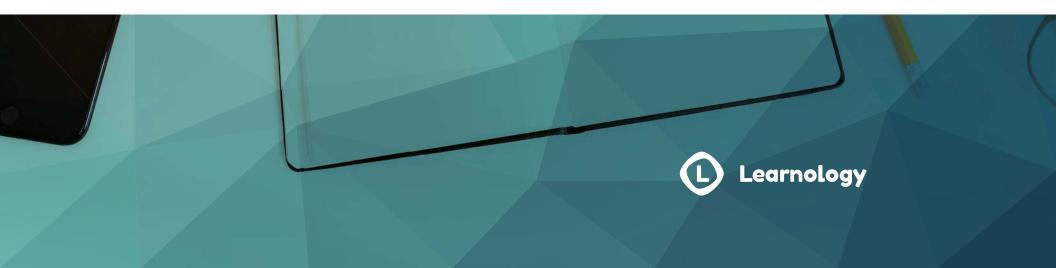


FREE DOWNLOAD ULTIMATE AT HOME STUDY GUIDE



Daily Schedule Checklist

| DAILY SCHEDULE | TIME | MON | TUE | WED | THR | FRI | SAT | SUN |
|------------------------------------|--------|-----|-----|-----|-----|-----|-----|-----|
| Wake up, breakfast, ready to learn | 30 min | | | | | | | |
| Study Subject A - main focus | 45 min | | | | | | | |
| Break | 15 min | | | | | | | |
| Study Subject B - main focus | 45 min | | | | | | | |
| Break | 15 min | | | | | | | |
| Study Subject C - elective | 45 min | | | | | | | |
| Break | 15 min | | | | | | | |
| Study Subject D - elective | 45 min | | | | | | | |
| Lunch | 30 min | | | | | | | |
| Remaining homework & projects | 45 min | | | | | | | |

GOOD NEWS

HOMECHOOL

DOES NOT NEED TO BE AN ALL DAY EVENT

High Success Insider Information

Study Schedule

Study for 45 minutes
Break for 15 minutes
Repeat until for all subjects.

Minimize distractions.

Have all supplies available at your desk.
Set a timer for 45 minutes.
Do not leave your desk until the timer rings.



Pro Tip

For maximum success repeat 6 days/week.



Pro Tip

Maximize productivity by creating a study plan for each subject

Secrets to Productive Breaks

Use this time to re-energize your brain and body.

Eat, go to the washroom, do some light exercise.

Limit distractions during this time - keep focused. (phones, social media, tv)



Pro Tip

The best way to rejuvenate your brain and body is to drink water and go outside for a walk.

Are You Looking for Expert Tutoring?

CALL: (780) 700 - 7877

EMAIL: LEARNOLOGYZONE@GMAIL.COM

