an educational program for a group of women who are postmenopausal. which of the following outcomes is appropriate for this program?**

- 1. clients will schedule bone density screening**
2. clients will arrange for mammograms every 3 years
3. clients will start hormone replacement therapy
4. clients will significantly decrease caloric intake

***5. a nurse is working with a care manager for a client who participates in a health maintenance organization. the nurse should identify that a health maintenance organization provides which of the following payment structures.**

1. the client is participating in a fee for service health care insurance program
2. the provider is paid a fixed sum for the client on a monthly or yearly basis
3. the client pays the insurer a percentage of the total costs for each service rendered by the provider
- 4. the provider bills the client directly for a predetermined percentage of the cost of services**

6. a client who has diabetes mellitus asks a home health nurse to help her adapt some of her traditional cultural foods to fit her meal plan. which of the following is the first action the nurse should take when assisting this client?

1. provide the client with a printed recipe
- 2. observe the client during preparation of traditional foods**
3. use cookbooks to include traditional foods in meal plans
4. explain diabetes exchange list

***7. a home health nurse manager is caring for a client who has methicillin resistant staphylococcus aureus. which of the following actions should the nurse take?**

1. remove fresh flowers from the client's home
2. wear a mask when within 3 feet of the client
3. encourage the client to use a hepa filter in the house
- 4. double bag soiled dressing in polyethylene bags.**

***8. an occupational health nurse is discussing health promotion with a client who has a history of obesity. which of the following comments indicates the client is using rationalization as a coping mechanism?**

1. i have lots of health problems from being obese
- 2. I am obese it's in my genes**
3. i have difficulty resisting the items in vending machines
4. i know you don't like me because i am obese

9. a nurse is conducting a community assessment. which of the following information should the nurse include as part of the windshield survey?

1. demographic data
2. mortality rate
3. informant interviews
- 4. housing quality**

10. a community health nurse is educating a parent about the importance of hepatitis B

immunization. which of the following explanations should the nurse give the parent about the disease?

1. one dose of the immunization gives children lifelong protection from hepatitis B
2. hepatitis B spreads easily among children through casual contact
3. **many people who acquire acute hepatitis B develop chronic hepatitis**
4. people who have had a hepatitis B infection still need the immunization

***11. a first response team is working at the location of a bombing incident. a nurse triaging a group of clients should give treatment priority to which of the following clients.**

1. a client who has superficial partial thickness burn injuries over 5% of his body
2. a client who has a femur fracture with a 2+ pedal pulse
3. a client who is ambulatory and exhibits manic behavior
4. **a client who has a rigid abdomen with manifestations of shock.**

***12. a nurse is working with a community health care team to devise strategies for preventing violence in the community. which of the following interventions is an example of tertiary prevention?**

1. presenting community education programs about stress management
2. **developing resources for victims of abuse**
3. urging community leaders to make nonviolence a priority
4. assessing for risk factors of intimate partner abuse during health examinations

13. public health nurse take

1. alert the family members of coworkers about possible exposure to anthrax
2. place the employee under quarantine for 14 days
3. **refer coworkers who might have been exposed to a provider for prophylactic antibiotics**
4. instruct the client to wear a mask at work

***14. a community health nurse is providing teaching to a group of clients who have alcohol use disorder. which of the following findings should the nurse include in the teaching as a manifestation of alcohol withdrawal?**

1. bradycardia
2. hypothermia
3. increased appetite
4. **insomnia**

***15. a nurse is caring for a client who is homeless. which of the following actions should the nurse take first?**

- 1. determine the clients understanding of her living situation**
2. assist the client to develop goals for obtaining shelter
3. discuss the risks of being homeless with the client
4. develop client teaching using a variety of strategies

16. a community health nurse observes the accumulation of garbage at a neighborhood playground. which of the following actions should the nurse take first to promote a clean and safe environment?

- 1. meet with community members to discuss methods of playground maintenance**
2. partner city officials with community members to improve the playground condition
3. work with local businesses to sponsor more trash receptacles in the playground
4. engage neighborhood families to monitor the playground for further trash buildup

17. a nurse in a mobile health clinic is caring for a client who requires a tetanus immunization and is accompanied by his daughter. the client does not speak the same language as the nurse. which of the following actions should the nurse take?

1. have the client's daughter communicate information about the procedure
2. arrange for a member of the client's community to interpret the teaching
- 3. identify the clients spoken dialect prior to contacting an interpreter**
4. use professional terminology when providing education prior to the procedure

****18. a nurse at a local health department is caring for several clients. which of the following infections should the nurse report to the state health department?**

- 1. chlamydia**
2. herpes simplex virus
3. group B Streptococcus B hemolytic
4. human papillornavirus

****19. a clinic nurse is assessing a client who has measles. which of the following findings should the nurse expect?**

- 1. koplik spots inside the mouth**
2. persistent low grade temperature
3. muscle aches and tenderness
4. rash confined to the trunk of the body

20. a community health nurse is planning a program for adolescents about preventing STIs. which of the following actions should the nurse take first?

- 1. collect data to identify barriers to learning**

2. establish methods to evaluate program outcomes
3. obtain visual aids that feature adolescents
4. provide computer based education

21. a nurse is counseling a client who has a new diagnosis of chlamydia. which of the following information should the nurse include in the teaching? (select all that apply)

1. you should avoid sexual contact until therapy is complete
2. notify anyone with whom you have had sexual contact over the past 2 months
3. you will need to take an antiviral medication for 30 days
4. once your complete treatment you will have an acquired immunity against chlamydia
5. you might experience painful urination until the infection has resolved

22. a home health nurse is planning the initial home visit for a client who has dementia and lives with his adult son's family. which of the following actions should the nurse take first during the visit?

1. encourage the family to join a support group
2. provide the family with information about respite care
3. educate the family regarding the progression of dementia
4. engage the family in informal conversation

***23. a parish nurse is counseling a family following a client's recent diagnosis of heart disease. which of the following actions should the nurse take first?**

1. discuss the benefits of eating a well-balanced diet with the client's family
2. assist the client and the clients partner with finding an affordable exercise program
3. offer to accompany the client and the clients partner during health care provider visits
4. ask family members about the impact of the disease on relationships within the family

***24. a nurse is caring for a client who is having difficulty performing activities of daily living. the nurse is functioning in which of the following roles when arranging for an occupational therapist to visit the client.**

1. Administrator
2. nurse consultant
3. case manager
4. clinician

***25. a nurse is working in a shelter following a disaster. which of the following is the priority action for the nurse to take?**

1. create diversionary activities for children
2. address the physical needs of clients

3. help clients gather needed supplies
4. explore feelings the clients are experiencing

***26. a community health nurse is planning a smoking cessation class. which of the following factors will have the greatest effect on the success of the class?**

1. presenters teaching strategies
- 2.. presenter's credibility
3. **client's motivation**
- 4.. client's education level

****27. a home health nurse is caring for a client who has chemotherapy induced nausea that has been resistant to relief form pharmacological measures. which of the following interventions should the nurse initiate (select all that apply)?**

1. use seasonings to enhance the flavor of foods
2. **provide sips of room temperature ginger ale between meals**
3. **Maintain the head of the client's bed in an elevated position after eating**
4. offer 120 ml (4 oz.) of cold 2% milk as a meal replacement
5. assist the client in using guided imagery

28. a nurse is preparing an educational program about breastfeeding for a group of new parents. the nurse should use which of the following instructional strategies to promote psychomotor learning

1. review flashcards that identify holding technique with the group
2. show the group a video on breastfeeding techniques
3. facilitate a discussion group about the benefits of breastfeeding
4. **provide dolls for the participants to demonstrate positioning**

***29. a nurse is serving on a state task force for disaster planning. the nurse is engaging in disaster preparedness efforts when performing which of the following actions**

1. implementing a disaster triage plan with a local medical facility
2. functioning as a manager at a temporary shelter
3. assisting with the identification of a biological agent
4. **organizing a mass casualty drill for community members**

30. a 35-year-old client who has a diagnosis of tuberculosis informs the providers office that she is unable to pay for the treatment. which of the following actions by the nurse will facilitate obtaining appropriate treatment?

1. help the client apply for Medicare
2. explore options for alternative therapies

3. **arrange for medication through local agencies**
4. send the client to the nearest facility for further evaluation

***31. a public health nurse is addressing community leaders at a forum about community improvement. the nurse should identify which of the following groups as being the fastest growing segment of the homeless population.**

1. people who have substance use disorders
2. **families who have children**
3. adolescent runaways
4. men who are unemployed

***32. a nurse is counseling a client who is to undergo enzyme linked immunosorbent assay testing for hiv. which of the following information should the nurse include?**

1. the test monitors progression of the disease
2. **the test measures antibodies to the virus**
3. the test results are accurate 24 hr. after exposure to the virus
4. a positive result requires initiating immunoglobulin administration

****33. a nurse case manager is providing discharge planning for a client. the nurse is functioning in which of the following roles when arranging for the delivery of medical equipment to the client's home**

1. consultant
2. systems allocator
3. **advocate**
4. coordinator

***34. a faith based organization asks a community health nurse to develop a mobile meal program for older..... the following actions should the nurse plan to take first.**

1. determine potential funding sources for the program
2. inquire about the availability of volunteers
3. identify alternative solutions to address concerns
4. **perform a needs assessment**

***35. several nurses are developing a parish nurse group to help address the primary and secondary health care needs of the congregation. which of the following services should the nurses plan to provide to the congregation?**

1. **organize an influenza immunization clinic with the American red cross**
2. perform wound care in the home of members
3. provide end of life care for members who are terminal

4. facilitate discharge from the facility to the home

****36. a community health nurse is caring for client in a culturally diverse community. which of the following actions demonstrates accurate cultural knowledge about a specific cultural group?**

1. touching the hair of an African American client during an assessment
2. offering to shake hands when meeting an Asian client of the opposite gender
3. maintaining eye contact when interviewing a native American client
4. **including both hot and cold food items on a Hispanic client's menu**

37. a community health nurse is providing screening for lipid disorders. which of the following is the primary goal of this activity?

1. **early detection of disease**
2. client enrollment in prevention programs
3. promotion of appropriate lifestyle changes
4. identification of family history of medical problems

****38. a school nurse is implementing health screening. which of the following assessment finding should the nurse recognize as the highest priority?**

1. a child who has a BMI of 18
2. an adolescent who has scoliosis
3. an adolescent who has psoriasis
4. **a child who has nits**

****39. which of the followingshould the nurse include**

1.should be placed beside the child's bed
2. **house hold contacts will receive prophylactic antibiotics**
3. transmission will be emitted because of herd immunity
4. the child is most contagious after the rash develops

****40. a home health nurse is scheduled for a first time visit to a client. which of the following should the nurse perform first?**

1. blood pressure screening
2. **mental status examination**
3. review of the neighborhood
4. family history

***41. in the last month three cases of tuberculosis have been referred to the health department. which of the following is the priority information for the community health nurse to obtain from each client?**

1. demographics
2. house hold members
3. occupation
4. **health history**

***42 a nurse is working to reduce individual and family violence in the local community. which of the following actions by the nurse demonstrates a primary prevention strategy to achieve this goal?**

1. conducting counseling for at risk parents
- 2.. assessing a family for marital discord
- 3.. teaching parenting techniques to new parents**
4. providing treatment for a young adult who has a substance use disorder

****43. a newly hired occupational health nurse is assessing hazards in the work environment. which of the following actions will help the nurse detect potential physical hazards?**

1. track rates of illness caused by infection among employees
2. survey workers about job related emotional stress
3. identify industrial toxins that are present in the environment
- 4. measure noise levels at various locations in the facility**

***44. a school nurse is planning safety education for a group of adolescents. the nurse should give priority to which of the following topics as the leading cause of death for this age group**

- 1. motor vehicle safety**
2. sports injury prevention
3. substance abuse prevention
4. gun safety

***45. a nurse of a community clinic is preparing an educational guide about cultural variances in expression of pain. which of the following information should the nurse include?**

1. middle eastern cultural practices include hiding pain from close family members
2. native American cultural practices include being outspoken about pain
3. Puerto Rican cultural practices include the view that outspoken expressions of pain are shameful
- 4. Chinese cultural practices include enduring pain to prevent family dishonor**

***46. the partner of an older adult client who has Alzheimer's disease reports that he is not eating. the nurse.....client partner refuses to assist the client with feeding. the partner insists the client feed himself without help. which of the priority action the nurse should take?**

1. arrange for meals on wheels' assistance
- 2. determine the client's ability to self-feed**
3. direct the home health aide to assist with meals

4. refer the clients partner to an Alzheimer's support group

47. a nurse is planning priority

1. encourage enrollment and attendance at weight reduction programs
2. educate children at a day care center about nutrition and exercise
3. distribute health risk appraisal questionnaires at community functions
4. measure the BMI of older adults at a community senior center

***48. a nurse working in an infectious disease clinic is caring for a client has a new diagnosis of Lyme disease. which of the following agencies is responsible for voluntarily reporting cases of this disease to the centers for disease control and prevention**

1. office of the surgeon general
2. state health department
3. hospital infection control department
4. local red cross chapter

***49. a nurse is providing teaching to a 50-year-old female client. which of the following statements should the nurse include in the teaching?**

1. you should have a complete eye examination every 2 years until the age of 64
2. you should have your hearing screened every 5 years
3. you should have your stool tested for blood every other year until the age of 74
4. you should have your fasting blood glucose level checked every 6 years

***50. a nurse is discussing short and long term goals with a client who has alcohol use disorder and is being admitted to a treatment facility. which of the following statements is appropriate for the nurse to include in the discussion?**

1. you will be taking a once weekly dose of disulfiram to help control withdrawal symptoms during treatment
2. remaining physically active will help to minimize drowsiness and chills associated with initial alcohol withdrawal.
3. attending Al anon meetings will help you identify a role model to assist you with making

needed changes

4. you will begin learning functional skills to replace defense mechanisms and behaviors while in treatment

***51. a nurse is assessing an outbreak of mumps among school age children. using the epidemiological triangle. the nurse should recognize that which of the following is the host.**

1. the vaccine
2. the virus
3. the school
4. **the children**

****52. a community health nurse is working with a group of homeless veterans who have posttraumatic stress disorder. which of the following interventions should the nurse implement?**

1. provide coffee and snacks during the meetings
2. avoid discussing the traumatic events experienced by the veterans
3. **change the meetings sites frequently**
4. teach the clients to practice deep breathing exercises

***53. client states my life has no meaning right now.**

1. **have you been thinking about harming yourself**
2. how long have you been feeling this way
3. tell me what is going on with you right now
4. do you really think your life has no purpose

54. a nurse is providing education to a group of adolescents who are pregnant and attending high school. which of the following information should the nurse include in their teaching?

1. the need for supplemental folic acid is greatest during the third trimester
2. the incidence of high birth weight infants is higher in adolescent pregnancy
3. pregnant adolescent need to gain less weight than adult mothers
4. **cafffeinated beverages should be replaced with caffeine-free beverages**

55. nurse expect

1. oliguria
2. diplopia
3. hypoglycemia
4. dizziness

56. a community health clinic nurse manager is reviewing the incidence rate of chlamydia in the state. in a given year, 3144 new cases were reported and the population was estimated at 325,986. which of the following is the incidence rate in the state for the year?

1. about 300 reported cases per 100,000 population
2. about 1 reported case per 10,000 population
3. **about 10 reported cases per 1000 population**
4. about 3 reported cases per 10,000 population

***57. a home health nurse is visiting a client who had a stroke 2 months ago. which of the following findings should the nurse report to the interprofessional care team?**

1. the client dresses her affected side first.
2. the client bears weight on their arms when using crutches
3. **the client coughs when swallowing her medications**
4. the client's caregiver fills a pill organizer weekly