

1.

The nurse is performing a comprehensive skin assessment. Which of the following pieces of equipment is appropriate to use during the skin assessment?

(2 Points)

doppler

Wood's lamp

Reflex hammer

Goniometer

2.

Which of the following is an expected finding in a healthy client on assessment of Stensen's ducts?

(2 Points)

red glow is present

midline and symmetric

saliva is present

redness is present

3.

Which of the following signs or symptoms does the nurse recognize in a client with hypothyroidism?

(Select all that apply)

(2 Points)

Fatigue

intolerance to cold

increased cardiac output

constipation

4.

The client has a new diagnosis of right sided heart failure. The nurse understands a client with right sided heart failure may have edema and jugular vein distension.

(2 Points)

True

False

5.

The nurse performs the Romberg test to assess for:

(2 Points)

balance

hearing

vision loss

cranial nerve 6 dysfunction

6.

Which of the following techniques will the nurse perform to assess for signs of breast abnormalities?

(2 Points)

inspection, palpation, and auscultation

inspection and palpation

inspection, palpation, and percussion

palpation and auscultation

7. The nurse is caring for a client with obesity. The nurse places the client in which of the following positions to best hear heart sounds?

supine

prone

sitting upright

left lateral

8.

State at which location(s) the S1 sound (lub) is heard loudest on cardiac auscultation. State why the S1 is loudest at these locations. (Write 1-2 sentences).

If you are at the proper location, you will hear the sound the loudest.

(2 Points)

9.

The nurse palpates an enlarged lymph node at the back of the ear, over the mastoid bone. The nurse documents this location as:

(2 Points)

posterior auricular

submental

posterior occular

occipital

10.

The older adult client is admitted with new onset pain and pressure to their eyes. On inspection, the sclera is red and the pupil is an irregular shape to the left eye. The nurse should further assess for:

(2 Points)

macular degeneration

cataracts

presbyopia

Glaucoma BOOK REF. PG 253

11.

The client is seen in the urgent care center with a suspected fungal infection to the fingernails. The nails are thick, yellow, and lifting off the nail bed. The nurse documents this finding as:

(2 Points)

clubbing

Onycholysis BOOK REF PG. 203

beau's lines

splinter hemmorage

12.

The nurse assesses the client's radial pulses and documents these findings: 68 beats per minute, regular, 2+, symmetrical. The physician asks the nurse, "What was the client's pulse amplitude?" The best response of the nurse:

(2 Points)

"68 beats per minute"

"regular"

"2+" BOOK REF PG 404

"symmetrical"

13.

The nurse is performing a cardiac auscultation and hears a harsh, blowing sound that is very loud at the 4th ICS, left sternal border. **No thrill is present.** The nurse understands this murmur is graded as:

(2 Points)

grade 4

grade 2

grade 3

grade 5

14.

Which of the following clients is most at risk for developing a deep-vein thrombosis?

(2 Points)

A 30 year old client with is 1 week post delivery of a baby

A 60 year old client who is on anticoagulant medications

A 45 year old client on oral contraceptives and smokes

A 40 year old female with underwent laser eye surgery

15.

The nurse is performing an otoscope exam on a child in the outpatient clinic. Which of the following safety measures should the nurse observe when performing this exam?

(2 Points)

Position the dorsal surface of the hand on the child's head

Look in the right eye with the nurse's right eye

Pull the pinna up and back

Look in the right ear while holding the scope in the left hand

16.

Which of the following terms best describes a complete inspiratory phase and expiratory phase of breathing?

(2 Points)

Cardiac cycle

Eupnea

pneumothorax

respiratory cycle

17.

The client reports during the interview that they see a physician for medical care and say a nightly prayer to improve health. The nurse documents this data as which of the following?

(2 Points)

family history

health beliefs

health patterns

medical history

18.

The nurse is required to clean equipment, such as the stethoscope, before and after each use with a patient.

(2 Points)

True

False

19.

The nurse performing a skin assessment of a client notes the client has vascular skin lesions that are flat, bright red in color, with tiny vessels that radiate out from the center of the lesion. The nurse concludes the lesions are which of the following?

(2 Points)

petechiae

venous stars

spider angiomas

port wine stain

20.

The nurse notices the client has on torn clothing and is walking with a walker when entering the examination room. Which one of the following components should also be included in the general survey?

(2 Points)

biographical data

health patterns

mental status

medical history

21.

When assessing a client with peripheral arterial disease, the nurse assesses the client for which of the following signs and symptoms that would be consistent with arterial insufficiency?

(2 Points)

brownish discoloration to the skin on the ankles

normal skin temperature

peripheral edema

leg pain while walking REF BOOK PG 398 & PG 413

22.

Capillary refill is an indication of arterial status

(2 Points)

False

True

23.

The nurse assesses the posterior tibial pulse at this location:

(2 Points)

behind the knee

directly above the antecubital area

on top of the foot, between the great toe and first toe

between the ankle and Achilles tendon

24.

The client is seen by the nurse in the urgent care center with complaints of a headache in the frontal lobes. On collection of history, the nurse learns the client had a "bad cold" about two weeks ago. Which of the following should the nurse perform for a comprehensive sinus assessment?

(2 Points)

palpation, direct percussion, transillumination

inspection, palpation, percussion, and auscultation

palpation, direct percussion, auscultation

inspection and palpation

25.

The nurse is caring for a client with end stage emphysema and plans to perform a respiratory auscultation. Which of the following is the best position for this client during the exam?

(2 Points)

supine

prone

sitting upright

26.

The nurse is performing an assessment of the client's head and neck. Which of the following findings in the assessment warrants further follow up?

(2 Points)

midline trachea

symmetric facial features

non-palpable cervical lymph node

crepitus on TMJ evaluation

27.

The nurse is performing an ear assessment on a client. Findings: Redness, swelling, and drainage on inspection of the auricle and ear canal. Tympanic membrane is flat, grey, no white patches present. The nurse suspects:

(2 Points)

Otitis externa

Scarring on the tympanic membrane

Tophi

Otitis media

28.

The nurse is asking the client when the migraine headache started. The nurse is assessing _____ in OLDCART:

(2 Points)

characteristics

location

relieving factors

onset

29.

This type of percussion produces a flat sound over bone such as the ribs:

(2 Points)

Blunt

Direct

Indirect

Light

30.

The nurse plans to complete an assessment of the head and neck lymph nodes. The nurse plans to:

(2 Points)

use strong pressure to the jaw and neck

use a slow, gentle circular motion using fingerpads REF VIDEO

palpate with the tips of the fingers to all locations

auscultate with the bell of the stethoscope

31.

The nurse is asking the client to describe how much and what type of exercise they participate in weekly. The nurse is assessing:

(2 Points)

biographical data

social history

health patterns

general survey

32.

The nurse performs palpation during a respiratory assessment of the client's thorax for:

(select all that apply)

(2 Points)

masses

vesicular sounds

respiratory expansion

crepitus

tenderness

33.

The nurse understands the importance of collecting subjective data first in a health assessment. Which of the following are included in subjective data collection?

(Select all that apply)

(2 Points)

asking family history

asking the client how much they weigh

asking the client social history

measuring a client's height

34.

Type in your name and student ID number to confirm you are following all the WCU testing guidelines.

35.

Which client with advanced breast cancer is asking the nurse to explain "peau d'orange." The nurse responds:

(2 Points)

This is a nipple discharge of serous fluid

This is edema to the breast due to blocked lymph nodes

This is an orange color that results from your medications

Peau d'orange is eczema to the nipple

36.

The nurse is planning on performing a cardiac assessment. The nurse assesses this area at the 2nd ICS, right sternal border:

(2 Points)

pulmonic

aortic

pulmonary

mitral

37.

The nurse is assessing the client's temporal artery. Which of the following findings is a concern?

(2 Points)

no bruits

elasticity

smooth

tenderness

38.

Which of the following are risk factors for development of cardiovascular disease?

(Select all that apply)

(2 Points)

stress

smoking

family history of cardiovascular disease

obesity

39.

The nurse educator is working with a nursing student in the clinical setting. Which one of the following actions by the student needs additional instruction by the nurse educator in regard to assessment and documentation of capillary refill?

(2 Points)

the student checks the left hand nail bed and then afterwards the right hand nail bed

the student documents cap refill of 2 seconds after assessing normal findings

the student presses on the edge of the nail bed

the student compresses the client's entire nail bed

40.

The nurse is working in an eye clinic. Which patient is a priority for the nurse to assess first?

(2 Points)

80 year old client awaiting cataract surgery

45 year old client reporting difficulty seeing close up over the last several months

65 year old client, African American, reporting new onset pain and pressure to the eyes

60 year old client with history of diabetes who reports trouble seeing traffic signs when driving after dark

41.

The parent reports on a well visit to the pediatrician's office that their child's eyes wonder off in different directions at times. Which of the following tests is most appropriate for the nurse to perform to address this reported problem?

(2 Points)

cover/uncover

Snellen

confrontation

PERRLA

42.

The nurse hears soft, low pitched sounds on auscultation of the lung fields. The nurse documents these sounds as:

(2 Points)

tracheal

bronchial

bronchovesicular

vesicular

43.

The nurse assesses skin turgor to the client at this location:

(2 Points)

palmer surface hand

above the clavicle

on the clavicle

under the clavicle

44.

The client has lesions on their posterior thorax that appear as concentric circles of color. The nurse documents these lesions as:

(2 Points)

Grouped

Confluent

Discrete

Target

45.

The elementary school child is having difficulty reading textbook material that is close up. The nurse documents this eye condition as:

(2 Points)

myopia

hyperopia

presbyopia

strabismus

46.

The client enters the emergency room with shortness of breath and a high fever. The nurse counts 26 respirations over a minute period. The clients breathing is rapid and shallow. The nurse documents:

(2 Points)

bradypnea

hyperventilation

tachycardia

tachypnea

47.

The nurse suspects the client has dehydration. What would the nurse assess in the head to toe assessment to confirm the client has signs or symptoms of dehydration? State 2 items and the abnormal findings for each. (Write no more than 2 sentences)

I would assess mucous membranes, an abnormal finding pale and I would assess skin turgor, an abnormal finding would be tenting.

(2 Points)

48.

The nurse documents 1+ edema to the left lower extremity. What technique did the nurse perform to document this finding?

(2 Points)

auscultation

percussion

palpation

Inspection

49.

The nurse plans to assess the carotid arteries for bruits. To assess for bruits, the nurse:

(2 Points)

palpates using very light pressure

auscultates with the diaphragm of the stethoscope

Ask the client to swallow water

auscultates with the bell of the stethoscope

50.

Prior to auscultating the carotid arteries, what instruction does the nurse give the client?

(2 Points)

hold your breath

swallow

take a deep breath

report pain and I will stop the assessment

51.

What type of activity is the nurse performing during health assessment?

(2 Points)

writes nursing diagnosis

develops a plan of care

collects data

provides nursing education

52.

Which of the following would not be appropriate to include in an interview for risk factors for glaucoma?

(2 Points)

Do you have hypertension?

Do you have diabetes?

Do you wear glasses to read?

Do you have a history of trauma to your eyes?

53.

Which of the following conditions will not impact breathing and lung expansion?

(2 Points)

pectus excavatum

kyphosis

pectus carinatum

scoliosis

54.

Which of the following clients is a priority for the nurse to perform an assessment for respiratory expansion?

(2 Points)

70 year old client with a history of smoking and new diagnosis of COPD

16 year old client with a broken finger, with a history of asthma

A client with a new diagnosis of bronchitis and reporting fatigue

client in a motor vehicle accident with tracheal deviation

55.

The 14 year old male client is going through puberty and reports an enlargement of breast tissue bilaterally. The best action of the nurse is:

(2 Points)

reassure the teen this is a normal finding due to hormonal changes

refer the client to a physician for further evaluation of this disorder

assess for further signs of breast cancer

ask the client if his mother or sister has a history of breast cancer

56.

The nurse auscultates the heart and palpates the carotid artery at the same time to assess for a:

(2 Points)

grade 4 murmur

pulse deficit

ventricular hypertrophy

pulse pressure

57.

The client with left sided heart failure is admitted with a new episode of shortness of breath. The nurse understand these lung sounds are frequently heard in left side sided heart failure:

(2 Points)

rhonchi

crackles

pleural rub

stridor

58.

The nurse is performing a comprehensive assessment of the breast system. Which of the following needs further evaluation by the nurse?

(2 Points)

smooth texture

breasts of equal shape and size

reports of nipple discharge

similar venous patterns bilaterally

59.

The nurse performs which technique to assess for tactile fremitus?

(2 Points)

percussion

inspection

auscultation

palpation

60.

The mother receives a letter from her son's school stating a child in the class has measles. The school recommends the mother examine the child for:

(2 Points)

enlarged lymph nodes to the neck

white spots in the child's mouth

one fluid filled lesion on the child's mouth

fluid filled lesions that start on the child's thorax

61.

The nurse is testing PERRLA in an adult client and the client asks the nurse to explain accommodation. Which of the following is the best response by the nurse?

(2 Points)

"Accommodation is when your pupil size adjusts from far to near"

"Accommodation is when your pupils constrict when an object is moved farther away"

"This means your pupils constrict when I shine the light in your eye."

"This means your pupils dilate when I shine the light in your eye"

The nurse is asking the client to describe how much caffeine they drink on a daily basis. The nurse is assessing:

(2 Points)

general survey

health patterns

social history

biographical data

2.

The nurse plans to assess the carotid arteries for bruits. To assess for bruits, the nurse:

(2 Points)

palpates using very light pressure

Ask the client to swallow water

auscultates with the bell of the stethoscope

auscultates with the diaphragm of the stethoscope

3.

The client with left sided heart failure is admitted with a new episode of shortness of breath. The nurse understand these lung sounds are frequently heard in left side sided heart failure:

(2 Points)

crackles

rhonchi

stridor

pleural rub

Reference Repeated Question

4.

Type in your name and student ID number to confirm you are following all the WCU testing guidelines.

5.

When assessing a client with peripheral arterial disease, the nurse assesses the client for which of the following signs and symptoms that would be consistent with arterial insufficiency?

(2 Points)

peripheral edema

brownish discoloration to the skin on the ankles

normal skin temperature

leg pain while walking

6.

Which of the following clients is a priority for the nurse to perform an assessment for respiratory expansion?

(2 Points)

A client with a new diagnosis of bronchitis and reporting fatigue

70 year old client with a history of smoking and new diagnosis of COPD

client in a motor vehicle accident with tracheal deviation

16 year old client with a broken finger, with a history of asthma

7.

Which of the following are signs or symptoms of hyperthyroidism?

(select all that apply)

(2 Points)

intolerance to cold

enlarged thyroid on palpation

increased heart rate

anxiety

fatigue

8.

The nurse gives these instructions to the client when assessing for tactile fremitus?

(2 Points)

please take a deep breath

swallow

say "99"

hold your breath

9.

The nurse is performing a cardiac auscultation and hears a harsh, blowing sound that is very loud at the 4th ICS, left sternal border. The nurse feels a soft vibration at the tricuspid area. The nurse understands this murmur is graded as:

(2 Points)

grade 3

grade 2

grade 4

grade 5

10.

Which of the following conditions is associated with aging?

(2 Points)

pectus excavatum

pectus carinatum

scoliosis

kyphosis

11.

The nurse is educating a group of young adult females on modifying risk factors to decrease their risk of breast cancer. Which of the following are modifiable breast cancer risk factors?

(select all that apply)

(2 Points)

alcohol intake

physical activity

obesity/weight control

family history

12.

The nurse is arriving to work on a medical surgical floor. Which client is a priority for the nurse to assess?

(2 Points)

45 year old male complaining of chest pain

65 year old female with orange peel appearance to breast

25 year old client on an inhaler and oral medications for asthma

50 year old post surgical client asking to use the toilet

13.

The nurse is performing an assessment of the client's head and neck. At which location does the nurse place the finger pads to assess the client's TMJ?

(2 Points)

in front of the tragus

at the mastoid process

crepitus

underneath the jaw, near the tip of the mandible

Reference picture :

TMJ

- Symmetric, not swollen or painful
- Palpate TMJ, crepitation = thick grid
- TMJ dysfunction = facial pain and limited jaw movement with clicking sounds as jaw opens & closes
- Ask them to open and closes their mouth
- Normal: close completely within pain or discomfort



Shoulders

14.

The nurse is working in an eye clinic. Which patient is a priority for the nurse to assess first?

(2 Points)

80 year old client awaiting cataract surgery

45 year old client reporting difficulty seeing close up over the last several months

65 year old client, African American, reporting new onset pain and pressure to the eyes

60 year old client with history of diabetes who reports trouble seeing traffic signs when driving after dark

Reference: Repeated Question

15.

The nurse assesses the brachial pulse at this location:

(2 Points)

on top of the foot, between the great toe and first toe

directly above the antecubital area

behind the knee

between the ankle and Achilles tendon

Reference The **antecubital** fossa is the shallow depression located in front of the median cubital vein of your arm.

16.

The client has vitiligo and large, flat lesions on the skin. The lesions are non palpable and 2-3 cm each in measurement. The nurse documents these lesions as:

(2 Points)

wheals

plaques

macules

Patches

Reference Notes patches are flat nonpalpable change in skin color >1cm irregular border

17.

The nurse plans to complete an assessment of the head and neck lymph nodes. The nurse plans to:

(2 Points)

use strong pressure to the jaw and neck

auscultate with the bell of the stethoscope

use a slow, gentle circular motion using fingerpads

palpate with the tips of the fingers to all locations

Reference notes, use finger pad in circular motion

18.

The nurse is planning on performing a cardiac assessment. The nurse assesses the area at the 2nd ICS, left sternal border:

(2 Points)

pulmonary

aortic

pulmonic

Mitral

Reference notes

19.

The nurse shines the light in the client's right eye and notices the left eye pupil constricts with a slower response. What action should the nurse take?

(2 Points)

ask another nurse to verify the finding

document normal findings

ask the client if they had recent surgery in the right eye

contact the physician

20.

The nurse receives report that the client has 4+ edema to the left lower extremity. The nurse expects to find:

(2 Points)

2 mm of edema

slight edema

4mm of edema

a large amount of edema

Reference notes +4 edema = 8mm

21.

Which of the following would not be appropriate to include in an interview for risk factors for glaucoma?

(2 Points)

Do you have diabetes?

Do you wear glasses to read?

Do you have hypertension?

Do you have a history of trauma to your eyes?

Reference Repeated Question

22.

Capillary refill is an indication of venous status.

(2 Points)

False

True

Reference it's arterial

23.

The nurse performing a skin assessment of a client notes the client has vascular skin lesions that are flat, bright red in color, with tiny vessels that radiate out from the center of the lesion. The nurse concludes the lesions are which of the following?

(2 Points)

port wine stain

petechiae

venous stars

spider angiomas

Reference notes- flat, bright red

24.

The nurse performs palpation during a respiratory assessment of the client's thorax for:

(select all that apply)

(2 Points)

respiratory expansion

crepitus

tenderness

fremitus

Masses

Reference Repeated Question

25.

The nurse notices the client has on torn clothing and is walking with a walker when entering the examination room. Which one of the following components should also be included in the general survey?

(2 Points)

health patterns

biographical data

medical history

behavior

26.

The client enters the emergency room with shortness of breath and a high fever. The nurse counts 26 respirations over a minute period. The client's breathing is rapid and shallow. The nurse documents:

(2 Points)

hyperventilation

tachycardia

tachypnea

bradypnea

27.

The nurse is palpating the client's temporal artery. Which of the following is a normal, expected finding in a healthy adult client?

(2 Points)

no bruits

elastic, non tender, smooth

inflammation

tenderness

28.

State two (2) items the nurse would assess in a head to toe assessment on a client complaining of dizziness. State a normal or abnormal finding for each. (Write 1-2 sentences)

(2 Points)

29.

Which of the following clients is most at risk for developing a deep-vein thrombosis?

(2 Points)

A 30 year old client with is 1 week post delivery of a baby

A 60 year old client who is on anticoagulant medications

A 45 year old client on oral contraceptives and smokes

A 40 year old female with underwent laser eye surgery

30.

The nurse educator is working with a nursing student in the clinical setting. Which one of the following actions by the student needs additional instruction by the nurse educator in regard to assessment and documentation of capillary refill?

(2 Points)

the student compresses the client's entire nail bed

the student presses on the edge of the nail bed

the student documents cap refill of 2 seconds after assessing normal findings

the student checks the left hand nail bed and then afterwards the right hand nail bed

31.

Prior to auscultating the carotid arteries, what instruction does the nurse give the client?

(2 Points)

hold your breath

take a deep breath

report pain and I will stop the assessment

swallow

32.

Which part of the stethoscope does the nurse use to assess the mitral heart rate?

(2 Points)

diaphragm

bell

33.

The nurse hears soft, low pitched sounds on auscultation of the lung fields. The nurse documents these sounds as:

(2 Points)

bronchovesicular

tracheal

bronchial

vesicular

34.

The client reports during the interview that they see a physician for medical care and say a nightly prayer to improve health. The nurse documents this data as which of the following?

(2 Points)

health patterns

medical history

health beliefs

family history

35.

The nurse is taking an adult client's blood pressure. The first sound heard is at 128, the sounds get louder, more crisp, then more muffled. The last sound is heard at 68. No sound is heard at 66. The nurse documents the blood pressure as:

(2 Points)

128 beats per minute

128/66 mmHg

128/68 mmHg

66/128 mmHg

36.

The nurse assesses skin turgor to the client at this location:

(2 Points)

on the clavicle

above the clavicle

under the clavicle

palmer surface hand

37.

The nurse is performing an ear assessment on a client. Findings: no redness, swelling, or drainage on inspection of the auricle. Ear canal is pink with small amount cerumen present. Tympanic membrane is red, bulging, with no visible cone of light. The nurse suspects:

(2 Points)

Otitis media

Scaring on the tympanic membrane

Tophi

Otitis externa

38.

The client is wearing oxygen and has a long history of emphysema. What position is best to place this client when performing a physical assessment?

(2 Points)

supine

prone

left lateral

sitting upright

39.

The client is admitted with a suspected drug overdose and respiratory depression. Respirations are shallow and deep with periods of apnea in an irregular pattern. The nurse documents this condition as:

(2 Points)

Obstructive breathing

Hyperventilation

Cheyne-Stokes

Biot's respirations

40.

The client has lesions that are circular but united on their posterior and anterior thorax. The nurse documents these lesions as:

(2 Points)

discrete

Target

polycyclic

confluent

41.

The elementary school child is having difficulty reading material on the classroom white board that is about 20 feet away. The nurse suspects the client has:

(2 Points)

myopia

strabismus

presbyopia

hyperopia

42.

The nurse is performing an otoscope exam on a child's left ear in the outpatient clinic. The nurse should hold the otoscope in their _____ hand.

(2 Points)

right

left

43.

The school nurse is assessing students for the annual health fair. Which of the following tests is most appropriate for the nurse to perform to assess distant visual acuity?

(2 Points)

cover/uncover

Snellen

PERRLA

confrontation

44.

This type of percussion produces a dull sound over organs such as the liver:

(2 Points)

Indirect

Light

Direct

Blunt

45.

Which client with advanced breast cancer is asking the nurse to explain "peau d'orange." The nurse responds:

(2 Points)

This is an orange color that results from your medications

This is edema to the breast due to blocked lymph nodes

Peau d'orange is eczema to the nipple

This is a nipple discharge of serous fluid

46.

Which of the following are signs of breast malignancy?

(select all that apply)

(2 Points)

nipple discharge

breast lump on palpation

dimpling over a quadrant

nipple retraction

47.

The 14 year old male client is going through puberty and reports an enlargement of breast tissue bilaterally. The best action of the nurse is:

(2 Points)

reassure the teen this is a normal finding due to hormonal changes

ask the client if his mother or sister has a history of breast cancer

refer the client to a physician for further evaluation of this disorder

assess for further signs of breast cancer

48.

The client's fingernails have a 160 degree angle, have pink nail beds, and are clean with a hard nail plate. The nurse understands this finding is consistent with:

(2 Points)

normal findings

beau's lines

splinter hemorrhage

clubbing

49.

The client has an enlarged lymph node to the right side of the neck. The node is soft, squishy, and movable. The nurse documents this location as:

(2 Points)

submaxillary

retropharyngeal

cervical chain

Submandibular

Ref- **Cervical lymph nodes** are simply **lymph nodes** located in the neck region

50.

What action does the nurse perform during a health assessment?

(2 Points)

develops a nursing diagnosis

provides nursing interventions

collects data

writes a care plan

51.

The nurse assesses the client's radial pulses and documents these findings: 68 beats per minute, regular, 2+, symmetrical. The physician asks the nurse, "What was the client's pulse rhythm?" The best response of the nurse:

(2 Points)

"68 beats per minute"

"regular"

"2+"

"Symmetrical"

52.

The nurse hears the S1 loudest at the base of the heart on cardiac auscultation.

(2 Points)

True

False

53.

The nurse understands a client with left sided heart failure may report shortness of breath and present with crackles to the lung fields.

(2 Points)

True

False

Ref- both signs of left sided heart failure

54.

The nurse is performing a comprehensive assessment of the breast system on a 40 year old female. Which of the following needs further evaluation by the nurse?

(2 Points)

change in size of one breast

nipple same color as the areolae

similar venous patterns bilaterally

smooth texture

55.

Which of the following are considered subjective data?

(Select all that apply)

(2 Points)

Lungs with vesicular sounds to all fields

client reports family history of high blood pressure

Blood pressure 120/82mmHG

client denies pain

56.

The nurse is testing PERRLA in an adult client and the client asks the nurse to explain accommodation. Which of the following is the best response by the nurse?

(2 Points)

"This means your pupils dilate when I shine the light in your eye"

"This means your pupils constrict when I shine the light in your eye."

"Accommodation is when your pupils constrict when an object is moved farther away"

"Accommodation is when your pupil size adjusts from far to near"

57.

The BSN prepared nurse understands the unique changes that occur as client's age. State 2 changes you would consider normal in your physical assessment for the older adult client. (Write 1-2 sentences)

Central vision loss due to macular degeneration and decrease in heart rate are two normal changes that would be considered normal for an older adult client during a physical assessment.

Ref- notes

(2 Points)

58.

The older adult client is admitted with pain and pressure to the eyes. On inspection, the sclera is red and the pupil is an irregular shape to the left eye. The nurse should further assess for:

(2 Points)

macular degeneration

cataracts

presbyopia

glaucoma

59.

The nurse is asking the client with a migraine headache what they do to alleviate the pain. The nurse is assessing _____ in OLDCART:

(2 Points)

onset

characteristics

location

relieving factors

60.

The client is in atrial fibrillation and the nurse plans to assess for a pulse deficit. To perform this assessment, the nurse palpates the carotid pulse while:

(2 Points)

auscultating the mitral area of the heart

asking another nurse to palpate the opposite carotid artery

comparing to the blood pressure reading

palpating the radial pulse

61.

The client is seen by the nurse in the urgent care center with complaints of a headache in the frontal lobes. On collection of history, the nurse learns the client had a "bad cold" about two weeks ago. Which of the following should the nurse perform for a comprehensive sinus assessment?

(2 Points)

inspection and palpation

palpation, direct percussion, transillumination

inspection, palpation, percussion, and auscultation

palpation, direct percussion, auscultation