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## ATI Maternity Questions 50-100

1. A nurse is caring for a client who has oligohydramnios. Which of the following fetal anomalies should the nurse expect?
  - Renal agenesis
2. A nurse in a prenatal clinic is performing telephone triage for several clients. Which of the following client reports should the nurse identify as an expected physiological adaptation to pregnancy?
  - Breast tenderness
3. A nurse is discussing the expected changes related to pregnancy with a client who is at 8 weeks gestation. Which of the following findings should the client report to the provider during the first trimester?
  - Persistent vomiting
4. A nurse on the antepartum unit is caring for a client who is at 28 weeks gestation and reports dizziness when lying on her back. Into which of the following positions should the nurse assist the client?
  - Lateral
5. A nurse is caring for a newborn immediately following birth. Which of the following actions should the nurse take first?
  - Dry the newborn
6. Nurse is caring for a client who had a cesarean birth 36 hours ago and is experiencing pain due to gas. Which of the following strategies should the nurse recommend?
  - Rock in a rocking chair
7. A nurse is assessing a client who is 2 days postpartum. In which of the following locations should the nurse expect to locate the client's fundus?
  - 3 cm below the umbilicus
8. A nurse is providing teaching for a postpartum client who is breastfeeding. Which of the following pieces of information should the nurse include in the teaching?
  - "Your milk supply will noticeably increase in volume around the 3<sup>rd</sup>/4<sup>th</sup> day after delivery

9. A nurse is teaching the guardian of a newborn about caring for the newborn's umbilical cord. For which of the following reasons should the nurse instruct the guardian to avoid using antimicrobial agents on the cord?
- They can cause delayed cord separation
10. A nurse is providing education for a pregnant client about symptoms that should be reported immediately to the provider. Which of the following client responses indicates a understanding of the teaching?
- If I notice that my eyes are puffy, I should call my provider
11. A nurse is providing teaching about the rubella immunization to a client who is 24 hours postpartum. Which of the following client statements indicates an understanding of the teaching?
- I should be careful to avoid becoming pregnant within next month
12. A nurse is caring for a client who is in labor. The client questions the application of an internal fetal scalp monitor. Which of the following responses should the nurse provide?
- We need to observe your baby more closely
13. A nurse in a prenatal clinic is reviewing the laboratory results of a client who is at 33 weeks of gestation. For which of the following results should the nurse notify the provider?
- Platelet count 135,000
14. A nurse at a family planning clinic preparing to teach a class about how to use a diaphragm. Which of the following pieces of information should the nurse plan to include in the teaching?
- Use spermicidal jelly whenever you use your diaphragm
15. A nurse in a newborn nursery has received reports on 4 newborns. Which of the following newborns should the nurse identify a requiring intervention?
- A newborn whose axillary temp is 36.1 degrees Celsius (96.9 degrees F)
16. A nurse is admitting a client who is in labor and experiencing moderate bright red vaginal bleeding. Which of the following actions should the nurse take?
- Obtain blood samples for baseline lab values

17. A nurse is caring for a newborn who has irregular respirations of 52/min with several periods of apnea lasting approximately 5 sec. the newborn is pink with acrocyanosis. Which of the following actions should the nurse take?

- Continue to monitor the newborn routinely

18. A nurse is assessing a client who is 3 days post-partum. When examining the client's uterus, which of the following techniques should the nurse use?

- Measure the height of the fundus in fingerbreadths in relation to the umbilicus

19. A nurse is planning care for a newborn who has hyperbilirubinemia and a new prescription for phototherapy. Which of the following interventions should the nurse include in the plan?

- Reposition the newborn every 3 hours

20. A nurse is assessing a postpartum client who reports strong contractions whenever she breastfeeds her newborn. The nurse should respond with which of the following statement?

- The same hormone that is released in response to the baby's sucking and causes milk to flow also making the uterus contract.

21. A nurse is administering a rubella immunization to a client who is 2 days postpartum. Which of the following client statements indicates a need for further instructions?

- I can conceive anytime I want after 10 days

22. A provider tells a client at 12 weeks gestation who practices Hinduism that she needs more protein in her diet and suggests eating more meat. After the provider leaves the examination room, the client tells the nurse that eating animal products will cause her to miscarry. Which of the following responses should the nurse make?

- Lets discuss other foods that are high in protein that you could substitute for meat

23. A nurse is caring for a preterm infant in the nicu. Which of the following actions by the nurse will promote the infant's optimal development?

- Reducing ambient noise and lighting

24. A nurse is planning care for a newborn who is receiving phototherapy for an elevated bilirubin level. Which of the following actions should the nurse take?

- Use a photometer to monitor the lamps energy

25. A nurse is reinforcing teaching about preventing engorgement to a client who is planning to use formula to feed her newborn. Which of the following instructions should the nurse include?

- Apply ice pack to your breast

26. A nurse is caring for a client in labor and observing a pattern of early decelerations on the fetal monitor. Which of the following actions should the nurse take?

- Document the findings and continue to monitor

27. A nurse is caring for a client who reports intestinal gas pain following a cesarean section. Which of the following actions should the nurse take?

- Assist the client to ambulate in the hallway

28. A nurse is caring for a client who is 33 weeks of gestation and reports dark red vaginal bleeding and contractions that do not stop. Which of the following actions should the nurse take first?

- Check fetal heart tones

29. A nurse is assessing a client who is at 36 weeks of gestation. Which of the following manifestations should the nurse recognize as a potential prenatal complication and report to the provider?

- Double vision

30. A nurse is assessing a pregnant client who is at 38 weeks gestation. The client reports that her breathing has become easier but notes an increasing frequency of urination. The nurse should document this occurrence as which of the following?

- Lightening

31. A nurse is teaching a client who is pregnant and has pregestational diabetes about dietary changes. Which of the following statements should the nurse include in the teaching?

- Carbohydrates should make up 55% of your diet.

32. A nurse is assessing a newborn. Which of the following findings should the nurse immediately report to the provider?

- Nasal flaring

33. A nurse is caring for a client who is in labor and asks her parents to perform effleurage. The client has on a monitor belt for electronic fetal monitoring. Which of the following instructions should the nurse provide to the client's partner?

- Lightly stroke the upper thighs

34. A nurse is caring for a client in the early stage of labor who has preeclampsia with severe features. Which of the following interventions should the nurse perform?

- Implement seizure precautions

35. A nurse is caring who is the latent phase of labor and is experiencing low back pain. Which of the following actions should the nurse take?

- Apply pressure to the client's sacral area during contractions

36. A charge nurse is providing teaching for a newly hired nurse about the potential side effects of an epidural anesthetic for a laboring client. Which of the following effects should the charge nurse include in the teaching?

- Impaired placental perfusion

37. A nurse is teaching a client who is breastfeeding about strategies for preventing mastitis. Which of the following instructions should the nurse include?

- Use your finger to release suction after feeding

38. A nurse is caring for a client who is receiving oxytocin to induce labor. Which of the following actions should the nurse take?

- Perform continuous fetal heart rate monitoring

39. A nurse is caring for a client who is in labor and has fetal heart tracings of variable decelerations. Which of the following actions should the nurse take?

- Reposition the client from side to side

40. A nurse in a clinic is providing teaching to a client who is at 37 weeks of gestation and is scheduled for an external cephalic version. Which of the following statements should the nurse make?

- You will receive a medication to relax your uterus prior to the procedure

41. A nurse is educating a client who is at 10 weeks gestation and reports frequent nausea and vomiting. Which of the following statements should the nurse include in the teaching?

- You should eat dry food that are high in carbohydrates when you wake up

42. A nurse is teaching a client with pre- eclampsia who is schedule to receive magnesium sulfate via continuous iv infusion about expected adverse effects. Which of the following adverse effects should the nurse include in the teaching?

- Feeling of warmth

43. A nurse is caring for a postpartum client 8 hr after delivery. Which of the following factors places the client at risk of uterine atony?

- Magnesium sulfate infusion
- Distended bladder
- Prolonged labor

44. While assessing a client who is in the fourth stage of labor, the nurse suspects bladder distention. Which of the following findings should the nurse anticipate with bladder distention?

- The bladder fluctuates with palpation

45. A nurse is caring for a client who just had a spontaneous rupture of membranes. The nurse observes fetal bradycardia on the FHR tracing and a prolapsed umbilical cord. Which of the following actions should the nurse take first?

- Manually apply upward pressure intravaginally on the presenting part

46. A nurse is providing counseling for a couple experiencing infertility issues. Which of the following statements by the nurse is appropriate?

- You might want to join our support group for couples who are experiencing similar problems

47. A nurse is teaching a sibling class for a group of expectant parents and their older children. Which of the following statements should the nurse include to facilitate sibling adaptation?

- Involve the siblings in decorating your newborn's room

48. A nurse in a clinic is caring for a client who is pregnant and reports a last menstrual period (LMP) that began on December 7<sup>th</sup>. Which of the following dates would be the clients estimated date of birth (EDB)?

- September 14<sup>th</sup>

49. A nurse is assessing a client who is receiving magnesium sulfate as a treatment for pre-eclampsia. Which of the following clinical findings is the nurse's priority?

- Urinary output 40 mL in 2 hour

50. A nurse is assessing a client who is in the first stage of labor and has pre- eclampsia. Which of the following findings should the nurse expect?

- Proteinuria