**Multi-threading**

What

When multiple threads are running in one program is called multi-threading.

Why

Multi-tasking at program level.

How

2 ways to create thread

1. By extending thread class
2. By implementing runnable interface

Difference between concurrency and parallelism

Concurrency means doing multiple things but at one time you are doing one work.

Parallelism means doing multiple things at a time.

So multi-threading is example of concurrency.