

# Health History Results | Turned In

Advanced Health Assessment - Chamberlain, NR509-April-2018

[Return to Assignment](#)



## Your Results

Lab Pass

[Overview](#)

## Transcript

[Transcript](#)

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Education & Empathy](#)

[Documentation](#)

[Information Processing](#)

[Health History Tips and Tricks](#)

[Self-Reflection](#)

Started: May 05, 2018 | Patient Exam Time: 181 min

All Lines (233) Interview Questions (204) Statements (14) Exam Actions (15)



Height: 170 cm

Exam Action  
05/05/18 11:43  
AM CDT



Weight: 90 kg

Exam Action  
05/05/18 11:43  
AM CDT



BMI: 31

Exam Action  
05/05/18 11:43  
AM CDT



Random blood glucose: 238

Exam Action  
05/05/18 11:43  
AM CDT



Temperature: 101.1 F

Exam Action  
05/05/18 11:43  
AM CDT



Blood pressure: 142/82

Exam Action  
05/05/18 11:43  
AM CDT



Respiratory rate: 19

Exam Action  
05/05/18 11:43  
AM CDT

O2 sat: 99%

**Exam Action**  
05/05/18 11:43  
AM CDT

**Exam Action**  
05/05/18 11:43  
AM CDT

**Greet**  
05/05/18 11:43  
AM CDT



Heart rate: 86



Hello, Tina Jones my name is Sara an FNP student here to interview you today.



Hey.



What brings you here today?



I got this scrape on my foot a while ago, and I thought it would heal up on its own, but now it's looking pretty nasty. And the pain is killing me!



Where is the pain on your foot?



It feels like the pain is just centered around the scrape, like around the ball of my foot. That's where it hurts the most, but my whole foot feels some pain.



Can you tell me what foot this is please



It's . . . [Ms. Jones reports the correct year.] [AUDIO COMING SOON]



Which foot is the pain located?



My right foot.



How severe is the pain in your right foot?



It's really bad.

**Question**  
05/05/18 11:47  
AM CDT

**Question**  
05/05/18 11:47  
AM CDT

**Question**  
05/05/18 11:48  
AM CDT

 Question

05/05/18 11:48

AM CDT

Can you rate the pain on a scale of 0 to 10. 10 being the worst pain you have ever had in your life



... I'd say a 7. It hurts a lot, and the pain pills haven't kicked in yet.



what are you taking for pain?



It's called tramadol.



Where did you get this medication?



The ER doctor prescribed them for me when I was in there a week ago.



So the pain started a week ago? (Clarified to did your wound have pus in it all week.)



No, I started seeing it two days ago.



What caused you to have this pain?



Being around cats is the worst, but dust and running up stairs can make my breathing bad, too.



Why are you having right foot pain? (No matching questions found.)



how did your injury happen?



I was going down the back steps, and I tripped. . . I caught the railing, but I guess I kind of turned my ankle a little bit. And I scraped up my foot on the edge of the step.



can you please describe the pain?



It's throbbing and like, sharp if I try to put weight on it.

**Question**

05/05/18 11:49

AM CDT

**Question**

05/05/18 11:50

AM CDT

**Question**

05/05/18 11:50

AM CDT

**Question**

05/05/18 11:50

AM CDT

**Question**

05/05/18 11:51

AM CDT

**Question**

05/05/18 11:51

AM CDT

**Question**

05/05/18 11:52

AM CDT



what is the pain like when you stand on your foot?

Question

05/05/18 11:52  
AM CDT



Yes! I mean, I literally can't put weight on my foot, the pain is so sharp.



when did the pain start?

Question

05/05/18 11:52  
AM CDT



Well, I got the scrape a week ago, but the scrape and the pain got a lot worse in the last few days.



Has the pain changed over time?

Question

05/05/18 11:52  
AM CDT



At first, it seemed like it was healing up fine and it didn't give me a lot of pain. But the last two days, the pain got way worse.



Does your pain radiate?

Question

05/05/18 11:53  
AM CDT



The pain's worse in my foot, but I feel it moving up into my ankle, too.



Can you bear weight on your foot?

Question

05/05/18 11:54  
AM CDT



No, I can't. I can't put any weight on it without like, shooting pain.



I am sorry I understand how you feel.

Empathize

05/05/18 11:54  
AM CDT



I appreciate you telling me that.



Did you injure anything else beside your foot?

Question

05/05/18 11:55  
AM CDT



Well, at first I thought my ankle was sprained because it hurt a lot right after I fell. But, I mean, I guess I was over-estimating it, because the ankle felt pretty okay the next day and it wasn't a problem all week.



Did you have any alcoholic drinks before injury?

Question

05/05/18 11:55  
AM CDT



No, I was stone-cold sober. It was the middle of the day.



Where you wearing shoes when you fell?

Question

05/05/18 11:56  
AM CDT



No, I was barefoot.



Always make sure to wear shoes when outside.

Educate

05/05/18 11:56  
AM CDT



OK, I understand.



You went to the ER for your injury?

Question

05/05/18 11:57  
AM CDT



Yeah, right after it happened, I worried I might've sprained my ankle so mom drove me to the ER.



Did your foot bleed?

Question

05/05/18 11:57  
AM CDT



Yeah, right when I hurt it.



Did you notice any discharge from the wound?

Question

05/05/18 11:57  
AM CDT



Yeah, there's definitely pus.



When did you first notice pus?

Question

05/05/18 11:57  
AM CDT

Two days ago.



What color is the drainage from your wound?

Question

05/05/18 11:57  
AM CDT



It's... white or maybe off-white.



Does the wound have an odor?

Question

05/05/18 11:58  
AM CDT



Um, no, not that I know of... That sounds gross.



I understand it sounds gross but in order to find out what is going on with your foot. I must ask this question.

Empathize

05/05/18 11:59  
AM CDT



Thanks for saying that.



How did you treat your foot at home?

Question

05/05/18 11:59  
AM CDT



I made sure to clean it and just keep it bandaged. And I put Neosporin on it.



How often did you clean the wound?

Question

05/05/18 11:59  
AM CDT



Twice a day -- every morning and every night.



How often did you change the bandage?

Question

05/05/18 12:00  
PM CDT



Every morning and night. I was keeping an eye on it.



Is there swelling around the wound?

Question

05/05/18 12:00  
PM CDT



Yeah, it looks swollen around the scrape.

 Question

05/05/18 12:01

PM CDT



Does the wound feel warm?

Yeah, it feels pretty warm.

 Question

05/05/18 12:02

PM CDT



Does your foot pain affect your work?



Well, I tried to go in two days ago but I couldn't walk well enough, so I just went home after a couple hours. And I didn't go in yesterday. My boss was understanding, but I need to be able to work!



Has your injury prevented you from going to class?

 Question

05/05/18 12:04

PM CDT



I had a class two days ago, and I skipped it. I haven't missed any classes before this, and I emailed my professor, so I should be okay. I don't want to get behind, so I need to get back to it!



Are you feeling feverish right now?

 Question

05/05/18 12:04

PM CDT



I don't feel feverish right now, but last night I had a high temperature.



Measured wound: 2 cm x 1.5 cm, 2.5 mm deep

 Exam Action

05/05/18 12:05

PM CDT



Swabbed wound and sent to lab for C &amp; S

 Exam Action

05/05/18 12:09

PM CDT



Cleansed and irrigated wound with normal saline and applied dry sterile dressing.

 Exam Action

05/05/18 12:09

PM CDT



Measured wound: 2 cm x 1.5 cm, 2.5 mm deep

 Exam Action

05/05/18 12:09

PM CDT



Swabbed wound and sent to lab for C &amp; S

 Exam Action

05/05/18 12:10

PM CDT



Cleansed and irrigated wound with normal saline and applied dry sterile dressing.

**Exam Action**  
05/05/18 12:10  
PM CDT



a culture was taken of your foot and sent to the lab to find out what is going on with the drainage

**Educate**  
05/05/18 12:10  
PM CDT



That makes sense.



the wound was also cleaned and placed a sterile dressing

**Educate**  
05/05/18 12:11  
PM CDT



Alright, thanks for letting me know.



Do you have any medical conditions?

**Question**  
05/05/18 12:14  
PM CDT



Yeah. . . I have asthma and diabetes.



When were you diagnosed with diabetes?

**Question**  
05/05/18 12:16  
PM CDT



I was diagnosed when I was 24.



At age 24 you were diagnosed with diabetes? (Clarified to how old were you when you were diagnosed with diabetes.)

**Question**  
05/05/18 12:16  
PM CDT



I was diagnosed when I was 24.



Do you know what type of diabetes you have?

**Question**  
05/05/18 12:17  
PM CDT



It's Type 2.



Do you follow a diabetic diet?

**Question**  
05/05/18 12:17  
PM CDT



I really try not to worry about what I eat, other than watching my sugar and trying to make healthy choices.



Tell me more about any sugars you consume.

Question

05/05/18 12:17

PM CDT



Once I found out I had diabetes, I started watching my sugar and staying away from regular soda.



Do you drink sugary drinks?

Question

05/05/18 12:17

PM CDT



No. I drink a lot of soda, but only Diet Coke.



Do you take any prescribed medication for diabetes? (Clarified to Do you have a prescription for diabetes medication?)

Question

05/05/18 12:18

PM CDT



I don't take medicine for it anymore.



have you taken medication for diabetes?

Question

05/05/18 12:19

PM CDT



Yeah, when I was diagnosed they gave me a medicine to try.



Do you remember what you were prescribed?

Question

05/05/18 12:19

PM CDT



It was Metformin.



When was the last time you took your diabetes medication?

Question

05/05/18 12:20

PM CDT



I haven't taken it in about three years, honestly.



Why aren't you taking your diabetes medication?

Question

05/05/18 12:20

PM CDT



I just got sick of dealing with it!



I understand but medication is very important for your diabetes.

Empathize

05/05/18 12:20

PM CDT



Thanks.



Tell me about your blood sugar monitoring.

Question

05/05/18 12:21  
PM CDT



I don't check it very often, honestly. . . I think the last time was about a month ago.



How often do you check your blood sugar?

Question

05/05/18 12:22  
PM CDT



I don't check it very often, honestly. . . I think the last time was about a month ago.



What are your usual blood sugar levels?

Question

05/05/18 12:22  
PM CDT



I guess sometimes it's probably high, but I don't know the numbers. I almost never check it. I don't really get what the numbers mean.



It is important to check your blood sugars on a regular basis. A diabetic educator will help you with this information in detail if you are interested.

Educate

05/05/18 12:24  
PM CDT



Thanks for telling me.



Have you been thirsty lately?

Question

05/05/18 12:25  
PM CDT



You know, I did notice lately that I've been really thirsty.



Are you drinking more water than normal?

Question

05/05/18 12:25  
PM CDT



I've definitely been drinking more water lately.



Have you been urinating more often than usual?

Question

05/05/18 12:26  
PM CDT



Yeah, but I've been drinking more water.

 Question

05/05/18 12:27

PM CDT

How often do you urinate during the day?



I don't know. Every hour or two when I'm awake?

 Question

05/05/18 12:27

PM CDT

How often do you wake up at night to urinate?



I probably have to get up two or three times a night.

 Question

05/05/18 12:28

PM CDT

With your last meal?



I had leftover chicken and mashed potatoes last night.

 Question

05/05/18 12:28

PM CDT

what is your Typical breakfast?



I'll usually have a muffin or pumpkin bread from the cafe near my house.

 Question

05/05/18 12:29

PM CDT

what Is your typical lunch?



Lunch is the meal I usually pick up near campus because of my schedule. I go to Subway mostly and get a turkey sandwich or something.

 Question

05/05/18 12:29

PM CDT

what is your Typical dinner?



The usual stuff. . . meatloaf, chicken, casseroles, pasta. . . stuff like that.

 Question

05/05/18 12:30

PM CDT

what Do you typically eat for snacks?



I try to eat snacks that are kind of healthy like pretzels-sometimes I'll treat myself and get french fries, but I try not to do that too often.

Educate

05/05/18 12:30

PM CDT

Do you understand that pretzels and french fries are high in carbohydrates and calories.



Sure, I think I understand what you mean.



have you noticed Increasing appetite?

Question

05/05/18 12:31

PM CDT



My appetite's been huge lately. . . I feel like I'm hungry all the time.



When did you notice the increase in appetite?

Question

05/05/18 12:31

PM CDT



I guess I started being starving all the time about a month ago. No matter how much I eat, I'm still hungry.



Have you had any recent weight changes?

Question

05/05/18 12:32

PM CDT



Yeah, I've lost some weight recently.



How much weight have you lost?

Question

05/05/18 12:32

PM CDT



It was about ten pounds in a little over a month, actually.



With your weight loss intentional?

Question

05/05/18 12:32

PM CDT



No, I'm a creature of habit. I eat the same foods all the time.



At what age were you diagnosed with asthma?

Question

05/05/18 12:33

PM CDT



My doctor told me when I was pretty little... I think I was about two and a half? I used to have a lot of trouble with asthma attacks back then.



When were you diagnosed with asthma?

**Question**

05/05/18 12:34

PM CDT



My doctor told me when I was pretty little... I think I was about two and a half? I used to have a lot of trouble with asthma attacks back then.



When did you last have issues with asthma?

**Question**

05/05/18 12:34

PM CDT



I was at my cousin's house three days ago, and my asthma acted up while I was there.



What do your asthma symptoms feel like?

**Question**

05/05/18 12:35

PM CDT



My chest and throat get tight, and I start to wheeze. It feels like I can't take in air, like I can't get enough air into my lungs.



Do you ever wheeze?

**Question**

05/05/18 12:35

PM CDT



During a full attack, I would wheeze a lot, like I couldn't breathe at all, but that hasn't happened in years. Now I wheeze a little when I have breathing problems, but it's not nearly that bad.



When was your last asthma attack?

**Question**

05/05/18 12:36

PM CDT



It's really rare for me to have an attack now. Three days ago I had some breathing problems, but I guess probably my last full attack was in high school.



Have you ever been hospitalized in the past?

**Question**

05/05/18 12:36

PM CDT



Well, I went a week ago on the day I hurt my foot to get it checked out. That was the first time I've been in the hospital since I was probably sixteen, though.



Have you ever been hospitalized in the past for your asthma?

**Question**

05/05/18 12:37

PM CDT



I went a bunch of times when I was little, for asthma attacks.

**Question**05/05/18 12:38  
PM CDT

When was your last hospitalization for asthma?



I haven't gone to the hospital for asthma since I was sixteen.



Have you been hospitalized for asthma?

**Question**05/05/18 12:38  
PM CDT

I went a bunch of times when I was little, for asthma attacks.



How do you manage your asthma?

**Question**05/05/18 12:38  
PM CDT

I try to avoid things that give me breathing problems, but when my asthma starts to act up, I just use my inhaler.



What is the name of the inhaler prescription?

**Question**05/05/18 12:39  
PM CDT

It's just a regular Proventil inhaler.



When did you last use your inhaler?

**Question**05/05/18 12:40  
PM CDT

I had to use my inhaler three days ago when I was at my cousin's house.



I'm sorry that I sound repetitive but I just want to be accurate about your medical history.

**Empathize**05/05/18 12:40  
PM CDT

Thanks for understanding.



How many puffs of your inhaler are you prescribed?

**Question**05/05/18 12:41  
PM CDT

I usually use two puffs from my inhaler, but lately I sometimes need three. [Nurse confirmed with Pharmacy: albuterol 90mcg/spray MDI]



What triggers your asthma problems?

**Question**

05/05/18 12:45

PM CDT



Being around cats is the worst, but dust and running up stairs can make my breathing bad, too. I haven't had a full asthma attack in years, though.



Does dust trigger your asthma?

**Question**

05/05/18 12:46

PM CDT



Being around cats is the worst, but dust and running up stairs can make my breathing bad, too.



Does physical activity trigger your asthma?

**Question**

05/05/18 12:46

PM CDT



Yeah, if I have a little burst of activity like running up the stairs or hurrying to my class, I sometimes need my inhaler.



Do you have seasonal asthma triggers?

**Question**

05/05/18 12:47

PM CDT



No, not really.



What reaction do you have to cats?

**Question**

05/05/18 12:48

PM CDT



Whenever I'm around cats, I start sneezing, my eyes get itchy. . . and my asthma starts to act up.



Are you allergic to latex?

**Question**

05/05/18 12:48

PM CDT



Nope.



What medication allergies do you have?

**Question**

05/05/18 12:49

PM CDT



I'm allergic to penicillin.



What is your reaction to penicillin?

**Question**

05/05/18 12:49

PM CDT



I don't remember that well because the last time I had penicillin I was pretty little. . . I think I got a rash, like, hives. The doctor told me not to take it again after that.



Do you have any food allergies?

**Question**

05/05/18 12:51

PM CDT



Nope, no food allergies that I know of.



Do you have any seasonal allergies?

**Question**

05/05/18 12:51

PM CDT



No, not really.



Are your immunizations current?

**Question**

05/05/18 12:52

PM CDT



I'm pretty sure they are all taken care of.



Did you receive childhood vaccines?

**Question**

05/05/18 12:52

PM CDT



I am pretty sure I received all my vaccines as a kid, like before registering for school.



Did you get a flu shot this year?

**Question**

05/05/18 12:53

PM CDT



No.



When was your last tetanus booster?

**Question**

05/05/18 12:53

PM CDT



I got a tetanus booster about a year ago.



Want to inform you that there will be some more repetitive questions.

**Educate**

05/05/18 12:54

PM CDT



Thanks for telling me.



What pain medications have you been taking?

**Question**

05/05/18 12:54

PM CDT



It's called tramadol.



How many times a day do you take pain medication?

**Question**

05/05/18 12:56

PM CDT



I've been taking them morning, noon, and night.



How many pain pills do you take at a time?

**Question**

05/05/18 12:56

PM CDT



I take two at a time.



What is the dose of the pain medication?

**Question**

05/05/18 12:57

PM CDT



I'm not 100% sure, but I think they're 50 milligrams.



How long does the pain medication last?

**Question**

05/05/18 12:57

PM CDT



They only help for a few hours at a time.



Do you take any over-the-counter medication?

**Question**

05/05/18 12:57

PM CDT



I take Tylenol for a headache sometimes, or Advil for cramps, but not often.



How often do you take Tylenol for headaches?

**Question**

05/05/18 12:59

PM CDT



Yeah. Usually I'll take a Tylenol and go to bed, and that'll get rid of it.



Do you know the dose of the Tylenol?

Question

05/05/18 12:59  
PM CDT



I take the extra-strength Tylenol, the gel kind. It's what we usually have around the house. [Nurse confirmed with Pharmacy: 1-2x acetaminophen 500mg]



How many Tylenol do you take at a time?

Question

05/05/18 1:00 PM  
CDT



I take the extra-strength Tylenol, the gel kind. It's what we usually have around the house. [Nurse confirmed with Pharmacy: 1-2x acetaminophen 500mg]



How much ibuprofen do you take for cramps?

Question

05/05/18 1:01 PM  
CDT



I take three at a time. And I'd bet I take it up to three times a day. [Nurse confirmed with Pharmacy: 3-4x ibuprofen 200mg]



What is the strength of ibuprofen you take?

Question

05/05/18 1:01 PM  
CDT



I just take the regular kind I think. It's not extra strength or anything. [Nurse confirmed with Pharmacy: 3-4x ibuprofen 200mg]



Do you take any vitamins?

Question

05/05/18 1:01 PM  
CDT



No, I don't take any vitamins.



Do you take any herbal supplements?

Question

05/05/18 1:02 PM  
CDT



No, I don't take anything herbal.



What is your highest level of Education?

Question

05/05/18 1:02 PM  
CDT



Well, I'm finishing up my Bachelor's degree right now.



What do you study?

Question

05/05/18 1:02 PM  
CDT



I'm going to get my bachelor's in accounting.



Can you tell me about your stress level?

Question

05/05/18 1:03 PM  
CDT



I feel pretty worried about my foot right now. I don't like sitting around, but it's been hard to walk or do anything the last few days. And I don't like missing school and work. Plus it hurts.



Does anyone live at home with you?

Question

05/05/18 1:03 PM  
CDT



Right now I live back at home with my mom and my sister.



Tell me more about living at home.

Question

05/05/18 1:04 PM  
CDT



Things are pretty good between all of us; we're all close. I think we're a pretty special family, the way we all get along.



Have you ever experimented with drugs?

Question

05/05/18 1:04 PM  
CDT



Well, I used to smoke pot. . . but I don't do that anymore.



When did you last smoke marijuana?

Question

05/05/18 1:04 PM  
CDT



I haven't smoked pot since I was twenty or twenty-one.



What happened to cause you to stop smoking pot?

Question

05/05/18 1:05 PM  
CDT



It just wasn't that fun anymore, plus it started to bother my asthma.

 Question

05/05/18 1:05 PM

CDT

You drink alcohol?



I do sometimes, yeah, when I go out with my friends.



Who was the last alcoholic drink?

 Question

05/05/18 1:06 PM

CDT

I haven't had any alcohol in at least three weeks.



How many alcoholic drinks do you have in one sitting?

 Question

05/05/18 1:06 PM

CDT

I never have more than two or three. If I go over that, I feel like hell the next day, so I stick to just a few.



How many nights a week do you drink alcohol?

 Question

05/05/18 1:06 PM

CDT

Once or twice a week at most, on the weekend.



How many alcoholic drinks do you have a month?

 Question

05/05/18 1:07 PM

CDT

Oh, I don't know. Let's see... I might go out every few weeks, so twice a month... and I maybe have 2 or 3 drinks at a time, so maybe 6 drinks a month. Even if I go out more than usual, no more than ten.



Have you ever smoked cigarettes?

 Question

05/05/18 1:08 PM

CDT

No. I think it's gross.



Are you ever exposed to second-hand smoke?

 Question

05/05/18 1:08 PM

CDT

Some of my friends smoke when we go out drinking. But I don't smoke, and nobody at home smokes.

Does your mother have health conditions?

**Question**

05/05/18 1:09 PM

CDT



Mom has high cholesterol and blood pressure, I think. She seems to be doing okay though.

**Question**

05/05/18 1:10 PM

CDT



Well, he passed away. But he had a couple things... Type 2 diabetes, like me, and high cholesterol and blood pressure.

**Empathize**

05/05/18 1:11 PM

CDT



I appreciate you saying that.

**Question**

05/05/18 1:11 PM

CDT



Well, right after he died, after the funeral and everything, I just tried to get through that. Mom was having such a hard time, crying a lot, everything made her sad, she was kinda depressed. So I guess at first I just focused on getting things done--groceries, laundry, insurance papers and stuff. Knowing that Mom needed me kinda helped me get through day by day. There was about a month where it was hard for us to get to church. Even getting up and ready for church was too overwhelming. But our church family helped us out, and gave us rides to church and brought meals and all that, so they really helped build us back up. Things were only hard like that for a few months.

**Empathize**

05/05/18 1:12 PM

CDT



Thanks.

**Question**

05/05/18 1:12 PM

CDT



Last year when Dad passed, he was only 58.

**Question**

05/05/18 1:12 PM

CDT

**Question**

05/05/18 1:13 PM

CDT



He died in a car accident.



Does your paternal grandfather have health conditions?

**Question**

05/05/18 1:13 PM

CDT



Grandpa Jones had colon cancer, and that caused all kinds of problems for him. Plus, he had high blood pressure, and...I'm pretty sure he had diabetes.



Paternal grandmother have health conditions?

**Question**

05/05/18 1:14 PM

CDT



She takes some blood pressure pills, and I think she has high cholesterol, but Granny's doing great for 82.



Does your maternal grandfather have any health conditions?

**Question**

05/05/18 1:14 PM

CDT



Poppa died of a heart attack when he was 80. . . he had some blood pressure and cholesterol issues when he was alive, too.



Does your maternal grandmother have health conditions?

**Question**

05/05/18 1:15 PM

CDT



Nana was 73 when she died of a stroke about five years ago. I think she had high blood pressure and cholesterol, too.



Does your brother have health conditions?

**Question**

05/05/18 1:15 PM

CDT



No, I don't think so. He's a little big, maybe.



Does your sister have any health conditions?

**Question**

05/05/18 1:16 PM

CDT



She's pretty healthy. She has asthma but almost never has attacks.



Is anyone else in your family have diabetes?

**Question**

05/05/18 1:16 PM

CDT



Dad had sugar diabetes, and I think my Grandpa Jones did too.



Does anyone else in your family have asthma?

**Question**

05/05/18 1:17 PM

CDT



It's just me and my baby sister that have asthma, but she really doesn't have problems with it.



Does obesity run in your family?

**Question**

05/05/18 1:17 PM

CDT



No, I don't think so. My brother and my dad are kind of big, but I wouldn't say they were obese or anything.



Have you had any family members with cancer?

**Question**

05/05/18 1:18 PM

CDT



Um, Grandpa Jones died of colon cancer.



Do you have a family history of thyroid problems?

**Question**

05/05/18 1:18 PM

CDT



No, I don't think so.



Do you have relatives with addiction problem?

**Question**

05/05/18 1:18 PM

CDT



One person in the family, my dad's brother, has an alcohol problem, but we never see him.



Do you have a family history of headaches?

**Question**

05/05/18 1:19 PM

CDT



No, not that I know of.



Have you been sick recently?

**Question**

05/05/18 1:20 PM

CDT



No, I'm usually healthy.



Have you noticed any changes in your sleep?

Question

05/05/18 1:20 PM  
CDT



Earlier this year after Dad died, I had really bad problems sleeping. But it's getting better. Yeah, I'd say I'm sleeping okay these days.



Do you have any history of depression?

Question

05/05/18 1:21 PM  
CDT



The closest I ever came to depression was after Dad died...I just felt sad all the time. I think it was just a part of the grieving process.



Do you have a history of suicidal thinking?

Question

05/05/18 1:21 PM  
CDT



No, no. I don't have feelings like that. God never gives you more than you can bear, you know?



I agree with you

Empathize

05/05/18 1:21 PM  
CDT



I appreciate you saying that.



Have you had any head injuries?

Question

05/05/18 1:22 PM  
CDT



No.



Have you had any ear problems?

Question

05/05/18 1:22 PM  
CDT



No. I think my ears are fine.



Do you ever have ringing in your ears?

Question

05/05/18 1:22 PM  
CDT



No, I haven't heard anything like that.

 Question

05/05/18 1:23 PM

CDT

Have you noticed any changes in your vision?



Um, it's probably gotten a little worse in the past few years.

 Question

05/05/18 1:23 PM

CDT

Do you work glasses or contacts?



I don't wear contacts or glasses, no.



Do you have itchy watery eyes? (Clarified to do your eyes feel itchy.)

Question

05/05/18 1:23 PM

CDT



No. That only happens around cats or dust.



Have you had watery eyes?

Question

05/05/18 1:24 PM

CDT



No. Well, unless I'm around cats. Then they get a little watery.



Have you had eye pain?

Question

05/05/18 1:25 PM

CDT



I guess it's not eye pain exactly, but when I read for too long I'll start to get a headache.



Have you had dry eyes?

Question

05/05/18 1:26 PM

CDT



No.



Have you had nose problems?

Question

05/05/18 1:26 PM

CDT



My nose is fine right now. Sometimes it runs, but not very often.



Do you have any recent nose problems?

Question

05/05/18 1:27 PM

CDT



My nose is fine right now. Sometimes it runs, but not very often.



Have you been sneezing?

Question

05/05/18 1:27 PM  
CDT



No. I only really have that problem around cats. . . or sometimes dust.



You had problems with your sinuses?

Question

05/05/18 1:28 PM  
CDT



Not really. Just a runny nose sometimes around cats.



Have you had nose bleeds?

Question

05/05/18 1:28 PM  
CDT



No.



Have your sense of smell changed?

Question

05/05/18 1:28 PM  
CDT



No.



Do you have any mouth problems?

Question

05/05/18 1:29 PM  
CDT



No.



Have you had any recent dental problems?

Question

05/05/18 1:29 PM  
CDT



Nope, no problems.



When did you last see a dentist?

Question

05/05/18 1:30 PM  
CDT



Um, I think the last time was a few years ago. I went twice a year as a kid, though.



Have you had a sore throat?

Question

05/05/18 1:30 PM

CDT



No, I haven't had a sore throat in awhile.



Do you have any throat problems?

Question

05/05/18 1:30 PM

CDT



As a kid, I got strep sometimes, maybe like once a year. I haven't had a strep throat since...probably since I graduated high school.



Do you ever have chest pain?

Question

05/05/18 1:31 PM

CDT



No, my chest feels tight when I have breathing problems, but it doesn't hurt.



Has your heartbeat been irregular?

Question

05/05/18 1:31 PM

CDT



I think my heart's fine. I don't really notice how it beats.



Have you noticed bruising more than usual?

Question

05/05/18 1:31 PM

CDT



No, no bruising.



Have you noticed any swelling in your legs?

Question

05/05/18 1:32 PM

CDT



Only the bottom of my foot is swollen.



Do you have circulation problems?

Question

05/05/18 1:32 PM

CDT



I don't think I have any circulation problems.



do you have a history of gastrointestinal problems?

Question

05/05/18 1:33 PM

CDT



No. I've never really had stomach or bowel problems.



Have you had cheetahs in your bowel movement? (Clarified to Have you had a change in your bowel habits?)

Question

05/05/18 1:33 PM  
CDT



Um. . . everything's been normal.



Do you ever get heartburn?

Question

05/05/18 1:34 PM  
CDT



No, not at all.



Do you have constipation?

Question

05/05/18 1:34 PM  
CDT



Nope, not really.



Do you have diarrhea?

Question

05/05/18 1:34 PM  
CDT



No, no diarrhea.



Do you have flatulence?

Question

05/05/18 1:34 PM  
CDT



I'm not gassy.



Does it hurt when you urinate?

Question

05/05/18 1:35 PM  
CDT



It doesn't hurt or feel different when I pee.



Do you wake up at night to urinate?

Question

05/05/18 1:35 PM  
CDT



Yeah, I definitely get up more than once during the night.

 Question

05/05/18 1:35 PM

CDT



Do you urinate frequently?



Yeah, but I've been drinking more water.

Question

05/05/18 1:36 PM

CDT



Do you ever notice blood in your urine?



I don't think so... My pee hasn't been red or anything.

Question

05/05/18 1:36 PM

CDT



Are you able to hold your urine?



Um, are you asking if I pee myself? Definitely not.



I do apologize I do realize that questions can sometimes be embarrassing.

Empathize

05/05/18 1:37 PM

CDT



Thanks for saying that.



Have you ever had a urinary tract infection?

Question

05/05/18 1:37 PM

CDT



Nope.



When was your last menstrual cycle?

Question

05/05/18 1:38 PM

CDT



I don't keep track very well because it's kind of all over the map, but my last one was probably three weeks ago.



Are your periods regular?

Question

05/05/18 1:39 PM

CDT



It's not regular. Sometimes it's every month, but sometimes it's more like every two months. I don't write it down or anything. I probably get...six periods a year.



Have you ever been pregnant?

**Question**

05/05/18 1:39 PM

CDT



I've never been pregnant.



Do you experience vaginal burning?

**Question**

05/05/18 1:39 PM

CDT



No, I haven't had any problems in that area.



Have you ever been diagnosed with a sexually transmitted infection?

**Question**

05/05/18 1:40 PM

CDT



No. I've never had any symptoms like that.



Are you currently on birth control? (Clarified to are you currently using birth control.)

**Question**

05/05/18 1:40 PM

CDT



Nope. But I've been single for a while so I haven't needed to.



Do you use condoms when you are sexually active?

**Question**

05/05/18 1:41 PM

CDT



I used condoms... some of the time. I was on the pill.



Do you have muscle pain?

**Question**

05/05/18 1:42 PM

CDT



No.



Joint pain?

**Question**

05/05/18 1:42 PM

CDT



No.



Do you have muscle weakness?

**Question**

05/05/18 1:42 PM

CDT



No, I wouldn't say I feel weak.



Do you get dizzy?

Question

05/05/18 1:43 PM  
CDT



No, I can't remember the last time I got dizzy.



Do you ever get tingling?

Question

05/05/18 1:43 PM  
CDT



No, I haven't noticed any tingling.



Do you notice being more clumsy than usual?

Question

05/05/18 1:44 PM  
CDT



No, I don't think anything's changed. I've always been kind of clumsy.



Do you have loss of sensation anywhere?

Question

05/05/18 1:44 PM  
CDT



No, I don't think so.



Have you ever had a seizure?

Question

05/05/18 1:44 PM  
CDT



No. I've seen somebody have one, though. It's scary.



Do you lose your balance often?

Question

05/05/18 1:45 PM  
CDT



I think my balance is ok, it's just hard to walk because I try not to walk on the scrape.



Do you still have acne?

Question

05/05/18 1:45 PM  
CDT



Yeah, I've had acne off and on since I was a teenager.

 Question

05/05/18 1:45 PM

CDT

Do you have facial hair?



Yeah, I've noticed some hairs on my chin that I have to pluck, and I'm...I guess you can see that I'm kind of getting a mustache, which I hate. I'm embarrassed about it. I think I need to start waxing it... I have some belly hair, too.

 Question

05/05/18 1:46 PM

CDT

Do you have any skin discoloration?



Maybe. I do notice the skin on my neck is looking weird.

 Question

05/05/18 1:47 PM

CDT

Have you noticed any hair loss?



Nope.

 Question

05/05/18 1:47 PM

CDT

Do you have dry skin?



Yeah, the skin on my arms and legs gets dry.

 Question

05/05/18 1:50 PM

CDT

We have gone over a lot of things today the main issue establish care and the right foot wound. (No matching questions found.)

 Question

05/05/18 1:50 PM

CDT

We have gone over a lot of things today the main issue establish care and the right foot wound. (No matching questions found.)

 Question

05/05/18 1:51 PM

CDT

Are there any other concerns I can help you with today? (Clarified to do you have other concerns.)



Um, the only things I know I'm diagnosed with are diabetes. And asthma.

## Comments

If your instructor provides individual feedback on this assignment, it will appear here.

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