

# *C. Inola Samaranayake*

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## *Education*

### **Bachelor of Science Degree - BS, Psychological sciences**

**Honors award recipient; Current GPA: 3.89/4.00**

Northern Arizona University, Flagstaff, AZ

Sep 2020 – 2023

### **Degree in General Studies**

**CGPA: 3.64**

Northwood University

Sep 2020 - Dec 2023

### **Fundamentals of Neurobiology and Neurosciences**

Harvard University

Jan 2020 - Dec 2020

### **Diploma of Clinical, Counseling and Psychology**

**Graduated with First Class Honors Distinction**

ICBT Campus

Jan 2020 - Feb 2021

### **IAL Psychology (Secondary & Primary Education)**

Bishops College Colombo 03

Jan 2006 - Feb 2019

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## *Scholarships and Grants*

- ANC Student Excellence Scholarship Sep 2020
- The National Society of Collegiate Scholars Induction Recognition Scholarship

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## *Honors & Awards*

### **Placed 1st Bishop's College Interhouse Art Competition**

Received Neliya Dias Memorial panel prize for Art

2015

### **Placed 2nd Interhouse Oratory Competition**

Bishop's College Interhouse Oratory Competition

2016

<b>Placed 2nd All Island essay writing competition</b> Water Supply and Drainage Board, Sri Lanka	2017
<b>Placed 2nd Interhouse Oratory Competition</b> Bishop's College Interhouse Oratory Competition	2017
<b>Placed 2nd Interhouse Oratory Competition</b> Bishop's College Interhouse Oratory Competition	2018
<b>Best debater</b> Bishop's College Interhouse Debating Competition	2018
<b>Nation's Premier Collegiate Honors</b> The National Society of Collegiate Scholars (NSCS)	Oct 2021
<b>Member of Honor Society NAU</b> Honor Society Organization	Oct 2021
<b>The Best Delegate of UN Women Delegate</b> International Model United Nations The Best Delegate of UN Women Delegate IMUN Conference 49.0	Mar 2021
<b>Best Performing Intern</b> Australian Embassy and UNESCO Foundation	March 2021
<b>Winner - United Nations Human Rights Day Debates</b> Issued by United Nations & CMG	Dec 2023

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### ***License and Certifications***

Open Researcher and Contributor Identifier (ORCID) <a href="https://orcid.org/0000-0002-8258-5406">https://orcid.org/0000-0002-8258-5406</a>	Jan 2023
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### ***Research publications***

- Samaranayake, I. (2021). Machiavellianism And Personality Scale: Journal Articles. *ResearchGate*. <https://doi.org/10.13140/RG.2.2.10190.74563/1>
- Samaranayake, I. (2021). The Milgram Shock Experiment: An Ethical Perspective. *ResearchGate*. <https://doi.org/10.13140/RG.2.2.26967.96164/1>
- Samaranayake, I. (2022). Discussing How the Sex of a Fetus May Influence a Mother's Response to Covid-19. *ResearchGate*. <https://doi.org/10.13140/RG.2.2.23612.51844/1>
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## ***Experience***

### **Google Teraneuro Project (GTNP)**

**Jan 2019 – May 2023**

- Provided excellent research assistance.
- Updated Google Knowledge Graph with latest developments in science.
- Conducted excellent data entry and gained knowledge of processes.

### **International Model United Nations (Internship)**

**March 2021 – April 2021**

- Worked as a campus ambassador proving content management.
- Assisted in the preparation for events, conduct data entry, maintain electronic and hard files, and other support.
- Producing letters, minutes, presentations, valuations etc.

### **Psychology Counselor (Freelance)**

**Dec 2020 - Present (2 years +)**

- Provided excellent counseling services to clients on a freelance basis.
- Delivered effective solutions to clients' issues through individualized counselling sessions.
- Worked independently and as part of a team to ensure client satisfaction.

### **Moruga Cacao (Germany)**

**June 2023 – Present**

- Created and launched new products to the German and EU market.
- Wrote professional blog posts on mental health and benefits of cacao products.
- Designed new and eye-catching packaging for products.
- Delivered high quality SEO blog posts to boost website sales and traffic.

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## ***Significant Education and Training***

### **Counselling**

- Skills in assessment, intervention, and case management.
- Knowledge in working with clients from various backgrounds.

### **Psychotherapy and Cognitive Behavioral Therapy**

- Assess and identify the thoughts, feelings, and behaviors.
- Assess mental health conditions, including depression, anxiety, and eating disorders.
- Skills in delivering CBT in a clear, concise, and engaging way.
- Self-awareness and self-care skills. - Skills in managing difficult therapeutic challenges.

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## ***Computer Skills***

- Microsoft Word, Excel, PowerPoint, Outlook, Access.
  - Adobe Photoshop, Adobe After effects, Canva, Adobe illustrator, CapCut, Video editing, Video creation.
  - Ability to adapt and learn new computer skills over a short amount of time.
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## ***Other Skills***

- Data entry, Transcription and Transcribing, Graphic design, Social Media Marketing, Content creation, Social Engine Optimization.
  - Medical writing, Research writing, Content writing, Blog post writing.
  - Quick learner, Superb Analytical Problem-Solving Skills, Excellent attention to detail, Great Organizational skills.
  - High standard of English, Ability to work in highly confidential environments.
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## ***Psychology Based Courses***

<b><i>Class Number and Name</i></b>	<b><i>Grade</i></b>
PSY 101      Introduction to Psychology	A
PSY 215      Abnormal Psychology (PSY101)	A
PSY 230      Introduction to Statistics in Psychology (PSY101 & MTH1150)	B
PSY 290      Research Methods in Psychology (PSY101 & PSY230)	A
PSY 347      Personnel Psychology (PSY101)	A
PSY 348      Organizational Psychology (PSY101)	A
PSY 406      Clinical Psychology (PSY215 + PSY 290)	A
PSY 490C      Senior Capstone: Special Topics (PSY290 + ENG3200)	A
POS 357      300 Level Cultural Understanding/Ethnic Diversity (60CR Completed)	A
PSY 480      Health Psychology (PSY290)	A
NSC 1200L      Biology I with Lab (ENG1150 & MTH1150)	B
NSC 1300L      General Chemistry I with Lab (ENG1150 & MTH1150)	A
PSY 3000      Principles of Psychology	A
PSY 3100      Developmental Psychology	A
PSY 3200      Theories of Personality	A
PSY 3210      Social Psychology	A

**References available on request.**