

POSSESSION OF MOBILES IN EXAM IS UFM PRACTICE.

Name of student _____

Enrollment No. _____

BENNETT UNIVERSITY, GREATER NOIDA

B.TECH / BBA/ BBA-LLB / BAMC SEM-I

MAKE-UP EXAMINATION

FALL (ODD) SEMESTER 2017

COURSE CODE : EHSS101L

MAX. TIME: 1 hr

COURSE NAME : LIFE SKILLS

MAX . MARKS : 20

COURSE CREDIT : 3

ANSWER ALL THE QUESTIONS

1. Explain with suitable examples the five core aspects of Self-Awareness? (5 marks)
2. What is stress? List and explain the four sources of stress? (5 marks)
3. Explain the acronym "S.M.A.R.T." with respect to goal setting with suitable examples? (5 marks)
4. Explain the difference between empowering and delegating with suitable example? (2.5 marks)
5. Robert is a manager at a car sales dealership. He was concerned about a new line of cars that were not selling well. He wanted to discuss the issue with other managers and asked the secretary for the senior executive of the dealership to put the issue on the agenda for the next all managers meeting. She responded, "Sorry, the agenda is already full for the next three months of meetings. Would you like me to put the issue on the agenda four months from now?" At that moment, the senior executive came out of his office and stopped to say hello to Robert. After greeting the executive, Robert explained his concern over the low sales with the line of cars and asked if it could be discussed at the next meeting. The senior executive turned to the secretary and asked her to put it on the agenda for the next meeting. Then, he said to Robert, "Just so you know, we are considering elimination of that line of cars at our dealership. No one knows that yet, but think about that before our next meeting."
 - a. Which key indicators of Robert's upward and outward power in an organization are apparent in the above example? Which key indicators are not apparent in the above example? (2.5 marks)

*****ALL THE BEST*****