



FREE DOWNLOAD
ULTIMATE AT HOME STUDY GUIDE



Daily Schedule Checklist

DAILY SCHEDULE	TIME	MON	TUE	WED	THR	FRI	SAT	SUN
Wake up, breakfast, ready to learn	30 min							
Study Subject A - main focus	45 min							
Break	15 min							
Study Subject B - main focus	45 min							
Break	15 min							
Study Subject C - elective	45 min							
Break	15 min							
Study Subject D - elective	45 min							
Lunch	30 min							
Remaining homework & projects	45 min							



GOOD NEWS

HOMECHOOL

DOES NOT
NEED TO BE
AN ALL DAY EVENT



High Success Insider Information

Study Schedule

Study for 45 minutes
Break for 15 minutes
Repeat until for all subjects.

Minimize distractions.

Have all supplies available at your desk.
Set a timer for 45 minutes.
Do not leave your desk until the timer rings.



Pro Tip

**For maximum success
repeat 6 days/week.**



Pro Tip

**Maximize productivity by
creating a study plan for
each subject**

Secrets to Productive Breaks

Use this time to re-energize your brain and body.

Eat, go to the washroom, do some light exercise.

Limit distractions during this time - keep focused.
(phones, social media, tv)



Pro Tip

The best way to rejuvenate your brain and body is to drink water and go outside for a walk.



Are You Looking for Expert Tutoring?

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