

Patient Medical Record

Patient Information

Full Name: John Michael Doe

Date of Birth: 1980-01-01 (Age: 45)

Gender: Male

Blood Group: O+

Address: 123 Health Lane, Springfield, Illinois, 62701, USA

Primary Contact Number: +1 555 555 5555

Emergency Contact Number: +1 555 555 1234

Email: john.doe@example.com

Primary Language: English

Occupation: Software Engineer

Marital Status: Married

Physical Examination and Vitals

Height: 175.5 cm

Weight: 70.0 kg

BMI: 22.8

Body Temperature: 98.6°F

Heart Rate: 72 bpm

Respiratory Rate: 18 breaths/min

Blood Pressure: 120/80 mmHg

Oxygen Saturation: 98%

Patient Medical Record

Visit Details

Visit Date: 2024-12-20

Visit Type: Routine Checkup

Reason for Visit: Annual health checkup

Location: General Hospital, Springfield

Doctor Name: Dr. Jane Smith

Notes: Patient is in good health with no complaints.

Symptoms

Symptom Name: Headache

Severity: Mild

Duration: 2 days

Description: Occasional headaches in the evening.

Onset: Gradual

Aggravating Factors: Stress at work

Relieving Factors: Rest and hydration

Related Symptoms: Fatigue

Diagnosis

Diagnosis Code: R51

Diagnosis Description: Tension-type headache

Patient Medical Record

Symptoms: Headache

Physician: Dr. Jane Smith

Treatment

Name: Headache Management

Description: Treatment plan includes lifestyle changes and over-the-counter pain relief.

Type: Therapy

Start Date: 2024-12-20

End Date: N/A

Guidelines: Hydration, proper sleep, and over-the-counter NSAIDs as needed.

Medication

Medication Name: Ibuprofen

Description: Non-steroidal anti-inflammatory drug for pain relief

Dosage: 200 mg

Frequency: Every 8 hours as needed