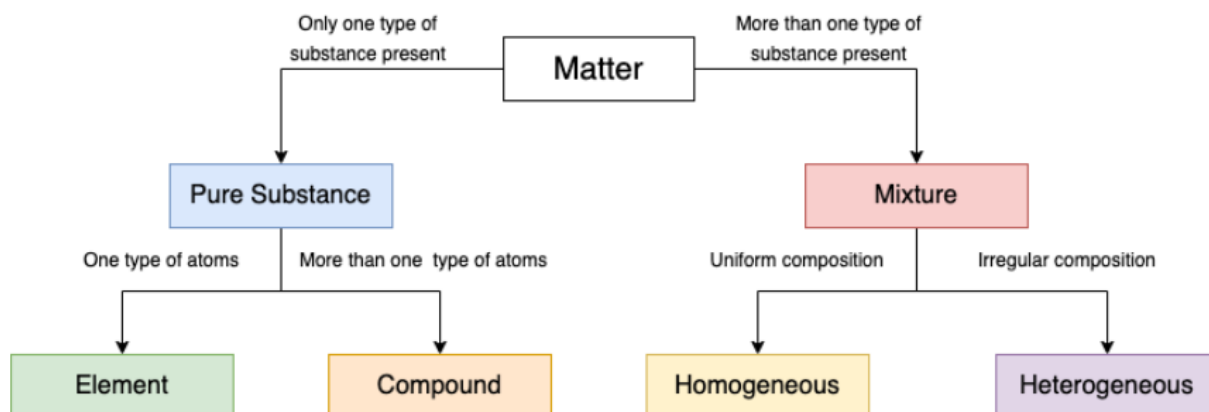


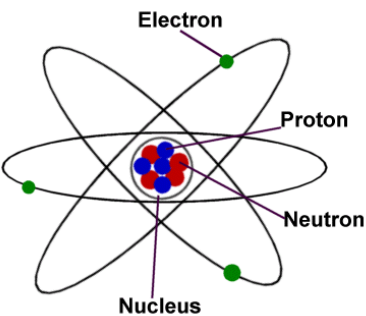
## Science: Lesson 2 – Matter

**Matter** is anything that has mass and occupies space.

- Matter can be classified into two main categories, which are **pure substances** and **mixtures**. The figure<sup>1</sup> below helps us to visualize the further subcategories.



**Atom:** is a particle of matter that uniquely defines a chemical element. See figure<sup>2</sup>

	<ul style="list-style-type: none"> <li><b>Nucleus:</b> the center of an atom. It contains the neutrons and protons of the atoms             <ul style="list-style-type: none"> <li><b>Neutrons:</b> neutrally charged particles</li> <li><b>Protons:</b> positively charged particles</li> </ul> </li> <li><b>Electrons:</b> negatively charged particles. These orbit the nucleus.</li> </ul>
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- Isotopes:** atoms with the same number of protons but different numbers of neutrons.  
Examples:
  - Carbon 12 has 6 neutrons and 6 protons (which makes 12 atomic mass).
  - Carbon 13 has 7 neutrons (and 6 protons making 13) and carbon 14 has 8 neutrons.

<sup>1</sup>Figure was snipped from the [1.3: Classification of Matter - Chemistry LibreTexts](https://www.libretexts.org/Bookshelves/Chemistry/1.3%3A_Classification_of_Matter_-_Chemistry_LibreTexts) website.

<sup>2</sup> Ducksters. (2024). Science for Kids: The Atom. *Ducksters*. Retrieved from [https://www.ducksters.com/science/the\\_atom.php](https://www.ducksters.com/science/the_atom.php)

- **Allotropes:** chemical elements that exist in two or more different forms.  
Examples:
  - Carbon existing naturally as graphite and diamond.
  - Oxygen exists as the breathable harmless air ( $O_2$ ) while Ozone ( $O_3$ ) is deadly.
- **Mixtures:** substances made from the combination of two or more different substances. They are usually a physical combination that retains the properties of the combined substances.
- **Homogeneous mixture:** all samples of that mixture are the same.  
Examples: salt and water, brass (an alloy of copper and zinc).
- **Heterogeneous mixture:** not all samples of that mixture are the same.  
Examples: oil and water, salt and pepper, water and gasoline, vinegar, and oil.

**Particle Theory of Matter:** states that matter is formed of tiny particles. The particles:

- Are constantly randomly moving about
  - Can be arranged regularly or randomly
  - Are held together by weak or strong forces
  - Have empty spaces between them
- 
- **An element** is a substance that cannot be broken down into another substance.  
Examples of element includes oxygen ( $O_2$ ), hydrogen ( $H_2$ ), chlorine ( $Cl$ ), iron ( $Fe$ ).
  - **A compound** is the chemical combination of two or more elements. A prominent example of a compound is water ( $H_2O$ ). It is the chemical combination of two molecules of hydrogen and one molecule of oxygen. Another example is salt (sodium chloride,  $NaCl$ ).
  - **A molecule** is a group of two or more atoms that form the smallest identifiable unit into which a pure substance can be broken down into.

<sup>4</sup> The figure was snipped from [The Periodic Table of Elements | Biology for Majors I \(lumenlearning.com\)](https://lumenlearning.com/biology-for-majors-i/the-periodic-table-of-elements/) website.

## Science: Lesson 3 – Motion

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**Motion** describes the movement of objects or how they change positions.

### One-Dimensional Motion

**Linear motion** is one-dimensional motion. This means an object moving in a straight line (from right to left or left to right).

- The two broad categories that classify the measurements of an object in motion are vector and scalar quantities.
- **Scalar quantities** are quantities that have magnitude and no direction. Examples: time, distance, speed, mass.
- **Vector quantities** are quantities that have both magnitude and direction. Examples are displacement, velocity, acceleration, and force.
- **Velocity** is the change in displacement per unit time and **Speed** is the change in distance per unit time. The SI unit of both quantities is  $m/s$ .
  - The SI unit (International System of Units) is a standardized set of units for measuring physical quantities.
- **Acceleration** is the change in velocity per unit time. Its SI unit is  $m/s^2$ .

**Acceleration due to gravity:** the acceleration experienced by a body due to free fall near the surface of a massive surface. Denoted as  $g$ , acceleration due to gravity near the surface of the earth is given as  $g = 9.81 m/s^2$ .

- This value increases when a body is close to the earth's surface and decreases as the body gets farther away from the earth's surface.



**Video:** [Speed, Velocity, and Acceleration | Physics of Motion Explained](#)

**Force:** a push or pull on an object resulting from the object's interaction with another object. The SI unit of force is Newtons.

- **Friction** is a force that opposes or resists motion. Friction is the force that results from the motion between any two surfaces. The SI unit of friction is Newtons.
- **Attractive Force** brings two objects to come closer to each other while
- **Repulsive Force** causes two objects to move away from each other. Examples are mechanics, electricity, magnetism, gravity.

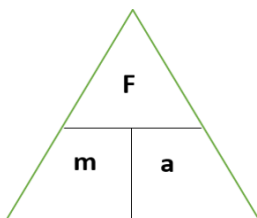


**Video:** [What is Force? | Contact Force and Non-Contact Force | Science Lesson for Kids](#)  
[Real life examples of Friction \(youtube.com\)](#)

**Newton's Laws of Motion:**

1. A body at rest remains at rest, or a body in motion remains in motion, unless acted upon by a force.
2. The force acting on a body is directly proportional to its acceleration.

$$F = ma$$



3. To every action, there is an equal but opposite reaction.

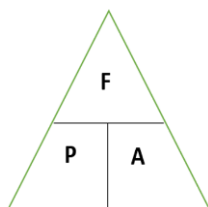


**Video:** [Newton's 3 Laws of Motion for Kids: Three Physical Laws of Mechanics for Children - FreeSchool](#)

**Pressure:** the perpendicular force per unit area.

$$Pressure = \frac{Force}{Area}$$

It has  $N/m^2$  as its SI unit (or Pascals).



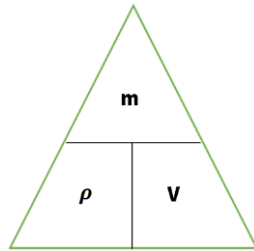
**Video:** [Pressure Calculations on Maximum and Minimum pressure](#)

**Density:** is mass per unit volume. It is the amount of matter packed into a space.

- Solids are denser than liquids and liquids are denser than gases.

$$\rho = \frac{\text{mass}}{\text{Volume}}$$

- Density is important because it helps in determining whether an object sinks or floats in a fluid.



**Video:** [Density Practice Problems – Tyler DeWitt](#)

## Science: Lesson 1 – Matter

### States of Matter

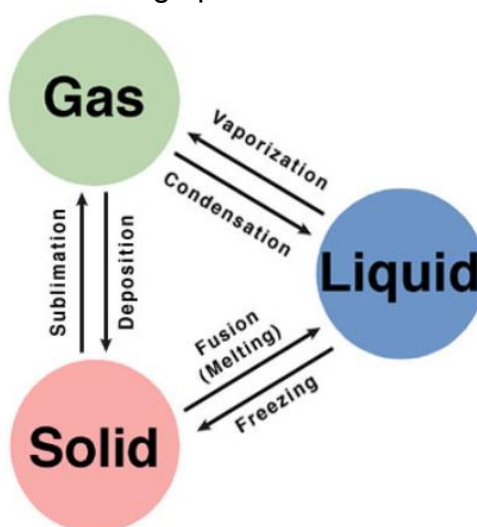
- Matter is anything that has mass and occupies space.
- **Mass** is the amount of matter in a substance. **Weight** is how much that body weighs (they do not mean the same thing).
- **Volume** is amount of space that matter takes up.
- **There are three states of matter:**

	Solids	Liquids	Gases
<b>Characteristics</b>	<ul style="list-style-type: none"> <li>• Definite shape</li> <li>• Definite volume</li> <li>• Cannot be compressed</li> </ul>	<ul style="list-style-type: none"> <li>• No definite shape</li> <li>• Definite volume</li> <li>• Can be slightly compressed</li> </ul>	<ul style="list-style-type: none"> <li>• No definite shape</li> <li>• No definite volume</li> <li>• Can be easily compressed</li> </ul>
<b>Molecules</b>	<ul style="list-style-type: none"> <li>• Molecules: are tightly packed.</li> <li>• This is why solids have a definite shape.</li> </ul>	<ul style="list-style-type: none"> <li>• Molecules: not tightly packed</li> <li>• This is why liquids can flow and take the shape of their containers.</li> </ul>	<ul style="list-style-type: none"> <li>• Molecules: are very loose</li> <li>• This is why gases are freely abounding in the atmosphere.</li> </ul>
<b>Expansion</b>	<ul style="list-style-type: none"> <li>• Expands slightly when heated. Can contract back to original size.</li> </ul>	<ul style="list-style-type: none"> <li>• Expands more visibly when frozen. Can contract back to initial size.</li> </ul>	<ul style="list-style-type: none"> <li>• Easily expands and contracts.</li> </ul>



Video: [States of Matter - Solids, Liquids, Gases & Plasma - Chemistry](#)

**Phase Changes of Matter:** when a matter is converted from one state to another. The figure<sup>1</sup> below shows the phase change process:



<sup>1</sup> The figure was snipped from [Lesson on Phase Diagrams - Hydrogen Fuel Cells \(weebly.com\)](#) website.

### Examples:

Solid	→	liquid	ice cubes melting
Liquid	→	solid	water freezing to ice
Liquid	→	Gas	boiling water creates steam
Gas	→	Liquid	water droplets condense and falls as rain
Solid	→	Gas	dry ice changes directly to a gas at room temperature
Gas	→	Solid	water vapour changes to ice crating frost

### Change in Temperature Causes Change in State of Matter

- **Boiling point:** the temperature at which that liquid begins to change state to gas.
- **Melting point:** the temperature at which a solid begins to change state into a liquid.
- **Freezing point:** the temperature at which a liquid changes state into a solid.

### Remember:

- Solids have high melting points and very high boiling points because a large amount of heat will be needed to break the strong bonds between the atoms.
- Gases have low boiling points and freezing points because the atoms are loosely bonded.



**Video:** [Changes in States of Matter || Freezing, Melting, Condensation, Evaporation, Sublimation, Deposition](#)

### Physical And Chemical Properties of Matter

**Physical Properties:** are observable or can be measured.

- They can be measured as internal or external properties.
- They are usually **reversible** reactions
- The substance remains the same with the same properties
- Examples: density, colour, hardness, melting and boiling points, and electrical conductivity.
- Physical changes affect the form of a chemical substance, but not its chemical composition.

**Chemical Properties** are properties that describe how a substance reacts with another substance to form an entirely new substance.

- They are mostly irreversible reactions.
- A substance's composition is changed to form an entirely new substance with different properties.
- Examples: flammability, toxicity, acidity, reactivity, and heat of combustion.



**Video:** [Physical and Chemical Properties](#)