

Test	Chapter 8 Quiz
Started	9/10/19 1:52 PM
Submitted	9/10/19 2:28 PM
Due Date	9/16/19 11:59 PM
Status	Completed
Attempt Score	38 out of 40 points
Time Elapsed	36 minutes out of 45 minutes
Instructions	Time limit: 45 minutes 20 multiple-choice questions Open-book/open-notes Do not hit the BACK button as this will lock you out of the quiz. The timer will continue if you leave this quiz without submitting it.
Results Displayed	All Answers, Submitted Answers

• Question 1

2 out of 2 points

Of the following factors, which is most likely to be linked to personal happiness?

- Selected Answer: d.
having friends
- Answers:
- a.
being a lottery winner
 - b.
having wealth
 - c.
being intelligent
 - d.
having friends
 - e.
having good health

• Question 2

2 out of 2 points

Hours into their cross country road trip, Omar and Carl are famished. The two friends argue about what to do. Should they stop at a highway rest stop, or search for a place to eat in the nearest town? They decide to stop this time at a rest stop, and next time in town. How is motivation best demonstrated in this scenario?

- Selected Answer: c.
They seek to eat food.
- Answers:
- a.
They find a resolution.
 - b.
They react instinctively to their hunger.

- c.
They seek to eat food.
- d.
They compete for similar resources.

• Question 3

2 out of 2 points

Which of the following is a secondary drive?

- Selected Answer: a.
desire to earn money
- Answers: a.
desire to earn money
- b.
sexual desire
- c.
hunger
- d.
sleep

• Question 4

2 out of 2 points

Chris sings in a volunteer community chorus because he enjoys the feeling he gets when he masters a complicated piece of music. His behavior reflects ____.

- Selected Answer: c.
intrinsic motivation
- Answers: a.
overjustification
- b.
self-handicapping strategy
- c.
intrinsic motivation
- d.
extrinsic motivation

• Question 5

2 out of 2 points

In terms of prefrontal activation associated with emotions, the left cerebral cortex is to _____ emotions as right cerebral cortex is to _____ emotions.

- Selected Answer: b.
positive; negative
- Answers: a.
strong; weak
- b.

positive; negative

c.

weak; strong

d.

negative; positive

e.

mimicked; genuine

• Question 6

2 out of 2 points

Approximately what percentage of young women in the United States develops anorexia nervosa?

Selected

d.

Answer:

About 1%

Answers:

a.

About 5%

b.

5 to 10%

c.

11 to 20%

d.

About 1%

• Question 7

2 out of 2 points

Vonda is exceptionally skilled at perceiving emotions in others, which is an important element of emotional intelligence. Vonda has a high level of

Selected

a.

Answer:

empathy.

Answers:

a.

empathy.

b.

need for affiliation.

c.

self-actualization.

d.

sympathy.

e.

extraversion.

• Question 8

2 out of 2 points

Maslow's hierarchy of needs has how many levels?

Selected

a.

Answer:

5

Answers:

- a.
5
- b.
2
- c.
7
- d.
3
- e.
12

• **Question 9**

2 out of 2 points

Intrinsic motivation influences us to engage in behaviors that ____.

Selected Answer: d.
are personally rewarding

Answers:

- a.
satisfy biological needs
- b.
obtain rewards or incentives important for survival
- c.
are instinctual fixed action patterns
- d.
are personally rewarding

• **Question 10**

2 out of 2 points

Which hormone do scientists believe works on the hypothalamus to stimulate appetite and eating?

Selected Answer: e.
neuropeptide Y

Answers:

- a.
leptin
- b.
endorphins
- c.
melatonin
- d.
dopamine
- e.
neuropeptide Y

• **Question 11**

2 out of 2 points

In the dual-pathway model of fear, the “high road” leads to the _____ and the “low road” leads to the _____.

- Selected Answer: c.
cerebral cortex; amygdala
- Answers: a.
amygdala; cerebral cortex
- b.
cerebral cortex; hypothalamus
- c.
cerebral cortex; amygdala
- d.
hypothalamus; cerebral cortex
- e.
hypothalamus; amygdala

• Question 12

2 out of 2 points

The highest needs in Maslow’s hierarchy are

- Selected Answer: e.
self-actualization needs.
- Answers: a.
love and belongingness needs.
- b.
physiological needs.
- c.
esteem needs.
- d.
safety needs.
- e.
self-actualization needs.

• Question 13

2 out of 2 points

The need for achievement differs from the need for sex because achievement motivation _____.

- Selected Answer: d.
is a social rather than a biological need
- Answers: a.
is only found among white males
- b.
ranks low on Maslow’s hierarchy of needs
- c.
cannot be measured
- d.

is a social rather than a biological need

• **Question 14**

2 out of 2 points

Carl works hard to get As on his report card because his mother rewards him with 25 dollars for each

A. Carl's behavior is being influenced by ____.

- Selected Answer: a.
extrinsic motivation
- Answers: a.
extrinsic motivation
- b.
a hierarchy of needs
- c.
fixed action patterns
- d.
drive-reduction theory

• **Question 15**

2 out of 2 points

What is the eating disorder characterized by recurrent binge eating accompanied by inappropriate compensatory behavior in order to prevent weight gain (e.g., self-induced vomiting, misuse of medications such as laxatives or diuretics, fasting, excessive exercise)?

- Selected Answer: a.
bulimia nervosa
- Answers: a.
bulimia nervosa
- b.
compulsive overeating
- c.
distorted body image
- d.
anorexia nervosa

• **Question 16**

2 out of 2 points

Quentin has a strong need to excel at whatever he does. Quentin's need is called need for

- Selected Answer: b.
achievement.
- Answers: a.
affiliation.
- b.
achievement.
- c.
external rewards.

- d.
arousal.
- e.
sensation.

• **Question 17**

2 out of 2 points

What is a Duchenne smile?

Selected Answer: c.
a genuine smile

- Answers:
- a.
a suppressed grimace
 - b.
a type of smile resulting from the facial-feedback effect
 - c.
a genuine smile
 - d.
a fake smile
 - e.
a smile in response to another person smiling

• **Question 18**

2 out of 2 points

Nervous system activation is reflected most directly in which component of emotions?

Selected Answer: b.
bodily arousal

- Answers:
- a.
expressed behavior
 - b.
bodily arousal
 - c.
memory
 - d.
cognition
 - e.
judgment

• **Question 19**

0 out of 2 points

The theory that the brain regulates body weight around a genetically predetermined level is identified as

Selected Answer: d.
self-regulatory theory.

Answers:

- a. metabolic constancy theory.
- b. basal metabolism theory.
- c. genetic determination theory.
- d. self-regulatory theory.
- e. set point theory.

• **Question 20**

2 out of 2 points

Anorexia nervosa is characterized by the maintenance of unusually low body weight and ____.

Selected Answer: c. a distorted view of the body as obese

Answers:

- a. the extreme need for control
- b. cycles of binge eating and purging
- c. a distorted view of the body as obese
- d. the need to defy conventional norms