

STATE OF NEW YORK  
DEPARTMENT OF HEALTH

REQUEST: January 24, 2019

AGENCY: MAP  
FH #: 7900812Y

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In the Matter of the Appeal of	:
	: <b>DECISION</b>
	<b>AFTER</b>
	: <b>FAIR</b>
	<b>HEARING</b>
from a determination by the New York City	:
Department of Social Services	:

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**JURISDICTION**

Pursuant to Section 22 of the New York State Social Services Law (hereinafter Social Services Law) and Part 358 of Title 18 NYCRR, (hereinafter Regulations), a fair hearing was held on March 12, 2019, in New York City, before an Administrative Law Judge. The following persons appeared at the hearing:

For the Appellant



For the Managed Long Term Care Plan (Centers Plan For Healthy Living)

D. Ferguson, Plan Representative

**ISSUE**

Was the Appellant's Managed Long-Term Care Plan's, Centers Plan For Healthy Living, determination to deny the Appellant's request for an increase in Personal Care Services from 7 hours daily, 7 days weekly (49 hours weekly) to 12 hours daily, 7 days weekly (84 hours weekly), correct?

**FINDINGS OF FACT**

An opportunity to be heard having been afforded to all interested parties and evidence having been taken and due deliberation having been had, it is hereby found that:

1. The Appellant (age eighty-five), has been in receipt of Medical Assistance benefits through a Managed Long-Term Care ("MLTC") health care plan 1<sup>st</sup> Choice Home Care Services Inc, operated by Centers Plan For Healthy Living ("the Plan").

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2. The Appellant had been receiving Personal Care Services 5.5 hours daily, 7 days weekly (38.5 hours weekly).

3. On December 26, 2018 the Appellant requested an increase in Personal Care Service to 12 hours daily, 7 days weekly (84 hours weekly).

4. By Initial Adverse Determination dated January 3, 2019 the Plan partially denied the Appellant's request for an increase in hours. The Initial Adverse Determination partially approved the Appellant's request for an increase in Personal Care Services to 7 hours daily, 7 days weekly (49 hours weekly). Initial Adverse determination stated:

On 01/03/2019, Centers Plan for Healthy Living decided to partially approve that service because the health care service is not medically necessary.

The request for Personal Care Aide (PCA) Services because you need additional assistance with toileting, dressing, and ambulating since you sustained an injury to your right arm as a result of a fall. A Registered Nurse from Centers Plan for Healthy Living visited you in your home on 12/24/2018 and completed a face-to-face assessment using the New York State Uniform Assessment System (UAS-NY). The assessment has identified your current health status, personal care skills and general care needs. Based on this assessment, it was identified that:

You are able to walk with a cane with some assistance.

You can transfer on and off the toilet and take care of your toileting needs with some assistance.

You are able to move from a lying position and turn side to side while in bed with some assistance.

You are able to get dressed and perform personal hygiene with some assistance.

You are able to direct your own care.

You are able to feed yourself once your meals prepared by your Personal care aide.

To best meet your needs your Care Management Team has:

Made a recommendation/referral for Physical Therapy and you stated that you will discuss with your Primary Care Provider at next visit.

Made a recommendation for a bedside commode.

Made a recommendation for Social Day Care (SDC), however you declined.

Your requested increase in Personal Care Aide (PCA) Services, along with your recent UAS-NY assessment and your Doctor's notes, was thoroughly reviewed by Centers Plan for Healthy Living. Based on clinical documentation presented. CPHL will increase your Personal Care Aide Services to seven (7) hours per day, seven (7) days per week (totaling forty-nine (49) hours per week). This increase will ensure that your personal care needs will continue to be met appropriately and safely.

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5. On January 17, 2019 the Appellant's Representative requested a Plan Appeal.

5. By Final Adverse Determination Denial Notice dated January 22, 2019 the Plan upheld its Initial Determination.

6. The Final Adverse Determination stated again that the request for the increase in hours is not medically necessary. The Final Adverse Determination further found:

You live with your son in 2 bedroom apartment on the fifth floor of a building with access to working elevators.

You recently underwent a follow-up face-to-face clinical assessment on December 24, 2018 utilizing the New York State Department of Health's Uniform Assessment System Tool that showed some of your abilities to perform physical functioning stayed and some declined the same since your prior assessment that was completed by Centers Plan for Healthy Living on July 19, 2018.

You showed that your abilities to perform physical functioning stayed the same for dressing lower body, bathing, meal preparation and ordinary housework.

You showed that your abilities to perform physical functioning declined for personal hygiene (cleaning yourself), dressing upper body, transfer toilet (getting on and off the toilet), and toilet use.

In summary, you showed that some of your abilities to perform physical functioning stayed the same and some declined; therefore, your hours were increased to 7 hours per day, 7 days a week, for a total of 49 hours per week.

7. On January 24, 2019 the Appellant requested this hearing.

### **APPLICABLE LAW**

Section 365-f of the Social Services Law pertains to the Consumer Directed Personal Assistance Program ("CDPAP") and provides:

1. Purpose and intent. The consumer directed personal assistance program is intended to permit chronically ill and/or physically disabled individuals receiving home care services under the medical assistance program greater flexibility and freedom of choice in obtaining such services. The department shall, upon request of a social services district or group of districts, provide technical assistance and such other assistance as may be necessary to assist such districts in assuring access to the program.

2. Eligibility. All eligible individuals receiving home care shall be provided notice of the availability of the program and shall have the opportunity to apply for participation in the program. On or before October first, nineteen hundred ninety-six each social services district

shall file an implementation plan with the commissioner of the department of health. An "eligible individual", for purposes of this section is a person who:

(a) is eligible for long term care and services provided by a certified home health agency, long term home health care program or AIDS home care program authorized pursuant to article thirty-six of the public health law, or is eligible for personal care services provided pursuant to this article;

(b) is eligible for medical assistance;

(c) has been determined by the social services district, pursuant to an assessment of the person's appropriateness for the program, conducted with an appropriate long term home health care program, a certified home health agency, or an AIDS home care program or pursuant to the personal care program, as being in need of home care services or private duty nursing and is able and willing or has a legal guardian able and willing to make informed choices, or has designated a relative or other adult who is able and willing to assist in making informed choices, as to the type and quality of services, including but not limited to such services as nursing care, personal care, transportation and respite services; and

(d) meets such other criteria, as may be established by the commissioner, which are necessary to effectively implement the objectives of this section.

3. Division of responsibilities. Eligible individuals who elect to participate in the program assume the responsibility for services under such program as mutually agreed to by the eligible individual and provider and as documented in the eligible individual's record. Such individuals shall be assisted as appropriate with service coverage, supervision, advocacy and management. Providers shall not be liable for fulfillment of responsibilities agreed to be undertaken by the eligible individual. This subdivision, however, shall not diminish the participating provider's liability for failure to exercise reasonable care in properly carrying out its responsibilities under this program, which shall include monitoring such individual's continuing ability to fulfill those responsibilities documented in his or her records. Failure of the individual to carry out his or her agreed to responsibilities may be considered in determining such individual's continued appropriateness for the program....

Local Commissioners Memorandum 95 LCM-102 pertains to the Consumer Directed Personal Assistance Program (CDPAP) and, states in part:

Section 91 of Chapter 81 of the Laws of 1995 added a new Section 367-f to the Social Services Law. This Section states that "...each local district shall ensure access to a consumer directed personal assistance program operated pursuant to section three hundred sixty-five-f of this title is available in the district to allow persons receiving home care pursuant to this title to directly arrange and pay for such care."

The purpose of CDPAP is to allow chronically ill and/or physically disabled individuals receiving home care services under the Medical Assistance program greater flexibility and freedom of choice in obtaining such services while reducing administrative costs....

Eligible individuals who elect to participate in CDPAP assume the responsibility for services under the program as mutually agreed to by the eligible individual and the provider as documented in the individual's record. Such responsibilities may include:

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1. Recruit workers
2. Hire workers
3. Train workers
4. Supervise workers
5. Fire workers
6. Arrange for back-up coverage when necessary
7. Arrange/coordinate provision of other services
8. Maintain records for processing of payroll and benefits.

Providers shall not be liable for fulfillment of responsibilities agreed to be undertaken by individuals participating in CDPAP. This does not, however, diminish the provider's liability for failure to exercise reasonable care in properly carrying out its responsibilities under this program. Such responsibilities include monitoring the individual's continuing ability to fulfill those responsibilities documented in his or her record. An individual's failure to carry out the agreed responsibilities may be considered in determining that person's continued appropriateness for the program.

The New York State Department of Health released a statement entitled "Policy for the Transition of Consumer Directed Personal Assistance Services into Managed Care." This announces, in part, the CDPAP is to be covered by Managed Care Plans and MLTC Plans commencing November 1, 2012.

MLTC Policy 16.02: Chapter 511 of the Laws of 2015 Amends the Consumer Directed Personal Assistance Service (CDPAS), March 29, 2016, clarifies that:

1. The new law prohibits persons from being hired as CDPAS personal assistants if they are legally responsible for the eligible individual's care and support. This means that an adult who is not legally responsible for the eligible individual's care and support may be a CDPAS personal assistant for that eligible individual. In particular, this means that a parent of an adult child (21 years of age or older) may serve as that adult child's CDPAS personal assistant. Parents of children who are younger than 21 cannot be hired as that minor child's CDPAS personal assistant. Consistent with current regulations, spouses and designated representatives also cannot be hired as CDPAS personal assistants.
2. Any other adult relative of the CDPAS eligible individual may serve as the individual's CDPAS personal assistant. In all cases, the CDPAS authorization is based on the eligible individual's assessed needs. This applies regardless of whether the CDPAS personal assistant is a parent or other adult relative of the individual or not related to the individual.

18 NYCRR 505.14(g) provides, in part:  
Case management.

(1) All patients receiving personal care services must be provided with case management services according to this subdivision...

(3) Case management includes the following activities... arranging for the delivery of personal care services according to subdivision (c) of this section.... monitoring personal

care services to ensure that such services are provided according to the authorization and that the patient's needs are appropriately met...

Part 438 of 42 Code of Federal Regulations (CFR) pertains to provision of Medicaid medical care, services and supplies through Managed Care Organizations (MCOs), Prepaid Inpatient Health Plans (PIHPs), Prepaid Ambulatory Health Plans (PAHPs) and Primary Care Case Managers (PCCMs), and the requirements for contracts for services so provided.

Section 438.210 of 42 CFR Subpart D provides, in pertinent part:

(a) Coverage - Each contract with an MCO, PIHP, or PAHP must do the following:

(1) Identify, define, and specify the amount, duration, and scope of each service that the MCO, PIHP, or PAHP is required to offer.

(2) Require that the services identified in paragraph (a)(1) of this section be furnished in an amount, duration, and scope that is no less than the amount, duration, and scope for the same services furnished to beneficiaries under fee-for-service Medicaid, as set forth in Sec. 440.230.

(3) Provide that the MCO, PIHP, or PAHP--

(i) Must ensure that the services are sufficient in amount, duration, or scope to reasonably be expected to achieve the purpose for which the services are furnished.

(ii) May not arbitrarily deny or reduce the amount, duration, or scope of a required service solely because of diagnosis, type of illness, or condition of the beneficiary;

(iii) May place appropriate limits on a service

(A) On the basis of criteria applied under the State plan, such as medical necessity; or

(B) For the purpose of utilization control, provided the services furnished can reasonably be expected to achieve their purpose, as required in paragraph (a)(3)(i) of this section; and

(4) Specify what constitutes "medically necessary services" in a manner that:

(i) Is no more restrictive than that used in the State Medicaid program as indicated in State statutes and regulations, the State Plan, and other State policy and procedures; and

(ii) Addresses the extent to which the MCO, PIHP, or PAHP is responsible for covering services related to the following:

(A) The prevention, diagnosis, and treatment of health impairments.

(B) The ability to achieve age-appropriate growth and development.

(C) The ability to attain, maintain, or regain functional capacity.

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(b) Authorization of services. For the processing of requests for initial and continuing authorizations of services, each contract must require:

(1) That the MCO, PIHP, or PAHP and its subcontractors have in place, and follow, written policies and procedures.

(2) That the MCO, PIHP, or PAHP:

(i) Have in effect mechanisms to ensure consistent application of review criteria for authorization decisions; and

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- (ii) Consult with the requesting provider when appropriate.
- (3) That any decision to deny a service authorization request or to authorize a service in an amount, duration, or scope that is less than requested, be made by a health care professional who has appropriate clinical expertise in treating the enrollee's condition or disease....

Section 438.236 of 42 CFR Subpart D provides, in pertinent part:

- (a) Basic rule: The State must ensure, through its contracts, that each MCO and, when applicable, each PIHP and PAHP meets the requirements of this section.
- (b) Adoption of practice guidelines. Each MCO and, when applicable, each PIHP and PAHP adopts practice guidelines that meet the following requirements:
  - (1) Are based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field.
  - (2) Consider the needs of the MCO's, PIHP's, or PAHP's enrollees.
  - (3) Are adopted in consultation with contracting health care professionals.
  - (4) Are reviewed and updated periodically as appropriate.
- (c) Dissemination of guidelines. Each MCO, PIHP, and PAHP disseminates the guidelines to all affected providers and, upon request, to enrollees and potential enrollees.
- (d) Application of guidelines. Decisions for utilization management, enrollee education, coverage of services, and other areas to which the guidelines apply are consistent with the guidelines.

Section 438.400 of 42 CFR Subpart F provides in part:

- (a) Statutory basis. This subpart is based on sections 1902(a)(3), 1902(a)(4), and 1932(b)(4) of the Act.
  - (1) Section 1902(a)(3) requires that a State plan provide an opportunity for a fair hearing to any person whose claim for assistance is denied or not acted upon promptly.
  - (2) Section 1902(a)(4) requires that the State plan provide for methods of administration that the Secretary finds necessary for the proper and efficient operation of the plan.
  - (3) Section 1932(b)(4) requires Medicaid managed care organizations to establish internal grievance procedures under which Medicaid enrollees, or providers acting on their behalf, may challenge the denial of coverage of, or payment for, medical assistance.
- (b) Definitions. As used in this subpart, the following terms have the indicated meanings:

In the case of an MCO or PIHP-“Action” means--

- (1) The denial or limited authorization of a requested service, including the type or level of service;
- (2) The reduction, suspension, or termination of a previously authorized service;
- (3) The denial, in whole or in part, of payment for a service...



Section 438.402 of 42 CFR Subpart F provides in part:

The grievance system. Each MCO [Managed Care Organization] and PIHP [Prepaid Inpatient Health Plan] must have a system in place, for enrollees, that includes a grievance process, an appeal process, and access to the State's fair hearing system...

Section 505.14(a)(1) of the Regulations defines "Personal Care Services" to mean some or total assistance with personal hygiene, dressing and feeding and nutritional and environmental support functions. Such services must be essential to the maintenance of the patient's health and safety in his or her own home..."

Section 505.14(a) of the Regulations provides in part that:

(2) Some or total assistance shall be defined as follows:

(i) Some assistance shall mean that a specific function or task is performed and completed by the patient with help from another individual.

(ii) Total assistance shall mean that a specific function or task is performed and completed for the patient.

(3) Continuous personal care services means the provision of uninterrupted care, by more than one person, for more than 16 hours per day for a patient who, because of the patient's medical condition and disabilities, requires total assistance with toileting, walking, transferring or feeding at times that cannot be predicted.

(5) Live-in 24-hour personal care services means the provision of care by one person for a patient who, because of the patient's medical condition and disabilities, requires some or total assistance with one or more personal care functions during the day and night and whose need for assistance during the night is infrequent or can be predicted.

(6) Personal care services shall include the following two levels of care, and be provided in accordance with the following standards:

(i) Level I shall be limited to the performance of nutritional and environmental support functions.

Note: Effective April 1, 2011 Social Services Law §365-a(2)(e)(iv), which is reflected in this regulation, was amended to provide that personal care services pursuant to this paragraph shall not exceed eight hours per week for individuals whose needs are limited to nutritional and environmental support functions.

(ii) Level II shall include the performance of nutritional and environmental support functions and personal care functions.

(a) Personal care functions shall include some or total assistance with the following:

(1) bathing of the patient in the bed, the tub or in the shower;

(2) dressing;

(3) grooming, including care of hair, shaving and ordinary care of nails, teeth and mouth;

(4) toileting; this may include assisting the patient on and off the bedpan, commode or toilet;

(5) walking, beyond that provided by durable medical equipment, within the home and outside the home;

(6) transferring from bed to chair or wheelchair;

(7) preparing meals in accordance with modified diets, including low sugar, low fat, low salt and low residue diets;

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- (8) feeding;
- (9) administration of medication by the patient, including prompting the patient as to time, identifying the medication for the patient, bringing the medication and any necessary supplies or equipment to the patient, opening the container for the patient, positioning the patient for medication and administration, disposing of used supplies and materials and storing the medication properly;
- (10) providing routine skin care;
- (11) using medical supplies and equipment such as walkers and wheelchairs; and
- (12) changing of simple dressings.

Section 505.14(a)(4)(iii) of the regulations provides personal care services shall not be authorized if the patient's need for assistance can be met by either or both of the following:

(a) voluntary assistance available from informal caregivers including, but not limited to, the patient's family, friends or other responsible adult; or formal services provided by an entity or agency; or

(b) adaptive or specialized equipment or supplies including, but not limited to, bedside commodes, urinals, walkers and wheelchairs, when such equipment or supplies can be provided safely and cost-effectively.

General Information Service message 97 MA 033 includes a reminder concerning "statements of understanding". The GIS Message advises that the contribution of family members or friends to the care of a Personal Care Services applicant or recipient is voluntary and cannot be coerced or required in any manner whatsoever. A district may choose to implement so-called "statements of understanding" to reflect a family member's or friend's voluntary agreement to provide hours of care to a recipient whom the district has determined is medically eligible for split shift or live-in services. (See 95 LCM-76, section III, issued July 18, 1995, for a description of statements of understanding.) In New York City, the form statement of understanding is entitled "Agreement of Friend or Relative."

12 OHIP/ADM-1 states, in part:

With regard to informal caregivers, such support cannot be required but should be evaluated and discussed with the patient and the potential caregivers.

In Rodriguez v. City of New York, 197 F. 3rd 611 (Federal Court of Appeals, 2nd Circuit 1999), cert. denied 531 U.S. 864, the Plaintiffs were Personal Care Services recipients who alleged that they would be in receipt of inadequate service not meeting legal requirements, without the provision of safety monitoring as an independent task in their Personal Care Services authorizations. The district court had ruled in favor of the Plaintiffs, but the Court of Appeals held that the Agency is not required to provide safety monitoring as an independent Personal Care Services task in evaluating the needs of applicants for and recipients of Personal Care Services. Local Agencies were advised of this decision in GIS message 99/MA/036.

GIS 03 MA/03 was released to clarify and elaborate on the assessment of Personal Care Services pursuant to the Court's ruling in Rodriguez v. Novello and in accordance with existing Department regulations and policies. In relevant portion, this GIS Message states:

Social services districts should authorize assistance with recognized, medically necessary personal care services tasks. As previously advised, social services districts are **NOT** required to allot time for safety monitoring as a separate task as part of the total personal care services hours authorized (see GIS 99 MA/013, GIS 99 MA/036). However, districts are reminded that a clear and legitimate distinction exists between “safety monitoring” as a non-required independent stand-alone function while no Level II personal care services task is being provided, and the appropriate monitoring of the patient while providing assistance with the performance of a Level II personal care services task, such as transferring, toileting, or walking, to assure the task is being safely completed.

GIS 12 MA/026 provides as follows concerning the availability of 24 hour, split-shift personal care services in connection with the case of Strouchler v. Shah:

It is the Department’s policy that 24-hour split-shift care should be authorized only when a person’s nighttime needs cannot be met by a live-in aide or through either or both of the following:

- (1) adaptive or specialized equipment or supplies including, but not limited to, bedside commodes, urinals, walkers, wheelchairs, and insulin pens, when the social services district determines that such equipment or supplies can be provided safely and cost-effectively; and
- (2) voluntary assistance available from informal caregivers or formal services provided by an entity or agency.

When a person’s nighttime needs cannot be met by the use of adaptive or specialized equipment or supplies or voluntary assistance from informal caregivers or formal services, a determination must be made whether the person needs 24-hour split-shift care (included within the regulatory definition of “continuous personal care services”) or live-in 24-hour personal care services. Under Section 505.14, this depends on whether the person needs “some” or “total” assistance with toileting, walking, transferring, or feeding, and whether these needs are “frequent” or “infrequent”, and able to be “scheduled” or “predicted”.

The intent of the regulation is to allow the identification of situations in which a person’s needs can be met by a live-in aide and still allow the aide to have an uninterrupted five hours for sleeping. The Department is considering changes to the regulations to better achieve this goal.

In the meantime, the Department provides the following clarifications:

1. The fact that a person’s needs are predictable does not preclude the receipt of 24-hour split-shift care, if the person has a documented medical need for the tasks to be performed with a frequency that would not allow a live-in aide to perform them and still obtain an uninterrupted five hours of sleep.
2. The need for turning and positioning and/or the need for diaper changes, by themselves, neither preclude nor justify the receipt of 24-hour split-shift care. In order to receive 24-hour split-shift care, the person must have a documented medical need for those tasks to be performed so frequently that a live-in aide cannot provide them and still obtain an uninterrupted five hours of sleep.
3. A person with a documented medical need for turning and positioning may, if otherwise appropriate, qualify for either 24-hour split-shift care or live-in care depending on the frequency at which turning and positioning is required at night, regardless of whether the person has a nighttime need for transferring.

4. When determining whether a person requires 24-hour split-shift care or live-in care, the local professional director must consider whether the physician's order and other required assessments document the following:

- The existence of a medical condition that directly causes the person to need frequent assistance with personal care services tasks during the night;
- The specific task or tasks with which the person requires frequent assistance during the night;
- The frequency at which the person requires assistance with these tasks during the night;
- Whether the person requires similar assistance with these tasks during the daylight hours and, if not, why not;
- The informal supports or formal services that are willing, able and available to provide assistance with the person's nighttime tasks;
- The person's ability to use adaptive or specialized equipment or supplies to meet his or her documented medical need for assistance with nighttime tasks; and whether the person's physician has documented that, due to the person's medical condition, he or she could not safely use the equipment or supplies; and
- Whether a live-in aide would likely be able to obtain an uninterrupted five hours of sleep were live-in services to be authorized.

Regulations at 18 NYCRR 358-3.7(a) provide that an appellant has the right to examine the contents of the case record at the fair hearing. At the fair hearing, the agency is required to provide complete copies of its documentary evidence to the hearing officer. In addition, such documents must be provided to the appellant and appellant's authorized representative where such documents were not provided otherwise to the appellant or appellant's authorized representative in accordance with 18 NYCRR 358-3.7. 18 NYCRR 358-4.3(a). In addition, a representative of the agency must appear at the hearing along with the case record and a written summary of the case and be prepared to present evidence in support of its determination. 18 NYCRR 358-4.3(b).

Section 358-5.9 of the Regulations provides in part:

(a) At a fair hearing regarding the denial of an application for or the adequacy of public assistance, medical assistance, HEAP, SNAP benefits or services, the appellant must establish that the agency's denial of assistance or benefits was not correct or that the appellant is eligible for a greater amount of assistance or benefits.

## **DISCUSSION**

A thorough review of the record, including the Plan's UAS's and the Appellant's testimony, fails to establish that there has been a decline in the Appellant's medical condition such that a full increase in hours to 12 hours is warranted or, indeed, mandated. The Appellant did not present any clinical evidence of a decline in medical condition which would call for increased hours to 12 at this time. The Appellant testified that she needs additional hours due to medical appointments and because she is alone three days a week as her Aide leaves at 4:00 PM and her son works from 5:00 PM until 11:00 PM. The Appellant testified that she also needs additional hours because she needs help using the bathroom and undressing. The Appellant however testified that she successfully walks to the bathroom and accomplishes the task without incident

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although she is “terrified” of falling. The Plan is not required to provide additional hours based on the Appellant’s stated bases as the stated bases were akin to safety monitoring that, as a standalone function (see below), is not required by the regulatory framework.

It is noted that the regulations and the Rodriguez case make clear that the purpose of an aide is to assist with tasks and not to act as a prophylactic safety device in case of vertigo, loss of consciousness, seizures, falls or the like. It is further noted that the Plan can decide for escort to medical appointments. It may also be that in certain other limited circumstances, additional hours for her Aide could be approved on a case by case basis should the hours provided be insufficient.

The evidence having been duly considered, the Plan’s determination to deny the Appellant’s requested increase in Personal Care Services to 12 hours daily is correct.

It is noted that the Appellant was offered attendance at a Day program which the Appellant declined for less than distinct reasons. Had she accepted such referral, her days would be occupied, she would not be alone, she would be provided with any necessary physical assistance while at the program and, ostensibly, her Personal Care hours would be changed to fit her schedule. Essentially her Personal Care hours would go further.

The Appellant is informed of the right to submit clinical documentation of recent medical changes including any surgical and therapeutic procedures in support of the Appellant’s request for increased hours **and** to include a request from a medical provider clearly explaining how diagnosed conditions impact the Appellant’s ability to perform ADLs.

### **DECISION**

The Appellant's Managed Long-Term Care Plan’s determination to deny the Appellant’s request for an increase in Personal Care Services from 7 hours daily, 7 days weekly (49 hours weekly) to 12 hours daily, 7days weekly (84 hours weekly) was correct.

DATED: Albany, New York  
05/09/2019

NEW YORK STATE  
DEPARTMENT OF HEALTH

By

A handwritten signature in black ink, appearing to read "Alma Chorney", with a large, stylized loop at the end.

Commissioner's Designee