

# Samuel Lado

Department of Economics, Universitat de Girona  
C/Universitat de Girona, 10  
17003 Girona, Spain  
[samuel.lado@udg.edu](mailto:samuel.lado@udg.edu)  
<https://samuellado.github.io/>

## EDUCATION

---

<b>Universitat de Girona</b> PhD, Economics Title: Essays on the effects of school-meal programmes Advisor: Sara Ayllón	2021-2025 (expected)
<b>Institute for Social and Economic Research (ISER), University of Essex</b> Visiting PhD student Host: Birgitta Rabe	January 2025 – April 2025
<b>Universitat Oberta de Catalunya</b> M.Sc., Economic Analysis	2020-2021
<b>Universitat de Girona</b> B.Sc., Economics	2015-2020
<b>Universitat de Girona</b> B.Sc., Business Management and Administration	2015-2020

## RESEARCH INTERESTS

---

Poverty, Inequality, Applied Microeconomics, Public Policy Evaluation, Labour Economics and Public Economics.

## JOURNAL PUBLICATIONS

---

- Ayllón, S.; Brugarolas, P.; Lado, S. (2024). New estimates for inequality of opportunity in Europe using elastic net algorithms, *Applied Economics Letters*, forthcoming.
- Ayllón, S.; Holmarsdottir, H. B.; Lado, S. (2023). Digitally deprived children in Europe, *Child Indicators Research*, 16: 1315-1339. Dissemination: [Digital Generation Blog](#).
- Ayllón, S.; Lado, S. (2022). Food hardship in the US during the pandemic: What can we learn from real-time data?, *Review of Income and Wealth*, 68(2): 518-540.

## CHAPTERS IN EDITED VOLUMES

---

- Ayllón, S.; Lado, S.; Symeonaki, M. (2024). Digitally disengaged and digitally unconfident children in Europe in *Understanding the everyday digital lives of children and young people*, ed. H. B. Holmarsdottir, I. Seland, C. Hyggen, M. Roth. Palgrave Macmillan, pp. 27-55 (chapter 2).
- Ayllón, S.; Brugarolas, P.; Lado, S. (2024). ICT use and children's self-reported life satisfaction in *Understanding the everyday digital lives of children and young people*, ed. H. B. Holmarsdottir, I. Seland, C. Hyggen, M. Roth. Palgrave Macmillan, pp. 239-279 (chapter 9).

## WORKING PAPERS

---

- Ayllón, S.; Lado, S. (2025). More than just lunch: School-meal subsidies and language proficiency, IZA Discussion Paper no. 17631, EQUALITAS Working Paper no. 80.

Ayllón, S.; Brugarolas, P.; Lado, S. (2023). The level of inequality of opportunity in Spain: an estimation using Artificial Intelligence, Instituto de Estudios Fiscales. Media coverage: [ElConfidencial](#), [ElConfidencial](#).

## REPORTS

---

Ayllón, S.; Brugarolas, P.; Lado, S. (2022). La transmisión intergeneracional de la pobreza y la desigualdad de oportunidades en España, Ministerio de Derechos Sociales y Agenda 2030. [in Spanish]

Sánchez, C.; Marquès, P.; Lado, S.; Bikfalvi, A. (2022). Guia de bones pràctiques per a la igualtat de gènere a la indústria agroalimentària, Departament d'Acció Climàtica, Alimentació i Agenda Rural, Generalitat de Catalunya. [in Catalan]

Sánchez, C.; Marquès, P.; Lado, S.; Lloveras, N. (2021). La dona a la indústria alimentària a Catalunya, Departament d'Agricultura, Ramaderia, Pesca i Alimentació, Generalitat de Catalunya. [in Catalan]

## WORK IN PROGRESS

---

The causal impact of school-meal programmes on children in developed economies: A meta-analysis (with Sara Ayllón).

Universal free school meals and work incentives: lessons from England.

Teleworking and childcare across Europe: Is there a childcare digital divide? (with Sara Ayllón, Pablo Brugarolas and Enza Simeone).

## PARTICIPATION IN RESEARCH PROJECTS

---

2023-2025:	INEQOP. Inequality and opportunities: The role of food insecurity, education and pro-social preferences, Spanish Ministry of Science and Innovation.
2022-2024:	Economic analysis of public policies, Grup de Recerca Reconeguts, AGAUR (2021SGR570).
2022-2024:	Subsidised school meals and child well-being, Social Research Call 2022 'La Caixa'.
2022-2023:	Inequality of opportunity in Spain: an estimation using Artificial Intelligence, Instituto de Estudios Fiscales.
2022:	Explotació descriptiva de dades sobre les accions finançades pel programa Temps per Cures, Institut Català d'avaluació de polítiques públiques (Ivàlua) (PI).
2022:	Transmisión intergeneracional de la pobreza, Dirección General de Diversidad Familiar y Servicios Sociales, Ministerio de Derechos Sociales y Agenda 2030.
2020-2023:	DigiGen. The impact of technological transformations on the digital generation, DT-TRANSFORMATIONS-07-2019, HORIZON 2020, European Commission.
2021:	Guia de bones pràctiques per a la igualtat de gènere a la indústria agroalimentària, Departament d'Acció Climàtica, Alimentació i Agenda Rural.
2020:	La dona a la indústria alimentària a Catalunya, Departament Agricultura, Ramaderia, Pesca i Alimentació, Generalitat de Catalunya.

## SEMINARS AND CONFERENCES

---

2025:	X Congreso de la Red Española de Política Social (REPS) (scheduled).
	XI Equalitas Workshop (scheduled).
	Meeting of the Society of the Economics of the Household (SEHO) (scheduled).
	CESifo/ifo Junior Workshop on the Economics of Education (scheduled).
	Fourth Catalan Economic Society Conference (CESC).
	ISER Junior Applied Research Group Official Network (JARGON) (University of Essex).
	Seminar at the Institute for Social and Economic Research (ISER) (University of Essex).

Seminar at the Institut Català d’Avaluació de Polítiques Públiques (Ivàlua).

- 2024: Symposium of the Spanish Economic Association (SAEe).  
PAPERSS Seminar Series (Universidad Carlos III de Madrid).  
Meta-Analysis of Economics Research Network Colloquium (MAER-Net).  
37th Annual Conference of the European Society for Population Economics (ESPE).  
2<sup>nd</sup> young AERNA day (attendance only).  
XXXI Meeting on Public Economics.  
AQR Lunch Seminar (Universitat de Barcelona).  
X Equalitas Workshop.  
Lisbon Economics and Statistics of Education (LESE) Conference.
- 2023: VI Seminar for New Academic Researchers (SNAR).  
Meta-Analysis of Economics Research Network Colloquium (MAER-Net) (attendance only).  
Third Catalan Economic Society Conference (CESC) (attendance only).  
Third Winter Workshop of the Catalan Economic Society (attendance only).  
Workshop on ‘Comedores Escolares para la Infancia Europea: Garantizar una Alimentación Saludable a la Infancia en la Unión Europea’ (attendance only).  
Workshop on ‘Retos en Programas de Garantía de Ingresos’ (attendance only).  
XIII Workshop in Public Policy Design (attendance only).
- 2021: XXVIII Meeting on Public Economics.  
XXIII Applied Economics Meeting.  
V Conference of Pre-doctoral Researchers of the Universitat de Girona.  
XIV Labour Economics Meeting.  
Symposium of the Spanish Economic Association (SAEe).

#### OTHER PRESENTATIONS AND SCIENTIFIC MEETINGS

---

- 2025: Presentation in the ‘Thesis in 4 minutes’ competition.
- 2024: Presentation in the second ‘Subsidised school meals and child well-being’ stakeholder meeting.
- 2023: Presentation of the project ‘Subsidised school meals and child well-being’ to the Advisory Board.  
Presentation of the project ‘Transmisión intergeneracional de la pobreza y la desigualdad de oportunidades en España’ to the Ministerio de Derechos Sociales y Agenda 2030.  
Presentation in the first ‘Subsidised school meals and child well-being’ stakeholder meeting.  
Presentation of the project ‘Transmisión intergeneracional de la pobreza’ to the Red de Inclusión Social (RIS).

Attendance to the following scientific meetings of the ‘DigiGen’ project: Leicester (2022), Cluj-Napoca (2022), Brussels (2022), Girona (2021), Paderborn (online, 2021), Athens (online, 2020).

#### WORKSHOP, MEETINGS AND SEMINAR ORGANIZATION

---

- Organiser support for the fourth Catalan Economic Society Conference (CESC), 2025.
- Organiser of the second ‘Subsidised school meals and child well-being’ stakeholder meeting, Barcelona, 2024.
- Organiser of the ‘VII Conference of ‘Pre-doctoral Researchers’, Universitat de Girona, 2024.
- Organiser support for the third Catalan Economic Society Conference (CESC), 2023.
- Organiser of the first ‘Subsidised school meals and child well-being’ stakeholder meeting, Barcelona, 2023.
- Organiser of the scientific meeting of the ‘DigiGen’ project, Universitat de Girona, 2021.

#### RESEARCH ACTIVITIES

---

2024:	Summer School: The economics of poverty and inequality: Global challenges in the 21 <sup>st</sup> century (Universitat de Barcelona School of Economics).
2023:	SAEe PhD School in Economics: Matched employer-employee data: Theory and applications (Universidad de Salamanca). 10 <sup>th</sup> Course and open seminar on compositional data analysis (Universitat de Girona). Summer School: Microeconometrics and policy evaluation – Modern estimation methods and machine learning (Paris School of Economics). Regression Discontinuity Design (Mixtape Sessions).
2022:	Machine Learning and Causal Inference (Mixtape Sessions). Summer School: First steps in the elaboration of a dynamic microsimulation model (InGRID-2 project).
2021:	Quantitative Methods for the Analysis and Evaluation of Public Policies with Stata (Universidad Internacional de Andalucía). Experimental Approach in Labor and Development Economics (XIV Labour Economics Meeting). Summer school: Reducing risk of poverty in the EU: Data and policies, Centre for European Policy Studies (InGRID-2 project).
2020:	Winter school: Data for monitoring poverty and vulnerabilities in Europe, Centre for European Policy Studies (InGRID-2 project).

#### TEACHING EXPERIENCE

---

Macroeconomics (UdG) (2023/2024).

Applied Economics Instruments (I) (UdG) (2024/2025, 2023/2024, 2022/2023, 2021/2022).

Markets and Behaviour (UOC) (2024/2025, 2023/2024, 2022/2023, 2021/2022).

Topics of Applied Economics (UdG) (2023/2024, 2022/2023).

International Economics (UdG) (2021/2022).

Microeconomics (UOC) (2021/2022).

Social Policies in the European Union (UdG) (2020/2021).

Political Economy (UdG) (2020/2021).

#### REFeree SERVICE

---

*Journal of Economic Surveys*.

#### ACADEMIC AND PROFESSIONAL APPOINTMENTS

---

<b>Economics of Inequality and Poverty Analysis (EQUALITAS)</b> Affiliate member	2024-
<b>Universitat de Girona</b> Research fellow	2022-
<b>Universitat de Girona</b> Research assistant	2020-2022
<b>Universitat de Girona</b> Associate lecturer	2020-2022
<b>Universitat Oberta de Catalunya</b> Affiliated Teaching staff	2021-

<b>Universitat de Girona (Family Business Chair)</b> Research assistant	2020-2021
<b>Ajuntament de Quart</b> Councillor for Sports (2019-2020), Youth, and Communications	2019-2023
<b>Peixos Puignau</b> Accountant and clerical assistant	2019-2020

#### GRANTS, AWARDS AND SCHOLARSHIPS

---

2025:	Awarded 3rd place in the ‘Thesis in 4 Minutes’ competition, Universitat de Girona.
2024:	Mobility scholarship from the Universitat de Girona for a research visit to the Institute for Social and Economic Research (ISER), University of Essex. SAEe 2024 PhD student grant, Fundación Ramón Areces and the Spanish Economic Association. PDI Grant, Consell Social de la Universitat de Girona.
2022:	FPU Doctoral Scholarship, Ministerio de Universidades. FI SDUR Doctoral Scholarship, AGAUR.

#### LANGUAGES AND SKILLS

---

**Languages:** Spanish (native), Catalan (native), English (fluent), French (intermediate), Galician (beginner).

**Coding:** Stata, R, Python (basic knowledge), LaTeX, Tableau, Power BI.

#### REFERENCES

---

##### **Sara Ayllón**

Associate Professor  
Department of Economics, Universitat de Girona  
[sara.ayllon@udg.edu](mailto:sara.ayllon@udg.edu)

##### **Angus Holford**

Senior Research Fellow  
Institute for Social and Economic Research (ISER), University of Essex  
[ajholf@essex.ac.uk](mailto:ajholf@essex.ac.uk)

##### **Birgitta Rabe**

Professor of Economics  
Institute for Social and Economic Research (ISER), University of Essex  
[brabe@essex.ac.uk](mailto:brabe@essex.ac.uk)

##### **Jose Ignacio Silva**

Associate Professor  
Department of Economics, Universitat de Girona  
[jose.silva@udg.edu](mailto:jose.silva@udg.edu)