

# CORN RIPENING

## Fall Equinox Meditation Retreat

*Bini'anit'a'a'tsob* (Month of the Ripening of Late Crops)

September 16-20, 2015

or

*Gha'a'ji'* (Separation of Seasons)

October 14-18, 2015



Teachings from  
our Medicine  
Man Phil  
Bluehouse as told  
on earth floor of  
Hogan

Join us on the sacred ground of the Navajo Nation. Experience high desert and canyons, the rising sun corn pollen blessing, and the inner Light phenomena of the Four Directions as it is expressed in the Western autumn Direction. Learn the cosmology of the most sacred plant - corn, and sacred plant medicine as told in Navajo Creation stories. These teachings, coupled with Creation language from Psalm 95, might deepen our awareness of Earth's harvest blessings.

Come enjoy our Navajo culture, delicious native dishes, organic and permaculture gardens, healing desert herbal teas, visits with elders in the Canyons, and deep quiet as we celebrate the turn of the sun and ripening of our famous pink corn at Fall Equinox.

\$320 includes retreat house lodging (or camping), meals Wed supper through Sunday breakfast, teachings from elders and Medicine Man, corn harvest, drying and grinding. (Extra gifts may be given to Medicine Man.) Each day will include several meditation sits, teachings, work meditation, free time for rest or hiking. \$400 for private room (limited number).

EARLY REGISTRATION before August 1: \$280

Retreat limited to 15.

TO REGISTER CALL OR EMAIL:

**Morning Meditation with Corn  
Pollen facing East on  
The portico of our historic  
church.**



On the beautiful grounds at

**Good Shepherd Mission**

1 Kit Carson Rd PO Box 618  
Fort Defiance, AZ 86504

(928) 729-2322

officegoodshepherdmission@gmail.com

FaceBook: Good Shepherd Mission