Goal: \_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 100 | 90 | 80 | 70 | 60 | 50 | 40 | 30 | 20 | 10 |
| 99 | 89 | 79 | 69 | 59 | 49 | 39 | 29 | 19 | 9 |
| 98 | 88 | 78 | 68 | 58 | 48 | 38 | 28 | 18 | 8 |
| 97 | 87 | 77 | 67 | 57 | 47 | 37 | 27 | 17 | 7 |
| 96 | 86 | 76 | 66 | 56 | 46 | 36 | 26 | 16 | 6 |
| 95 | 85 | 75 | 65 | 55 | 45 | 35 | 25 | 15 | 5 |
| 94 | 84 | 74 | 64 | 54 | 44 | 34 | 24 | 14 | 4 |
| 93 | 83 | 73 | 63 | 53 | 43 | 33 | 23 | 13 | 3 |
| 92 | 82 | 72 | 62 | 52 | 42 | 32 | 22 | 12 | 2 |
| 91 | 81 | 71 | 61 | 51 | 41 | 31 | 21 | 11 | @ |