

# First Meaningful Paint

## Overview

Page load is a key aspect of how a user perceives the performance of your page. See [Measure Performance with the RAIL Method](#) for more information.

This audit identifies the time at which the user feels that the primary content of the page is visible.

## Recommendations

The lower your First Meaningful Paint score, the faster that the page appears to display its primary content.

[Optimizing the Critical Rendering Path](#) is particularly helpful towards achieving a faster First Meaningful Paint.

## More information

First Meaningful Paint is essentially the paint after which the biggest above-the-fold layout change has happened, and web fonts have loaded. See the spec to learn more: [First Meaningful Paint: A Layout-Based Approach](#).

## Feedback

Was this page helpful?

YES

NO

Great! Thank you for the feedback.

Sorry to hear that. Please [open an issue](#) and tell us how we can improve.

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