



🌀 Safe Space: AI-Facilitated Online Support Groups


- Safe Space is a digital support platform where individuals can join moderated group conversations around mental health, guided by a compassionate AI facilitator. Whether you're navigating anxiety, stress, grief, or just need to feel heard, Safe Space offers a judgment-free environment that's always available.
- Our AI bot gently facilitates group discussions, encourages equal participation, and keeps conversations respectful, supportive, and on-topic — ensuring everyone feels safe, seen, and supported.

 **Problem Statement:**

Millions silently face mental health struggles due to stigma, cost, and lack of safe spaces to talk or seek help.

 **Solution:**

SafeSpace offers an anonymous, AI-powered platform where users can access emotional support and peer connection 24/7

 **Impact:**

It empowers individuals to heal, connect, and grow — without fear, judgment, or barriers.

