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not that you have not tried enough; you have tried and tried and tried. And you fail because it is not a question of effort. More effort won't help. It is a question of being alert, not of effort.

You cannot fall in love if you are aware; then falling in love is a sin. You can love, but it will not be like a fall, it will be like a rise. Why do we use the term 'falling in love'? It is a falling; you are falling, you are not rising. When you are aware, falling is not possible — not even in love. It is not possible; it is simply not possible. With awareness, it is impossible; you rise in love. And rising in love is a totally different phenomenon from falling in love.

Falling in love you remain a child; rising in love you mature. And by and by love becomes not a relationship, it becomes a state of your being. Then it is not that you love this and you don't love that, no — you are simply love. Whosoever comes near you, you share with them. Whatever is happening, you give your love to it. You touch a peck and you touch as if you are touching your beloved's body. You look at the tree and you look as if you are looking at your beloved's face. It becomes a state of being. Not that you are in love — now you are love. This is rising, this is not falling.

possession.... everybody goes on trying to possess the beloved, the lover. This is no longer love. In fact, when you possess a person, you hate, you destroy, you kill; you are a murderer. Love should give freedom; love is freedom. Love will make the beloved more and more free, love will give wings, and love will open the vast sky. It cannot become a prison, an enclosure. But that love, you don't know, because that happens only when you are aware; that