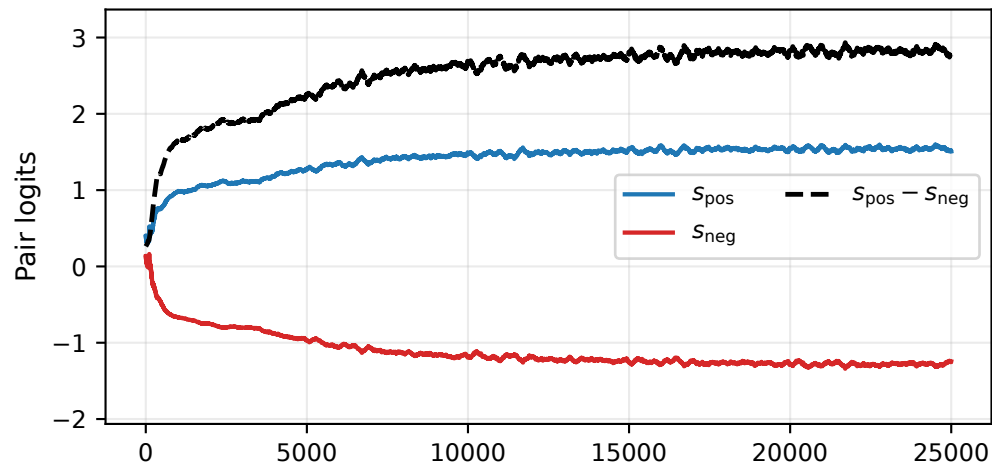TabICL w. PDLC head training dynamics (Stage 1 + Stage 2)