

1. Role-play with equipment during the course of a physical examination would be most beneficial with which of the following groups?

- Preschoolers/Toddlers

2. What is the Ortolani Sign?

-Assess for congenital hip dysplasia

3. When performing a physical examination of a toddler, which of the following body parts would examine last?

- Ears and throat

4. What are three findings using Jones criteria for Rheumatic Fever?

-Streptococcal infection, carditis, and erythema marginatum

5. While examining a 4-month-old boy, you are unable to palpate one of his testes. The next most appropriate step is:

- Refer the child to a urologist

6. Concurrent Otitis media and Conjunctivitis is likely due to which?

- Haemophilus influenza

7. What is the appropriate management of a child with asthma who presents with acute wheezing and/or coughing?

- Administer a short-acting beta agonist

8. Sandra, age 12 years, has several vesicles and honey-colored crusted lesions on her face above the right nares. She has a history of having a bad scratch in the same area several days ago. What condition do you suspect?

-Impetigo

9. The most appropriate management of a 5-year old with a firm nontender nodule in the mid-upper eyelid for 3 weeks would be:

-Topical ophthalmic ointment

10. A 10-month-old child has been diagnosed with gastroenteritis. He attends a child care facility. What is the most likely cause of illness?

-Rotavirus

11. If a child or any patient describes a “pop” in the knee. What is this indicative of?

- Anterior cruciate ligament tear

12. A 7-year-old African American female presents with several hyperkeratotic raised, periungual lesions on the two middle fingers of her left hand. She has a history of nail biting. The most likely diagnosis is:

- Verruca vulgaris

13. Management of scoliosis depends on the severity of curve as well as the age of the child. Which of the following would require surgical intervention?

- Thoracic curve greater than 50 degrees or lumbar curve greater than 40 degrees.

14. Treatment of true central precocious puberty is best achieved with:

- Gonadotropin-releasing hormone agonist

15. Baby Sally was in your office last week for her 6-month checkup. Her weight was 7 kg. Today she presents with diarrhea and vomiting for 4 days. Today her weight is 6.5 kg. What is her percentage of dehydration?

-7%

16. Which of the following would be the most appropriate initial management of a newborn diagnosed with developmental dysplasia of the hip?

-Pavlik harness

17. When considering catch up vaccination in children for IPV vaccinations, it is important to understand one of the following considerations is NOT a consideration when administering the vaccine:

- IPV is can be given routinely beyond the age of 18 years of age in the U.S.

18. An essential test in the evaluation of a 2-year-old being managed for Kawasaki disease is:

- An echocardiogram

19. A 4-week-old presents to your office in mid-January with a 1-week history of nasal congestion and occasional cough. On the evening prior to this visit, the infant developed a temperature of 102, refused to breastfeed, and had proximal coughing and noisy, labored breathing. On exam, you note an ill-appearing infant who is lethargic with tachypnea.

- RSV bronchiolitis

20. What needs to be included when educating parents about a febrile seizure?

- Children may experience repeated seizures

21. A 4-year-old boy is brought in by his mother, who is concerned about the sudden onset of a painful limp in his right leg 2 days ago? Today he has a low-grade fever. Which of the following diagnoses is most likely?

- Transient synovitis of the hip

22. In addition to penicillin, all of the following antibiotics can be used to treat strep pharyngitis except:

- Bactrim

23. Primary dysmenorrhea is due to:

- Elevated prostaglandin level

24. Which behavior would NOT be expected in a two-year old?

- Draws a circle

25. The most common congenital heart defect in children is:

- Ventricular septal defect

26. Michael is a 15-year-old high school student who presents for a school sports physical. He appears to be in good health but is concerned about a bad headache he had a few weeks ago. He is concerned because his mother's friend died of a brain tumor. You tell Michael that the most common type of headache with onset in adolescence is:

- Tension headache

27. Treatment for testicular torsion primarily?

- Immediate surgical referral

28. What is important to understand about encopresis?

- The DSM 5 describe the condition as a repeated passage of stool into inappropriate places such as child's underpants.

28. Newborn W.R. has a vascular lesion that will not fade as she gets older. What is your diagnosis?

- Port-wine stain (nevus flammeus)

29. Vomiting in infancy has a long list of differential diagnosis. Which accompanying symptom would most likely point to pyloric stenosis?

- Acts hungry after vomiting

30. Which malignancy is associated with genitourinary anomalies?

- Wilm's tumor

31. A child has mild persistent asthma. Appropriate daily medication should include:

- An inhaled low-dose corticosteroid

32. A 3-year-old has an edematous, mildly erythematous right upper eyelid for 1 day with a fever of 103. An important eye assessment would be:

- Ocular mobility

33. What diagnosis should be considered if the infant has not passed meconium in the first 24 hours of life?

- Congenital ganglionic megacolon

34. A child with juvenile idiopathic arthritis (JIA) can present with which asymptomatic condition that warrants close to follow up?

- Uveitis and needs to have routine ophthalmologic screening with slit-lamp every 3 months if the ANA is positive.

35. A 15-month-old failed treatment with amoxicillin for otitis media. At his 2-week recheck, his TM remained red with distorted landmarks, and he persisted with nasal congestion and poor nighttime sleeping, and he has had 101 fever for the past 2 days. The next best step would be to treat with:

- A 10-day course of Augmentin

36. Which of the following is an absolute contraindication for use of combined hormonal contraceptives in adolescent women?

- History of thromboembolism

37. The most common trigger for an acute asthma episode in the very young child is:

- Viral respiratory infections

38. Which of the following findings could be expected to occur in a baby with intussusception?

- Inconsolable screaming

39. The appropriate management of Osgood-Schlatter disease includes:

- Decreasing activity, applying ice, and taking prescribed NSAIDs

40. In a healthy, 8-month-old with diarrhea but no dehydration, what would be most appropriate advice to give parents?

- Give bananas and cereal as tolerated

41. The most common rheumatoid disease of childhood is:

- Juvenile idiopathic arthritis

42. When assessing for croup, what is a common finding on xray?

- Subglottic narrowing (steeple sign)

43. Which chromosomal abnormality is associated with short stature in girls?

- Turner syndrome

44. Which activities are common in a 4-5 year-old child?

- Independent toileting (may need help to wipe)

45. A 14-year-old female presents to the clinic and is demonstrating some hesitancy in discussing an important issue regarding her self-identity. What is the appropriate action on behalf of the clinician?

- The provider should use gender neutral terms to allow the adolescent to feel more comfortable with discussing this issue

46. The most definitive feature or features for a diagnosis of "growing pains" includes:

- Exclusion of other causes of lower extremity pain

47. When examining an adolescent between the ages of 10-13 years of age it is important to remember what characteristic regarding socio-emotional development?

- Feel awkward about their body and self, the examiner should provide privacy for the patient, and this age group tend to test their environment.

48. On exam, an 8 year old being seen at your clinic with complaints of persistent pain to left leg with limp. What is the most likely cause of this condition?

- Legg-Calve Perthes Disease

49. Cara is a 16-year-old adolescent who has been sexually active with... male partner for 6 months. They have used condoms consistently. Cara is interested in a hormonal method as well. Your advice includes all of the following except which one?

- The vaginal contraceptive ring must be changed weekly

50. Role=play with equipment during the course of a physical examination would be most beneficial with which of the following age groups?

-Preschoolers/Toddlers

51. For children 2 to 4 years of age, the most common cause of head injury is:

-Falls

52. In a healthy, 8-month-old with diarrhea but no dehydration, what would be the most appropriate advice to give parents?

- Give bananas and cereal as tolerated

53. The appropriate management of Osgood-Schlatter disease includes:

- Decreasing activity, applying ice, and taking prescribing NSAIDS

54. The organism that causes hand, foot, mouth syndrome is what virus?

- Cocksackle virus

55. Judy has a history of remission and exacerbation of acne that has followed the pattern of menses for 2 years. However, the condition over the last 6 months has worsened to a moderate degree of severity and has been chronic and persistent. You prescribe...

- Hydroquinoa

56. Which malignancy is associated with genitourinary anomalies?

-Wilm's tumor

57. A 15-month-old failed treatment with amoxicillin for otitis media. AT his 2-week recheck, his TM remained red and distorted.....

-A 10-day course of Augmentin

58. Which of the following is not considered preventative management for iron0deficiency anemia?

-No cow's milk until 1 year of age

59. In mild to moderate attacks of asthma, albuterol should be given every 4-5 hours PRN and routine medications should be:

-Continued as usual

60. In addition to penicillin, all of the following antibiotics can be used to treat strep pharyngitis except:

-Bactrim

61. The most definitive feature or features for a diagnosis of "growing pains" includes:

- Exclusion of other causes of lower extremity pain

62. Which of the following foods would be appropriate for a child with celiac disease?

- Boiled rice with butter

63. When performing a physical examination of a toddler, which of the following body parts would you examine last?

- Ears and throat

64. Daily eyelid cleaning with diluted baby shampoo and a cotton-tipped applicator would be appropriate in the treatment of which of the following conditions?

- Blepharitis

65. Primary dysmenorrhea is due to:

- Elevated prostaglandin level

66. Management of scoliosis depends on the severity of curve as well as the age of the child. Which of the following would require surgical intervention?

- Thoracic curve greater than 50 degrees or lumbar curve than 40 degrees

67. A 10-year old has marked ear pain, not wanting anyone to touch his ear. The canal is edematous and exudate is present. TM Is normal. How should this be managed?

-Topical fluoroquinolone

68. Patients with otitis externa should be instructed to do which of the following?

- Keep ear dry until symptoms improve

69. A 2-year-old female has lymphedema of the hands and feet, with low posterior hairline, cubitus valgus, and a history of intrauterine growth restrictions. Which of the following defects is the most common among the children with these signs?

-Coarctation of the aorta