

Many students across all levels of education often struggle with remembering to submit their assignments on time. This issue is not simply a result of carelessness but rather a combination of various factors that affect time management, mental organization, and workload distribution. College and high school students today juggle multiple responsibilities, including coursework, extracurricular activities, part-time jobs, and personal commitments. With so many obligations competing for attention, it becomes easy to overlook due dates or underestimate how long certain tasks will take to complete. The problem is not that students lack motivation; instead, they often lack the structure or support systems that help them manage time effectively.

One major reason students forget to submit assignments is poor time management skills. Many young people are still learning how to prioritize tasks and allocate their time efficiently. Without a clear plan, assignments that are not immediately due tend to be pushed aside until the last minute. Once other urgent deadlines or unexpected events arise, these forgotten assignments are either rushed or completely missed. This issue becomes even more prominent in college, where students are given more independence and less direct oversight from teachers. Without regular reminders or progress checks, students are entirely responsible for staying organized.

Another factor is the increasing reliance on digital platforms. While online learning systems like Blackboard, Google Classroom, and Canvas make it easier to access materials and submit work, they also lead to information overload. Students receive constant notifications from multiple platforms, making it easy for important reminders to get lost in a sea of emails, messages, and announcements. In addition, assignment instructions can be buried within course pages, resulting in confusion about due dates or requirements. A single missed notification can lead to late submissions and unnecessary stress.

Procrastination also plays a significant role in why students forget to submit their work. Many students delay starting assignments because they feel overwhelmed, unsure where to begin, or unmotivated by the topic. This tendency to postpone can create a cycle of stress and avoidance. When students finally decide to start, they may be short on time and forget to actually submit the completed work before the deadline. This pattern is especially common when deadlines fall during exam weeks or when multiple assignments are due at once.

If there were a way to remind students about their assignments in a consistent and effective manner, it could significantly improve academic performance and reduce stress. A reminder system that combines personalized notifications, integration with calendars, and progress tracking could help students stay on top of their responsibilities. For example, an automated platform could send reminders based on individual schedules, alerting students at intervals before the due date. It could even adapt to user behavior, sending more frequent alerts to those who tend to procrastinate or miss deadlines. Such a system would not only reduce late submissions but also encourage students to develop better organizational habits. By providing structure and accountability, technology could help bridge the gap between intention and action, ultimately supporting students in achieving their full academic potential.