Tyler Okonma

Info and Background

Age: 29

Occupation: Executive Director

Status: Single

Location: Los Angeles, CA

Experience: 8 Years

Personality: Overachiever

Awards: Executive of the Year



Motivations

Social: |||||||||||||

Failure: |||||||||

Achievement: |||||||||||||

Financial: ||||

Power: |||||||||||

Competition: |||||

Goals

- → Be consistent at the gym.
- → Meet more people outside of the Office
- → Contribute to the steady growth of his company
- → Healthier lifestyle.
- → Spend more time traveling, specifically in Europe

Issues

- I. Unsustainable motivation issues.
- II. Lack of short term goals.
- III. Organization.
- IV. Perfectionist.
- V. Lacks confidence.

Bio

Grew up in a small neighborhood in North Hollywood where he got his start working at a Burger King that he would eventually manage, He now runs a large division at the company where he works managing over 150 people.

Skills

- → Can type 80 words per minute.
- → People person, good first impression
- → Company softball team MVP.

Wake up

Daily Schedule

4:00am

4:30am	Exercise
6:00am	Breakfast
7:00am	Shower/Get Ready
9:30am	Work
1:00pm	Lunch
3:00pm	Meetings
6:00pm	Return Home
7:00pm	Dinner
8:00pm	Unwind