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Somnambulism — sleepwalking

2024

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Private Worlds

Heraclitus says:

Men are as forgetful and heedless
in their walking moments
of what is going on around them
as they are during their sleep.

Fools, although they hear,
are like the deaf;
to them the adage applies → a proverb/short statement expressing
that whenever they are present a general truth:
they are absent.

One should not act or speak
as if he were asleep.

The walking have one world in common;
sleepers have each a private world of his own.

Whatever we see when awake is death,
when asleep, dreams.

- You look wide-awake, but that is only appearance; deep within you the sleep continues.

- Even right now you are dreaming within. A thousand and one thoughts continue and you are not conscious of what is happening, you are not aware of what you are doing, you are not aware of who you are. You move as people move in sleep.

- Psychanalysts have investigated and come to the conclusion that people commit murders as if they are in a dream — in a deep sleep.