

BENNETT UNIVERSITY, GREATER NOIDA
End Semester-Supplementary Examination
April 2022

COURSE CODE: EHSS103L

COURSE NAME: NEW AGE LIFESKILLS FOR ENGINEERS

MAX. DURATION: 3 HRS

MAX. MARKS: 100

Read the instructions carefully:

The paper is for 3 hours and 100 marks. All questions are compulsory to attend. Be specific and write to the point.

1. What is Goal Setting? Explain the SMART goals with respect to you passing B.Tech engineering degree. **(15 marks)**
2. Explain the concept of Stress Management. Explain with suitable example the A-B-C model of stress and anxiety. **(15 marks)**
3. Explain the attributes of supportive communication with respect to team of cricket players. **(15 marks)**
4. Explain with suitable example the six principles of influencing as given by Cialdini. **(15 marks)**
5. Explain the concept of Personality with help of an example of an artist. explain the difference between Type A and Type B personality. **(10 marks)**
6. Define teams. Explain with suitable examples the stages of team formation. **(10 marks)**
7. Explain the five tools for improving ability. **(10 marks)**
8. Explain with the help of a suitable example relationship between conflict and outcomes. **(10 marks)**

ALL THE BEST