Z-scores and example

Sometimes researchers want to know if a specific observation is common or exceptional. To answer that question, they express a score in terms of the number of standard deviations it is removed from the mean. This number is what we call a **z-score**. If we recode original scores into z-scores, we say that we **standardize** a variable.

In the example video we'll practice all the skills we've learned so far.

