

Shadow Health will be performing planned maintenance this Friday, from 7:00am until 7:30am Eastern. During this time assignment attempts will be disabled. Thank you for helping us to improve your Shadow Health experience!

Focused Exam: Infection Results | Turned In

Medical Surgical Nursing: Promoting Wellness in the Older Adult (Los Angeles) - April 2019, NURS 201

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Transcript

Started: May 14, 2019 | Patient Exam Time: 57 min

All Lines (145) Interview Questions (57) Statements (42) Exam Actions (46)



Hi Patricia my name is Addie and I will be your nurse today

Greet

05/14/19 9:38 AM
PDT



Hello, dear.



how are you doing today?

Question

05/14/19 9:38 AM
PDT



I feel so bad. My back and abdomen ache so much. I've got this burning sensation when I use the bathroom.



i'm sorry you feel this way

Empathize

05/14/19 9:42 AM
PDT



Goodness. Thank you.



can you tell me your name

Question

05/14/19 9:42 AM
PDT



Patricia Young.



thank you

Empathize

05/14/19 9:42 AM

PDT



I appreciate the support.



what is your date of birth

Question

05/14/19 9:42 AM

PDT



My birthday is December 29th . . . [Ms. Young reports correct birth year.]



do you know what the date is today

Question

05/14/19 9:43 AM

PDT



To be honest, I'm not sure . . . I lose track sometimes.



it's ok.

Empathize

05/14/19 9:43 AM

PDT



Thanks. Its certainly hard.



today is may 14, 2019

Educate

05/14/19 9:43 AM

PDT



I see. Thanks for filling me in.



do you know where you're at

Question

05/14/19 9:44 AM

PDT



My daughter Mary has a knack for finances . . . I think my husband taught her. I trust her with managing our estate. I don't think she would ever take advantage of me.



on a scale of 0 to 10, what is your pain

Question

05/14/19 9:46 AM

PDT



A scale . . . I just don't know.



is the pain sharp

Question

05/14/19 9:46 AM

PDT



 It's not a sharp or shooting kind of pain. It's not really like that. There's a deep ache in my back and stomach, and this burning pain when I urinate.

Question

05/14/19 9:47 AM
PDT

 what starts the pain (Clarified to What do you think brought on the pain?..)

 I'm not sure what the cause is, I just know it's painful. (Clarified to what I think caused my pain.)

Question

05/14/19 9:47 AM
PDT

 what are you doing to treat the pain?

 It's been constant . . . and I didn't try anything at home.

Question

05/14/19 9:47 AM
PDT

 what makes the pain worse

 The pain was there all night, and felt worse this morning. I'm not sure I could say what makes it worse, I can only tell you how it feels. My abdomen and back hurt constantly, and the pain when I urinate is awful.

Empathize

05/14/19 9:49 AM
PDT

 i'm sorry to hear this

 You're sweet to say that.

Question

05/14/19 9:50 AM
PDT

 how much fluids are you drinking a day

 Fluids . . . um . . . I'm not sure . . .

Educate

05/14/19 9:50 AM
PDT

 remember drinking 8 to 12 glasses of water is what is expected

 Thanks for walking me through that.

Question

05/14/19 9:50 AM
PDT

 do you have a history of uti

 Yes, I've had UTIs before . . . maybe once a year . . . but this back pain . . . it just doesn't make sense.

 back pain could also be the reason for the uti



Educate

05/14/19 9:51 AM
PDT



Thats interesting. Thank you.



do you have any allergies

Question
05/14/19 9:51 AM
PDT



No allergies here.



do you have any allergies to medicine

Question
05/14/19 9:51 AM
PDT



No, I don't have any allergies.



do you have any medical problems

Question
05/14/19 9:53 AM
PDT



I was diagnosed with, hmm . . . high cholesterol . . . I've also had a few UTIs as an adult.



when were you diagnosed with hyper cholesterolemia

Question
05/14/19 9:53 AM
PDT



Is that another word for my high cholesterol? I think I was diagnosed . . . oh . . . sometime in my late 50s.



yes it is

Educate
05/14/19 9:54 AM
PDT



That could certainly help to know.



you are welcome

Empathize
05/14/19 9:54 AM
PDT



Thank you, my dear.



do you take any home medications

Question
05/14/19 9:54 AM
PDT



Yes, I take two medications for my high cholesterol - Lip . . . Lipitor? and . . . Prav-something. I don't remember the exact name.

 Pravix?

Educate
05/14/19 9:54 AM
PDT

 Im not sure I knew that. Thanks.

 you are welcome

Empathize
05/14/19 9:54 AM
PDT

 You're sweet to say that.

 when was the last time you took your prescribed medications

Question
05/14/19 9:55 AM
PDT

 Oh . . . hm. I don't remember if I took my medication today . . . but I'm fairly sure I took them yesterday.

 remember taking your medications as prescribed is really important

Educate
05/14/19 9:55 AM
PDT

 Thats interesting. Thank you.

 are you taking your prescribed medications (Clarified to Do you take your medications as prescribed?.)

Question
05/14/19 9:55 AM
PDT

 Oh, I miss doses here and there. I just forget to take them sometimes. (Clarified to if I am good at taking my medications.)

 remember it is important to take your medications as prescribed

Educate
05/14/19 9:56 AM
PDT

 Thanks for walking me through that.

 do you need your statins all the time? (No matching questions found.)

Question
05/14/19 9:56 AM
PDT

 both statins

Question
05/14/19 9:56 AM
PDT

 I . . . I think he did want me to take both of them. I'm not so sure . . . it's hard to remember. I assumed I needed to take both of them.

 if you don't remember you always need to call your doctor

Educate
05/14/19 9:57 AM
PDT



Im not sure I knew that. Thanks.



do you have any family history of high cholesterol

Question

05/14/19 9:57 AM
PDT



Well, I can't remember all the details . . . I know there is a family history of high cholesterol. My two brothers have it . . . and heart disease.



are you sexually active

Question

05/14/19 9:58 AM
PDT



No, no. I was only ever with William, my husband.



one partner is very good

Educate

05/14/19 9:58 AM
PDT



That could certainly help to know.



do you use any tobacco

Question

05/14/19 9:58 AM
PDT



No, I've never had a cigarette or any other kind of tobacco. I stayed away from those coffin nails, even in the 1950s when people thought they were good for you.



smoking is definitely bad for you

Educate

05/14/19 9:58 AM
PDT



I see. Thanks for filling me in.



do you drink any alcohol

Question

05/14/19 9:59 AM
PDT



Well, I drink a little wine on special occasions.



a glass of wine is fine

Educate

05/14/19 9:59 AM
PDT



Im not sure I knew that. Thanks.



do you exercise

Question

05/14/19 9:59 AM
PDT



I used to take more walks around my neighborhood . . . I just haven't had the energy . . . Most days I sit and watch TV. I like to crochet a little while I watch the History Channel.



exercising at least 30 minutes a day is good for you

Educate

05/14/19 10:00
AM PDT



That could certainly help to know.



do you have any general symptoms

Question

05/14/19 10:00
AM PDT



Gracious . . . this pain is just . . . oh, it's just terrible. Last night, it was there, but not as much . . . not as much as this morning. It hasn't let up a bit . . .



i'm sorry to hear that

Empathize

05/14/19 10:01
AM PDT



I appreciate the support.



do you have any respiratory problems

Question

05/14/19 10:01
AM PDT



I haven't had any problems with my lungs. I don't normally feel out of breath.



thats good to hear

Empathize

05/14/19 10:01
AM PDT



Thank you, my dear.



have you had any cardiovascular problems

Question

05/14/19 10:02
AM PDT



Not that I've ever noticed, no.



good

Empathize

05/14/19 10:02
AM PDT



Goodness. Thank you.



have you had any problems with your vision

Question
05/14/19 10:02
AM PDT



I haven't had any vision problems, or any issues with my eyes.



that is good to hear

Empathize
05/14/19 10:02
AM PDT



Thanks. Its certainly hard.



when was your last bowel movement

Question
05/14/19 10:02
AM PDT



Oh, I'm not sure . . . I'm sure it was yesterday. That hasn't really been a problem, thankfully.



have you had any problems with your gastrointestinal systems

Question
05/14/19 10:03
AM PDT



My stomach has been just fine, really.



great

Empathize
05/14/19 10:03
AM PDT



I appreciate the support.



have you had any neurological problems

Question
05/14/19 10:03
AM PDT



I have felt a little weak lately. I don't have much energy to do many things . . . I'm fairly sedentary. I also feel somewhat disoriented. It's hard for me to keep track of things sometimes.



remember to always ask for help when you start feeling this way

Educate
05/14/19 10:04
AM PDT



I see. Thanks for filling me in.



do you have any genitourinary problems

Question
05/14/19 10:04
AM PDT



I have this terrible pain when I use the bathroom. It feels this awful burning when I urinate, and I am so irritated down there.

 im sorry to hear this

Empathize
05/14/19 10:05
AM PDT

 Thanks. Its certainly hard.

 have you felt depressed

Question
05/14/19 10:05
AM PDT

 Oh, heavens, no. I don't have depression . . . I had a hard time after I lost my children . . . but my husband got me through it . . . It's been years and years . . .

 im sorry to hear this.

Empathize
05/14/19 10:05
AM PDT

 Thank you, my dear.

 do you have problems bathing

Question
05/14/19 10:05
AM PDT

 I don't have any problems with showering. I can get in and out just fine.

 good

Empathize
05/14/19 10:06
AM PDT

 You're sweet to say that.

 do you have problems dressing yourself (Clarified to Are you able to dress yourself?).

Question
05/14/19 10:06
AM PDT

 I don't have any problems dressing myself. (Clarified to if I can dress myself without problems.)

 good

Empathize
05/14/19 10:06
AM PDT

 Goodness. Thank you.

 do you have problems using the toilet

Question
05/14/19 10:06
AM PDT



No, I can go by myself. I can still get up from the toilet, reach everything I need to clean, and put my clothes back on without any difficulty.



great

Empathize
05/14/19 10:06
AM PDT



I appreciate the support.



do you have problems getting out of bed (Clarified to Do you have trouble getting in and out of bed?.)

Question
05/14/19 10:07
AM PDT



Sometimes in the morning it's a little hard to get out of bed. (Clarified to if I have trouble getting in and out of bed.)



always seek help

Educate
05/14/19 10:07
AM PDT



Thats interesting. Thank you.



are you able to feed yourself

Question
05/14/19 10:07
AM PDT



I can feed myself just fine.



good

Empathize
05/14/19 10:07
AM PDT



Goodness. Thank you.



do you sleep well at night

Question
05/14/19 10:07
AM PDT



I've always been a good sleeper. My husband William used to joke that I could sleep through anything.



do you sometimes feel confused

Question
05/14/19 10:08
AM PDT



I have been pretty confused lately . . . I feel a little dazed, and have trouble remembering certain things . . . in the last day or so . . . you have to understand, this isn't the usual for me . . . most of the time I don't feel like I'm losing my marbles.

always seek help when you feel this way



Educate

05/14/19 10:08
AM PDT



Thanks for walking me through that.



have you had any recent falls

Question

05/14/19 10:08
AM PDT



I've never had problems with falls.



good

Empathize

05/14/19 10:08
AM PDT



Thanks. Its certainly hard.



do you need ambulatory aids when walking

Question

05/14/19 10:08
AM PDT



I don't use anything like that to get around. I'm a little unsteady on my feet, but I think I do well enough to not need a cane, walker, or anything like that.



always seek help when you feel unsteady

Educate

05/14/19 10:09
AM PDT



That could certainly help to know.



have you had any skin breakdown (Clarified to Have you had skin problems?.)

Question

05/14/19 10:09
AM PDT



Skin problems . . . I think my skin is fine. (Clarified to if I have had skin problems.)



good

Empathize

05/14/19 10:09
AM PDT



Thank you, my dear.



have you noticed any weight changes

Question

05/14/19 10:09
AM PDT



I have gained some weight lately . . . about ten pounds. It happened when I moved in with my daughter a few months ago . . . She's an excellent cook . . . We're a real meat and potatoes kind of family. I also don't move around like I used to . . .



having a healthy diet can help with your high cholesterol problem

Educate

05/14/19 10:10
AM PDT



I see. Thanks for filling me in.



do you have any dental problems

Question

05/14/19 10:10
AM PDT



I don't have any teeth troubles.



good

Empathize

05/14/19 10:10
AM PDT



You're sweet to say that.



have you had any appetite changes

Question

05/14/19 10:10
AM PDT



Since yesterday, I haven't felt hungry at all. I just have no appetite. Normally, I don't feel full too quickly, but right now I just have no appetite at all.



im sorry to hear this

Empathize

05/14/19 10:11
AM PDT



I appreciate the support.



how has your health affected your social activity

Question

05/14/19 10:11
AM PDT



My health issues don't impact my social life too terribly . . . my family and I have sturdy relationships.



good to hear

Empathize

05/14/19 10:12
AM PDT



Thank you, my dear.



do you think you are healthy (Clarified to How would you describe your general health?.)

Question
05/14/19 10:12
AM PDT



I think my health is fair . . . aside from the pain I'm in now, of course. Most days I feel well, but lately I've been having some hard days. (Clarified to how my general health is.)



im sorry to hear this

Empathize
05/14/19 10:12
AM PDT



You're sweet to say that.



are you always tired (Clarified to Have you been tired?.)

Question
05/14/19 10:13
AM PDT



Oh, I've felt pretty weak lately. I don't move around as much as I used to, so I'd say my activity level is fairly low. It has been for about five months. I'm a little unsteady on my feet. I used to go for walks, but I don't anymore. I'm fairly sedentary. (Clarified to if I have been tired lately.)



always seek advice

Educate
05/14/19 10:13
AM PDT



Thats interesting. Thank you.



have you been to the ER recent

Question
05/14/19 10:13
AM PDT



No, I haven't been to the hospital in the last three months.



ok

Empathize
05/14/19 10:14
AM PDT



Thanks. Its certainly hard.



Assessed vitals

Exam Action
05/14/19 10:14
AM PDT



Assessed IV bag

Exam Action
05/14/19 10:17
AM PDT

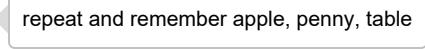


Assessed IV pump

Exam Action
05/14/19 10:18
AM PDT

	Assessed IV site	Exam Action 05/14/19 10:18 AM PDT
	Assessed urine quality: cloudy, pink or amber, and a foul odor	Exam Action 05/14/19 10:18 AM PDT
	do you feel safe at home	Question 05/14/19 10:22 AM PDT
	I feel very safe at home.	
	Inspected eyes	Exam Action 05/14/19 10:22 AM PDT
	Inspected mouth	Exam Action 05/14/19 10:22 AM PDT
	i will now be expecting your perineal area	Question 05/14/19 10:23 AM PDT
	Thanks for walking me through that.	
	Inspected perineal area: some redness present	Exam Action 05/14/19 10:23 AM PDT
	Inspected neck	Exam Action 05/14/19 10:24 AM PDT
	Inspected abdomen	Exam Action 05/14/19 10:24 AM PDT
	Inspected front of legs	Exam Action 05/14/19 10:24 AM PDT
	Inspected feet	Exam Action 05/14/19 10:24 AM PDT
	Inspected front of left hand	Exam Action 05/14/19 10:24 AM PDT
	Inspected front of right hand	Exam Action 05/14/19 10:24 AM PDT

	Inspected left shoulder and neck	Exam Action 05/14/19 10:25 AM PDT
	Inspected top of left hand	Exam Action 05/14/19 10:25 AM PDT
	Inspected left leg	Exam Action 05/14/19 10:25 AM PDT
	Inspected left foot	Exam Action 05/14/19 10:25 AM PDT
	Inspected upper back and neck	Exam Action 05/14/19 10:25 AM PDT
	Inspected lower back	Exam Action 05/14/19 10:25 AM PDT
	Inspected back of legs	Exam Action 05/14/19 10:25 AM PDT
	Inspected back of feet	Exam Action 05/14/19 10:25 AM PDT
	Inspected right palm	Exam Action 05/14/19 10:25 AM PDT
	Inspected left palm	Exam Action 05/14/19 10:25 AM PDT
	Inspected right shoulder and neck	Exam Action 05/14/19 10:25 AM PDT
	Inspected top of right hand	Exam Action 05/14/19 10:25 AM PDT
	Inspected right leg	Exam Action 05/14/19 10:25 AM PDT
	Inspected right foot	Exam Action 05/14/19 10:26 AM PDT
	Auscultated carotids	

-  **Exam Action**
05/14/19 10:26
AM PDT
-  Auscultated breath sounds **Exam Action**
05/14/19 10:26
AM PDT
-  Auscultated heart sounds **Exam Action**
05/14/19 10:26
AM PDT
-  Palpated abdomen with light pressure **Exam Action**
05/14/19 10:26
AM PDT
-  Palpated abdomen with deep pressure **Exam Action**
05/14/19 10:27
AM PDT
-  Palpated suprapubic region: no distension, tenderness reported **Exam Action**
05/14/19 10:27
AM PDT
-  Oww... **Exam Action**
05/14/19 10:27
AM PDT
-  Palpated posterior tibial pulse **Exam Action**
05/14/19 10:27
AM PDT
-  Palpated dorsalis pedis pulse **Exam Action**
05/14/19 10:28
AM PDT
-  Percussed Left CVA: Tenderness reported **Exam Action**
05/14/19 10:28
AM PDT
-  Hmm... **Exam Action**
05/14/19 10:28
AM PDT
-  Percussed Right CVA: Tenderness reported **Exam Action**
05/14/19 10:28
AM PDT
-  Oww... **Question**
05/14/19 10:29
AM PDT
-  repeat and remember apple, penny, and table **Answer**
-  Apple, penny, and table. **Question**
05/14/19 10:29
AM PDT
-  repeat and remember apple, penny, table

		Question 05/14/19 10:29 AM PDT
	Apple, penny, and table.	
	can you repeat the three words i asked you to remember earlier?	Question 05/14/19 10:30 AM PDT
	Apple, penny, and... uh, I'm not sure of the last one?	
	Tested cognition	Exam Action 05/14/19 10:30 AM PDT
	Tested fine motor skills	Exam Action 05/14/19 10:30 AM PDT
	Tested grip	Exam Action 05/14/19 10:31 AM PDT
	Tested fine motor skills	Exam Action 05/14/19 10:31 AM PDT
	Tested grip	Exam Action 05/14/19 10:31 AM PDT
	Tested skin turgor	Exam Action 05/14/19 10:31 AM PDT
	Tested capillary refill	Exam Action 05/14/19 10:31 AM PDT
	Tested gait: hesitancy, right and left step length equal, some path deviation, discontinuity between steps, heels set apart, and greater than 12 seconds to complete.	Exam Action 05/14/19 10:32 AM PDT

Comments

If your instructor provides individual feedback on this assignment, it will appear here.