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Teething: Symptoms & what order do they appear?

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When do babies start teething?

Some babies are born with their first teeth. Others start teething before they are 4 months old, and some after 12 months. But most babies start teething at around 6 months.

Teething symptoms

Baby teeth sometimes emerge with no pain or discomfort at all.

At other times, you may notice:

- their gum is sore and red where the tooth is coming through
- they have a mild temperature of 38C
- they have 1 flushed cheek
- they have a rash on their face
- they're rubbing their ear
- they're dribbling more than usual
- they're gnawing and chewing on things a lot
- they're more fretful than usual
- they're not sleeping very well

Some people think that teething causes other symptoms, such as diarrhoea, but there's no evidence to support this.

You know your baby best. Get medical advice if they have any symptoms that are causing you concern. You can call NHS 111 or contact a GP.



What order do baby teeth appear in?

Here's a rough guide to how babies' teeth usually emerge:

- bottom incisors (bottom front teeth) – these are usually the first to come through, usually at around 5 to 7 months
- top incisors (top front teeth) – these tend to come through at about 6 to 8 months
- top lateral incisors (either side of the top front teeth) – these come through at around 9 to 11 months
- bottom lateral incisors (either side of the bottom front teeth) – these come through at around 10 to 12 months
- first molars (back teeth) – these come through at around 12 to 16 months
- canines (between the lateral incisors and the first molars) – these come through at around 16 to 20 months
- second molars – these come through at around 20 to 30 months
- Most children will have all of their milk teeth by the time they are 2 1/2 years old.



Source : <https://www.nhs.uk/conditions/baby/babys-development/teething/baby-teething-symptoms/>

