# STATE OF NEW YORK DEPARTMENT OF HEALTH

**REQUEST:** August 6, 2019

**AGENCY:** MAP **FH #:** 8007398K

In the Matter of the Appeal of

: DECISION
AFTER
: FAIR
HEARING

from a determination by the New York City Department of Social Services

### **JURISDICTION**

Pursuant to Section 22 of the New York State Social Services Law (hereinafter Social Services Law) and Part 358 of Title 18 NYCRR, (hereinafter Regulations), a fair hearing was held on September 13, 2019, in New York City, before an Administrative Law Judge. The following persons appeared at the hearing:

For the Appellant

For the MLTC (Centers Plan for Healthy Living; the MLTC Plan)

Appearance waived by the Office of Administrative Hearings: on papers only

#### **ISSUE**

Was the MLTC Plan's Final Adverse Determination, dated July 30, 2019, that denied the prior approval request for a crown on tooth #4 correct?

#### FINDINGS OF FACT

An opportunity to be heard having been afforded to all interested parties and evidence having been taken and due deliberation having been had, it is hereby found that:

1. The Appellant, 68, has been in receipt of Medicaid Managed Care as his Medicaid Managed Care Plan. (hereinafter "Agency") is the dental plan administrator.

- 2. On May 14, 2019, the Appellant's dentist submitted a request for a crown on tooth #4 for the Appellant.
- 3. The Appellant has the following teeth in biting contact with one another: #2 and #31; #3 and #30; #4 and #29, #5 and #28, #12 and #21, and #13 and #20, #14 and #19, #15 and #18 specifically 14 points of biting contact. The Agency determined that the Appellant had at least eight points of biting contact, four top teeth and four lower teeth.
- 4. On July 30, 2019, the Plan issued a Final Adverse Determination that denied the preapproval of the request for the grounds that the service was not covered by his managed care benefits.
- 5. On August 6, 2019, the Appellant requested this fair hearing and asserted that the determination to deny the crown on tooth #4 was not correct.

#### **APPLICABLE LAW**

Social Services Law section 365-a(2) states, in part, that the amount, nature and manner of providing medical assistance for needy persons shall be determined by the public welfare official with the advice of a physician and in accordance with the local medical plan, this title, and the regulations of the department.

- 1. "Benchmark coverage" shall mean payment of part or all of the cost of medically necessary medical, dental, and remedial care, services, and supplies described in subdivision two of this section, and to the extent not included therein, any essential benefits as defined in 42 U.S.C. 18022(b), with the exception of institutional long term care services; such care, services and supplies shall be provided consistent with the managed care program described in section three hundred sixty-four-j of this title.
- 2. "Standard coverage" shall mean payment of part or all of the cost of medically necessary medical, dental and remedial care, services and supplies, as authorized in this title or the regulations of the department, which are necessary to prevent, diagnose, correct or cure conditions in the person that cause acute suffering, endanger life, result in illness or infirmity, interfere with such person's capacity for normal activity, or threaten some significant handicap and which are furnished an eligible person in accordance with this title and the regulations of the department.

Part 438 of 42 Code of Federal Regulations (CFR) pertains to the provision of Medicaid medical care, services and supplies through Managed Care Organizations (MCOs), Prepaid Inpatient Health Plans (PIHPs), Prepaid Ambulatory Health Plans (PAHPs) and Primary Care Case Managers (PCCMs), and the requirements for contracts for services so provided.

Section 438.400 of 42 CFR Subpart F provides in part:

- (a) Statutory basis. This subpart is based on sections 1902(a)(3), 1902(a)(4), and 1932(b)(4) of the Act.
- (1) Section 1902(a)(3) requires that a State plan provide an opportunity for a fair hearing to any person whose claim for assistance is denied or not acted upon promptly.
- (2) Section 1902(a)(4) requires that the State plan provide for methods of administration that the Secretary finds necessary for the proper and efficient operation of the plan.
- (3) Section 1932(b)(4) requires Medicaid managed care organizations to establish internal grievance procedures under which Medicaid enrollees, or providers acting on their behalf, may challenge the denial of coverage of, or payment for, medical assistance.
- (b) Definitions. As used in this subpart, the following terms have the indicated meanings:

Action means-- In the case of an MCO or PIHP--

- (1) The denial or limited authorization of a requested service, including the type or level of service;
- (2) The reduction, suspension, or termination of a previously authorized service;
- (3) The denial, in whole or in part, of payment for a service...

Section 438.402 of 42 CFR Subpart F provides in part:

(a) The grievance system. Each MCO [Managed Care Organization] and PIHP [Prepaid Inpatient Health Plan] must have a system in place for enrollees that includes a grievance process, an appeal process, and access to the State's fair hearing system...

Section 438.402 of 42 CFR Subpart F provides in part:

- (a) Coverage. Each contract with an MCO, PIHP, or PAHP must do the following:
  - (1) Identify, define, and specify the amount, duration, and scope of each service that the MCO, PIHP, or PAHP is required to offer.
  - (2) Require that the services identified in paragraph (a)(1) of this section be furnished in an amount, duration, and scope that is no less than the amount, duration, and scope for the same services furnished to beneficiaries under fee-for-service Medicaid, as set forth in Sec. 440.230.
    - (3) Provide that the MCO, PIHP, or PAHP--
      - (i) Must ensure that the services are sufficient in amount, duration, or scope to reasonably be expected to achieve the purpose for

which the services are furnished.

- (ii) May not arbitrarily deny or reduce the amount, duration, or scope of a required service solely because of diagnosis, type of illness, or condition of the beneficiary;
  - (iii) May place appropriate limits on a service--
    - (A) On the basis of criteria applied under the State plan, such as medical necessity; or
    - (B) For the purpose of utilization control, provided the services furnished can reasonably be expected to achieve their purpose, as required in paragraph (a)(3)(i) of this section; and
- (4) Specify what constitutes "medically necessary services" in a manner that--
  - (i) Is no more restrictive than that used in the State Medicaid program as indicated in State statutes and regulations, the State Plan, and other State policy and procedures; and
  - (ii) Addresses the extent to which the MCO, PIHP, or PAHP is responsible for covering services related to the following:
    - (A) The prevention, diagnosis, and treatment of health impairments.
    - (B) The ability to achieve age-appropriate growth and development.
    - (C) The ability to attain, maintain, or regain functional capacity.
- (b) Authorization of services. For the processing of requests for initial and continuing authorizations of services, each contract must require--
  - (1) That the MCO, PIHP, or PAHP and its subcontractors have in place, and follow, written policies and procedures.
    - (2) That the MCO, PIHP, or PAHP--
      - (i) Have in effect mechanisms to ensure consistent application of review criteria for authorization decisions; and
        - (ii) Consult with the requesting provider when appropriate.
  - (3) That any decision to deny a service authorization request or to authorize a service in an amount, duration, or scope that is less than requested, be made by a health care professional who has appropriate clinical expertise in treating the enrollee's condition or disease.
- (c) Notice of adverse action. Each contract must provide for the MCO, PIHP, or PAHP to notify the requesting provider, and give the enrollee written notice of any decision by the MCO, PIHP, or PAHP to deny a service authorization request, or to authorize a service in an amount, duration, or scope that is less than requested. For MCOs and PIHPs, the notice must meet the requirements of Sec. 438.404, except that the notice to the provider need not be in writing.
- (d) Timeframe for decisions. Each MCO, PIHP, or PAHP contract must provide for the following decisions and notices:
  - (1) Standard authorization decisions. For standard authorization decisions, provide notice as expeditiously as the enrollee's health condition requires and within State-established timeframes that may not

exceed 14 calendar days following receipt of the request for service, with a possible extension of up to 14 additional calendar days, if-

- (i) The enrollee, or the provider, requests extension; or
- (ii) The MCO, PIHP, or PAHP justifies (to the State agency upon request) a need for additional information and how the extension is in the enrollee's interest.
- (2) Expedited authorization decisions.
  - (i) For cases in which a provider indicates, or the MCO, PIHP, or PAHP determines, that following the standard timeframe could seriously jeopardize the enrollee's life or health or ability to attain, maintain, or regain maximum function, the MCO, PIHP, or PAHP must make an expedited authorization decision and provide notice as expeditiously as the enrollee's health condition requires and no later than 3 working days after receipt of the request for service.
  - (ii) The MCO, PIHP, or PAHP may extend the 3 working days time period by up to 14 calendar days if the enrollee requests an extension, or if the MCO, PIHP, or PAHP justifies (to the State agency upon request) a need for additional information and how the extension is in the enrollee's interest.
- (e) Compensation for utilization management activities. Each contract must provide that, consistent with Sec. 438.6(h), and Sec. 422.208 of this chapter, compensation to individuals or entities that conduct utilization management activities is not structured so as to provide incentives for the individual or entity to deny, limit, or discontinue medically necessary services to any enrollee.

Section 438.406 of 42 CFR Subpart F provides in part:

- (a) General requirements. In handling grievances and appeals, each MCO and each PIHP must meet the following requirements:
  - (1) Give enrollees any reasonable assistance in completing forms and taking other procedural steps. This includes, but is not limited to, providing interpreter services and toll-free numbers that have adequate TTY/TTD and interpreter capability.
    - (2) Acknowledge receipt of each grievance and appeal.
  - (3) Ensure that the individuals who make decisions on grievances and appeals are individuals--
    - (i) Who were not involved in any previous level of review or decision-making; and
    - (ii) Who, if deciding any of the following, are health care professionals who have the appropriate clinical expertise, as determined by the State, in treating the enrollee's condition or disease.
      - (A) An appeal of a denial that is based on lack of medical

necessity.

- (B) A grievance regarding denial of expedited resolution of an appeal.
  - (C) A grievance or appeal that involves clinical issues.
- (b) Special requirements for appeals. The process for appeals must:
  - (1) Provide that oral inquiries seeking to appeal an action are treated as appeals (to establish the earliest possible filing date for the appeal) and must be confirmed in writing, unless the enrollee or the provider requests expedited resolution.
  - (2) Provide the enrollee a reasonable opportunity to present evidence, and allegations of fact or law, in person as well as in writing. (The MCO or PIHP must inform the enrollee of the limited time available for this in the case of expedited resolution.)
  - (3) Provide the enrollee and his or her representative opportunity, before and during the appeals process, to examine the enrollee's case file, including medical records, and any other documents and records considered during the appeals process.
    - (4) Include, as parties to the appeal--
      - (i) The enrollee and his or her representative; or
      - (ii) The legal representative of a deceased enrollee's estate.

Public Health Law Section 4403-f provides in pertinent part as follows concerning eligibility for managed long term care:

- 1. Definitions. As used in this section:
- (a) "Managed long term care plan" means an entity that has received a certificate of authority pursuant to this section to provide, or arrange for, health and long term care services, on a capitated basis in accordance with this section, for a population, age eighteen and over, which the plan is authorized to enroll.

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- (c) "Operating demonstration" means the following entities: the chronic care management demonstration programs authorized by chapter five hundred thirty of the laws of nineteen hundred eighty-eight, chapter five hundred ninety-seven of the laws of nineteen hundred ninety-four and chapter eighty-one of the laws of nineteen hundred ninety-five as amended.
- (d) "Health and long term care services" means services including, but not limited to home and community-based and institution-based long term care and ancillary services (that shall include medical supplies and nutritional supplements) that are necessary to meet the needs of persons whom the plan is authorized to enroll. The managed long term care plan may also cover primary care and acute care if so authorized.

Section 506.2(a) of 18 NYCRR provides that dental care in the Medical Assistance program shall include only preventive, prophylactic and other routine dental care, services and supplies, and dental prosthetic and orthodontic appliances required to alleviate a serious health condition including one which affects employability.

The dental provider manual provides that dental care provided under the Medicaid Program includes only *essential services* (rather than "comprehensive" services), and further provides:

Eight posterior natural or prosthetic teeth in occlusion (four maxillary and four mandibular teeth in functional contact with each other) will be considered adequate for functional purposes. Requests for endodontic therapy will be reviewed for necessity based upon the presence/absence of eight points of natural or prosthetic occlusal contact in the mouth (bicuspid/molar contact).

Provision of root canal therapy is not considered appropriate when the prognosis of the tooth is questionable or when a reasonable alternative course of treatment would be extraction of the tooth and replacement. Root canal therapy will not be approved in association with an existing or proposed prosthesis in the same arch, unless the tooth is a critical abutment, or unless its replacement by addition to an existing prosthesis is not feasible. If the total number of teeth which require, or are likely to require, root canal therapy or apical surgery would be considered excessive or when maintenance of the tooth is not considered essential or appropriate in view of the overall dental status of the patient, treatment will not be covered.

<u>D3330</u> Molar endodontics is not approvable as a routine procedure. Prior approval requests will be considered for patients under age 21 who display good oral hygiene, have healthy mouths with a full complement of natural teeth with a low caries index and/or who may be undergoing orthodontic treatment. In those patients age 21 and over, molar endodontic therapy will be considered only in those instances where the tooth in question is a critical abutment for an existing functional prosthesis.

Pursuant to the Provider Manual, all radiographs taken during the course of root canal therapy and all post-treatment radiographs are included in the fee for the root canal procedure. At least one pre-treatment radiograph demonstrating the need for the procedure, and one post-treatment radiograph that demonstrates the result of the treatment, must be maintained in the patient's record. Surgical root canal treatment or apicoectomy may be considered appropriate and covered when the root canal system cannot be acceptably treated non-surgically, there is active root resorption, or access to the canal is obstructed. Treatment may also be covered where there is gross over or under extension of the root canal filling, periapical or lateral pathosis persists, or there is a fracture of the root. Eight posterior natural or prosthetic teeth in occlusion (four maxillary and four mandibular teeth in functional contact with each other) will be considered adequate for functional purposes. Requests for endodontic therapy will be reviewed for necessity based upon the presence/absence of eight points of natural or prosthetic occlusal contact in the mouth (bicuspid/molar contact).

With regard to restorative treatment, including crowns, the Provider Manual provides, in pertinent part, as follows:

Crowns will not be routinely approved when functional replacement of tooth contour with other restorative materials is possible, or for a molar tooth in those patients age 21 and over which has been endodontically treated without prior approval from the Department of Health. Also, crowns will not be routinely approved when there are eight natural or prosthetic bicuspids and/or molars (four maxillary and four mandibular teeth) in functional contact with each other.

Section 358-5.9 of the Regulations provide in part:

(a) At a fair hearing concerning the adequacy of Medical Assistance, the Appellant must establish that the Agency's denial of assistance or benefits was not correct or that the appellant is eligible for a greater amount of assistance or benefits.

#### **DISCUSSION**

The Plan's determination to deny the Appellant's dentist's request for prior authorization for a crown on tooth #4 was correct. The undisputed evidence is that the Appellant will have at least 8 points (4 top and 4 bottom natural teeth) in biting contact if tooth #4 is extracted instead of receiving a crown.

The Plan's x-ray evidence showed that the Appellant's teeth are in contact as follows: #2 and #31, #3 and #30 (tooth in question); #4 and #29, #5 and #28, #12 and #21, #13 and #20, for a total of 12 points of occlusal contact, or 10 points without tooth #30.

The Appellant initially testified that he now experiences pain and being able to receive a crown on the subject tooth could provide immediate relief. The record establishes that the Plan's determination was correct. With regard to restorative treatment, including root canals and crowns, the Dental Manual as set forth above does not provide routine coverage for those items. Also, when a minimum of eight (8) posterior natural or prosthetic teeth (molars and/or bicuspids) are in occlusion (four (4) maxillary and four (4) mandibular teeth in functional contact with each other), a tooth is deemed not essential and can be extracted.

In this case, it is undisputed that the Appellant has at least 8 points of occlusal contact. Consequently, the Plan's determination to deny a crown on tooth #4 must be affirmed. Dental care under the Medical Assistance Program is not intended to provide optimum or ideal care under all circumstances. Rather, the Program is intended to assure that the dental health of eligible recipients such as the Appellant are reasonably and appropriately functional, and to alleviate serious dental health problems. As such, the Plan's determination is sustained.

The Appellant's dentist may pursue preauthorization for a dental implant because such coverage became effective November 12, 2018 and requires prior approval.

## **DECISION**

The determination by the Plan to deny the Appellant's dentist's request for prior authorization for a crown on tooth #4 was correct and is affirmed.

DATED: Albany, New York

12/31/2019

NEW YORK STATE DEPARTMENT OF HEALTH

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By

Commissioner's Designee