|  |  |  |
| --- | --- | --- |
| FitBit  https://lh3.googleusercontent.com/JHMjgHqPmcU11FEVpK5J9gDvM_rWxzGzI1ZfyYF_6gLHWRvKuOzgfRSwL6htW_SVumYB8eDKFe4wZDL4vx2WH-RT6ZQhKM8gH7dYzQKxOXpvTxBsj9cLOLiuLEeEm_GuGGnbI5gw | Body Weight Scale  **https://lh3.googleusercontent.com/yIl6hzcJhnUNEnrHZVcgcv_tZ54Azztg-VhBgc6trtmvh2VgoQwv3sCv6-YaSrTnLTbrfRk8sNTbU_B3yKtlRBUf9xZlOWEO9AtLp8WWAwY0enbhjd-2W9B2piHbrxpYZvmwcCei** | Smart Plate  https://lh5.googleusercontent.com/WNA7zuKfG4y9Og7tq5N_uo1KLBm_ocTxp3DiWGo3TD5THdgzqXUeLUDxBY6HY2QpNjmD7CjBJ9JPjfLRu_NSq0QmcGdjd3VCC72seJimoz8tN9_0Ubis1CJwqKyQ9NR5DJk5Hcjw |
| **STATUS**  ON  OFF  300  **STEPS TAKEN**  57 BPM,1 min ago  **HEART RATE**  7.5 hrs  **SLEEP HOURS**  100 F  **BODY TEMPARATURE** | ON  OFF  **STATUS**  100lbs  **BODY WEIGHT** | ON  OFF  **STATUS**  2500  **CALORIES TAKEN 25002**  400  **PROTEINS**  1000  **CARBS**  700  **FATS** |