

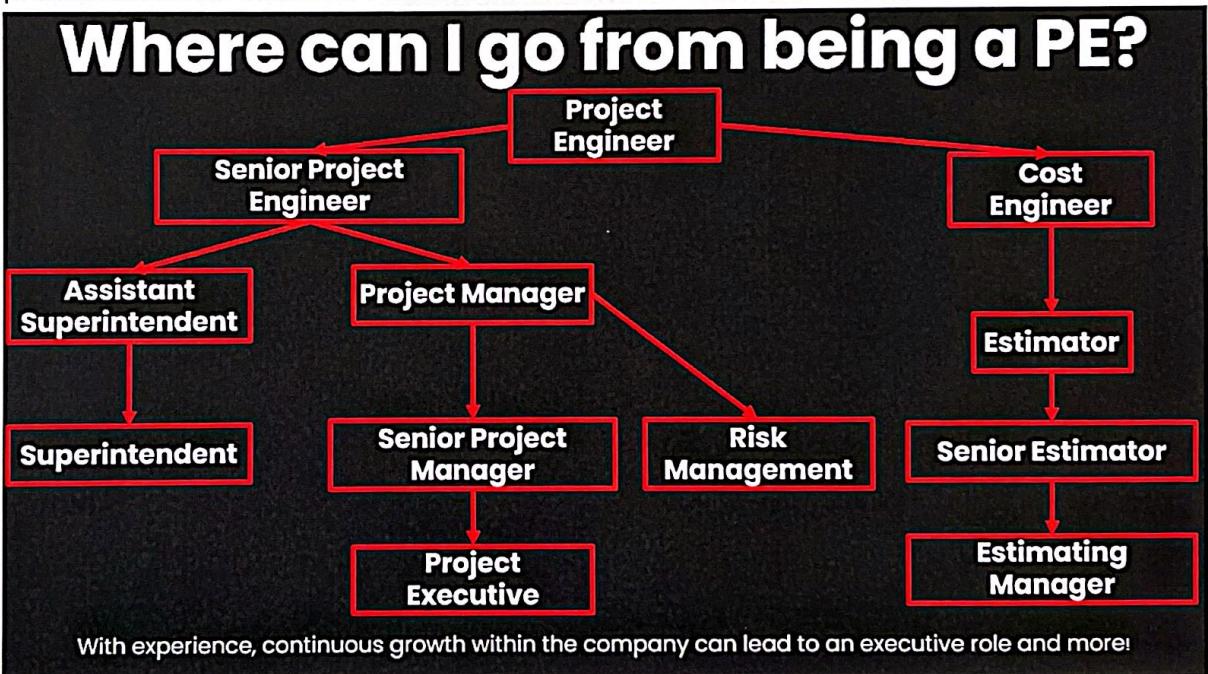


## Construction Life Cycle Presentation

- What is the construction life cycle?
  - A structured process that outlines the key stages of a construction project—from the initial idea to completion.
- Why is it important?
  - It ensures that projects are completed efficiently, safely, and within budget while meeting quality and client expectations.
- What are the 6 phases of the construction life cycle?
  - Phase 1: Conception
  - Phase 2: Design
  - Phase 3: Pre-Construction
  - Phase 4: Procurement
  - Phase 5: Construction
  - Phase 6: Closeout
- What is Phase 1: Conception?
  - Where ideas take shape through planning, feasibility studies, and initial funding.
- What is Phase 2: Design?
  - Turning concepts into detailed drawings and plans.
- What is Phase 3: Pre-Construction?
  - Winning the job and planning how to begin the work behind the scenes.
- What is Phase 4: Procurement?
  - Acquiring materials, services, and equipment needed to start construction.
- What is Phase 5: Construction?
  - The execution phase where the project comes to life with safety, quality, schedule, and cost controls.
- What is Phase 6: Closeout?
  - Final inspections, documentation, approvals, and handing over the project to the client.
- What is a general contractor(gc)?
  - The main company or person responsible for managing an entire project from start to finish, coordinating subcontractors (like plumbers, electricians), materials, budget, schedule, and ensuring the project meets quality and safety standards for the owner.
- What is a subcontractor?
  - A specialized company or individual hired by a general contractor (GC) to perform specific, skilled tasks, like electrical, plumbing, or HVAC.
  - Rather than managing the entire project; they are independent, experts in their trade, and report to the GC, who remains responsible to the project owner.

## Intro to Being a PE Presentation

- What is a Project Engineer (PE)?
  - A technical and administrative support role, bridging design and field work, responsible for tasks like scheduling, document control, quality control, cost tracking, subcontractor coordination, safety oversight, and technical problem-solving to help the Project Manager and Superintendent ensure projects are built safely, on time, and within budget, often spending significant time on-site.
- Is there PE growth within Preston?
  - Yes, our PE's have gone into many different roles within Preston. Even our current company president was an intern for Preston!



- What is Preconstruction?
  - This is the foundational stage before any physical building starts, focusing on detailed planning to set the project up for success.
- What is during Construction?
  - This is the physical building phase where the plans are executed on-site.
- What is Closeout (after construction)?
  - This final stage involves wrapping up the project and transitioning it to the owner/general contractor.

# Utility Sheet Takeoff Activity

Sania  
Bandekar

#	QUESTION	ANSWER
1)	Find the north arrow on your sheet. Which direction is the top of the page?	Northeast
2)	Look for the scale. How many feet in the field equal 1 inch on the utility sheet?	20feet $1'' = 20'$
3)	Locate SDCO B and SDCO 6 on the utility sheet. Using the abbreviations legend in the upper right corner, write down what SDCO stands for.	Storm Drain Cleanout
4)	Using your engineering ruler, measure the distance between SDCO B and SDCO 6. What is that distance?	35feet.
5)	Locate PUBLIC FH #2. Using the abbreviations legend, write down what "FH" stands for.	fire hydrant.
6)	How long is the portion of piping between the FH and the water main in the street?	~ 22feet.
7)	What is the abbreviation for a sanitary sewer manhole?	SSM H
8)	Find Sanitary Sewer Manhole #1. The abbreviations "RIM" and "INV THRU" are shown next to it. RIM = elevation of the manhole lid. INV THRU = elevation of the bottom of the structure. What is the depth of this manhole?	$337 - 331.52$ $(\text{rim}) \underline{=} 5.48 \text{feet.}$ $(\text{inv})$
9)	Locate the median on Monterey Road and measure the distance between the median and the curb on the northeast side of the new building.	~ 50feet $\rightarrow$ ~ 50'.
10)	There is one domestic water lateral serving the property. Identify the location where this lateral connects to the water main within the public right-of-way.  Waterline (w).	2" W $\rightarrow$ Domestic.
11)	This domestic water service requires one water meter and one backflow prevention device. Identify the locations where these appurtenances are to be installed.	B FP $\rightarrow$ Domestic. WM
12)	Measure the distance from the offsite water main to the backflow prevention device.	32'
13)	A domestic water POC (point of connection) is the location where the water piping connects to a building. Count the number of domestic water POCs on the plan.	25.
14)	Where is Waldo?	STG.



20th Jan 2026

Preston Pipelines Shadow An Engineer : — MESA.

Quality, integrity & service.

Brenda - Training Coordinator.

Vega

Owen → Estimator

Liz - Senior HR Generalist.

family owned Biz.

Small fam. Transparency → Financially.

Clients → Google, Apple, PLCs.

Mike Preston → CEO.

53 yrs exp.

Values	Culture	Safety
Customers	Framework	Vigilantly proactive
Safety	Collab.	
people	Impact.	
quality		
financial		
responsibility		

opportunities.

Tosh Young Rob

Picton pipelines, Dixt.

Chris Ramos. → VP.

Lauren Frekell.

Kyle Preston.

Hard work

Julia Salguerio

Honesty,

Loyalty.

D&T → Stronger.

Career growth → High Value.

Started as Project engineers to top.

Tips — Build relations.

(Strong team behavior)

Ego aside, proactive, absorb around

Communication is key → face to face  
conversations

Construction is ever changing  
environment

~~4 offices → near ISSV office~~

6-7 Safety manager → Safety  
Chair.

15 estimators → send to PPT

4 Salesmen.

Janie Gerstado → Project Manager

4 management groups.

PE open areas. Each office has  
proj exec.

Cameron McLennan - PE

Karie Westhoff

5-6 technicians shoot pipe

which goes to CAD

36 inch plans.

Fabian Perez → PE in office

7 PT → 5 PM → 1 Pex.

Equipment, material, processing

Dean → Head of DTS patch-

250 calls/day 400 emails/day

Yard.

How long to order material - PT

Utility - pump stations, storm  
water drains.

Bucket → Digging } excavation  
Bucket → Loader }  
manhole →

water fitting → 4 way.

~~25-30%~~ restock charge  
inventory tax.

Street sweeper → cleaner expensive  
700 bucks/day.

Smaller truck → 5 yards dirt  
8 tons.

Water pipe → Duct pipe → PVC  
fittings end of pipe.

8 feet wide manhole  
4 feet wide usually.

Slope → Detonated fire.

Supply rental material equipment

~~Shovel~~ Water fill.

rings for manhole.

Corrugated NDF.

Reinforce concrete pipe → Heavy

Water pump → containment  
so dust down

2 foot trenching bucket

Sections of hydraulics

pipe 24 inches. 12 feet deep.

e.g.: - Stanford project hydraulics

Soil engineers.

Storm & sewer systems

VCP - Sewer systems-Catch & break

City engineers (law) make changes.

Catch Basin - Square grate on top.

Grittle - Pick up equipment in  
yard.

20 mechanics.

Sunny → custom welding.

~~40 pounds~~ → a  
excavators → 100 own  
loaders → 54 own  
52 crews → 2 excavators  
for each.

Bid a project → 12 inch pipe  
400 ft/day.  
Imports & exports.

Buckets → expensive → rebuilt.  
80,000 Pounds → spread bad out.  
Break on roads.

Composting home depot → Plywood  
Whitman WECO → solar <sup>light plants</sup> panels →  
wintertime usage.

96 inch pipe → 4 - 5 miles  
physically demanding - laborious  
odd jobbers

personal property tax.

Cansiders & boulders ~~as~~, oil pads

trucks worn out → resubmit

Biggest water truck → \$1000  
gallon

Mixers

Red → Red equipment.  
Diesel,

Inspection 90 days → trucks.  
trucking log → Monday.  
300 vehicles on road.

## Construction Life Cycle

10 yrs. → Ian McLoog Milpitas Office  
Project Exec.

4 → Lineach Office → Exec.

## 5 Key Phases of a Construction Project

Started in 2015 → Intern.

Guideline for engineer, owner,  
subcontractor.

Completed efficiently, safe & within  
budget while meeting quality.

P1 → Conception P2 → Design

P3 → Pre Construction P4 → Procurement

P5 → Construction P6 → Closeout.

P1 → Planning, feasibility/funding  
Operational challenges → site casting  
as feasibility of land.  
Environmental concerns.  
Did project in Santa Clara →  
Contaminated groundwater  
feasibility study.

P2 → Ideas turn into buildable  
plans. Engineered drawings &  
specifications.

Owens → Budgeting → adjust design  
3rd or 4th iteration of drawings.  
Schematic, Design development  
& Construction documents.

Permissions & regulatory approvals  
→ 8 weeks. depend on agency's  
type of permit.

Budget Cut  $\rightarrow$  Balancing cost effectiveness & design.

Highest Quality not Cheapest  
Specification.

2 Designable projects  $\rightarrow$  pre construction phase involved  $\rightarrow$  operate on schedule

P3  $\rightarrow$  Pre construction phase.

General Contractor req. Subcontractor pricing & submit bid to owner

Most Contractor hire 30 Subcontractors

Review subcontract & read project docs.

Request control points from engineer for GPS as built.

AutoCAD → Control points to Calibra<sup>TM</sup>  
System → Directions to specify  
fittings. Accuracy 0.1 feet.  
within 6 inches → (B6AM Model)

P4 → Procurement.

Submittals → Products <sup>submitted</sup> handed  
to engineer to see in compliance

Nikki → Material Procurement  
deals.

P5 → low income housing project  
Execution of work.  
→ Safety imp.

Change management → (and)  
field team worked with.

Schedule control

Cost control

Documentation.

Communication tool with owner  
& Contractor

→ Riser pipes., 3 water lines.  
→ Nikki project engineer on job  
23069.

GC verified all scope work is complete.

Built BIM, warranties, Operations & Maintenance Manuals, Training

Contracts closeout.

Time impact analysis.

Request Equitable adjustments

Release retention.

# Takeaways

Structured process with defined phases.

Collab & Clear Comm at every stage.

Each phase builds on one before it, helping project succeed.

Revit → Not used. Autocad

Navisworks viewer (CVI|TD)  
Tasou

end of 2022 - 2024 → Design period  
> 50% time

MRI → 1 Yr → SJSU Alum  
Biochem.

Request info from engineer.

Projects at once → 25.

PE :-

Entry level role in construction project management.

Performs mgmt & admin tasks in office.

Support for crews in field.

~~Works closely with:~~

Pre Construction → laying groundwork  
Job info package.

Request for info (RFIs)  
Material Quotes.

Material take-off.

Laying groundwork.

Subcontracts & Submittals.

Budget Conform.

USA Tickets.

↳ Underground Service Alert.

Traffic Control plans & Site plan.  
Change Estimate tracking  
Timed and review.

Electric Plans Mgmt.

Plan change Pricing.

Reasons for Plan change occurs →

Sidewalk round instead of eg.-  
Ordering materials.

Invoice processing.

Site visits / Meetings

Inspections & Requests

Talking.

Hoffman Construction check.

Closeout Permits.

Operation & Maintenance Manual

Warranty letter → 1 yr.

# Vility sheet takeoff activity (Photo shared)

Moderator → Liz.

Speakers:- Reid Takamura  
SJSU → Angela Gonzalez  
Alum

Tack Maranghi - MS  
SJSU.

Cameron McGuinnis

Brian Tolentino → SJSU Alum

~~Reid~~ → Manual Work. Hands sketching  
Poring. Physically looking towards  
Bounce sound / 3 PMs.  
Task driven.

Tack → Informed. Being full-time  
it transitioned as he made relations

\*Reid → Ready to work & learn.  
Deadlines, emergencies, phone calls.

Brian - Gathering all data. Checking  
Performance & materials. Risk  
Mgmt. SFO, Daly City, treasure  
island (current) → 3 projects.  
↳ challenging.

Cameron - Berkeley, Oakland area.

~~on site~~  
\*Reid → Excavation done by burs.  
42 crews. Subcontractor ~~for~~  
we are. Learn. Underground  
utilities → Unknown conditions

Brian - Preplanning & organization  
somewhere. Don't need to know  
everything. Drive. Construction  
mgmt.

~~Kern~~

Intern Standout — Built on  
culture & ppl we have.  
Hungry, humble & smart.  
Trust, listen & learn.

Brush Upon Comm. skills, talk on  
phone, excel time spend,  
trigonometry.

Confidence & open-mindedness.

Where & who gonna be with → longevity  
"Get to job not got to" → choose.  
no.

Each site 3-5 PM teams.

No micromanagement but stay involved  
Average age 27 → hangs out, fun.  
friendly competition.

Client satisfaction → Mixed over &  
over again.  
Avoid mistake → poor planning.

Listen.

Meet to go over something - 30 min

Grad School of Work - Task

Managers supportive.

Organized time.

