

## MN576 Unit 10 Final Exam: Kaplan University

### Question 1

3 / 3 points

Elevated inhibin-A is noted when a pregnant woman is at increased risk of having an infant with:

Question options:

1)

Down syndrome.

2)

Edwards syndrome.

3)

open neural tube defect.

4)

hemolytic anemia.

### Question 2

3 / 3 points

During well-women visits for 21- to 29-year-old sexually-active women who report more than 1 sex partner within the past 6 months, all of the following are appropriate screening tests except:

Question options:

1)

Pap smear.

2)

HPV testing.

3)

Pelvic examination.

4)

STI screening.

### Question 3

3 / 3 points

Components of the antenatal screening test known as the "quad screen" include all of the following except:

Question options:

1)

AFP.

2)

hCG.

3)

unconjugated estriol.

4)

progesterone.

#### Question 4

1 / 3 points

Anxiety in response to a challenging life event is a natural response by the body to:

Question options:

1)

help a person focus on the issue at hand.

2)

diminish the fight-or-flight response.

3)

impair decision-making under duress.

4)

provide transient improvement in physical capabilities.

### **Question 5**

3 / 3 points

Women who experienced gestational diabetes are at higher risk of developing Type 2 Diabetes later in life.

Question options:

1) True

2) False

### **Question 6**

0 / 3 points

Malignant thyroid nodules are more common in women than men.

Question options:

1) True

2) False

### Question 7

3 / 3 points

When considering characteristics of the domestic violence perpetrator. One of the best predictors of a subsequent homicide of victims of domestic violence is which of the following?

Question options:

1)

history of perpetrator striking victim on the face with an open hand

2)

history of perpetrator attempting to strangle the victim

3)

perpetrator's access to kitchen knives.

4)

alcohol abuse history in the victim

### Question 8

3 / 3 points

Treatment of vulvovaginitis caused by *Candida albicans* includes:

Question options:

1)

metronidazole gel.

2)

clotrimazole cream.

3)

hydrocortisone ointment.

4)

clindamycin cream.

### Question 9

**3 / 3 points**

HDL levels are a better predictor of CAD in women than LDL.

Question options:

1) True

2) False

**Question 10**

**3 / 3 points**

Diagnostic criteria for generalized anxiety disorder include all of the following except:

Question options:

1)

difficulty concentrating.

2)

consistent early morning wakening.

3)

apprehension.

4)

irritability.

### **Question 11**

**3 / 3 points**

Concerning the use of alcohol during pregnancy, which of the following statements is most accurate?

Question options:

1)

Although potentially problematic, maternal alcohol intake does not increase the risk of miscarriage.

2)

Risk to the fetus from alcohol exposure is greatest in the third trimester.

3)

No level or time of exposure is considered to be safe.

4)

Risk of fetal alcohol syndrome is present only if alcohol exposure has occurred throughout the pregnancy.

### Question 12

3 / 3 points

Which of the following is most consistent with the diagnosis of generalized anxiety disorder?

Question options:

1)

gastrointestinal upset

2)

difficulty initiating sleep

3)

diminished cognitive ability

4)

consistent early morning awakening

### Question 13

3 / 3 points

For a woman with bothersome hot flashes who cannot take HT, alternative options with demonstrated efficacy and limited adverse effects include the use of all of the following except:

Question options:

1)

venlafaxine.

2)

sertraline.

3)

gabapentin.

4)

clonidine.

### Question 14

3 / 3 points

Among the preferred first-line pharmacological treatment options for patients with PTSD include the use of:

Question options:

1)

methylphenidate (Ritalin®).

2)

oxazepam (Serax®).

3)

lithium carbonate.

4)

sertraline.

### Question 15

3 / 3 points

Identify the corresponding characteristic of Chadwick sign

Question options:

1)

blue–violet vaginal color

2)

softening of uterus isthmus

3)

softening of vaginal portion of the cervix

### Question 16

3 / 3 points

Identify the correct uterine size during the 8<sup>th</sup> week of pregnancy

Question options:

1)

Size of a baseball

2)

Size of a softball or grapefruit

3)

Size of a large lemon

4)

Size of a tennis ball or orange

### Question 17

3 / 3 points

In Down syndrome, which of the following is true?

Question options:

1)

Most infants affected with Down syndrome are born to women older than age 35 years.

2)

Down syndrome is noted in about 1 in 10,000 live births.

3)

Down syndrome is associated with decreased maternal serum AFP level.

4)

Antenatal serum analysis is sufficient to make the diagnosis.

### Question 18

3 / 3 points

Which of the following is an over-the-counter herbal preparation used to relieve symptoms of depression?

Question options:

1)

valerian root

2)

melatonin

3)

kava kava

4)

St. John's wort

### Question 19

3 / 3 points

Physical examination of a 19-year-old woman with a 3-day history of vaginal itch reveals moderate perineal excoriation, vaginal erythema, and a white, clumping discharge. Expected microscopic examination findings include:

Question options:

1)

a pH greater than 6. 0.

2)

an increased number of lactobacilli.

3)

hyphae.

4)

an abundance of white blood cells.

**Question 20**

0 / 3 points

When initiating SSRI therapy for a patient with panic disorder, the NP should consider all of the following except:

Question options:

1)

start with a low dose and slowly escalate doses as necessary.

2)

preferable to use agents that are more energizing than less energizing.

3)

select agents with a low rate of insomnia and akathisia.

4)

SSRI therapy can precipitate panic attacks with early use.

### Question 21

3 / 3 points

Identify the correct uterine size during the 12<sup>th</sup> week of pregnancy

Question options:

1)

Size of a baseball

2)

Size of a softball or grapefruit

3)

Size of a large lemon

4)

Size of a tennis ball or orange

## Question 22

3 / 3 points

Concomitant use of an SSRI with which of the following herbal products can potentially lead to serotonin syndrome?

Question options:

1)

St. John's wort

2)

kava kava

3)

gingko biloba

4)

valerian root

### Question 23

3 / 3 points

A 22-year-old woman complains of pelvic pain. Physical examination reveals cervical motion tenderness and uterine tenderness. Which of the following would further support a diagnosis of PID?

Question options:

1)

temperature less than 100°F (37.8°C)

2)

absence of white blood cells in vaginal fluid

3)

mucopurulent vaginal discharge

4)

laboratory documentation of cervical infection with E. coli

#### **Question 24**

3 / 3 points

Medications most commonly pass through the placenta via:

Question options:

1)

facilitated transport.

2)

passive diffusion.

3)

capillary pump action.

4)

mechanical carrier state.

### Question 25

3 / 3 points

A 45-year-old woman just had a normal Pap test result and has an absence of high-risk HPV. You recommend her next Pap test in:

Question options:

1)

1 year.

2)

3 years.

3)

5 years.

4)

7 years.

### Question 26

3 / 3 points

Which patient should be referred out for further testing?

Question options:

1)

one breast smaller than the other

2)

eversion of both nipples

3)

small dimple in the outer quadrant of one breast

4)

visible veins in both breasts

### Question 27

3 / 3 points

Which of the following options rank depression and thoughts about death from most common (1) to least common (3):

Question options:

1)

thinking it would be fine to just die, having suicidal thoughts, making a plan to commit suicide

2)

having suicidal thoughts, making a plan to commit suicide, thinking it would be fine to just die

3)

having suicidal thoughts, thinking it would be fine to just die, making a plan to commit suicide

### Question 28

3 / 3 points

Patient presentation possibly common to anxiety and depression includes:

Question options:

1)

feeling of worthlessness.

2)

psychomotor agitation.

3)

dry mouth.

4)

appetite disturbance.

### Question 29

3 / 3 points

Women with PID typically present with all of the following except:

Question options:

1)

dysuria.

2)

leukopenia.

3)

cervical motion tenderness.

4)

abdominal pain.

### Question 30

3 / 3 points

Which of the following describes prescriptions for antidepressant medications written by primary care providers?

Question options:

1)

dose too high

2)

dose too low

3)

excessive length of therapy

4)

appropriate length of therapy

### **Question 31**

3 / 3 points

The NP is in an ideal position to provide counseling to both members of a couple involved in domestic violence, particularly if both members of the couple are members of the NP's practice panel.

Question options:

1) True

2) False

### **Question 32**

3 / 3 points

Identify the corresponding characteristic of Hegar sign

Question options:

1)

blue–violet vaginal color

2)

softening of uterus isthmus

3)

softening of vaginal portion of the cervix

### Question 33

3 / 3 points

The most common form of acquired anemia during pregnancy is:

Question options:

1)

iron deficiency.

2)

folate deficiency.

3)

vitamin B12 deficiency.

4)

primary hypoproliferative.

### **Question 34**

3 / 3 points

The use of which of the following drugs often mimics generalized anxiety disorder?

Question options:

1)

sympathomimetics

2)

antipsychotics

3)

anticholinergics

4)

alpha-beta antagonists

### Question 35

3 / 3 points

The most likely causative pathogen in a 23-year-old woman with PID is:

Question options:

1)

Escherichia coli.

2)

Enterobacteriaceae.

3)

trachomatis.

4)

Pseudomonas.

### Question 36

3 / 3 points

IBS patients typically report

Question options:

1)

nausea

2)

heartburn

3)

dyspepsia

4)

All of the above

### Question 37

3 / 3 points

Identify the correct uterine size during the 10<sup>th</sup> week of pregnancy

Question options:

1)

Size of a baseball

2)

Size of a softball or grapefruit

3)

Size of a large lemon

4)

Size of a tennis ball or orange

### **Question 38**

3 / 3 points

In advising a perimenopausal woman about HT, you consider that it may:

Question options:

1)

reduce the risk of venous thrombotic events.

2)

significantly reduce serum triglyceride levels.

3)

worsen hypertension in most women.

4)

help preserve bone density.

### Question 39

3 / 3 points

The most conservative approach for early staged breast cancer following a lumpectomy is which of the following?

Question options:

1)

chemotherapy

2)

mastectomy

3)

radiation therapy

4)

hormonal therapy

### Question 40

3 / 3 points

Identify the correct uterine size during the 16<sup>th</sup> week of pregnancy

Question options:

1)

Size of a large lemon

2)

Size of a tennis ball or orange

3)

Uterine fundus at umbilicus

4)

Uterine fundus halfway between symphysis pubis and umbilicus

### Question 41

0 / 3 points

A 25-year-old woman presents in the 10th week of gestation requesting antenatal screening for Down syndrome. What advice should the NP give?

Question options:

1)

Because of her age, no specific testing is recommended.

2)

She should be referred for second-trimester ultrasound.

3)

Screening that combines nuchal translucency measurement and biochemical testing is available.

4)

She should be referred to a genetic counselor.

### Question 42

3 / 3 points

Expected laboratory findings for the woman with PID include all of the following except:

Question options:

1)

elevated ESR.

2)

elevated CRP.

3)

elevated CrCl.

4)

leukocytosis.

### Question 43

3 / 3 points

The recommended frequency of prenatal visits in weeks 28 to 32 of pregnancy is every:

Question options:

1)

1 week.

2)

2 weeks.

3)

3 weeks.

4)

4 weeks.

#### **Question 44**

3 / 3 points

Identify the correct uterine size with the Nongravid stage of pregnancy:

Question options:

1)

Size of a baseball

2)

Size of a softball or grapefruit

3)

Size of a large lemon

4)

Size of a tennis ball or orange

#### **Question 45**

3 / 3 points

The prevalence rate of hypertension is nearly equal between men and women ages 45 to 64, but after women have a much higher rate of hypertension.

Question options:

1) True

2) False

#### **Question 46**

3 / 3 points

Women with bacterial vaginosis typically present with:

Question options:

1)

vulvitis.

2)

pruritus.

3)

dysuria.

4)

malodorous discharge.

#### Question 47

3 / 3 points

Identify the correct uterine size during the 20<sup>th</sup> week of pregnancy

Question options:

1)

Size of a large lemon

2)

Size of a tennis ball or orange

3)

Uterine fundus at umbilicus

4)

Uterine fundus halfway between symphysis pubis and umbilicus

#### Question 48

3 / 3 points

Conditions that commonly mimic or can worsen anxiety include all of the following except:

Question options:

1)

opioid use.

2)

thyrotoxicosis.

3)

alcohol withdrawal.

4)

overuse of caffeine.

### **Question 49**

3 / 3 points

Increased folic acid intake before conception is likely to reduce the risk of which of the following birth defects?

Question options:

1)

congenital cataract

2)

pyloric stenosis

3)

clubfoot

4)

open neural tube defects

### Question 50

3 / 3 points

Use of St. John's wort is known to impact the effectiveness of all of the following medications except:

Question options:

1)

oral contraceptives.

2)

fluoroquinolones.

3)

cyclosporine.

4)

select antiretrovirals.

### Question 51

1 / 1 point

Dysrhythmias is noted in:

Question options:

Anorexia nervosa

Bulimia nervosa

Both anorexia nervosa and bulimia nervosa