

BAMBOO SKY	MENU ALLERGEN INFORMATION SUMMER 2025
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Contains Allergens As Listed Next to Dish	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Molluscs	Peanuts	Nuts	Sesame seeds	Soya	Sulphur dioxide	MSG
* Indicates allergen free option available upon request														
NIBBLES														
Thai Crackers		Gluten	Crustaceans											
Lotus Crisps														
Edamame														
LUNCH														
dim sum chicken	Celery	Gluten		Eggs							Sesame	Soya		
dim sum hagkau		Gluten	Crustaceans								Sesame	Soya		
dim sum prawn and pork		Gluten	Crustaceans	Eggs							Sesame	Soya		
noodles pad thai	Celery			Eggs*			Dairy*		Peanuts*			Soya*		
noodles pad kee mao		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
bamboo rice		Gluten*		Eggs*			Dairy*			Nuts*		Soya		
STIR FRIES														
bamboo bowls panang			Crustaceans											
bamboo bowls chilli & basil														
panang curry			Crustaceans											MSG
pad kha pow		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
oyster sauce stir fry		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
STARTERS														
chicken satay									Peanuts*					
mini thai ribs	Celery	Gluten		Eggs			Dairy				Sesame	Soya		
crispy soft shell crab			Crustaceans		Fish									MSG
salt & pepper calamari				Eggs*			Dairy*	Molluscs						
thai chicken wings		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
tempura prawns			Crustaceans											
tempura vegetables														
vegetable spring roll		Gluten					Dairy				Sesame			
dim sum		Gluten	Crustaceans	Eggs							Sesame	Soya		
lab parcels					Fish									MSG
tom yum soup chicken				Eggs	Fish*	Lupin	Dairy							MSG
tom yum soup prawn			Crustaceans	Eggs	Fish*	Lupin	Dairy							MSG
crispy duck pancakes		Gluten*					Dairy				Sesame	Soya		
sharing starter selection	Celery	Gluten*		Eggs			Dairy		Peanuts*		Sesame	Soya		
CURRIES														
thai green chicken			Crustaceans											MSG
tahi green prawn			Crustaceans											MSG
thai green duck			Crustaceans											MSG
thai green mixed seafood			Crustaceans					Molluscs						MSG
thai green beef			Crustaceans											MSG
thai green tofu			Crustaceans											MSG
thai red chicken			Crustaceans											MSG
thai red prawn			Crustaceans											MSG
thai red duck			Crustaceans											MSG
thai red mixed seafood			Crustaceans					Molluscs						MSG
thai red beef			Crustaceans											MSG
thai red tofu			Crustaceans											MSG
panang chicken			Crustaceans											MSG
panang prawn			Crustaceans											MSG
panang duck			Crustaceans											MSG
panang mixed seafood			Crustaceans					Molluscs						MSG
panang beef			Crustaceans											MSG
paang tofu			Crustaceans											MSG
jungle chicken			Crustaceans											MSG
jungle prawn			Crustaceans											MSG

jungle duck			Crustaceans											MSG
jungle mixed seafood			Crustaceans					Molluscs						MSG
jungle beef			Crustaceans											MSG
jungle tofu			Crustaceans											MSG
Massaman chicken			Crustaceans						Peanuts*					MSG
Massaman prawn			Crustaceans						Peanuts*					MSG
Massaman duck			Crustaceans						Peanuts*					MSG
Massaman mixed seafood			Crustaceans					Molluscs	Peanuts*					MSG
massaman beef			Crustaceans						Peanuts*					MSG
massaman tofu			Crustaceans						Peanuts*					MSG
<b>NOODLES &amp; RICE</b>														
bamboodles chicken	Celery*	Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
bamboodles prawn	Celery*	Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
bamboodles duck	Celery*	Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
bamboodles mixed seafood	Celery*	Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
bamboodles beef	Celery*	Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
bamboodles tofu	Celery*	Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
pad thai chicken	Celery			Eggs*			Dairy*		Peanuts*			Soya*		
pad thai prawn	Celery		Crustaceans	Eggs*			Dairy*		Peanuts*			Soya*		
pad thai duck	Celery			Eggs*			Dairy*		Peanuts*			Soya*		
pad thai mixed seafood	Celery		Crustaceans	Eggs*			Dairy*	Molluscs	Peanuts*			Soya*		
pad thai beef	Celery			Eggs*			Dairy*		Peanuts*			Soya*		
pad thai rofu	Celery			Eggs*			Dairy*		Peanuts*			Soya*		
pad see ew chicken		Gluten*		Eggs*			Dairy*	Molluscs*	Peanuts*			Soya		
pad see ew prawn		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*	Peanuts*			Soya		
pad see ew duck		Gluten*		Eggs*			Dairy*	Molluscs*	Peanuts*			Soya		
pad see ew mixed seafood		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*	Peanuts*			Soya		
pad see ew beef		Gluten*		Eggs*			Dairy*	Molluscs*	Peanuts*			Soya		
pad see ew tofu		Gluten*		Eggs*			Dairy*	Molluscs*	Peanuts*			Soya		
pad kee mao chicken		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
pad kee mao prawn		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
pad kee mao duck		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
pad kee mao mixed seafood		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
pad kee mao beef		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
pad kee mao tofu		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
special fried rice chicken		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
special fried rice prawn		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
special fried rice duck		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
special fried rice mixed seafood		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
special fried rice beef		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
special fried rice tofu		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
sky rice chicken		Gluten*		Eggs*			Dairy*	Molluscs*		Nuts*		Soya		
sky rice prawn		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*		Nuts*		Soya		
sky rice duck		Gluten*		Eggs*			Dairy*	Molluscs*		Nuts*		Soya		
sky rice mixed seafood		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*		Nuts*		Soya		
sky rice beef		Gluten*		Eggs*			Dairy*	Molluscs*		Nuts*		Soya		
sky rice tofu		Gluten*		Eggs*			Dairy*	Molluscs*		Nuts*		Soya		
<b>SIGNATURE</b>														
thai honey red pork				Eggs*			Dairy*					Soya		
hat yai crispy chicken										Sesame		Soya		
weeping tiger		Gluten*		Eggs*			Dairy*	Molluscs*						
butterfly prawns		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
chilli seabass				Eggs*	Fish		Dairy*					Soya		
duck tamarind														
bamboo katsu		Gluten		Eggs*								Soya		
crispy tofu and cashew				Eggs*	Fish*		Dairy*			Nuts*		Soya		
<b>STIR-FRIES</b>														
pad kra pow chicken		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		
pad kra pow prawn		Gluten*	Crustaceans	Eggs*			Dairy*	Molluscs*				Soya		
pad kra pow duck		Gluten*		Eggs*			Dairy*	Molluscs*				Soya		

pad kra pow mixed sea food		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad kra pow beef		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad kra pow tofu		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik king chicken		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik king prawn		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad prik king duck		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik king mixed seafood		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad prik king beef		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik king tofu		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik thai chicken		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik thai prawn		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad prik thai duck		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik thai mixed seafood		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad prik thai beef		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad prik thai tofu		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad cashew nut chicken		Gluten*	Crustaceans	Eggs*	Fish	Dairy*	Molluscs*		Nuts*	Sesame	Soya		
pad cashew nut prawn		Gluten*	Crustaceans	Eggs*	Fish	Dairy*	Molluscs*		Nuts*	Sesame	Soya		
pad cashew nut duck		Gluten*	Crustaceans	Eggs*	Fish	Dairy*	Molluscs*		Nuts*	Sesame	Soya		
pad cashew nut mixed seafood		Gluten*	Crustaceans	Eggs*	Fish	Dairy*	Molluscs*		Nuts*	Sesame	Soya		
pad cashew nut beef		Gluten*	Crustaceans	Eggs*	Fish	Dairy*	Molluscs*		Nuts*	Sesame	Soya		
pad cashew nut tofu		Gluten*	Crustaceans	Eggs*	Fish	Dairy*	Molluscs*		Nuts*	Sesame	Soya		
pad sweet & sour chicken	Celery	Gluten*		Eggs*		Dairy*					Soya		
pad sweet & sour prawn	Celery	Gluten*	Crustaceans	Eggs*		Dairy*					Soya		
pad sweet & sour duck	Celery	Gluten*		Eggs*		Dairy*					Soya		
pad sweet & sour mixed seafood	Celery	Gluten*	Crustaceans	Eggs*		Dairy*					Soya		
pad sweet & sour beef	Celery	Gluten*		Eggs*		Dairy*					Soya		
pad sweet & sour tofu	Celery	Gluten*		Eggs*		Dairy*					Soya		
pad oyster sauce chicken		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad oyster sauce prawn		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad oyster sauce duck		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad oyster sauce mixed seafood		Gluten*	Crustaceans	Eggs*		Dairy*	Molluscs*				Soya		
pad oyster sauce beef		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
pad oyster sauce tofu		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
SIDES													
Jasmine rice													
Coconut rice				Eggs*									
egg fried rice		Gluten*		Eggs		Dairy					Soya		
plain noodles		Gluten*		Eggs*		Dairy*							
pak choi		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
mixed vegetables		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
beansprouts		Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
CHILDRENS													
STARTERS													
satay chicken								Peanuts*					
crackers		Gluten	Crustaceans										
edamame													
vegetable spring roll		Gluten				Dairy				Sesame			
MAINS													
bamboo katsu		Gluten		Eggs*							Soya		
thai crispy chicken													
pad thai noodles	Celery			Eggs*		Dairy		Peanuts*			Soya		
bamboodles	Celery	Gluten*		Eggs*		Dairy*	Molluscs*				Soya		
DESSERTS													
ice creams						Dairy					Soya		
sorbets													
exotic fruits													
mango sticky rice													