

User
Course NURS-6512N-53,Advanced Health Assessment.2020
Summer Qtr 06/01-08/23-PT27
Test Exam - Week 6
Started 7/8/20 6:14 PM
Submitted 7/8/20 6:40 PM
Due Date 7/13/20 1:59 AM
Status Completed
Attempt 98 out of 100 points
Score
Time Elapsed 25 minutes out of 2 hours
Instructions Please answer each question below and click **Submit** when you have completed the Exam.
Results Submitted Answers, Incorrectly Answered Questions
Displayed

• Question 1

1 out of 1 points



Mr. Kevin Marks is a new health care provider. What is the best method to develop cultural competence?

Selected Answer: Realize that cultural values are difficult to change and must be respected.

• Question 2

1 out of 1 points



To perform the Rinne test, place the tuning fork on the:

Selected Answer: mastoid bone.

• Question 3

1 out of 1 points



Mr. Abdul is a 40-year-old Middle Eastern man who presents to the office for a first visit with the complaint of new abdominal pain. You are concerned about violating a cultural prohibition when you prepare to do his rectal examination. The best tactic would be to:

Selected Answer: inform the patient of the reason for the examination and ask if it is acceptable to him.

• Question 4

1 out of 1 points



When communicating with older children and teenagers, you should be sensitive to their:

Selected Answer: typical reluctance to talk.

• Question 5

1 out of 1 points



Tuning forks with a frequency of 500 to 1000 Hz are most commonly used to measure:

Selected Answer: hearing range of normal speech.

• Question 6

1 out of 1 points



During percussion, a dull tone is expected to be heard over:

Selected Answer: the liver.

• Question 7

1 out of 1 points



A college student comes to the student health center complaining of difficulty in concentrating during class and while studying. The diet that would contribute to this problem is one that consumes mostly:

Selected Answer: lean meat and fish.

• Question 8

1 out of 1 points



A 5-year-old child presents with nasal congestion and a headache. To assess for sinus tenderness you should palpate over the:

Selected Answer: maxillary sinuses only.

• Question 9

1 out of 1 points



The most superior part of the stomach is the:

Selected Answer: fundus.

• Question 10

1 out of 1 points



You are completing a general physical examination on Mr. Rock, a 39-year-old man with complaints of constipation. When examining a patient with tense abdominal musculature, a helpful technique is to have the patient:

Selected flex his or her knees.

Answer:

• Question 11

1 out of 1 points



When hearing is evaluated, which cranial nerve is being tested?

Selected VIII

Answer:

• Question 12

1 out of 1 points



Ms. Davis is a 27-year-old patient with a BMI of 33. Based on her BMI, your diagnosis would be:

Selected obese.

Answer:

• Question 13

1 out of 1 points



Your patient is complaining of acute, intense sharp epigastric pain that radiates to the back and left scapula with nausea and vomiting. Based on this history, your prioritized physical examination should be to:

Selected inspect for ecchymosis of the

Answer: flank.

• Question 14

1 out of 1 points



Before performing an abdominal examination, the examiner should:

Selected have the patient empty his or her

Answer: bladder.

• Question 15

1 out of 1 points



Your patient returns for a blood pressure check 2 weeks after a visit during which you performed a complete history and physical. This visit would be documented by creating a(n):

Selected Answer: progress note.

• Question 16

1 out of 1 points



A 51-year-old woman calls with complaints of weight loss and constipation. She reports enlarged hemorrhoids and rectal bleeding. You advise her to:

Selected Answer: come to the laboratory for a stool guaiac test.

• Question 17

1 out of 1 points



Which of the following is the most vital nutrient?

Selected Answer: Water

• Question 18

1 out of 1 points



A 17-year-old girl presents to the clinic for a sports physical. Physical examination findings reveal bradycardia, multiple erosions of tooth enamel, and scars on her knuckles. She appears healthy otherwise. You should ask her if she:

Selected Answer: binges and vomits.

• Question 19

1 out of 1 points



Mr. L. presents to the clinic with severe groin pain and a history of kidney stones. Mr. L.'s son tells you that, for religious reasons, his father wishes to keep any stone that is passed into the urine filter that he has been using. What is your most appropriate response?

Selected Answer: "With your father's permission, we will examine the stone and request that it be returned to him."

• Question 20

1 out of 1 points



Recommended carbohydrate content of total dietary intake (% total calories) is ____%.

Selected Answer: 45-65

• Question 21

1 out of 1 points



Tympanic thermometers measure body temperature when a probe is placed:

Selected Answer: in the auditory canal.

• Question 22

1 out of 1 points



Mr. Donalds is a 45-year-old roofer. Your inspection to determine color variations of the skin is best conducted:

Selected Answer: C. with illumination provided by daylight.

• Question 23

1 out of 1 points



Which of the following is an "ABCD" characteristic of malignant melanoma?

Selected Answer: Asymmetric borders

• Question 24

1 out of 1 points



The position on a clock, topographic notations, and anatomic landmarks:

Selected Answer: are methods for recording locations of findings.

• Question 25

1 out of 1 points



Mr. Jones is a 45-year-old patient who presents for a physical examination. On examination, you note costochondral beading, enlarged skull, and bowed legs and diagnose him with rickets. A deficiency of which fat-soluble micronutrient can result in rickets?

Selected Answer: Vitamin D

• Question 26

1 out of 1 points



You have just completed a skin assessment on Mr. Baker. During your assessment, you have transilluminated a skin lesion. During the physical examination, you know that skin lesions are transilluminated to distinguish:

Selected Answer: C. fluid-filled from solid cysts or masses.

Question 27

1 out of 1 points



What finding is unique to the documentation of a physical examination of an infant?

Selected
Answer:

Fontanel
sizes

Question 28

1 out of 1 points



Mr. Mathews is a 47-year-old patient who presents for a routine physical examination. On examination, you have noted a bruit heard over the thyroid. This is suggestive of:

Selected
Answer:

B.
hyperthyroidism

Question 29

1 out of 1 points



Peritonitis produces bowel sounds that are:

Selected
Answer:

hypoactive.

Question 30

1 out of 1 points



Mrs. Raymonds is a 24-year-old patient who has presented for a routine concern over her current weight. In your patient teaching with her, you explain the importance of macronutrients. Which of the following is a macronutrient?

Selected
Answer:

Fa
t

Question 31

1 out of 1 points



Mrs. Britton is a 34-year-old patient who presents to the office with complaints of skin rashes. You have noted a 4' 3-cm, rough, elevated area of psoriasis. This is an example of a:

Selected
Answer:

A.
plaque.

Question 32

1 out of 1 points



In issues surrounding ethical decision making, beneficence refers to the:

Selected Answer: need to do good for the patient.

- **Question 33**

1 out of 1 points



Which of the following organs is part of the alimentary tract?

Selected Answer: Stomach

- **Question 34**

1 out of 1 points



When taking a history, you should:

Selected Answer: use a chronologic and sequential framework.

- **Question 35**

1 out of 1 points



When examining the skull of a 4-month-old baby, you should normally find:

Selected Answer: B. closure of the posterior fontanel.

- **Question 36**

1 out of 1 points



The review of systems is a component of the:

Selected Answer: health history.

- **Question 37**

1 out of 1 points



When assessing abdominal pain in a college-age woman, one must include:

Selected Answer: the first day of the last menstrual period.

- **Question 38**

1 out of 1 points

When assessing abdominal pain in a college-age woman, one must include:



Selected Answer: the first day of the last menstrual period.

Question 39

1 out of 1 points



Your patient is complaining of acute, intense sharp epigastric pain that radiates to the back and left scapula with nausea and vomiting. Based on this history, your prioritized physical examination should be to:

Selected Answer: inspect for ecchymosis of the flank.

Question 40

0 out of 1 points



The recommended minimum daily protein requirement for the normal adult is _____.

Selected Answer: 50 grams

Question 41

1 out of 1 points



A brief statement of the reason the patient is seeking health care is called the:

Selected Answer: chief complaint.

Question 42

1 out of 1 points



A serous membrane that lines the abdominal cavity and forms a protective cover for many abdominal structures is the:

Selected Answer: peritoneum.

Question 43

1 out of 1 points



When recording physical findings, which data are recorded first for all systems?

Selected Answer: Inspection

Question 44

1 out of 1 points



Which of the following occurs when firm pressure is used to apply the stethoscope's bell end-piece to the skin?

Selected Answer: It functionally converts to a diaphragm end-piece.

• Question 45

1 out of 1 points



You are planning to palpate the abdomen of your patient. Which part of the examiner's hand is best for palpating vibration?

Selected Answer: Ulnar surface

• Question 46

1 out of 1 points



You are palpating a patient's thyroid and find that its broadest dimension measures 4 cm. The right lobe is 25% larger than the left. These data would indicate:

Selected Answer: C. a normal thyroid gland.

• Question 47

1 out of 1 points



In counseling a client regarding nutrition education, you explain that linoleic acid, a major fatty acid, is thought to be essential for:

Selected Answer: normal growth and development.

• Question 48

1 out of 1 points



A flat, nonpalpable lesion is described as a macule if the diameter is:

Selected Answer: less than 1 cm.

• Question 49

0 out of 1 points



Underestimation of blood pressure will occur if the blood pressure cuff's width covers:

Selected Answer: less than one-half of the upper arm.

• Question 50

1 out of 1 points



Mrs. Hartzell is a 34-year-old patient who has presented for nutritional counseling because she is a vegetarian. Deficiency of which of the following is a concern in the vegetarian diet?

Selected Answer: Vitamin B12

- **Question 51**

1 out of 1 points



Percussing at the right midclavicular line, below the umbilicus, and continuing upward is the correct technique for locating the:

Selected Answer: lower liver border.

- **Question 52**

1 out of 1 points



Cherry angiomas are a common finding in:

Selected Answer: adults older than 30 years.

- **Question 53**

1 out of 1 points



A tool used to screen adolescents for alcoholism is the:

Selected Answer: CRAFFT

- **Question 54**

1 out of 1 points



Knowledge of the culture or cultures represented by the patient should be used to:

Selected Answer: help make the interview questions more pertinent.

- **Question 55**

1 out of 1 points



Ms. Otten is a 45-year-old patient who presents with a complaint of weight gain. Which medication is frequently associated with weight gain?

Selected Answer: Steroids

Question 56

1 out of 1 points



Tangential lighting is best used for inspecting skin:

Selected Answer: contour.

Question 57

1 out of 1 points



Mrs. Grace is a 58-year-old patient who has a diagnosis of pernicious anemia. Which B vitamin is deficient in patients with pernicious anemia?

Selected Answer: B12

Question 58

1 out of 1 points



George Michaels, a 22-year-old patient, tells the nurse that he is here today to "check his allergies." He has been having "green nasal discharge" for the last 72 hours. How would the nurse document his reason for seeking care?

Selected Answer: G.M. is a 22-year-old male here for having "green nasal discharge" for the past 72 hours.

Question 59

1 out of 1 points



Mr. Franklin is speaking with you, the health care provider, about his respiratory problem. Mr. Franklin says, "I've had this cough for 3 days, and it's getting worse." You reply, "Tell me more about your cough." Mr. Franklin states, "I wish I could tell you more. That's why I'm here. You tell me what's wrong!" Which caregiver response would be most appropriate for enhancing communication?

Selected Answer: After 3 days, you're tired of coughing. Have you had a fever?

Question 60

1 out of 1 points



Mr. Marks is a 66-year-old patient who presents for a physical examination to the clinic. Which question has the most potential for exploring a patient's cultural beliefs related to a health problem?

Selected Answer: "Why do you think you are having these symptoms?"

Question 61

1 out of 1 points



Which is the best way to position a patient's neck for palpation of the thyroid?

Selected
Answer:

C. Flexed toward the side being
examined

• Question 62

1 out of 1 points



You are examining a pregnant patient and have noted a vascular lesion. When you blanch over the vascular lesion, the site blanches and refills evenly from the center outward. The nurse documents this lesion as a:

Selected
Answer:

B. spider
angioma.

• Question 63

1 out of 1 points



Expected normal percussion tones include:

Selected
Answer:

tympany over an empty
stomach.

• Question 64

1 out of 1 points



Mr. Mills is a 55-year-old patient who presents to the office for an initial visit for health promotion. A survey of mobility and activities of daily living (ADLs) is part of a(an):

Selected
Answer:

functional assessment.

• Question 65

1 out of 1 points



Which type of speculum should be used to examine a patient's tympanic membrane?

Selected
Answer:

The largest speculum that will fit comfortably
in the ear

• Question 66

1 out of 1 points



Brittle nails are typical findings in:

Selected
Answer:

D. older
adults.

Question 67

1 out of 1 points



Inspection of the abdomen should begin with the patient supine and the examiner:

Selected Answer: seated on the patient's right.

Question 68

1 out of 1 points



A 22-year-old female nurse is interviewing an 86-year-old male patient. The patient avoids eye contact and answers questions only by saying, "Yeah," "No," or "I guess so." Which of the following is appropriate for the interviewer to say or ask?

Selected Answer: Are you uncomfortable talking with me?

Question 69

1 out of 1 points



Mrs. Webb is a 38-year-old patient who has been changing her lifestyle to eat in a healthy way and lose weight. During your health promotion education regarding her nutritional status, you explain the function of dietary protein as:

Selected Answer: building and maintaining tissues.

Question 70

1 out of 1 points



As part of your health promotion education for a new patient, you explain that the risk factors for skin cancer include:

Selected Answer: repeated trauma or irritation to skin.

Question 71

1 out of 1 points



Mrs. Tuber is a 36-year-old patient who comes into the health center with complaints that her fingernails are not growing. Which structure is the site of new nail growth?

Selected Answer: C. Matrix

Question 72

1 out of 1 points



When palpating the abdomen, you should note whether the liver is enlarged in the:

Selected Answer: right upper quadrant.

• Question 73

1 out of 1 points



A detailed description of the symptoms related to the chief complaint is presented in the:

Selected Answer: history of present illness.

• Question 74

1 out of 1 points



Periods of silence during the interview can serve important purposes, such as:

Selected Answer: providing time for reflection.

• Question 75

1 out of 1 points



Penicillin is considered a

Selected Answer: "hot" medicine.

• Question 76

1 out of 1 points



Differential diagnoses belong in the:

Selected Answer: assessment.

• Question 77

1 out of 1 points



Ms. G. is being seen for her routine physical examination. She is a college graduate and president of a research firm. Although her exact salary is unknown, she has adequate health insurance. Most of the above information is part of Ms. G.'s ____ history.

Selected Answer: personal and social

• Question 78

1 out of 1 points



The attitudes of the health care professional:

Selected Answer: are culturally derived.

- **Question 79**

1 out of 1 points



During an interview, you have the impression that a patient may be considering suicide. Which action is essential?

Selected Answer: Ask whether the patient has considered self-harm.

- **Question 80**

1 out of 1 points



Under normal circumstances, how much water is lost daily by the body?

Selected Answer: 2 to 2.5 L

- **Question 81**

1 out of 1 points



Mrs. Kinder is a 39-year-old patient who presents to the office with complaints of an earache. In explaining to the patient about the function of her ears, which ear structure would you tell her is responsible for equalizing atmospheric pressure when swallowing, sneezing, or yawning?

Selected Answer: Eustachian tube

- **Question 82**

1 out of 1 points



Which technique is most likely to result in the patient's understanding of questions?

Selected Answer: Use the patient's own terms if possible.

- **Question 83**

1 out of 1 points



Sweat glands, hair, and nails are all formed from:

Selected Answer: C. invaginations of epidermis into dermis.

Question 84

1 out of 1 points



Auscultation should be carried out last, except when examining the:

Selected Answer: abdomen.

Question 85

1 out of 1 points



Mrs. Britton brings her 16-year-old son in with a complaint that he is not developing correctly into adolescence. Which structures disproportionately enlarge in the male during adolescence?

Selected Answer: D. Nose and thyroid cartilages

Question 86

1 out of 1 points



Mrs. G. reports an increase in her alcohol intake over the past 5 years. To screen her for problem drinking, you would use the:

Selected Answer: CAGE questionnaire.

Question 87

1 out of 1 points



Mr. and Mrs. Johnson have presented to the office with their infant son with complaints of ear drainage. When examining an infant's middle ear, the nurse should use one hand to stabilize the otoscope against the head while using the other hand to:

Selected Answer: pull the auricle down and back.

Question 88

1 out of 1 points



Placing the base of a vibrating tuning fork on the midline vertex of the patient's head is a test for:

Selected Answer: lateralization of sound.

Question 89

1 out of 1 points

Which question would be considered a leading question?



Selected
Answer:

"You don't get headaches often,
do you?"

• **Question 90**

1 out of 1 points



To correctly document absent bowel sounds, one must listen continuously for:

Selected
Answer:

5 minutes.

• **Question 91**

1 out of 1 points



Expected hair distribution changes in older adults include:

Selected
Answer:

increased terminal hair follicles to the tragus of
men's ears.

• **Question 92**

1 out of 1 points



The term denoting the caregiver's need to do no harm to the patient is:

Selected
Answer:

nonmalefice.
ce.

• **Question 93**

1 out of 1 points



Subjective and symptomatic data are:

Selected
Answer:

placed in the history
section.

• **Question 94**

1 out of 1 points



The most common form of birth trauma of the scalp is:

Selected
Answer:

caput
succedaneum.

• **Question 95**

1 out of 1 points



Which of the following formats would be used for visits that address problems not yet identified in the problem-oriented medical record (POMR)?

Selected

Brief SOAP

Answer: note

• Question 96

1 out of 1 points



Mrs. Berger is a 39-year-old woman who presents with a complaint of epigastric abdominal pain. You have completed the inspection of the abdomen. What is your next step in the assessment process?

Selected Answer: Auscultation

• Question 97

1 out of 1 points



In examining the neck of a 34-year-old female patient, you note that the uppermost ridge of the tracheal cartilage is at the:

Selected Answer: cricoid.

• Question 98

1 out of 1 points



Coarse, dry, and brittle hair is associated with which metabolic disorder?

Selected Answer: Hypothyroidism

• Question 99

1 out of 1 points



Which technique is most likely to result in the patient's understanding of questions?

Selected Answer: Use the patient's own terms if possible.

• Question 100

1 out of 1 points



Pigmented, raised, warty lesions over the face and trunk should be assessed by an experienced practitioner who can distinguish:

Selected Answer: D. seborrheic keratoses from actinic keratoses.

Selected Answer: Yes

