# STATE OF NEW YORK DEPARTMENT OF HEALTH

REQUEST: April 28, 2017

**AGENCY:** MAP **FH** #: 7524209H

:

In the Matter of the Appeal of

: DECISION
AFTER
: FAIR
HEARING

from a determination by the New York City Department of Social Services

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#### **JURISDICTION**

Pursuant to Section 22 of the New York State Social Services Law (hereinafter Social Services Law) and Part 358 of Title 18 NYCRR, (hereinafter Regulations), a fair hearing was held on May 24, 2017, in New York City, before an Administrative Law Judge. The following persons appeared at the hearing:

For the Appellant

For the Managed Long Term Care Plan (Centers Plan for Healthy Living)

A. Jacobs, Fair Hearing Representative

## **ISSUE**

Was the Managed Long Term Care Plan's determination dated April 19, 2017, to reduce the Appellant's Personal Care Services authorization from 84 hours weekly (12 hours daily, 7 days weekly) to 56 hours weekly (8 hours daily, 7 days weekly) correct?

## FINDINGS OF FACT

An opportunity to be heard having been afforded to all interested parties and evidence having been taken and due deliberation having been had, it is hereby found that:

1. The Appellant, age 84, has been in receipt of Medicaid benefits provided through a Managed Long Term Care Plan, Centers Plan for Healthy Living.

- 2. By notice dated April 19, 2017, the Managed Long Term Care Plan determined to reduce the Appellant's Personal Care Services authorization from 84 hours weekly (12 hours daily, 7 days weekly) to 56 hours weekly (8 hours daily, 7 days weekly).
  - 3. On April 28, 2017, this fair hearing was requested.

#### **APPLICABLE LAW**

Part 438 of 42 Code of Federal Regulations (CFR) pertains to provision of Medicaid medical care, services and supplies through Managed Care Organizations (MCOs), Prepaid Inpatient Health Plans (PIHPs), Prepaid Ambulatory Health Plans (PAHPs) and Primary Care Case Managers (PCCMs), and the requirements for contracts for services so provided.

Section 438.210 of 42 CFR Subpart D provides, in pertinent part:

- (a) Coverage Each contract with an MCO, PIHP, or PAHP must do the following:
  - (1) Identify, define, and specify the amount, duration, and scope of each service that the MCO, PIHP, or PAHP is required to offer.
  - (2) Require that the services identified in paragraph (a)(1) of this section be furnished in an amount, duration, and scope that is no less than the amount, duration, and scope for the same services furnished to beneficiaries under fee-for-service Medicaid, as set forth in Sec. 440.230.

# NYS DEPARTMENT OF HEALTH OFFICE OF HEALTH INSURANCE PROGRAMS

Guidelines for the Provision of Personal Care Services in Medicaid Managed Care

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- III. e. Terminations and Reductions...
  - iii. All notices must reflect the reasons for reduction, discontinuation or denial of a reauthorization for PCS. Appropriate reasons for reducing, discontinuing or denying a reauthorization of personal care services include but are not limited to:
    - 1. the client's medical, mental, economic or social circumstances have changed and the MCO determines that the personal care services provided under the last authorization or reauthorization are no longer appropriate or can be provided in fewer hours than they were previously;
    - 2. a mistake occurred in the previous personal care services authorization;

- 3. the member refused to cooperate with the required assessment of services;
- 4. a technological development renders certain services unnecessary or less time consuming;
- 5. the member can be more appropriately and cost-effectively served through other Medicaid programs and services;
- 6. the member's health and safety cannot be reasonably assured with the provision of personal care services;
- 7. the member's medical condition is not stable;
- 8. the member is not self-directing and has no one to assume those responsibilities;
- 9. the services the member needs exceed the personal care aide's scope of practice.

#### **DISCUSSION**

The evidence establishes that the Appellant has been in receipt of Medicaid benefits provided through a Managed Long Term Care Plan, Centers Plan for Healthy Living. The evidence also establishes that by notice dated April 19, 2017, the Managed Long Term Care Plan determined to reduce the Appellant's Personal Care Services authorization from 84 hours weekly (12 hours daily, 7 days weekly) to 56 hours weekly (8 hours daily, 7 days weekly).

The Managed Long Term Care Plan's notice of reduction dated April 19, 2017, was carefully reviewed at the hearing as to the specific stated reason to justify its action to reduce the Appellant's Personal Care Services authorization, such as a change in the Appellant's medical, mental, or social circumstances, or if a mistake occurred in the previous personal care services authorization, etc. The Managed Long Term Care Plan's notice dated April 19, 2017, provided, in part, as follows:

"The plan is taking this action as per recent UAS Assessment and Client Task Sheet.

Based on the comprehensive NYS Department of Health Uniformed Assessment System UAS-NY conducted on 04/05/2017 you have demonstrated the following level of care in your Activities of Daily Living and Instrumental Activities of Daily Living:

Meal preparation, housework, managing finances, ambulating on stairs, shopping, traveling, bathing, dressing lower body, bathing, locomotion, toilet use - you are dependent in these areas. You depend completely upon someone else to complete all parts of this task. You do not participate in this task at all.

Managing medications, phone use, personal hygiene, dressing upper body, walking, toilet transfers, bed mobility - you require maximal assistance, where you need physical help to complete most parts of this task, like someone to lean on or help you lift a body part, however you can complete some parts of this task by yourself.

The current UAS-NY assessment and the plan's client tasking tool showed that you need eight hours (8) hours a day/ seven (7) days a week (total of fifty-six (56) hours a week) of Personal Care Aide services to complete the above tasks."

The credible evidence establishes that the Managed Long Term Care Plan's notice dated April 19, 2017, does not adequately identify an appropriate reason to justify its action to reduce the Appellant's Personal Care Services authorization, such as a change in the Appellant's medical, mental, or social circumstances, or if a mistake occurred in the previous personal care services authorization. The Managed Long Term Care Plan's notice dated April 19, 2017, was not proper.

For the foregoing reason, the Managed Long Term Care Plan's determination dated April 19, 2017, to reduce the Appellant's Personal Care Services authorization from 84 hours weekly (12 hours daily, 7 days weekly) to 56 hours weekly (8 hours daily, 7 days weekly) cannot be sustained.

#### **DECISION AND ORDER**

The Managed Long Term Care Plan's determination dated April 19, 2017, to reduce the Appellant's Personal Care Services authorization from 84 hours weekly (12 hours daily, 7 days weekly) to 56 hours weekly (8 hours daily, 7 days weekly) is not correct and is reversed.

- 1. The Managed Long Term Care Plan is directed to restore the Appellant's Personal Care Services authorization to the amount of 84 hours weekly (12 hours daily, 7 days weekly).
- 2. The Managed Long Term Care Plan is directed to continue to provide the Appellant with a Personal Care Services authorization in the amount of 84 hours weekly (12 hours daily, 7 days weekly) unchanged.

Should the Managed Long Term Care Plan need additional information from the Appellant in order to comply with the above directives, it is directed to notify the Appellant and the Appellant's Representative promptly in writing as to what documentation is needed. If such information is required, the Appellant or the Appellant's Representative must provide it to the Managed Long Term Care Plan promptly to facilitate such compliance.

As required by Section 358-6.4 of the Regulations, the Managed Long Term Care Plan must comply immediately with the directives set forth above.

DATED: Albany, New York

06/05/2017

NEW YORK STATE DEPARTMENT OF HEALTH

Taul R. Prenter

By

Commissioner's Designee