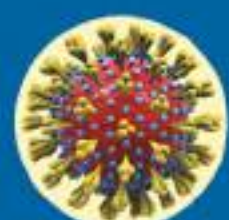
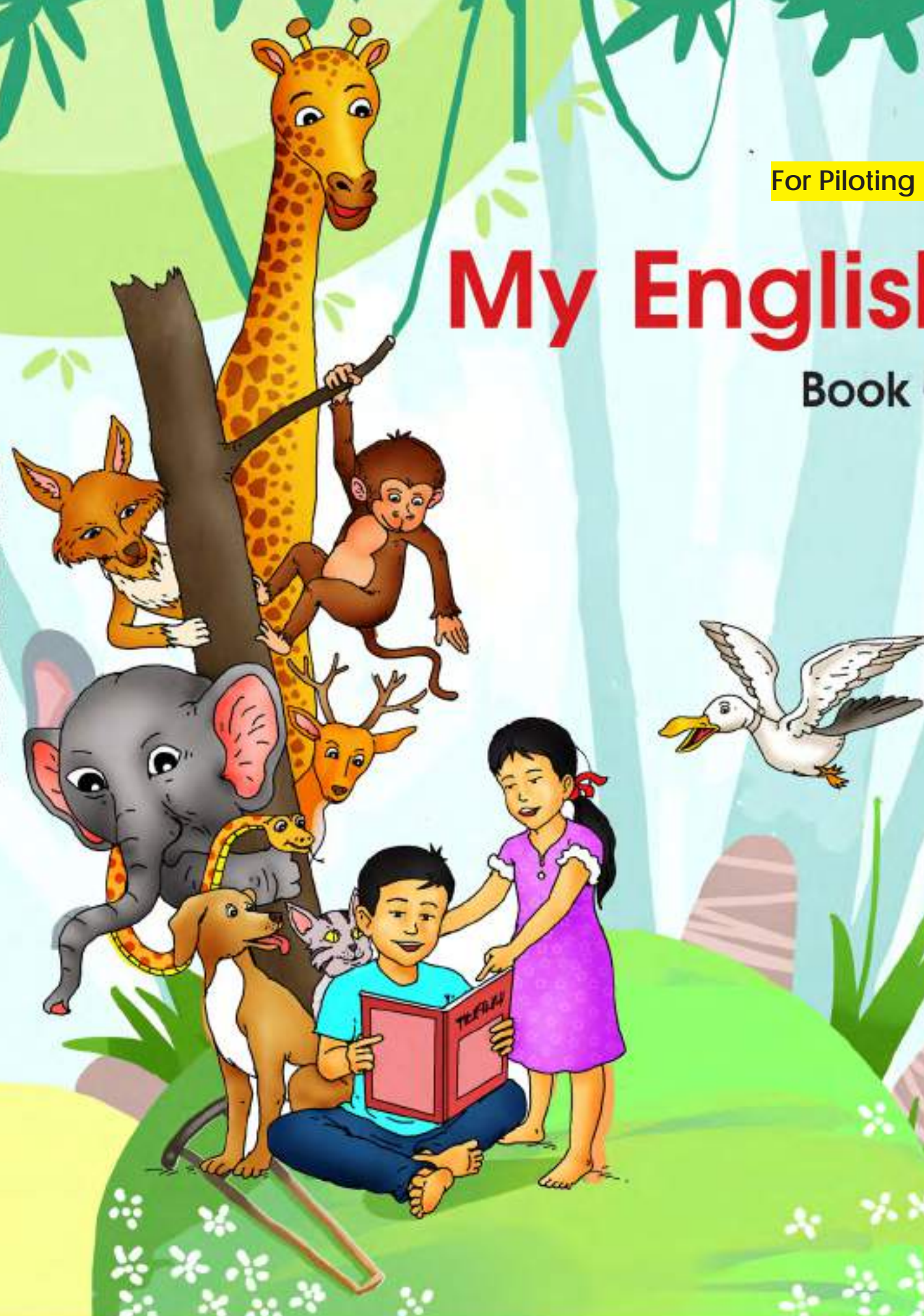
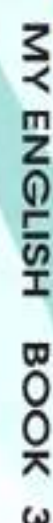




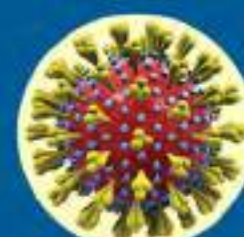
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Ministry of Education, Science and Technology  
Curriculum Development Centre  
Sanathimi, Bhaktapur



## कोरोना भाइरस रोगबाट बच्ने उपायहरू



ज्वरो आएमा, खोकि लागेमा वा श्वाश फेर्न गाह्रो भएमा नजिकको तोकिएको स्वास्थ्य केन्द्रमा सम्पर्क गर्ने



## कोरोना भाइरस रोग (कोभिड-१९)

कोरोना भाइरस इन्फेक्शनको माध्यमबाट सर्ने रोग हो । यो संक्रमित व्यक्तिले खोक्दा वा हाँस्य गर्दा नाक वा मुखबाट निस्कने छिट्टाको माध्यमबाट एक व्यक्तिलाई अर्को व्यक्तिलाई सार्नेछ ।

The diagram consists of three circular icons arranged horizontally. The first icon shows a person lying in bed with a thermometer icon above their head, with the text 'ज्वर आउने' (Fever) below it. The second icon shows a person holding their throat, with the text 'खोक लाग्ने' (Sore Throat) below it. The third icon shows a person coughing, with the text 'श्वास फेन गएको हुने' (Shortness of Breath) below it.

यस रोगको संक्रमणको जोखिमबाट बच्नको लागि निम्न उपायहरू अपनाउनुपर्छ ।





For Piloting

# My English

Book 3

My name : .....

Roll number : .....

School : .....



Government of Nepal  
Ministry of Education, Science and Technology  
**Curriculum Development Centre**

Sanothimi, Bhaktapur

**Publisher:**

Government of Nepal

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# Preface

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Curriculum Development Centre (CDC) revises curricula and textbooks on a regular basis to make education relevant to changed context. Keeping to the tradition, the new Basic Level Curriculum (Grades 1-3) developed as an integrated form is based on the guiding principles of National Curriculum Framework 2019. To see their relevance and practicalities, both the curriculum and the workbook of Grade Three are to be piloted in 100 schools across the country in the academic year 2077 BS. The book has been organized under ten multidisciplinary and subject specific themes and incorporates the competencies and the language functions outlined in the curriculum. This book can be used as a textbook as well as a workbook.

This book has been developed by a team comprising of Prof. Dr. Laxman Gnawali, Mr. Nim Prakash Singh Rathaur, Mr. Shankar Adhikari, Mr. Nabin Kumar Khadka and Mr. Ramesh Dhakal. Various people have contributed to bring this book in this form, notably; Mr. Keshav Prasad Dahal, Mr. Tukaraj Adhikari, Prof. Dr. Bal Mukunda Bhandari, Dr. Gangaram Gautam, Dr. Gopal Prasad Pandey, Mr. Purna Bahadur Lamichhane, Mr. Gangadhar Hada, Mr. Mahendra Kumar Shrestha and Ms. Rani Jha. The illustration of the book has been done by Mr. Dev Koimee and the layout design by Mr. Khados Sunuwar. The Centre would like to extend its sincere thanks to all the people who have contributed for the development of this book. The CDC would also like to acknowledge to all the sources of the materials used in this book.

An attempt has been made to make this book accessible and learner friendly. In order to make its effective use, the teacher needs to be a facilitator in the classroom. The Centre believes that it will also work as a self-access learning resource for the students.

The Centre always welcomes constructive feedback for bringing improvements in its materials.

Curriculum Development Centre  
Sanothimi, Bhaktapur



# Table of Contents

Theme and Lesson	Page
<b>Before you begin</b>	1-5
<b>Me and My Family</b>	6-33
Lesson 1    My Lovely Family	7
Lesson 2    I'm from Nepal	12
Lesson 3    Family Chores	18
Lesson 4    Mother's Day	24
Lesson 5    What Do They Do?	28
<b>My Daily Life</b>	34-66
Lesson 6    Pari's Daily Routine	35
Lesson 7    My Best Friend	40
Lesson 8    My Breakfast	46
Lesson 9    Summer Holiday	53
Lesson 10   Saturday	60
<b>Our School</b>	67-93
Lesson 11   Going to School	68
Lesson 12   About My School	73
Lesson 13   Around My School	79
Lesson 14   At the Playground	84
Lesson 15   School Rules	89
<b>Our Environment</b>	94-118
Lesson 16   The Magic Tree	95
Lesson 17   Our Guests	100
Lesson 18   Cold, Cold Winter	105
Lesson 19   First Time in Kathmandu	109

Lesson 20	My Office	114
<b>My Belongings</b>		119-140
Lesson 21	My Room	120
Lesson 22	My Classroom	126
Lesson 23	My Clothes	133
<b>Our Culture</b>		141-160
Lesson 24	Panche Baja	142
Lesson 25	Gaura Parba	148
Lesson 26	Knowledge Day	154
<b>Communication, Technology and Market</b>		161-178
Lesson 27	Making a Call	162
Lesson 28	At a Market Place	168
Lesson 29	I Love Shopping	174
<b>Fruits and Vegetables</b>		179-191
Lesson 30	The Pumpkin in the Jar	180
Lesson 31	Fruits and Vegetables	186
<b>Hobbies and Interests</b>		192-200
Lesson 32	My Hobbies	193
Lesson 33	My Favourite Sport	197
<b>Birds and Animals</b>		201-215
Lesson 34	The Penguin	202
Lesson 35	The Polar Bear	210
<b>Word List</b>		216

## Before you Begin



Listen and practise.

Hi Dolma! What's up?



Everything is OK. What about you?



I'm fine. Who's this with you?



Oh! This is Kaji. He's our new friend.



Hello Kaji! Nice to meet you.



Nice to meet you, too.



Oh, it's time to go. Bye.



Bye. See you.







Listen and say.



1. I can drive buses, trucks, cars, etc.
2. I can carry a heavy load on my back.
3. I can teach students.
4. I can stay at a shop and sell things.
5. I can fly planes.
6. I can take care of sick people.
7. I can catch thieves.
8. I can make chairs, tables, benches, etc.
9. I can grow vegetables.
10. I can build the wall of a house.



Now, say any five things that you can do.



## Read and answer.

The nights are cold in the mountains in September, October and November but the days are sunny. At the high hills, mornings are clear. It's partly cloudy in the afternoons and we can see stars in the sky during the nights.



During December, January and February, the weather is cold. Heavy snowfall takes place in the mountains. The days are dry with a few rains. It rains more in the west than in the east. In Kathmandu, the days are sunny and warm but the nights are freezing cold.

From March to May, the weather is warm and stormy. Snow falls at higher places. Beautiful rhododendrons are seen. In the Terai, it is much warmer. There is not much rain during this time. Sometimes it doesn't rain for a long time.



From June to August, we can see rain, mist and fog almost every day. It is very hot in the Terai. Hot air blows there. But in the north it is cool. People are seen busy planting paddy during this time.



Match the pictures with the words.



Rhododendron



paddy



mountains



hills

Tick the best answer.

a. The afternoons are partly cloudy in .....

i. October    ii. December    iii. April    iv. August

b. During January, the weather is .....

i. hot    ii. cold    iii. cool    iv. warm

c. The weather is stormy during .....

i. June    ii. February    iii. November    iv. May

d. In July, it rains .....

i. more    ii. very little    iii. almost every day    iv. not at all

**Write short answer.**

- a. When do we see stars in the sky at night?

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- b. How are the nights in Kathmandu in February?

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- c. When do we see rhododendrons?

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- d. Why do we have wet weather in July?

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- e. How is the weather outside now?

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## Write.

You may like to do different things at school and at your home.  
Write about them.

- a. Things I like to do at school

[illegible]



# Me and My Family



## Lesson 1

# My Lovely Family



Listen and sing.

Mummy and daddy love me.  
Grandpa and granny love me.  
I love my brother, he loves me.  
I love my sister, she loves me.



Mummy and daddy, grandpa and granny.  
Brother, sister and me;  
Together we make a family.  
A happy-happy family.  
A happy-happy family.

Now, write other words for these.

grandpa \_\_\_\_\_  
mummy \_\_\_\_\_

granny \_\_\_\_\_  
daddy \_\_\_\_\_

Who are there in your family? Write.

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Read the words and match them with pictures.

tall, happy, big, slim, blonde



..... hair



A ..... and ..... man



A ..... family



A ..... girl

Now, make sentences of your own using the words.

1. happy \_\_\_\_\_
2. big \_\_\_\_\_
3. blonde \_\_\_\_\_
4. tall \_\_\_\_\_
5. slim \_\_\_\_\_



Read and answer.

## My Lovely Family

Hello! My name is Ana. I am eight years old and I am from the USA. I'm going to introduce you to my family. My family is big and we are very happy.

My mother's name is Laura and my father's is Peter. My mother has got blonde hair and she is very kind. My father is tall and slim and he is a very funny person.



My parents have got three children. There's my brother Tim, my baby brother David and me. Tim is a sweet boy who loves playing and being with me all the time. He is only three years old. David is a seven-month baby. He likes being at my father's lap.

My father has got a sister. Her name is Olivia and she is my aunt. My mother has got two brothers. Their names are Richard and William. They are my uncles.

We have a pet called Pirate. He is my favourite dog. I love my family and my pet.

Complete the table.

Ana	..... years old.
Laura	Ana's .....
.....	Ana's father.
Tim	Ana's .....
.....	a seven-month baby.
.....	Ana's aunt.
Richard and Williams.	.....
.....	Ana's pet dog.

Answer the following questions.

1. What is the girl's name?

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2. Is Ana British?

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3. Who is Pirate?

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4. Who does Ana love?

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## Match the opposites.

old	small
big	short
happy	fat
tall	serious
slim	young
funny	unhappy



## Make sentences using these words.

1. small

2. short

3. fat

4. young



## Read about Ana's family again and write about your family.

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## Lesson 2

## I'm from Nepal



### Listen and practise.

Mike : Hi there. My name is Mike. What's your name?

Sima : Hi! Mike! Where are you from? America?

Mike : Yes, you're right! I'm American. I'm from New York. Where are you from Sima?

Sima : I'm from Nepal. I'm Nepali.

Mike : Oh! the birthplace of Buddha!

Sima : Of course!



### Match the countries and nationalities.

India

America

Russia

Chinese

Japan

German

China

Nepali

Germany

Japanese

Nepal

Russian

America

Indian

**Now, complete these sentences with correct words.**

- a. Lena is from ..... She's Russian.
- b. Thomas is from Germany. He's .....
- c. Xi is from China. She's .....
- d. Mahesh is ..... He's Indian.
- e. Hina is from Japan. She's .....



### **Act out.**

I'm Mano. I'm nine years old. I'm from India. I'm Indian. I'm a student. I want to be a pilot.



I'm Kane. I'm eight years old. I'm from Japan. I'm Japanese. I'm a student. I want to be a farmer.



**Now, talk about yourself.**





## Read and answer.



Hello! My name is Salman. I speak Nepali. I'm from Nepal. Kathmandu is the capital city of my country. Volleyball is popular in Nepal.



My name is Luigi. I speak Italian. I'm from Italy. The capital of Italy is Rome. Italy is famous for its food. Our favourite food is pizza and pasta. Football is very popular in my country. Milan is my best team in the world.



Hello everyone! My name is Keko. I speak Japanese. I'm from Japan. The capital of my country is Tokyo. Our national sport is Sumo Wrestling. Our favourite food is fish.



My name is Alicia and I speak Spanish. I'm from Colombia. I'm Colombian. The capital city of my country is Bogota. Our national sport is football. Our favourite food is fried bananas. Shakira is a famous Colombian singer.

Complete the table with correct information.

Name	Country	Capital	Popular Sports
Salman			
	Italy		
		Tokyo	
			football

## Answer the following questions.

a. What language does Salman speak?

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b. What is Italy famous for?

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c. What food is popular in Japan?

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d. Who is Shakira?

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## Read the following sentences.

I am a boy. I'm a boy. I'm not a girl.

I am from France. I'm from France. I'm not from Paris.

He is Spanish. He's Spanish. He isn't Italian.

She is Chinese. She's Chinese. She's not Indian.

It is 8 o'clock. It's 8 o'clock. It isn't 8 o'clock.

They are at the match. They're at the match. They aren't at the match.

The books are on the table. The books aren't on the table.

## Did you notice anything? Talk to your partner.

### Make these short.

a. He is ..... b. I am .....

c. We are ..... d. It is .....

e. is not ..... f. are not .....



**Now, change the following sentences into negative.**

a. He's a good player.

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b. She's an actress.

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c. They're students.

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d. I'm clever.

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e. My mother and father are here.

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f. She's from Mexico.

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g. My friends are interesting.

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**Ask and answer.**

Questions	Short answers	
Are you American?	Yes, I am.	No, I'm not.
..... Chinese?	Yes, we are.	No, we aren't.
..... he a student?	Yes, he .....	No, he .....





## Lesson 3

## Family Chores



Listen and act.

Rina : Hello! How old are you?

Pasang : I'm eight. What about you?

Rina : I'm nine.

Pasang : When's your birthday?

Rina : My birthday is in April.

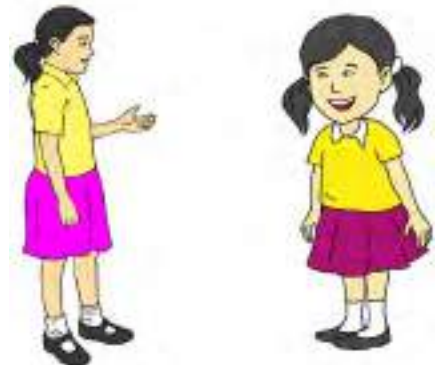


Nita : Hi! are you new here?

Gita : Yes, I am. My name is Gita. What's your name?

Nita : I'm Nita. Nice to meet you. Where are you from?

Gita : I'm from Dhading.



Ganesh : Who's your best friend?

Rupa : My best friend is Pangre.

Ganesh : Pangre! It's a funny name.

Rupa : Pangre is my dog. He's very clever.





## Write questions and ask and answer.

A:	<hr/> <hr/> <hr/>
B:	I'm Adam.
A:	<hr/> <hr/> <hr/>
B:	I'm from Spain.
A:	<hr/> <hr/> <hr/>
B:	I'm eight.
A:	<hr/> <hr/> <hr/>
B:	My birthday is in November.
A:	<hr/> <hr/> <hr/>
B:	My best friend is Naresh.



## Talk to your friend.

Work in pairs. Ask each other the questions and answer them. Write your partner's answers in the table below.

Questions	My partner
Where are you from?	
How old are you?	
When is your birthday?	
Who is your best friend?	





## Complete the sentences with the words from the box.

big, garbage, wash, farm, make, sweep, small

- a. You should put the ..... in a bin.
- b. Do you ..... you bed yourself?
- c. We have a ..... house. It has 20 rooms.
- d. I have a ..... family. We are four.
- e. My father is a farmer. He works in a .....
- f. I ..... my clothes every Saturday.
- g. I ..... the floor with a broom.



## Read and answer.



Hi! My name is Nimesh. I live with my family in a big house. I have two sisters and one brother. We share many chores with our parents. My brother and I take garbage out.

We also wash our clothes twice a week. Every Saturday, I help my parents in the farm. I also make my bed in the morning. My sister, Ritu, sweeps the floor every morning and washes the dishes after meal. My mother cooks for us. My father also helps her in the kitchen.



Hello! My name is Gita. My family is small, my father, my mother, my brother Ajaya and me. We live in a flat in a tall building. I help my family with the chores. I make my own bed.

I set the table for meal while mom cooks. Every Saturday my parents go shopping for food and I take care of my brother Ajaya and help him with homework. My father works in the field. He sweeps the floor every morning. When mom or dad is tired, I bring water for them.

**Bubble the correct answer.**

- |  | i                     | ii                    | iii                   |
|--|-----------------------|-----------------------|-----------------------|
| a. Nimesh lives in a ..... house.                                      |                       |                       |                       |
| i. small                      ii. big                      iii. tall   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Nimesh has ..... members in his family.                             |                       |                       |                       |
| i. five                      ii. four                      iii. six    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. He helps his parents in the farm on .....                           |                       |                       |                       |
| i. Sundays              ii. Mondays              iii. Saturdays        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Gita lives in a ..... in a tall building.                           |                       |                       |                       |
| i. flat                      ii. village                      iii. hut | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Gita's ..... sweeps the floor.                                      |                       |                       |                       |
| i. mother              ii. brother              iii. father            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**Answer the following questions.**

a. Do they help each other in work in Nimesh's family?

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b. How often do Nimesh wash clothes?

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c. What works does Geeta do at home?

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d. How big is Gita's family?

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e. Who set the table for meal at Gita's home?

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f. How does Gita help her brother?

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g. Where does Gita's father work?

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**Make sentences from the table below.**

We			
They			
He			
She	wash		
Ramesh and Rita	washes	the clothes	every week.
My sister and I			
I			

**Now, write the sentences.**

a. 

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---

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b. 

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c. 

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d. 

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e. 

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f.

g.

h.



**Choose the correct form from the brackets to complete the sentences.**

- a. Manita and I ..... to the cinema every Friday. (go/goes)
- b. My brother Harka ..... Karate three days a week. (do/does)
- c. Mr. and Mrs. Karki ..... from Canada. (come/comes)
- d. Kabita is a good teacher. She ..... her students. (love/loves)
- e. He ..... very fast. (swim/swims)
- f. Do you ..... ? (dance/dances)
- g. Mr. Dean is a baker. He ..... a bakery. (have/has)
- h. Does he ..... his socks every day? (wash/washes)



**Write a paragraph about yourself.**

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## Lesson 4

# Mother's Day



Look at the picture and talk to your friend.

What are the children doing?

What is the woman doing?

Do you give gift to your mother?



Now, talk about what is happening in the picture.





## Read and answer.

It is Mother's Day. The family is in the kitchen. Sujan wants to prepare

lunch for her family.

"Who will help me?" Sujan asks.



"I will cut and fry the fish," says father.

"I will wash and cook the rice and vegetables," says Jenni.

Uncle joins them to eat lunch.

After the meal, Sujan and Jenni give their mother some gifts and fruits.

"Thank you," says mother. She gives them a big hug.

**The following words are from the text. Unscramble the words and make sentences.**

a. Inuhc – **lunch**: I take lunch with my family.

b. kchtine - \_\_\_\_\_

c. fyr - \_\_\_\_\_

d. coko - \_\_\_\_\_

e. mael - \_\_\_\_\_

f. hgu - \_\_\_\_\_

g. gfits - \_\_\_\_\_

**Write 'True' or 'False'.**

a. Sujan is preparing lunch.

b. Suzan cuts the fish.

c. The girls give mother some gifts.

d. Mother does not say thank you.

**Choose the correct answer and write in the spaces.**

a. In the story, it is ..... (Christmas, Mother's Day)

b. The girls are preparing ..... (dinner, lunch)

c. Jenni washes the ..... (vegetables, fruits)

d. .... joins them for lunch. (Grandma, Uncle)

e. They give mother some ..... (flowers, gifts)



**Make as many sentences as possible from the table.**

I		
Ram and Hari		
We	is	
She	am	eating food.
Jenni	are	
Sujan		



Now, write the verbs as in the example in the box.

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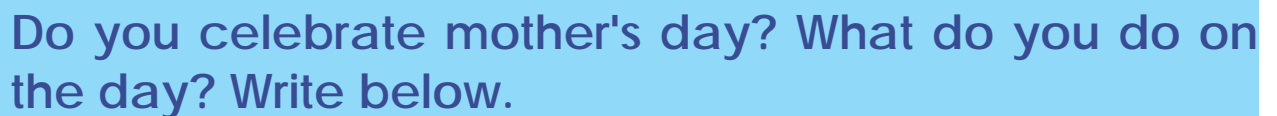
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This image shows a full page of blank primary-ruled paper. It features multiple sets of horizontal lines. Each set consists of three lines: two outer blue lines defining a margin and one central red line for writing. These sets are repeated down the entire page, creating a series of uniform writing areas. The paper is otherwise completely blank, with no text or other markings.



## Lesson 5

## What do they do?



Look, listen and say who they are.



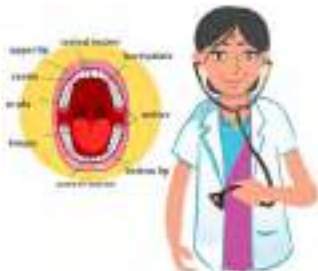
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Now, find the jobs in the grid.

P	A	I	N	T	E	R	C	R	S
O	D	D	U	E	M	T	O	M	H
L	R	R	R	A	W	W	O	E	O
I	I	T	S	C	X	A	K	C	P
C	V	U	E	H	Z	I	C	H	K
E	E	E	W	E	A	T	D	A	E
M	R	S	U	R	G	E	O	N	E
A	F	A	R	M	E	R	C	I	P
N	B	A	R	B	E	R	T	C	E
P	I	L	O	T	N	P	O	Z	R
D	E	N	T	I	S	T	R	A	V
A	I	R	H	O	S	T	E	S	S
M	U	S	I	C	I	A	N	O	Q

Now, put the words in the following sentences.

a. A \_\_\_\_\_ paints pictures.

b. A \_\_\_\_\_ serves food.

c. A \_\_\_\_\_ cooks food.

d. An \_\_\_\_\_ works on a plane.

e. A \_\_\_\_\_ cuts hair.

f. A \_\_\_\_\_ looks after our teeth.

- g. A \_\_\_\_\_ sells goods.
- h. A \_\_\_\_\_ mends engines.
- i. A \_\_\_\_\_ does an operation.
- j. A \_\_\_\_\_ composes music.



### Read the sentences.

- a. Ram is a driver. He drives a bus.
- b. He is an artist. He paints pictures.
- c. She is a nurse. She looks after patients at hospitals.
- d. Nima is a pilot. He flies an aeroplane.
- e. She is an airhostess.
- f. He is a waiter. He works in a restaurant.

### Now, complete the sentences with a or an.

- a. There is ..... book on the desk.
- b. She's reading ..... old comic.
- c. They've got ..... idea.
- d. He's drinking ..... cup of coffee.
- e. The girl is ..... pilot.
- f. Kathmandu has ..... airport.
- g. This is ..... expensive bike.
- h. Look! There's ..... bird flying.

- i. My father is ..... honest person.
- j. My friend likes to be ..... astronaut.
- k. I want to be ..... artist.



**Read and answer.**

### **A Day in the Life of a Farmer**

- a. What job does he do?
- b. Is his work easy or difficult?



Ram Karki is a farmer in a small village near Kathmandu. He lives with his wife, Bimala and his children. They work in the fields every day. Ram and Bimala get up every morning at 4:00 am. They work in the fields from

7:00 am to 6:00 pm. At 10:00 am they always stop work for meal. They take meal together. Men and women usually eat together. They stop work for a rest at midday when the sun is very hot. In the afternoon, their children help them. In



the evening, the family eats together. They often go to bed at around 9:00 pm, ready for another busy day on the farm.

## Answer the following questions.

a. Where does Ram Karki live?

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b. Who does he live with?

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c. Where do they work?

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d. When do they stop working to rest?

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## Compare the pairs of sentences with these.

a. They take meal together.

They don't take meal together.

b. They usually eat together.

They don't usually eat together.



Look at the examples below and compare the sentences.

a. He is a tall boy. He isn't a tall boy.

b. Ram works in the field. Ram doesn't work in the field.

c. They work together. They don't work together.



Now, change the following sentences into negative.

- a. She makes all her money by herself.

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- b. I walk to school.

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- c. Nita drives to work.

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- d. Driving is a dangerous job.

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- e. They are doing their work.

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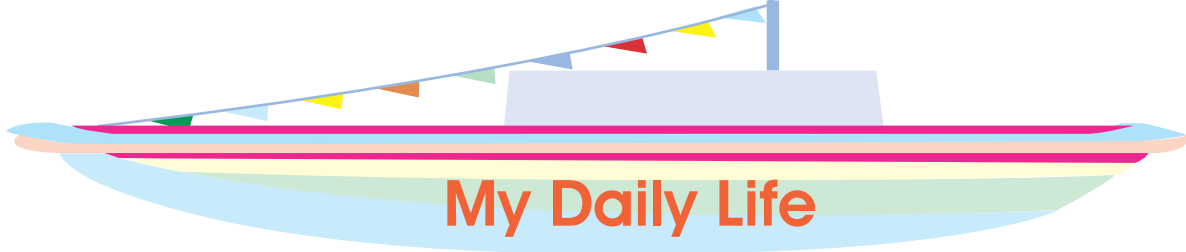
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## What does your mother do? Write a short paragraph.

[illegible]



## Lesson 6

# Pari's Daily Routine



Listen and sing.

Get up fast

Doo doo doo doo doo

Get up fast.

Brush my teeth

Doo doo doo doo doo

Brush my teeth.

Wash my face

Doo doo doo doo doo

Wash my teeth.

Have a breakfast

Doo doo doo doo doo

Have a breakfast.

Go to school

Doo doo doo doo doo

Go to school.

Say hello

Doo doo doo doo doo

Say hello.

Play with friends

Doo doo doo doo doo

Play with friends.

Come back home

Doo doo doo doo doo

Come back home.



**Underline these words/phrases in the song.**

get up    brush    wash    go    play    come back

**Now talk to your friends.**

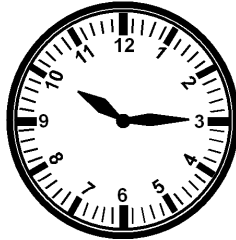
An example: I get up at six o'clock.



**Read the given time.**



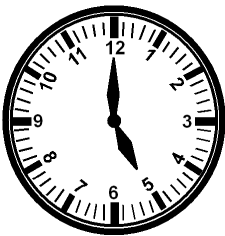
half past eight



quarter past ten



quarter to three



five o'clock



9 a.m.



3 p.m.

**Now, make sentences using them.**

a. An example: It is half past eight.

- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_



## Ask and answer.

What time is it?



It is three o'clock.

What time is it?



It is quarter past eleven.

What time is it?



It is half past two.

What time is it?



It is quarter to five.

What time is it?



It is 8 a.m.

What time is it?



It is 9 p.m.

Now Practise in pairs and groups.





## Read and answer.

### Pari's Daily Routine

This is Pari. She is eight years old. She wakes up at quarter to seven everyday. She washes her face. She cleans her teeth with a toothbrush. She combs her hair. Then she has breakfast. She takes breads and milk in the breakfast. She wears uniform after the breakfast.

At half past nine, she leaves home for school. She goes to school on foot. It takes 15 minutes to get to school. The school starts at ten o'clock. Her lessons begin at quarter past ten. She has five lessons a day. At four o'clock the lessons are over. She spends ten to four in school.

She returns home at 4:30 p.m. She changes her school uniform and has a rest. She plays with her friends after doing homework. She has dinner with her family at 7:30. Her mother prepares the meal. She usually listens to music and watches television. She brushes her teeth again. She goes to bed at 9:30.



Answer the following questions.

- a. When does Pari get up?

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- b. What does she have in the breakfast?

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- c. How does she go to school?

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- d. How many hours does she spend in school?

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- e. What time does she reach home after school?

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- f. What does she do after dinner?

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Write a paragraph about your daily routine.

[illegible]



Listen and read.



Gopal is my best friend. We go to school together.



Rina is my best friend. I play skipping with her.



Pemba is my best friend. I share my tiffin with him.



Nabina is my best friend. We buy toys together.

Who is your best friend? What do you do with your best friend?  
Tell your friends.



Study

Words	Meaning
share	: divide
toy	: play thing
colony	: settlement area

chat : talk

weekend : off day (Saturday in Nepal)

competition : an event

behave : act

**Now, choose the correct words and fill in the blanks.**

- a. Have a nice .....
- b. We have handwriting ..... today.
- c. Roshan plays with his .....
- d. I ..... this room with my brother.
- e. Our teachers ..... us well.
- f. Sara and Alam live in the same .....
- g. I like to ..... with friends.

**Now, use these words and make sentences.**

a. share

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b. toy

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---

---

c. colony

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d. chat

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---

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e. weekend

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f. competition

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---

g. behave

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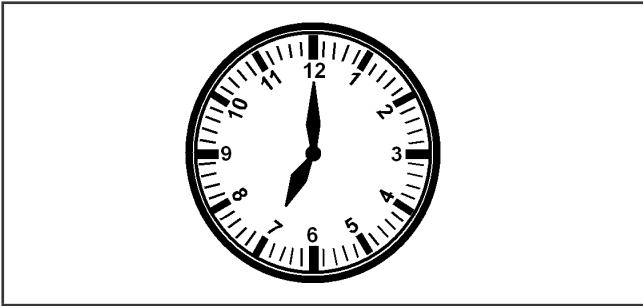
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## Listen and act.

When do you get up?



I get up at seven o'clock.

When do you leave home for school?



I leave home for school at half past nine.

When do you take your tiffin?



I take my tiffin at quarter past one.

What is your school time?

**10 am to 4 pm**

It is ten to four.

When do you reach home?



I reach home at quarter to five.

When do you go to bed?



I go to bed at nine thirty.

**Now practise in pairs and groups.**





## Read and answer.

### My Best Friend

This is Alia and she is nine years old. She has many friends. Do you know? Who is her best friend? Her best friend is Hana. She is nine years old too. They are in the same class. They live in the same colony. They are always together.

They go to school together. They sit on the same bench in classroom. They sometimes play skipping. They sometimes just sit and chat. They share their tiffin.

They always walk home together. They talk about their homework. They help each other to do homework. They often talk on the phone before they go to bed.

They like to spend free time together. Weekend is their fun time. They play games. They have drawing competition. Hana is good at drawing and painting. They sometimes go to market. They watch television. They both love music. They sometimes go to cinema with their parents. They behave them like their own daughters. They call them twin sisters.



## Match with the correct endings.

### Column A

- a. Alia's best friend
- b. Alia and Hana
- c. They have phone call
- d. They have drawing competition
- e. Their parents call them

### Column B

- i. twin sisters.
- ii. is Hana.
- iii. on Saturday.
- iv. before sleep.
- v. live in the same area.

## Answer the following questions.

- a. What do they do in school?

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- b. How do they do their homework?

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- c. Who is good at painting?

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- d. How do their parents behave them?

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## Study the underlined words in the following sentences.

- a. Alia is nine years old.
- b. She has many friends.
- c. They are in the same class.
- d. They have many toys.
- e. I am a student of grade three.

Now, make as many sentences as possible.

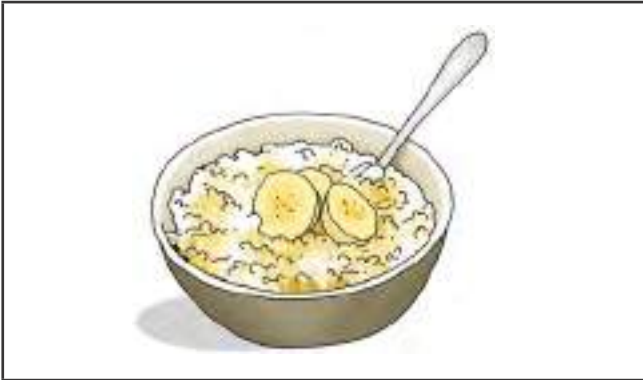
I	is	a good boy.
He	am	a singer.
She	are	football players.
They	has	fifty rupees.
	have	

## Lesson 8

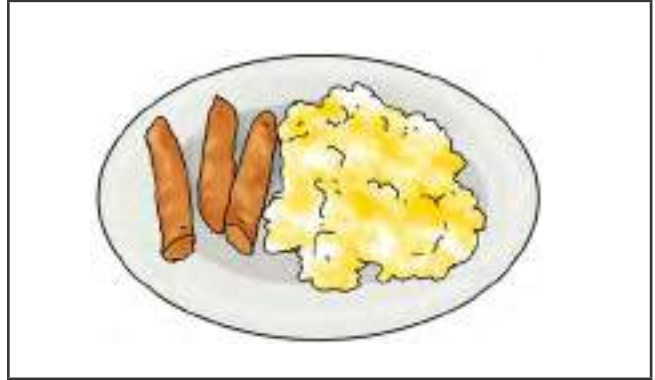
## My Breakfast



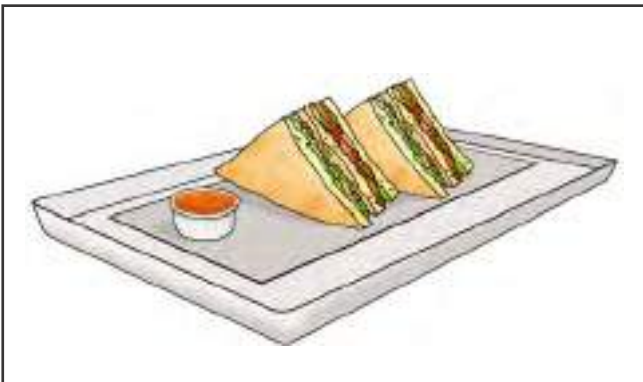
Look at and read.



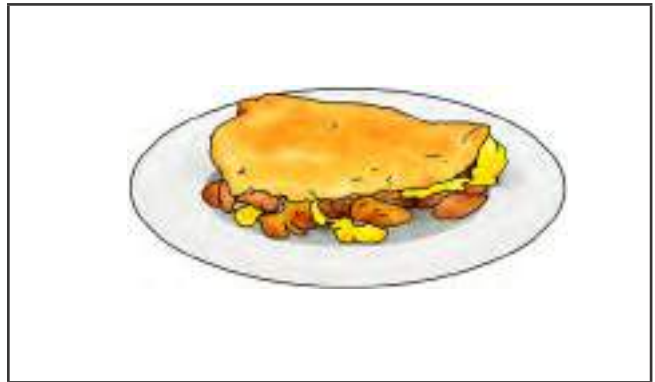
I eat banana and porridge in my breakfast.



I eat chicken sausages in my breakfast.



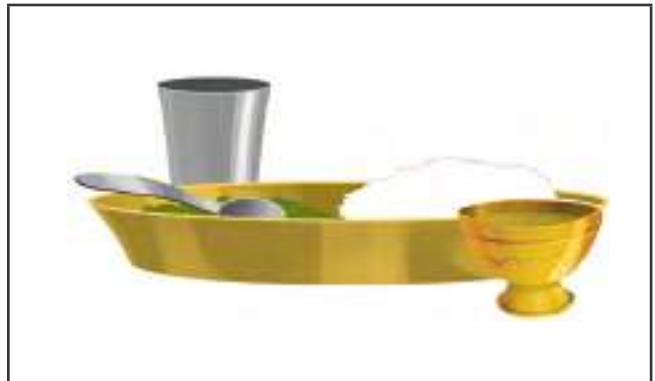
I take peas and sandwich in my breakfast.



I take masala omelette in my breakfast.



I have bread and omelette in my breakfast.



I have rice in my breakfast.

What do you take in your breakfast? Tell your friends.



Read the food items.



chicken sausage



sandwich



omelette



porridge



cheese



salad

Now, make sentences using them.

a.

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b.

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---

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c.

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d.

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e.

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f.

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## Listen and Act.



Excuse me!  
May I come in?



I'm sorry. I forgot  
your birthday.



I'm sorry for my  
wrong advice.



Sorry friends. I didn't  
join football Practise  
yesterday.

**Now, practise the following dialogue.**

Bijaya : Excuse me! May I come in sir?

Teacher : Why are you late, Bijaya?

Bijaya : I'm sorry, but I got a traffic jam.

Teacher : Really? You told me the same thing every time.

Bijaya : But, sir. It was a long jam today.

Teacher : Next time, please come early.

Bijaya : Ok, sir. I promise!

Teacher : Good! Now you can sit.



Read and answer.

## My Breakfast

Hi! I'm Peter. I live in Newcastle with my parents and lovely cat.

I like a lot of things but I don't like mornings. I don't like to get very early in the morning. It is difficult for me. Now let me tell you one story.

One morning my mum called me for breakfast. I took a quick shower. I combed my hairs and went to the kitchen. I saw a plate of porridge on the table. I hated that porridge! I didn't eat it at all. I ate the fruit salad and drank a glass of milk. When my mum went out of the kitchen I threw the porridge out of the window. When my mum returned there was no porridge on my plate. She smiled and I was happy. Suddenly somebody knocked at the door. My mum opened the door. She saw a woman with that porridge on her head! My mum understood everything. She said, "Sorry." She helped that woman to clean her hairs. I felt bad. But now I eat this porridge without any words.



(adapted from My Breakfast, en.islcollective.com)

**Write "True" for true and "False" for false statements.**

a. Peter lives with his parents.

b. He combed his hairs after breakfast.

c. He loved porridge in the breakfast.

d. His mother helped a woman to clean her hairs.

e. He laughed at that woman.

**Answer the following questions.**

a. Where does Peter live?

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b. Why didn't he like mornings?

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c. What did he eat in the breakfast?

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d. What did he throw out of the window?

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e. Why did his mother say "sorry" to a woman?

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f. How did his mother help that woman?

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---

---



## Study the past form of the following verbs.

present	past	present	past
call	called	tell	told
comb	combed	say	said
hate	hated	take	took
smile	smiled	see	saw
open	opened	go	went
play	played	eat	ate
start	started	throw	threw
do	did	understand	understood
get	got	feel	felt
make	made	run	ran

**Now, change the following sentences into past.**

a. Babita and Yogita play games.

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b. Phudoma and her brother eat breakfast.

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c. They go to market.

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---

d. We see a tiger in the zoo.

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e. I throw a ball up.

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---

f. He takes a shower in the morning.

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---

g. They throw a ball.

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h. I feel very hot.

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---

i. My father runs in the morning.

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Write a paragraph about your breakfast.

[illegible]





Look at the activities and read.

Summer Holiday Activities		
<i>visit grandparents</i>	<i>blow bubbles</i>	<i>visit water park</i>
<i>write poems and stories</i>	<i>make a music video</i>	<i>visit museum</i>
<i>make a play dough</i>	<i>visit a zoo</i>	<i>make a paper plane</i>
<i>paint with watercolour</i>	<i>grow flowers</i>	<i>go on nature walk</i>

What do you do during summer holiday? Tell your friends.



## Study the word meaning.

Words	Meaning
observe	: see or notice something
attractive	: good looking
experience	: evidence
monsoon	: a period of heavy rain
sow	: plant
amazing	: wonderful

### Choose the correct words and fill in the blanks.

- a. Amar looks ..... in Sherpa dress.
- b. Farmers ..... seeds in their fields.
- c. You are an ..... dancer.
- d. I am here to ..... green fields.
- e. This is ..... season.
- f. We learn by .....

### Now, use these words and make own sentences.

a. observe

---

---

---

b. attractive

---

---

---

c. experience

---

---

---

d. monsoon

---

---

---

e. sow

---

---

---

f. amazing

---

---

---



## Listen and act.

What will you do in summer holiday?



I will visit  
Bandipur.



I will visit Rara  
Lake.



I will visit  
Kailali.



I will visit  
Janakpur.

**Practise the following dialogue.**

Rabina : Hello.

Shilpa : Hello. Can I talk to Rabina, please?

Rabina : This is Rabina.

Shilpa : Oh! Hi Rabina. This is Shilpa. Can we go on shopping on Saturday?

Rabina : Sure! I will come.

Shilpa : Great! See you on Saturday.

Rabina : See you. Bye!



## Read and answer.

### Summer Holiday



I enjoy summer holiday. Do you? I forget about school. I get up late. I meet my friends and play with them.

I always go to Nepalgunj. It is my **Mamaghar**. I stay there for one week.

I spend time with my parents. We go to different places of Nepal. Last summer, we visited Ilam. I enjoyed tea garden. We observed sunrise and sunset from Shree Antu. It was really beautiful. We had taste of local foods in homestay. It was my new experience.

I will visit Lumbini this summer.  
Anil



I love summer holiday. Do you? I take care of my young sister. I meet my friends and play with them.

It starts in June and ends in July. It is the busy time for the farmers. My parents are farmers.

It is monsoon season. The villagers are busy. They plant paddy. They help each other. The men usually plough the field. The women usually sow the paddy. They throw mud each other and enjoy. They also sing **Asare Geet** (traditional folk song). This is simply amazing.

Last year, I spent my holiday with my parents in the fields. This summer will go in the same way.

Bishal

## Fill in the blanks with correct words.

- a. Anil plays with his ..... on summer holiday.
- b. Nepalgunj is Anil's .....
- c. Anil enjoyed the taste of ..... in homestay.
- d. Bishal takes care of his .....
- e. The men plough the .....
- f. The villagers sing ..... in paddy field.

## Answer the following questions.

- a. What does Anil forget on holiday?

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- b. Where did Anil go last summer holiday?

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---

---

- c. What did Anil and his parents see from Shree Antu?

---

---

---

- d. Where will Anil go this summer?

---

---

---

- e. Who are Bishal's parents?

---

---

---

f. How do people enjoy in the paddy field?

---

---

---

g. Where did Bishal go last summer?

---

---

---



**Study following sentences.**

- a. I will get up early tomorrow.
- b. Sarita will go to Dang next week.
- c. They will come here in two hours.
- d. Tom will arrive in the evening.
- e. Shall we meet on Friday?

We use **will** or **shall** to talk about future.

**Now, make as many sentences as possible from the table.**

I	will	buy books tomorrow.
He		visit Godawari on Saturday.
She		do homework tomorrow morning.
They		return home next week.





## Write.

What do you do during summer holiday? Make your activity list.

- a. For example: play with friends. b. \_\_\_\_\_  
c. \_\_\_\_\_ d. \_\_\_\_\_  
e. \_\_\_\_\_ f. \_\_\_\_\_  
g. \_\_\_\_\_ h. \_\_\_\_\_

Now, write a paragraph about your summer holiday with help of above activity list.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_



Listen and sing.

Every week has seven days.  
Starting from Sunday.  
Monday and Tuesday.  
Did you brush your teeth today?  
Wednesday and Thursday.  
Did you wash your face today?  
Friday and Saturday.  
Eat your meals everyday.  
We come again to Sunday.  
And then we go day by day.  
Sunday, Monday, Tuesday.  
Wednesday and Thursday.  
Friday and Saturday.  
And then we come to Sunday.

Sunday  
Monday  
Tuesday  
Wednesday  
Thursday  
Friday  
Saturday





## Match the words with their meanings.

### Words

gather

hide

seek

shut

hint

look for

nowhere

### Meaning

close

clue

not in any place

come together

go somewhere

ask for

search

## Now, use these words and make own sentences.

a. gather

---

---

---

b. hide

---

---

---

c. seek

---

---

---

d. shut

---

---

---

e. look for

---

---

---

f. nowhere

---

---

---



## Listen and act.

What will you do on Saturday?



I will have dinner at restaurant.



I will clean my room.



I will have my hair cut.



I will visit children's park.

Practise in pairs and groups.

wake up early tomorrow.	meet the head teacher after class today.	visit Nagarkot next week.
play tennis this Friday.	buy new shoes this Saturday.	watch TV tonight.
go to bed early tonight.	do exercise today.	travel Thailand this year.

An example: I will wake up early tomorrow.



Read and answer.

## Saturday

Bikash, Manila, Sandesh and Nisha are classmates. They gathered in Nisha's house. They played together all day because it was Saturday.



They played outside in the morning. They played skipping and **chor-police**. They ate lunch at 11:30 a.m. Nisha's mom made their favourite items.

They played hide and seek in the house after lunch. Bikash shut his eyes and others ran to hide. He began to look for them. He found Sandesh under the bed. Manila was behind the curtain. But her feet were out of the curtain. Nisha



was nowhere. At last, they noticed her in the box. Then they didn't know what to do. "Let's play the number game." Bikash said. They agreed and played.

Bikash: What number am I thinking of?

Manila: Is it forty?

Bikash: No, you are very far.

Sandesh: Is it seventy five?

Bikash: No. Do you need any hint? Ok, it is between sixty and seventy.

Nisha: Hmm, is it sixty?

Bikash: No, but you are very close.

Nisha: I know. It is sixty one.

Bikash: Yeah! You are right. Good job!

**Write "True" for true and "False" for false statements.**

- a. Nisha and her friends played whole day.
- b. They played **chor-police** in the morning.
- c. Manila's mother cooked meal for them.
- d. Sandesh hid behind the curtain.
- e. Number game was the idea of Bikash.
- f. Manila guessed the right number.

**Answer the following questions.**

- a. Who gathered in Nisha's house?

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- b. Where did they play in the morning?

---

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---



c. Who closed the eyes to play hide and seek?

---

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---

d. Who hid in the box?

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---

e. Which game did they play at last?

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---

f. Who guessed the right number at last?

---

---

---

g. Where did Bishal go last summer?

---

---

---



**Study following singular verbs.**

verbs	singular forms	verbs	singular forms
watch	watches	push	pushes
catch	catches	brush	brushes
reach	reaches	wash	washes
teach	teaches	wish	wishes
touch	touches	finish	finishes
search	searches	punish	punishes

**Fill in the gaps with the correct form of verbs.**

a. John ..... English in the school. (teach)

b. We ..... school at quarter to ten. (reach)

- c. I ..... my teeth two times everyday. (brush)
- d. My mother ..... my clothes. (wash)



**Write.**

**What did you do last Saturday? Make a list.**

a. played with friends.

b. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

d. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

f. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

h. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

c. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

e. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

g. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Now write a paragraph about your last Saturday with the help of above list.**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

# Our School







Look at the picture and read.

We travel:



on foot



by car



by bus



by bicycle



by motorcycle



by tempo



by auto rickshaw



by aeroplane



by train



by ship



by boat











by helicopter

Now, put these different means of transport into correct groups.

Land	Water	Air



How do they go to school?

	always	usually	sometimes	never
Raksha				
Kailash				
Ruby				
Nima				

Raksha always go to school by car. She never goes to school on foot.





## Read and answer.



Rupa, 8: There are many things I love in school. I have many friends. I like being with them very much. My classes in school are also fun and interesting. Mathematics is my favourite subject. I love doing mathematics. English and Nepali are also not difficult to me.

I am not very good at outdoor sports like football and volleyball. I play chess with my friends. Of course, there are things I don't like.

Some of my classmates are always talking. Some rules in school are very strict. We can't go to school without school uniform



Harka, 9: The best thing about my school is computer lab. There are many computers in the lab. I enjoy practising computer in school. Sometimes, I play video games in computer.

I'm good at all subjects. My favourite subject is English. I like the songs we listen to in class. I also love creative arts. In the tiffin break, I always go to the playground to play football with my friends.

We must wear school uniform everyday.

I think it's a good thing but most students don't like it very much. I hate when teachers give me lots of homework.





Listen and sing.

## Round and Round

John Kitching

Round and round the playground,  
Marching in a line,  
I'll hold your hand.  
You hold mine.



Round and round the playground  
Skipping in a ring  
Everybody loves it  
When we all sing.



Round and round the playground  
That's what we like:  
Climbing on the climbing frame,  
Riding on the bike.

Round and round the playground,  
All together friends.  
We're sad, sad, sad  
When the school day ends.



What do you do in your school?



Match the picture with the words given below:

canteen

Head teacher's office

science laboratory

playground

computer room

library

classroom

staff room

rest rooms





## Listen and act.

Ramu : Mum, may I go to school now?

Mother : Oh, well, it's 9:30 now. Go and put on your uniform.

Ramu : May I take water in a new water bottle?

Mother : Yes, of course! But don't forget to bring it back.

Ramu : Ok, mum. Can I go to school by bicycle?

Mother : No, you can't. It's raining outside.

Ramu : (looking outside) Oh, yes! It's raining. Can I take your umbrella then?

Mother : Mmm ...Ok yes, you can.

Ramu : Thanks mum. Bye!



## Now, work in pairs and talk.

A : May I/Can I .....?

B : Yes, of course. Sure/No, I'm sorry. You can't.....

- |                        |                           |
|------------------------|---------------------------|
| 1. Use your computer   | 2. go to the library      |
| 3. Ask a question      | 4. write on the board     |
| 5. open the door       | 6. drink water            |
| 7. Sit next to her     | 8. go to teacher's room   |
| 9. clean the classroom | 10. join in the assembly. |
| 11. Plant trees        | 12. Water the plants      |

Now, write correct questions for permission.



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put my paper in the bin.  
do homework in the class.  
use my mobile phone.

turn the lights on.  
have my breakfast.  
close the blinds.





## Read and answer.

25 Magh, 2076  
Jaljale, Udayapur

Hello!

My name is Reshma Chaudhary. I am writing this letter to describe my school: Shree Janata Secondary School. It's in Triyuga Municipality-6, Jaljale, Udayapur.

I like my school. It is one of the oldest schools in Udayapur. It has its own good history and contribution. It is well known for good results. Teachers in this school are nice. We have lots of activities in school, so we never get bored.

There are interesting places to go. There is a big playground. Pupils play football, volleyball and other sports on the ground. There is a library with lots of books. Pupils can select their favourite books and read them. In the library there are some newspapers and children's magazines.

Then there are classrooms from pre-primary to grade 12. There are sections in some classes. The classrooms are big and comfortable. There are separate office rooms for head teacher and teachers. There are science and maths labs. There is a computer room. There is a seminar hall for training.

My school opens at 10 a.m. and finishes at 4 p.m. I always attend my school. I take part in all the activities in school.

These are all about my school. Please write to me about your school.

Your friend

Reshma

Put a tick (✓) for what Reshma's school has and a cross (X) for what Reshma's school doesn't have.

library	<input type="checkbox"/>	music room	<input type="checkbox"/>
school canteen	<input type="checkbox"/>	playground	<input type="checkbox"/>
seminar hall	<input type="checkbox"/>	gym hall	<input type="checkbox"/>
Hostel	<input type="checkbox"/>	staff room	<input type="checkbox"/>

Complete the sentences according to the text.

- The letter is written by \_\_\_\_\_ on \_\_\_\_\_.
- The school is located in \_\_\_\_\_.
- The school is famous for \_\_\_\_\_.
- The school uses \_\_\_\_\_ for training.



Write a reply letter to Reshma describing about your own school.

This image shows a full page of blank handwriting practice paper. It features multiple sets of horizontal lines. Each set typically consists of three lines: two outer blue lines defining the height of capital letters and a middle red line for lowercase letters. There are several such sets of lines spaced evenly down the page, providing ample space for practicing letter formation and alignment. The background is white, and the lines are thin and clearly visible.

## Lesson 13

## Around My School



Look at the pictures and read.



English class



maths class



Our Surrounding class



Nepali class



art class



music class



computer class



games class



dance class



## Listen and Say.

Excuse me, the art class is starting in five minutes.



Hello, there is an English class in second period tomorrow.



Excuse me; do you know where my Maths book is?



Yes, there it is!

Excuse me, do you have time? I need to ask something about music class.

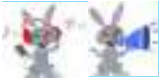


Yes, of course.

Excuse me, is this your pen?



Yes, It is.



## Listen and practise.

(A boy puzzled in the library to find the book of his interest.)

**Librarian** : Excuse me, can I help you?

**Mohan** : Yes, I want to ask you a quick question.

**Librarian** : Sure. What is it?

**Mohan** : Well, can you tell me where I can find the children's stories?

**Librarian** : On your right side in the corner, Mohan. How can I help you more?

**Mohan** : Thank you sir.  
I will see the book.

**Librarian** : It's quite right.

**Mohan** : Excuse me, I'd like to borrow this book. Is it alright?

**Librarian** : Yes, of course, Mohan. I am glad to lend you this book.

**Mohan** : Thank you very much. Good-bye sir.

**Librarian** : Good-bye, Mohan.







## Read and answer.



### Answer the following questions.

a. How much is the fee for Karate class?

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b. Where can the students put the litter?

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c. Can students go to the library on Wednesday?

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d. Where should the class monitors go for Child Club meeting?

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e. When should you submit your creation for wall magazine?

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f. Where can you get the entry form for football competition?

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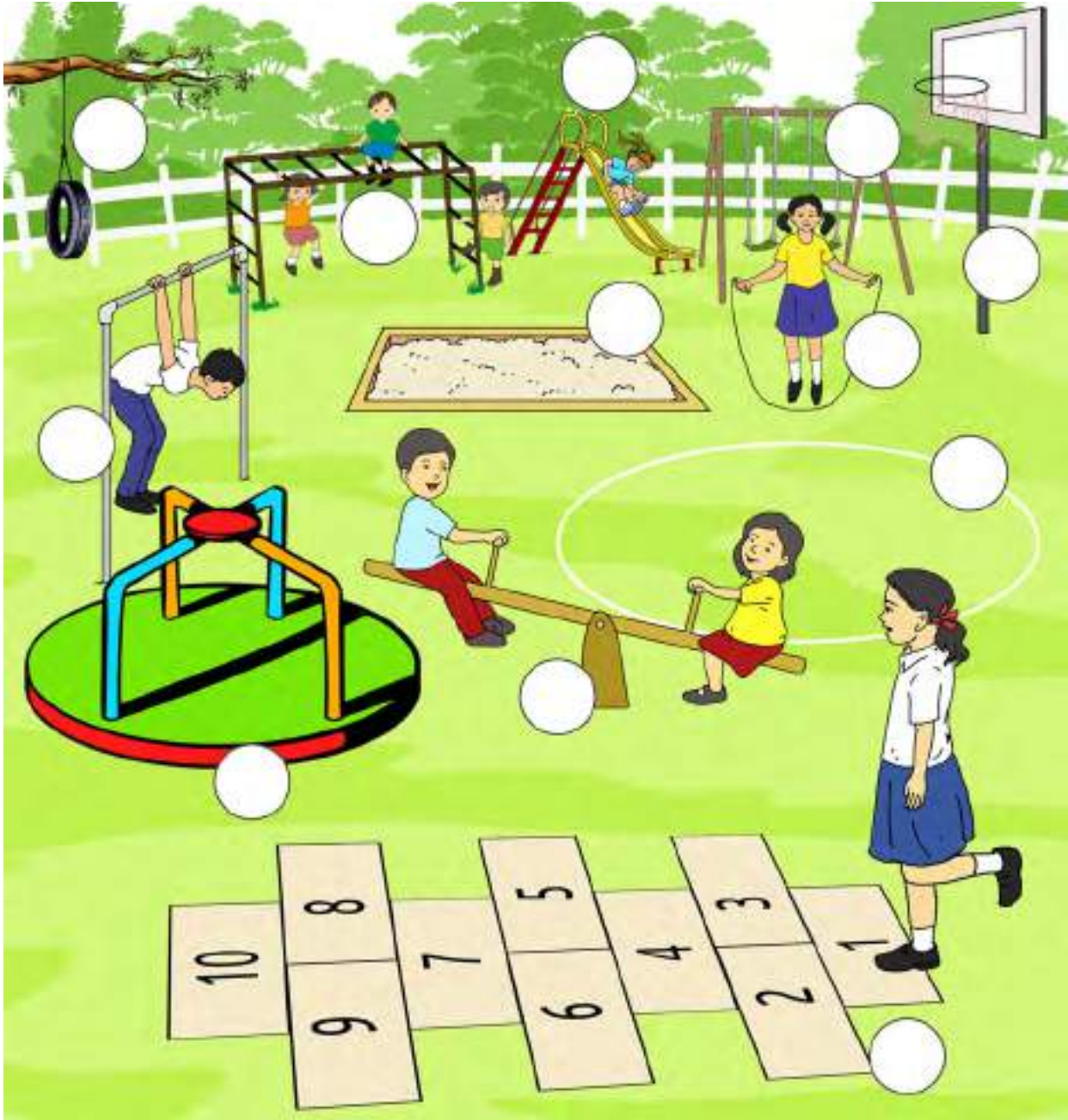
**Write three simple messages to paste on the noticeboard.**

## Lesson 14

## At the Playground



Look at the pictures and write the numbers in the correct bubbles.



1. slides, 2. monkey bars, 3. sandbox, 4. merry go round, 5. seesaw, 6. tire swing, 7. fence, 8. basket hoop 9. climbing bars 10. Hopscotch, 11. skipping rope 12. swing

What other things do you have in your school?



## Read and answer.

Indu and Bindu were friends. They were playing swings at the playground. There was only one swing. They took turns to play. They made a rule: "When we count 100, we have to give turns to others".

Indu counted to 100 while Bindu was on the swing. Bindu didn't get off the swing. "Bindu! I counted to 100, it's my turn!" said Indu. "You counted too fast, it's still my turn," Bindu said. Indu was upset. She wanted a turn on the swing, too! What could she do? Indu could tell the teacher, but her teacher always wanted themselves to try to solve the problem first. What could she try? She decided to try using an "I Message". That means to tell the other person how you're feeling, why you feel that way, and what they can do to make it better. "Bindu, I feel sad because you didn't leave after 100 seconds. Will you please get off?" Indu asked. Finally, Bindu go off the swing. Indu was happy because she solved her problem all by herself!

When the break was over, they went back to their classes. Indu talked to the teacher about this. "Congratulation!", the teacher said to Indu. "You are so clever. You solved the problem yourself."

**Write 1, 2, 3, 4 , 5 and 6 to put the events from the story in order.**

Bindu let Indu play the swing.

Indu counted 100.

The teacher congratulated Indu.

Bindu did not go off the swing.

Bindu was playing swings first.

Indu tried an 'I message'.



## Read these dialogues.

Teacher : Congratulation, Geeta. You have got the highest mark in English.	Surya : Congratulations on your 7th birthday, Yamuna.
Geeta : Thank you, Sir. I had done really well in the examination.	Yamuna : Thank you, Surya.
Teacher : You did a very good job.	Surya : You look handsome in that dress.
Geeta : Thank you, Sir	Yamuna : Thank you for saying so.
Uncle : I heard you won the prize in poem competition. Is it true?	Som : That was an excellent speech! Well done!
Rojina : Yes, uncle.	Binita : Thank you very much, Som.
Uncle : Congratulation for getting the prize, Rojina.	Som : It was very good. We really enjoyed it.
Rojina : Thank you very much, uncle.	Binita : Thanks!

## Now, talk in pairs.

- a. You stood first in the poem competition.
- b. You passed grade 2 with good marks.
- c. We are selected as a school captain.
- d. Your uncle gets a job.
- e. You win a quiz contest.
- f. You get a scholarship in school.

Now, complete the dialogue with appropriate expression in the box and practise in pairs.

Yes, I do	very excited	my good news
Congratulation	No	Thank you

Sonu : Hi, Anup! Have you heard .....

Anup : ....., Sonu. I haven't heard anything yet.

Sonu : I got a government job earlier this week.

Anup : Really?

Sonu : Yeh, it's the truth. I am really happy.

Anup : ..... for the job.

Sonu : ..... very much.

Anup : I am ..... for you. You really deserve this.

Sonu : Is that what you really think?

Anup : .....



Describe one of the school events that happened in your school. You can use the following words and phrases.

school day/ sports competition	school playground
all students and their parents	many sports like volleyball, football, chess, table tennis, basketball, race
winners	
prize and shields	congratulate the winners

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, and bottom lines) for writing practice.



## Lesson: 15

## School Rules



Look at the pictures and discuss.

Tick (✓) for what you can and cross (X) for what you can't do in class.



What other things can/can't you do in the classroom? Discuss with your partner.

Now, write ten sentences about the things you do and you don't do in the classroom.

I do	I don't
1. I respect teachers and classmates.	1. I don't chew gum in the class.
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____
6. _____	6. _____
7. _____	7. _____
8. _____	8. _____
9. _____	9. _____
10. _____	10. _____



Read and answer.



Hi! My name is Rinku. I live in Lahan. There are many rules in my school. We must keep our classroom clean. We must do our homework. We must not run in the corridors. We mustn't eat junk foods in the school. But we must wear a uniform. If we break the school rules, we are fined.

Hello! I am Mina. I live in Dhunche. We must follow a lot of rules in our school. We mustn't fight in school and we mustn't swear. We must arrive on time at school. If we are late, the headmaster calls our parents. We must read our books and do our homework.



Hi, my name is Binod. My school is Janajyoti School. We must listen and obey to our teachers. We must be polite to all friends. We mustn't be late in school. We mustn't take mobile phones to our school. We must join in the assembly.

Fill in the table.

Pupils	We must	We mustn't
Rinku	a. _____ _____ b. _____ _____ c. _____ _____	a. _____ _____ b. _____ _____
Mina	a. _____ _____ b. _____ _____	a. _____ _____ b. _____ _____
Binod	a. _____ _____ b. _____ _____ c. _____ _____	a. _____ _____ b. _____ _____

## Make correct words.

a. croriodr

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b. sawre

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c. tlioet

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d. aesmlsby

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## Now, make your own sentence using these words:

a.

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b.

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c.

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d.

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## Complete the sentences with “must” or “mustn’t”.

1. You ..... complete your project work on time.
2. When you are absent, you ..... inform to your school.
3. You ..... cross the street when the lights are red.
4. You ..... smoke. It’s dangerous.
5. You ..... read all the books.

6. You ..... eat fruit and vegetables every day.
7. You ..... keep the board untidy after writing.
8. You ..... sleep for 8 hours a day.



**Make a poster entitled "Our Classroom Rules" and paste it on the classroom wall. You may use the following points in your poster:**

- Keep the classroom neat and clean.
- Throw rubbish into bins.
- Obey teachers and be polite to the classmates.
- Be on time in class.



# Our Environment





## Lesson: 16

# The Magic Tree



Look at the pictures and discuss.



Pronounce the following words with the help of your teacher.

magic, sign, trunk, tired, party

Now, complete the following sentences with the help of the pictures.



The boy is showing a ..... There is a ..... to stop.



The boy is ..... The bird is on the ..... of the tree.



## Listen and say.

Listen to your teacher saying the following sentences about the place in the picture.



Now, talk about the following pictures in the same way.



high mountains



a big city



a green forest



an old house

Now, choose an appropriate adjectives from the list below to describe the following.

thick, beautiful, high, tall, long

- a. \_\_\_\_\_ garden
- b. \_\_\_\_\_ house
- c. \_\_\_\_\_ river
- d. \_\_\_\_\_ forest
- e. \_\_\_\_\_ hill



Read and answer.



A long, long time ago a little boy was walking in a park. In the middle of the park there was a tree with a sign on it. The sign said "I am a magic tree. Say the magic words and you will see."

The boy tried to guess the

magic words. He tried abracadabra and many more. But they did not work.

He became tired. He sat on the floor, saying: "Please, dear tree!" and a big door opened in the trunk. Inside everything was dark but there was







a sign. It said "Carry on with your magic."

Then the boy said "Thank you, dear tree!" With this, the inside of the tree became bright. There was a path. He walked along the path. He saw many toys and chocolates.

The little boy called all his friends to the magic tree. They had the best party ever. This is why people always say "please" and "thank you". They are the magic words.

(Adapted from Pedro Pablo Sacristan's story 'The Magic Tree')

**Write 1 to 5 to put the following sentences in the correct order.**

The boy saw a magic tree.

He tried magic words.

The door opened.

There were toys and chocolate.

The boy had a party.

**Write short answers to these questions.**

a. Where was the magic tree?

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b. Where did the boy see chocolate and toys?

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c. What are the magic words?

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Look at the picture and write the description of the village.

[illegible]



Find the differences.



Pronounce the following words.

attractive, introduce, own, travel, strange

Now, use the above words in the sentences below.

- I like roses. They are very \_\_\_\_\_.
- When we meet new people, we \_\_\_\_\_.
- They are businessmen. They \_\_\_\_\_ their business.
- He visits many places. He likes to \_\_\_\_\_.
- I have not seen tigers before. They are \_\_\_\_\_ to me.





## Listen and say.

Listen to your teacher describing a person below.

Gauri is a girl. She is 7 years old. She has big eyes and long curly hair. She is tall and slim. She is a good girl.



Now, describe the following people in the same way.

Name: Nima  
Age : 7 years  
Eyes: small, dark  
Hair: long, wavy  
Height: tall



Name: Phurba  
Age : 8 years  
Eyes: big, blue  
Hair: dark, curly  
Height: short



## Look at the picture and choose the correct options.



## PHYSICAL DESCRIPTION

1. I have got... hair.

- a. curly
- b. straight



2. Mr. Jores is...

- a. thin
- b. fat



3. My eyes are....

- a. blue
- b. black



4. Mr. John is...

- a. thin
- b. fat



5. She has got... hair.

- a. dark
- b. fair



6. I have got... face.

- a. a round
- b. an oval



7. My hair is .....

- a. silky
- b. wavy



8. I am .....

- a. weak
- b. strong



9. I am .....

- a. weak
- b. strong



10. My sister is .....

- a. ugly
- b. beautiful





## Read and answer.



Dear students! Let me introduce our guests of the day. The first is Miss Chandani from Jhapa. She is a nice woman of 25. Her blue eyes are blue and attractive. She is tall and slim because she is fond of all kinds of sports. When she was a student like you, she had long dark hair. Now she has got medium - length brown hair. She really likes homemade food. She owns her own business. In a few minutes she will talk to you on the Internet. She is wearing her black pant and blue t-shirt.



Now, let me introduce our next guest. He is Mr. Tharu from Mahendranagar. He is a doctor. He works in a private hospital there. He loves travelling. He travels a lot and meets many people. He loves his work. He spends most of his time working. At the first sight he looks strange - wavy hair, thick glasses and an old hat on his head. He is wearing a blue suit and red tie. He is 45, but he looks old.

### Complete the table below about Ms. Chandani.

Name	
Nationality	
Occupation	
Age	
Physical appearance	
Eyes	
Hair	
Favourite clothes	

Complete the table below about Mr. Tharu.

Name	
Nationality	
Occupation	
Age	
Physical appearance	
Eyes	
Hair	
Favourite clothes	



Write a description of your friend.

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, and bottom lines) for writing practice.

## Lesson: 18

# Cold, Cold Winter



Look at the pictures and discuss.



summer



autumn



winter



spring

Pronounce the following words.

mittens, scarves, snowman, ice skate, sledding, cuddle up

Now, match the pictures with the suitable words.



mittens, scarves, snowman, ice skate, cuddle up





## Listen and say.

Winter, spring, summer, fall

There are seasons, four in all.

Weather changes, sun and rain  
and snow,

Leaves fall down and flowers  
grow.

Winter, spring, summer, fall

There are seasons, four in all.

Look outside and you will see

Just what season it will be!



(Source: verywellfamily.com)

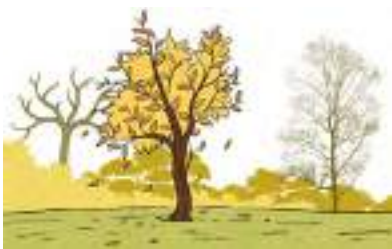
## Read the conversation below.

A : What season is it?

B : It's summer. It's hot.



Now, have similar conversation about other seasons too.







## Read and answer.

Late in the fall (autumn), the air gets colder. Nights get longer. Days get shorter. It gets dark earlier in the evening. Leaves fall from trees. Grass turns brown. When we look outside, we don't see many green plants.

Winter has come. Winter is one of four seasons. The seasons are winter, spring, summer and fall.

Winter means cold weather in many places. It may snow. Winter is a time for warm clothes like sweaters. We wear warm coats.

We wear mittens and scarves.

We can make a snowman. We

can walk in the snow. We can

ice skate or go sledding. We

can cuddle up inside and read

a good book. Some animals

sleep all winter. Many birds fly

south. Think about the birds

that live here in winter. May be

we can give them bird seed to eat. They will thank us for it. After winter ends, spring comes again.



## Answer the following questions.

a. What season comes before winter?

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b. What season comes after winter?

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c. What kind of clothes do people wear in winter?

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d. What do some animals do in winter?

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e. What do birds do in winter?

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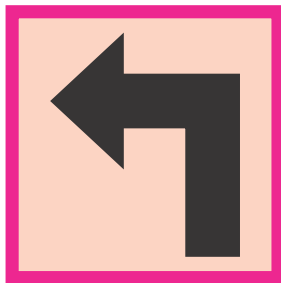
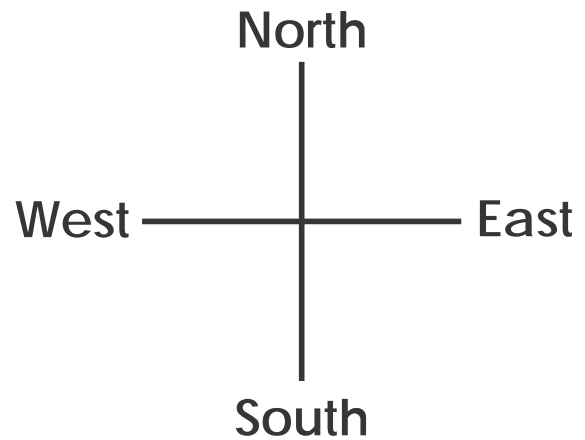


## What is your favourite season? Write a paragraph.

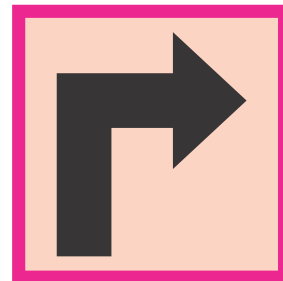
This image shows a full page of blank primary-ruled paper. It features multiple sets of horizontal lines. Each set consists of three lines: two outer blue lines defining a margin and a central red line for writing. These sets are repeated down the entire page, creating a series of uniform writing areas. The paper is otherwise completely blank, with no text or other markings.



Look at the pictures and discuss.



left



right

Pronounce the following words.

holiday, stay, visit, passerby, vain

Now, complete the sentences below using the given words above.

- We get ..... in winter. So, we do not have to go to school.
- When we go to cities, we ..... in hotels.
- We ..... a place to see its beauty.
- I hit a ..... when I was walking in the street.
- The fox jumped a lot to get the grapes but he did not get any. It was all in .....



## Listen and say.

Where is your school from your home?

It's to the east.

It's to the north.

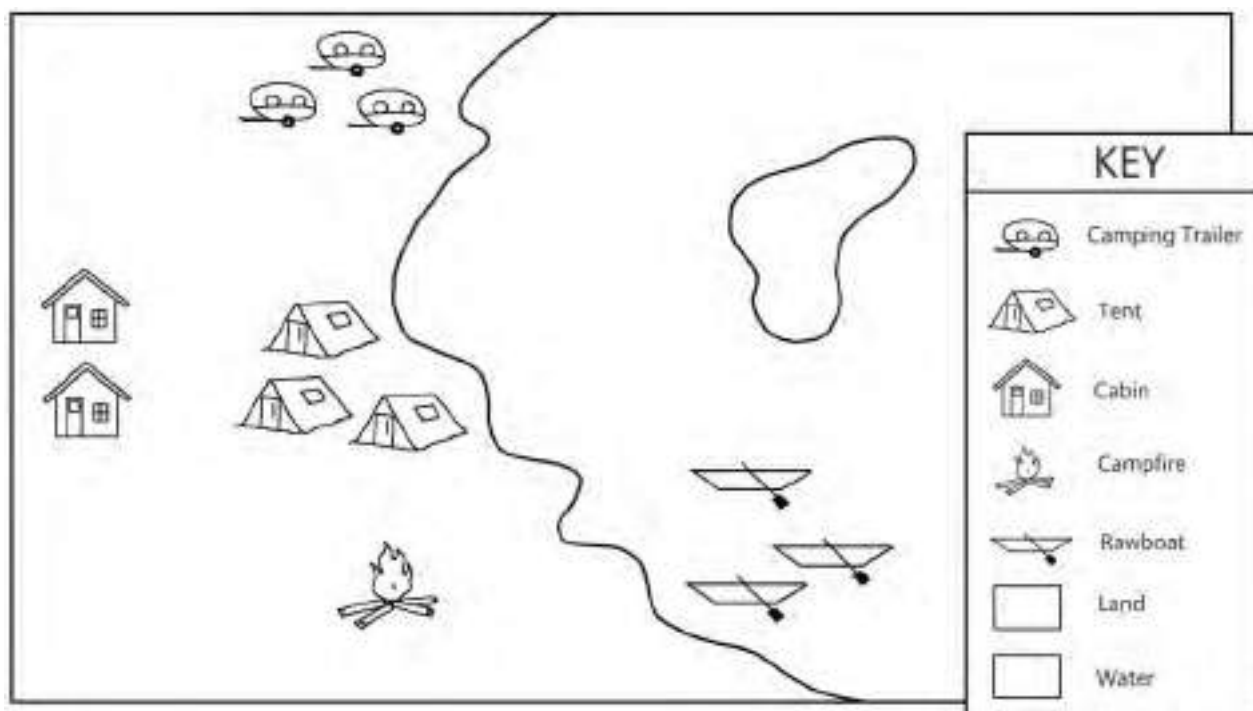


And yours?

Now, have similar conversation about the following places.



Look at the map below. Colour the land green and the water blue.



**Write north, south, east, and west to complete each sentence.**

- a. The rowboats are to ..... of the campfire.
- b. The camping trailers are to ..... of the tents.
- c. The cabins are to ..... of the tents.
- d. The campfire is to ..... of the camping trailers.



**Read and answer.**

Pema lives in a village with her family. Her family always travels to new places during their winter holidays. This winter they decided to travel to Kathmandu, which lies to the west of their village.

The holidays began. They went to Kathmandu on a bus. They stayed at a hotel. Next morning, they decided to visit Pashupatinath which lies in the east of Kathmandu.

Mom told Dad that they would really need a map. Dad said they would be able to find their way around without one. They walked for two hours but did not reach to the temple. They asked a passerby. He said, "Walk straight ahead for five minutes and turn right." They did but all in vain.

Mom became angry and said, "I told you so!" She ran into one of the stores and came out with a city map. After looking at it for about two minutes, Mom knew where to go. They walked for ten minutes and the temple was on their left.

**Write 'true' for true statements and 'false' for the false one.**

- a. Kathmandu lies to the west of Pema's village.

b. Pema's father knew the way to Pashupatinath.

c. A man told them to turn to the right.

d. Pemas's mother bought a city map.

e. Mom found the way.

### Give short answer to the following questions.

a. Where does Pema live?

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b. What does Pema's family do during holidays?

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c. Where is Pashupatinath?

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d. Why do we need map?

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e. Did Pema's mom find the way?

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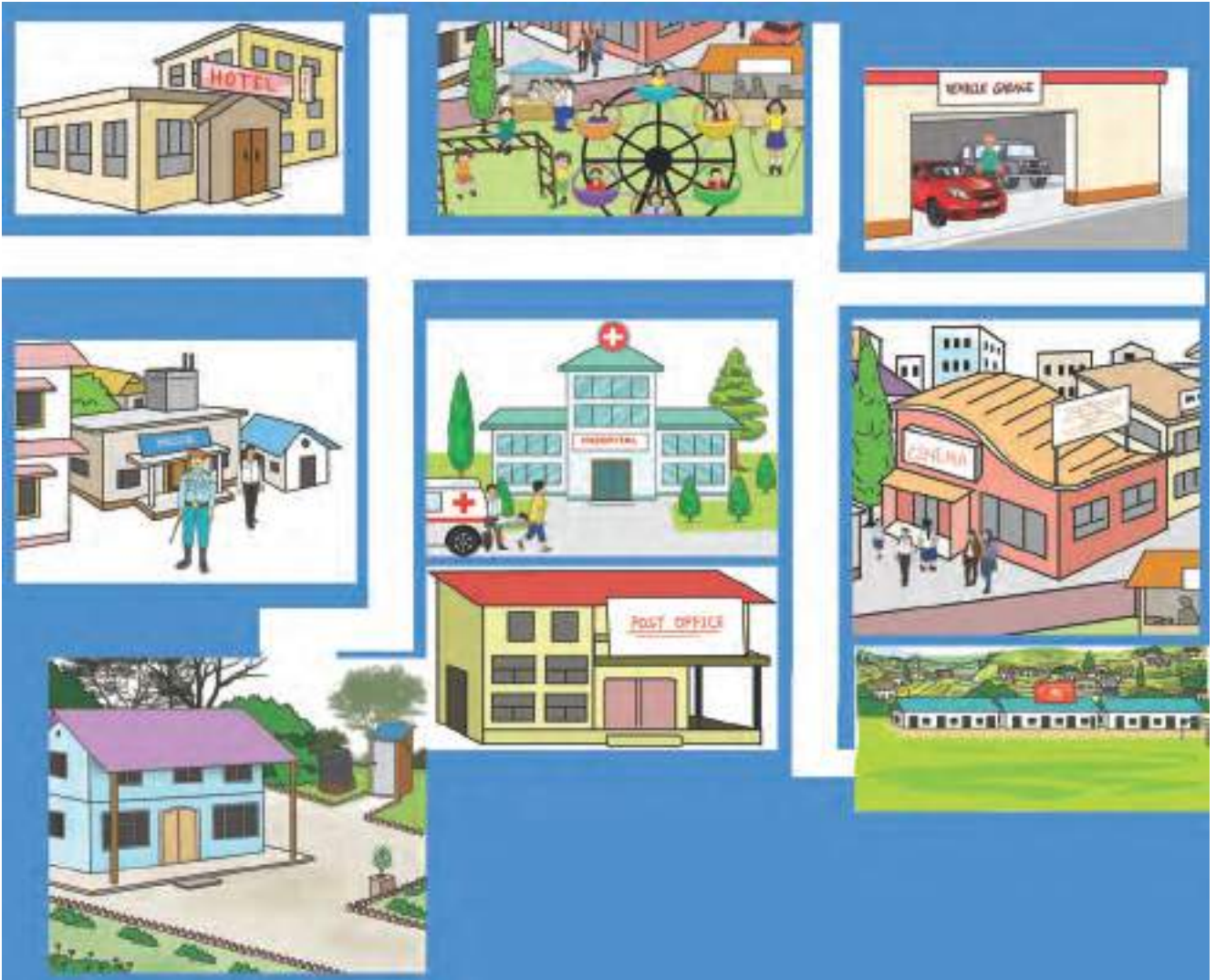
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Look at the map. Complete the directions to get to school from home.



Come out of home and turn ..... Go .....  
Kantipath. There is a hospital on your ..... At the junction  
turn ..... into Shukrapath. Go .....until you  
come to another junction. Turn ..... and then go past  
the cinema on your ..... School is on your .....



Look at the picture and discuss.



What things do you see?

Where are they?

Pronounce the following words.

armchair, cabinet, drawer, paperclip, stapler

Now, match these words with the pictures.

armchair

cabinet

drawer

paperclip

stapler





Listen and say.

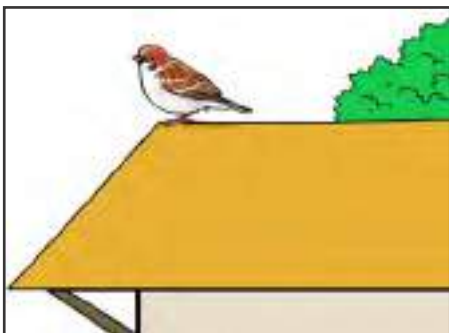
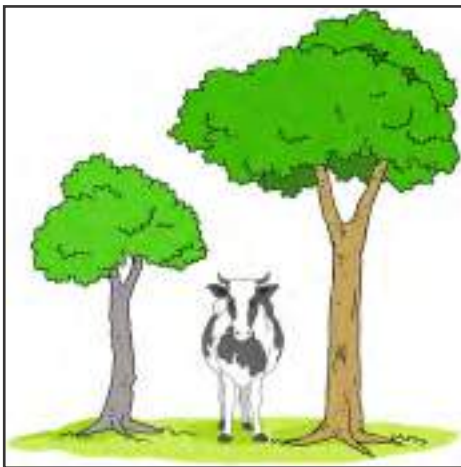
Where is the horse?



It's over the fence.



Now, have similar conversation for the followings.







## Read and answer.



I am Lakita. I work in an office. My office is a place where I do my work and feel good at the same time. Of course, I have all the necessary equipments on my desk.

I have the telephone next to the fax machine on the right side of my desk. My computer is in the centre of my desk with the monitor directly in front of me. I have a comfortable office chair to sit on. There are my family pictures between the computer and the telephone. In order to help me read, I also have a lamp near my computer which I use in the evening if I work late.

There is plenty of paper in one of the cabinet drawers. There are also staples and a stapler, paper clips, highlighters, pens and erasers in the other drawer. I like to use highlighters to remember important information.

In the room, there is a comfortable armchair and a sofa to sit on. I also have a low table in front of the sofa on which there are some industry magazines.

(Adapted from [www.thoughtco.com](http://www.thoughtco.com))

### Tick the correct answer.

- a. What does Lakita do in her office?  
i. works                      ii. studies                      iii. reads magazines
- b. Which does she not have on the desk?  
i. fax                      ii. lamp                      iii. pen
- c. Where is the family picture?  
i. on the wall                      ii. next to the lamp  
iii. between the computer and the telephone
- d. Where does she keep the paperclips?  
i. on the desk                      ii. in a cabinet drawer  
iii. next to the computer

### Complete the sentences using the correct words from the text.

- a. I have the telephone ..... the fax machine on the right side of my desk.
- b. The monitor is directly ..... me.
- c. I sit ..... my comfortable office chair.
- d. I also have a lamp ..... my computer.
- e. I put the stapler, pens, and erasers ..... the drawer.
- f. I have a table ..... the sofa.
- g. There are lots of magazines ..... the table.

118 My English Book 3



# My Belongings





Listen and sing.



In my room, there is a mirror and a dog.  
 And there is a little spider on the clock.  
 In my room there is a window and a door.  
 And there is the purple carpet on the floor.  
 In my room, there is a chair and a cat.  
 And there is a little hamster on the bed.  
 In my room there is a table and a book.  
 And there is a yellow jacket on the hook.  
 In my room, there is a sofa and a ball.  
 And there is a funny picture on the wall.



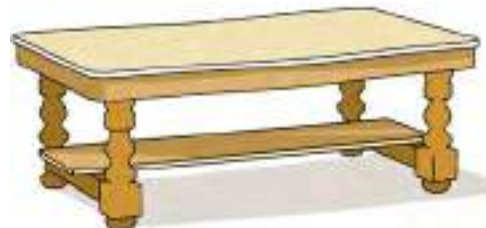
**Now, talk in pairs.**

What things are there in your room?



Look at the pictures and say what they are. The words are in the box.

bookshelf, coffee table, fireplace, curtain, carpet, stool





## Read and answer.

### My Room.

I'm Nita and I'm going to describe you my living room. My living room is very big and bright. I keep it clean and tidy. On the floor there is a big blue carpet in the centre. I have two sofas, the



coffee table and a stool. There is also a small round table where I sometimes put the book I am reading. I enjoy reading, so there is a bookshelf with many books in it. There is a vase with a small plant and an old clock. On one corner of the living room there is a big plant in a vase.

The living room has got a fireplace. Above it, there are some pictures. Next to the fireplace there is a round table with a table lamp on it. There are four windows and two of them have got lovely curtains. I like to read and have a rest in my living room.

**Write 'True' for true statements and 'False' for false ones.**

a. Nita's living room is small. ☐

b. The carpet on the floor is big and blue. ☐

c. One vase has a small plant in it. ☐

d. All the windows have got curtains. ☐

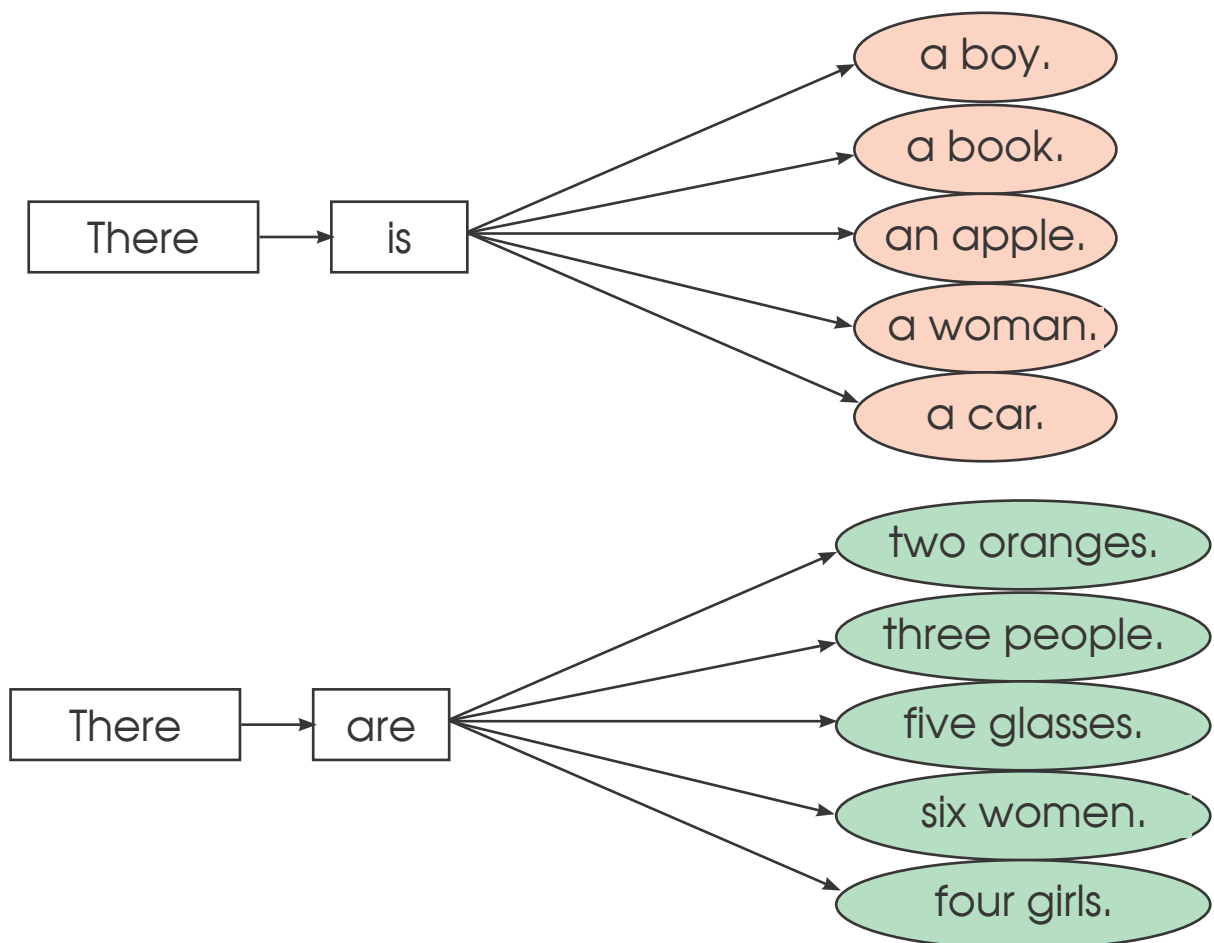


What are they? Read the descriptions and complete the table.

Nita is describing it.	living room
Nita keeps many books in it.	.....
The room has got something to keep it warm.	.....
It's next to the fire place with a table lamp on it.	.....
They have got lovely curtains.	.....



Make as many sentences as possible.



## Match questions 1-6 with answers a-f.

1. Is there a carpet?	a. Yes, there are. There are many in the bookshelf.
2. Is there a bookshelf?	b. Yes, there is. It's on the floor.
3. Are there any books?	c. No, there isn't.
4. Are there any windows?	d. Yes, there is. It has many books in it.
5. Is there a television?	e. Yes, there are. There are four windows.
6. Is there a ball?	f. No, there isn't.

## Take turns to ask and answer about your village or a town.

A: Is there a river?

B: No, there isn't. There is one in Dhunibeshi./Yes, there is. It's very clean.

A: Is there a bus station?

B: Yes, there is. It's at Dharke./No, there isn't.

A: Are there any shops?

B: Yes, there are. There are lots./No, there aren't any.

A: Are there any old buildings?

B: Yes, there are. They are all old./No, there aren't. They're all new.



Now, ask and answer about your classroom. Take help from the table below.

Yes/no questions	Short answers	
Is there .....?	Yes, there.....	No, there.....
Are there .....?	Yes, .....	No, .....



**You are a visitor to a town. Write questions to ask about the things in the town. The beginnings of the questions are given below.**

You can ask about: shops, things to see, buses, restaurants, parks, famous buildings

Is there a .....?

Are there any .....?

Can I .....?

Where can I .....?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_



Look at the picture and discuss.






What do you see in the picture? Where are they?



What are these? Write their names from the box in the spaces below the picture.

globe, triangle, crayons, copy-book, protractor, pencil case, map, stapler, clip, scissors, ruler, calendar, pencil, bookshelf, eraser, glue, pen, books, marker, calculator, sharpener, abacus, notepad, desk, paint and brush, blackboard, schoolbag, colour pencil, computer, compass.

				
<hr/>	<hr/>	<hr/>	<hr/>	<hr/>



Point to each picture and take turns to talk to your friend in pair.

A: This is my book . It's mine.

B: This is your book. It's yours.

Now, work in three. Point to each picture and take turns to talk to your friend.

A: This is my ..... It's mine.

B: This is your ..... It's yours.

C: This is his ..... It's his/hers.

Complete the sentences with the words in the box.

yours, hers, mine, his, theirs

a. It's my bed. It's .....

b. It's your lamp. It's .....

c. It's her sofa. It's .....

d. It's their mirror. It's .....

e. It's his chair. It's .....



**Read and answer.**

Hello! My name is Pasang and I am 8 years old. I go to a public school called Jyoti Secondary School. I am in grade 3. In our class, there are 27 students, 15 girls and 12 boys.

My classroom is big and nice. Our teacher is Miss Rita and she likes decorating the walls of the class with the posters and our work. In our class there is a computer and a whiteboard.



My desk and my chair are brown. On my desk I have my pencil case, it is colourful. In my pencil case I have many things: a red sharpener, two pencils, a rubber, three markers, a glue and a purple pen.

I go to school on foot with my best friend Tina. We like our school because there are a playground, a library, a computer lab and a music classroom with instruments.

Tick the objects that are in the text.



Now, make sentences of your own using the words.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**Read the text again and answer the following questions.**

1. Where does Pasang study?

---

---

---

2. What colour is his desk?

---

---

---

3. What does he keep in his pencil case?

---

---

---

4. How do Pasang and Tina go to school?

---

---

---

**These are from above text. Complete them.**

a. My classroom is ..... and nice.

b. My desk and my chair are .....

c. a ..... sharpener.



**Work in pairs and take turns to talk about these things.**

a. Your classroom.

b. Your house.

c. Your family.

d. Your bag.

e. The desks and benches.

f. The floor.

g. The wall.

h. Your school.

i. Your clothes.



## Read the words.

I	me	mine
he	his/him	his
she	her	her
we	our	ours
they	them/their	theirs
it	it	its

**Now, complete the sentences with correct words from the above.**

- a. Who is that man? Why are you looking at .....
- b. He never gives ..... book to others?
- c. .... works hard. The teachers always praises her.
- d. Where are the tickets? I can't find .....
- e. Alan never drinks milk. He doesn't like ..... taste.
- f. I can't find my pencil. Can you give one to .....
- g. Do you know that man? Yes, I work with .....
- i. I don't like dogs. I'm afraid of .....



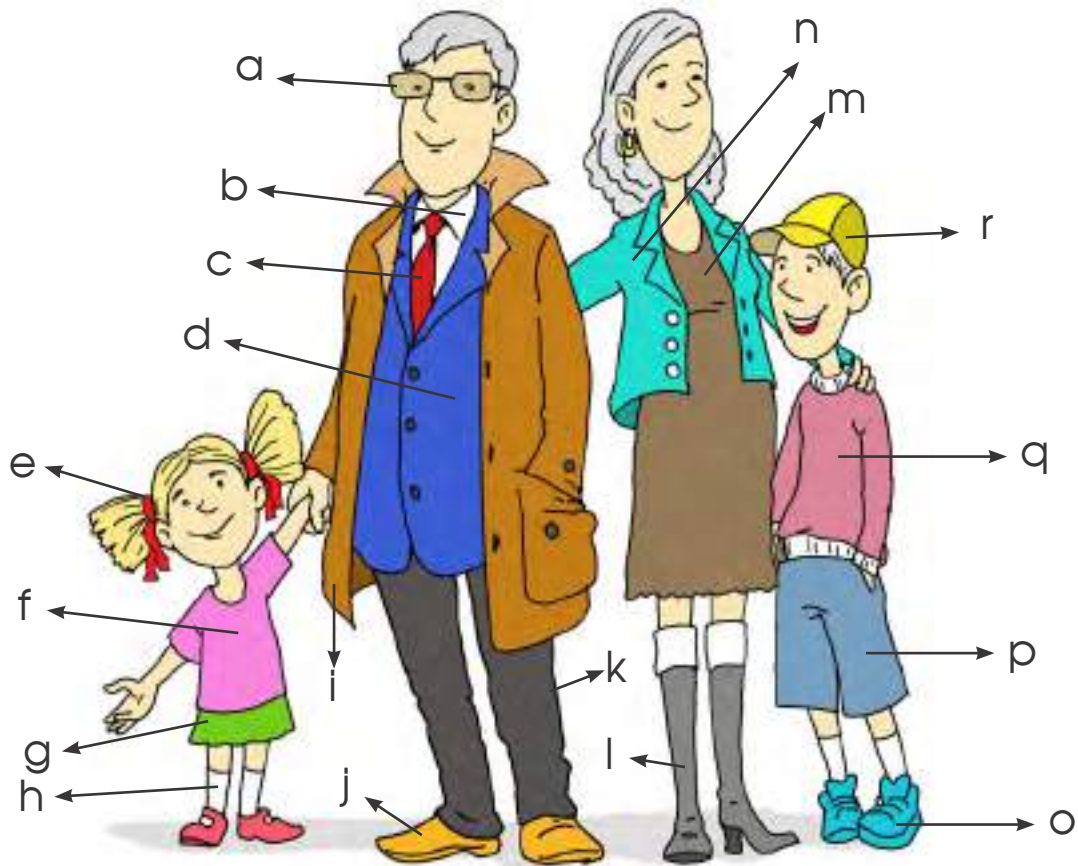
Draw a picture of your classroom and write a description of it.

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, and bottom lines) for writing a description.



Look at the picture and discuss.

What are they wearing?



Match the words in the box (write a, b, c....) to the picture above.

- blouse
- trousers
- glasses
- shirt
- shorts
- suit

- boot
- coat
- hairband
- shoe
- skirt
- tie

- cap
- dress
- jacket
- pullover
- sock
- trainer

What clothes do you have? Talk to your friends.



Find clothes in the puzzle below and write them down. The beginning letter has been given. Make sentences using them.

T	I	S	A	R	E	E	P	U	C
S	Y	H	M	S	D	H	U	N	O
F	E	R	J	T	E	A	S	T	A
R	N	S	H	I	R	T	M	I	T
O	I	O	R	E	E	D	E	T	A
C	G	C	V	I	E	W	P	P	A
K	H	K	J	T	N	E	M	A	Y
I	T	S	O	R	J	E	A	N	S
M	E	H	T	E	G	O	R	T	Y
S	T	S	U	I	T	B	N	I	H

S	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
J	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
P	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
T	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
S	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
S	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
S	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
H	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
F	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>
C	<hr/> <hr/> <hr/>	=	<hr/> <hr/> <hr/>



## Listen and act.

Salesman : Good morning. Can I help you?

Customer : Yes, please. I would like to buy a sweater.

Salesman : What size?

Customer : Fifty-one. It's for my mother.



Salesman : What colour would you like?

Customer : I would like a dark red sweater.

Salesman : Do you like this one?

Customer : Yes, it's great. How much is it?

Salesman : It's Rs. 900.

Customer : Here you are.

Salesman : Thank you. Have a nice day.

Customer : Thank you, sir. Good bye.

## Listen again and complete the table.






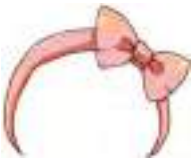
The customer wants to buy a	.....
The sweater is for	.....
The colour of the sweater	.....
The price of the sweater	.....

Find the following sentence in the text above.

I would like a dark red sweater.

The words **dark** and **red** are adjectives. Now, look at the pictures and write suitable adjectives from the box.

red, long, small, full, yellow, white

		
A ..... shirt.	A ..... sweater.	A ..... T-shirt.
		
A ..... tie.	A ..... coat.	A ..... hair band.

Now, talk about each thing as below.

The shirt is ...

The sweater is ...

The T-shirt is ...

The tie is ...

The coat is ...

The hair band is ...





## Read and answer.

Mrs. Karki has taken a leave for a day to do some clothes shopping for her family. She is often very busy and her children do not like to go shopping. She thought this was a good time to find some bargains. First she went into a store and picked up two polo shirts, a pair of trousers and a winter



coat for her son. Then she went into another store and bought two shirts and a jacket for her daughter. Near the men's department she found a grey suit on sale for her husband. She also bought a belt and a new tie for him. There were also lovely slippers on sale which she bought for herself. Then she went into the last shop and found a silk purple blouse and a pair of boots for her. After all that shopping, Mrs. Karki decided to take a rest at a restaurant and drank a cup of coffee.

**Look at a dictionary and write the meanings of the following words.**

bargain	<hr/> <hr/> <hr/>
store	<hr/> <hr/> <hr/>
belt	<hr/> <hr/> <hr/>
slippers	<hr/> <hr/> <hr/>
sale	<hr/> <hr/> <hr/>

Now, use those words in simple sentences of your own.

1. bargain \_\_\_\_\_
2. store \_\_\_\_\_
3. belt \_\_\_\_\_
4. slippers \_\_\_\_\_
5. sale \_\_\_\_\_

Circle T for (True) and F for (False).

- |   |   |   |
|---|---|---|
| a. It was a weekend.                          | T | F |
| b. Mrs. Karki's children love shopping.       | T | F |
| c. She forgot to buy clothes for her husband. | T | F |
| d. The slippers were on sale.                 | T | F |
| e. She bought nothing for herself.            | T | F |
| f. She got tired in the end.                  | T | F |
| g. She rested at a restaurant.                | T | F |



Read the following sentences.

She went into a store. She picked up two polo shirts.	She went into a store and picked up two polo shirts.
She had a cup of coffee. She was tired.	She had a cup of coffee because she was tired.
I went into a store. I bought nothing.	I went into a store but I bought nothing.

## Match and read the sentences.

We wanted to go to the show      but they are noisy.

My neighbours are friendly      because you helped me.

I'd love to stay      and beautiful.

I passed my exam      but I've to catch my bus.

She is clever      but there weren't any seats left.

**Now, complete the following sentences with 'and', 'but' or 'because'.**

- a. He was poor ..... he was happy.
- b. I worked hard ..... I wanted to pass the test.
- c. She bought some fruits ..... vegetables.
- d. My sister is tall ..... I am short.
- e. She is hard-working ..... her brother is very lazy.
- f. I didn't buy the dress ..... it was expensive.
- g. I passed the test ..... I worked hard.
- h. Karthik can play the violin ..... he can't play the piano.
- i. She can have an apple ..... a mango.



Write the following numbers in words. Some are given as examples.

50	Fifty
51	Fifty-one
52	Fifty-two
53	Fifty-three
54	Fifty-four
55	Fifty-five
56	Fifty-six
57	Fifty-seven
58	Fifty-eight
59	Fifty-nine
60	Sixty

62	
67	
70	Seventy
72	
73	
80	Eighty
84	
89	
90	Ninety
95	
100	One hundred

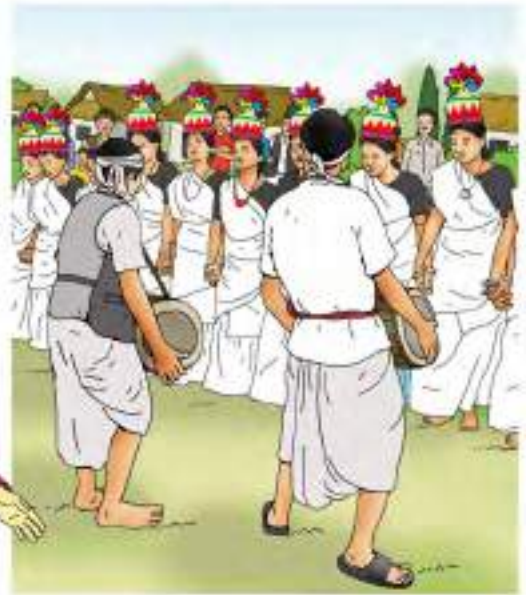


Write the clothes you have. Write one sentence description for each.

1. shirt. I have a blue shirt.

2.	<hr/> <hr/> <hr/>
3.	<hr/> <hr/> <hr/>
4.	<hr/> <hr/> <hr/>
5.	<hr/> <hr/> <hr/>
6.	<hr/> <hr/> <hr/>
7.	<hr/> <hr/> <hr/>

# Our Culture





Look at the pictures and read.



## Sarangi

It has four strings. People play it with a small stick.



## Madal

It has two ends. One is narrow and next is wide. People play it with two hands.



## Basuree

It has six to eight finger holes. People blow and play it.



## Dhimay

It looks like a drum. It is a Newari musical instrument. People play it by beating with hand and a stick.



## Khaijadi

It looks like a small drum. People play it with both hands. It is popular in bhajan.



## Damphu

It is popular in Tamang community. People play it with both hands.

Do you know other musical instruments? Now tell your friends.





## Read the meanings.

Words	Meaning
string	: thread
blow	: send out air from mouth
beat	: hit
instrument	: tool
bowl	: round pot
strap	: leather or cloth thread
disc	: a thin round object
hallow	: having a hole inside

## Choose the correct words and fill in the blanks.

- a. Guitar is a musical .....
- b. Sagar ..... a dog with a stick.
- c. We ..... the balloons to fill the air.
- d. The ..... of my kite is very strong.
- e. The chicken hid in the ..... tree.
- f. Put a ..... in the computer.
- g. I eat a ..... of rice every morning.

Now, use these words and make sentences.

a. blow

b. beat

c. instrument

d. bowl

e. strap

f. disc

g. hollow



**Listen and Act.**

What did you do yesterday?



I played a piano.



I listened to music.



I danced for one hour.



I watched music videos.

**Practise in pairs and groups.**

water the flowers

go to the field

iron my clothes

laugh a lot

ride a bicycle

play computer  
game





An example: I watered the flowers yesterday.



Read and answer.

## Panche Baja

**Panche Baja** is a group of five Nepali musical instruments. People play them in holy ceremonies. It is popular in wedding ceremonies. Damaha, jhyali, tyamko, dholaki and sanhanai are names of panche baja.

<b>Damaha</b>  It is a kind of drum. It looks like a bowl in shape. It has a strap to hang. We play it with two sticks.	<b>Jhyali</b>  It is a pair of two disc like musical instrument. It is metal instrument. We play it with our two hands. We play it by beating on each other.
<b>Dholaki</b>  It is a hollow drum with two heads. It has a strap like damaha to hold. We play it with a stick on one side and a hand on the other.	<b>Tyamko</b>  It is similar to damaha in shape but very small in size. We play it with two pieces of sticks.
<b>Sanhanai</b>  It is a wind instrument. It looks like a tube. It has two ends. One end is narrow and next end is wide. We play it by blowing with our mouth. We blow it through narrow end.	

Fill in the blanks with correct words.

a. People play panche baja in ..... ceremonies.

- b. Damaha looks like a ..... in shape.
- c. Jhyali is a pair of two .....
- d. Tyamko looks ..... to damaha.
- e. Dholaki has two .....
- f. Sanhanai looks like a .....

### Answer the following questions.

- a. Write the names of panche baja.

---

---

---

- b. How do we play damaha?

---

---

---

- c. How do we play jyali?

---

---

---

- d. How do we play tyamko?

---

---

---

- e. How do we play dholaki?

---

---

---

- f. How do we play sanhanai?

---

---

---



### Read the past form of the following verbs.

present	past	present	past
is	was	has	had
am	was	have	had
are	were	do	did

**Now, change the following sentences into past.**

a. Sunita and babita are close friends.

b. I am a student.

c. Shishir has two pets.

d. We do our homework.

e. Bimal is good in sports.



**Make a list of musical instruments that you know.**

a. For example: harmonium.

b.

c.

d.

e.

f.

g.

h.

i.

**Now, select any two instruments from the above list. Write two sentences about them.**

a.

=

b.

=

## Lesson 25

## Gaura Parva



Look at the pictures and read.

### Tihar



We organized Deusi Bhailo programme to celebrate Tihar.

### Maghi



Tharu people sang and danced in traditional dress to serve Maghi.

### Tamu Lhosar



People from Gurung community gathered at Tundikhel to observe Tamu Lhosar.

### Holi



People celebrated Holi by throwing colours and water.

### Bisket Jatra



People from Newar community observed Bisket Jatra in Bhaktapur.

### Eid



Muslims celebrated Eid yesterday in different Mosques.

Did you celebrate any local festival? How did you celebrate it? Now tell your teacher.





Look at the pictures and discuss.



Gunyo Cholo



Daura Suruwal



Dhoti



Kachhad



Haku Patasi



Bakkhu



Listen and Act.

I had a birthday party last night.



I went to Rolpa to celebrate Maghe Sankranti.



I puttika by grandfather in Dashain.



I visited Pashupati on the occasion of Shivaratri.



**Practise in pairs and groups.**

Marriage Party	Gai Jatra	New Year
Teej	Chhat	Sonam Lhosar

**An Example:** We had a marriage party last Friday.



**Read and answer.**

## Gaura Parva

I am Bhim Paneru. I am from Baitadi. Now I live in Kathmandu.

Do you know? How did I spend yesterday? Yesterday was really funny day for me. My father took me Tundikhel. We celebrated Gaura Parva there.

Gaura Parva is one of the popular festivals of far-western part of Nepal. It falls in the month of Bhadau. People celebrate it for three days. It starts from the day of Krishna



Janmasthanmi.  
Women worship  
goddess Gauri.  
Gauri is the  
wife of the lord  
Shiva. They pray  
for good health  
and durable life for their husbands. People celebrate it by singing  
and dancing.



Deuda Dance is the major activity of this festival. There were different groups of Deuda dance. My father joined in a group and started dancing. I also joined with my father. We performed Deuda Dance. We held the hands of our partners next to us. We sang and danced Deuda in a circular chain. We took steps forwards and backwards. I danced and watched the dance of different groups. We joined different groups during whole day.

### Write "True" for true and "False" for false statements.

- a. Bhim lives in Kathmandu now.
- b. Bhim and his father went to Baitadi to celebrate Gaura Parva.
- c. Gaura Parva is popular in far-western.
- d. The women pray for good health and long life for their brothers.
- e. People dance Deuda in the circle.
- f. Bhim only watched Deuda Dance whole day.

## Answer the following questions.

a. Where did Bhim and his father celebrate Gaura Parva?

---

---

---

b. In which month does Gaura Parva fall?

---

---

---

c. For how many days did people celebrate it?

---

---

---

d. To whom do the women worship in this festival?

---

---

---

e. What is the major part of this festival?

---

---

---

f. How do we take steps in Deauda Dance?

---

---

---



## Read the underlined words in the following sentences.

a. We went for picnic yesterday.

b. Rupesh woke up late this morning.

c. Our school published the result today afternoon.

d. We went to restaurant last Saturday and ate pizza.

e. My uncle went to the USA last year.

f. They were busy two weeks ago.

g. My father came from Korea last night.

h. Chetan left the school in 2015.



**Write.**

**Complete the table.**

Name of local festival	
Duration of festival	
Major activities	
What did you do?	

**Now write a paragraph about your local festival.**

..... is popular festival in my village/town. People  
celebrate it for ..... days. People ..... Men

..... Women .....

I .....

.....

.....

.....

.....

.....



Look at the pictures and read.

## Mother's Day



It falls in the month of Baishakh. People show love and respect to their mothers. **Aamako Mukh Herne Din** is its the common name.

## Father's Day



It falls in the month of Bhadau. People show respect and express love to their father. Its common name is **Kushe Aunsi**.

## Buddha Jayanti



It falls in the month of May. There is a grand ceremony in Lumbini on that day. People also know it as Buddha Purnima.

## Thanksgiving Day



Americans observe Thanksgiving Day on the fourth Thursday of November. They exchange gifts and share Thanksgiving messages. They have public holiday on that day.

Do you observe these days? Talk to your friend.





## Read the meanings.

### Words

### Meaning

express	: show a feeling
grand	: large
exchange	: give and take
recite	: say a poem
pupil	: student
first-form	: new
present	: gift
handmade	: made by hands, not by machine

## Now, choose the correct words and fill in the blanks.

- ..... your idea clearly.
- The students ..... the poems.
- I had a ..... party yesterday
- We ..... greetings.
- Tourists love ..... crafts.
- My father gave me a ..... in my birthday.
- The teachers love school .....
- The principal welcomed ..... children.



## Listen and Act.

<b>sleep all day</b>	What did you do yesterday? I slept all day.
<b>go to market</b>	Where did you go last weekend? I went to market.
<b>win the game</b>	Who won the game? Moti won the game.
<b>solve maths problem</b>	Did you solve maths problem? Yes, I did.

Now, practise in pairs.

<b>watch cartoons</b>	<b>go to temple</b>	<b>take a photo</b>
<b>read books</b>	<b>colour the pictures.</b>	<b>meet a singer</b>

An example: What did you do yesterday?  
I watched cartoons.



Read and answer.

## Knowledge Day

School year starts on the first of September in Russia. It is the first day of new school year. Russians celebrate it as Knowledge Day. Students start their school days after summer holiday. They have long summer holiday from June to August. They don't have classes on this day. They come to school wearing uniform and holding a bunch of flowers.



School children stand in a row during assembly. The head-teacher and teachers welcome them to the school. Some pupils perform on the stage. They sing, dance, recite poems about school and knowledge. After that they go to their classrooms. They sit down at their school desks. They give their flowers to the class teacher. The class teacher informs them the timetable. The class teacher also informs them about the teachers who will teach different subjects. After that they go home.

The school children celebrate the first of September as a festival. It is very important for first-form schoolchildren. Parents and relatives also come to school on this day. The teachers also make a small present for each pupil. It is handmade present.

## Choose the correct activities and write under the heading.

bring a bunch of flowers, stand in a row, welcome to the school, recite poems, inform the timetable, give homemade present.

Teachers		Students	
a.	<hr/> <hr/> <hr/>	a.	<hr/> <hr/> <hr/>
b.	<hr/> <hr/> <hr/>	b.	<hr/> <hr/> <hr/>
c.	<hr/> <hr/> <hr/>	c.	<hr/> <hr/> <hr/>

## Answer the following questions.

a. When do Russians celebrate Knowledge Day ?

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b. When is summer holiday in Russia?

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c. Who welcomes the students in the school?

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d. Who informs the students about timetable?

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e. For whom is this day very important?

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f. What do the teachers give to the students?

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**Read the following sentences.**

Statements	Questions
I went to Pokhara last week.	Where did you go last week?
I watched Chhakka Panja 3 last Saturday.	What did you do last Saturday?
My father came home last night.	Who came home last night?
I spent yesterday by drawing.	How did you spend yesterday?
Arjun went to Australia for study.	Why did Arjun go to Australia?
I met the head teacher today.	Did you meet the head teacher today?

**Change the following statements into questions.**

- Rupesh woke up late this morning.
- I visited the zoo yesterday.
- Prakash went to the USA for a week tour.
- I went to Mustang last week



**Study the information about Saraswati Puja.**

## Saraswati Puja

another name – Basanta Panchami

falls in the month of February

goddess of knowledge

celebrate by worshipping Sarawati,  
visiting

Saraswati temple, organizing puja  
in schools



Students - worship their books, pens and notebooks.

parents – teach their small children to write first letter.

Now, write a paragraph about Saraswati Puja.

This image shows a blank sheet of white paper with horizontal ruling lines. There are two red vertical lines on each page, one on the left and one on the right, creating margins. The horizontal lines are evenly spaced and extend across the width of the page between the margins.



# Communication Technology and Market





Look at the pictures and discuss.



Now, write the names of these things.










1. ....
2. ....
3. ....
4. ....
5. ....
6. ....

Complete the sentences with the words above.

- a. People can watch news in .....
- b. My grandfather has a ..... He listens to songs in it.
- c. I phone to my grandmother everyday. I have a ..... in my house.
- d. I can type and do many things in ..... and .....
- e. I can phone to my father at any time. He carries his ..... with him.



Look at the pictures and compare.

The past	The present
radio 	
television 	
computer 	
mobile phones 	
telephones ये चित्र बाँकी रहेछ । 	

In the past, the TVs were very big. Now they are very thin.

In the past people used telephone. Now they use mobile phone.

**Now, compare and talk about other differences in the past and present. You can use the following words.**

big-small, thick-thin, black and white-colourful, heavy-light,



## Listen and act out this conversation.

Goodbye, thank you, Can I help you, Good morning, May I take , I'm sorry

Receptionist : Shree Bal Mandir School. \_\_\_\_\_?

Tashi : \_\_\_\_\_ Can I speak to the Head Teacher please?

Receptionist : Who's calling please?

Tashi : This is Tashi Tamang, father of Abhishek. My son Abhishek studies in grade 3 in your school.

Receptionist : \_\_\_\_\_ He is not in office right now. Can you call him in his personal number?

Tashi : Well...so, can you give me his mobile number?

Receptionist : Yes, of course. His mobile number is 92114-77785.

Tashi : I'm sorry; I tried out on this number. It has been switched off.

Reception : If that is...! \_\_\_\_\_ your message?

Tashi : Yes, can you ask him to call me back on this number please?

Receptionist : Sorry, can you tell your number please? It will note it down.

Tashi : 92546-23546

Receptionist : Ok, thank you Mr. Tashi. \_\_\_\_\_

Tashi : Goodbye and \_\_\_\_\_





## Read and answer.

(Gayatri and Lokesh are friends. They live in different cities in Nepal.)

Gayatri : Hello

Lokesh : Hello, Gayatri. How are you? How are your days going on?

Gayatri : I'm fine, Lokesh. How about you? My days are very normal, really. I get dressed, I have breakfast. Then I go to class.

Lokesh : Class? Do you still have a class?

Gayatri : Yes, I have joined dancing class. It's my interest and it's quite exciting.

Lokesh : What time does your class start?

Gayatri : Well, it starts at nine. It ends at 11 o'clock. Then I go for dinner with my friends at the restaurant.

Lokesh : Do you live alone in Biratnagar?

Gayatri : Yes, I do. My parents are in Dhankuta. And what are you doing after exam, Lokesh?

Lokesh : Well, I'm taking computer class. My interest is in designing.

Gayatri : Wow! That's nice. Where do you live in Kathmandu?

Lokesh : Now, I live in New Baneshwor. Do you have any plans for higher study?

Gayatri : Ehh.. I think I will study science.





Lokesh : Yeh, That's really good. It has a good scope. Okay, best of luck for your result!

Gayatri : Okay. Thank you, Lokesh. Bye!

Lokesh : Bye. See you later.

Complete the table.

People talking	They live in	Their Interests
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Write true or false based on the conversation.

a. Gayatri has computer class. ....

b. Gayatri goes for dinner after the class. ....

e. Lokesh likes Gayatri's idea of studying science. ....



Look at the two pictures about a village in the past and a city at present. Write a paragraph about it.

My village in the past	A city at present
------------------------	-------------------





Handwriting practice lines consisting of multiple sets of three horizontal lines (top and bottom lines in red, middle line in blue) for letter formation.



### Listen and sing

In my town, they're places to go  
In my town, they're places to go  
The school, the park, the big toy store  
The food, the movies; and many more



In my town, in my town, everybody knows my name  
In my town, in my town, everybody knows my face.



In my town, they're places to shop  
In my town, they're places to shop  
The market, the mall, the candy store

The butcher, the bakery and many more

In my town, in my town, everybody knows my name  
In my town, in my town, everybody knows my face.

In my town they're people I know  
In my town they're people I know  
My teacher, my doctor, the neighbour next door  
The kids from school and many more  
In my town, in my town, everybody knows my name  
In my town, in my town, everybody knows my face.

[illegible]

In my town, in my town, everybody knows my face

[illegible]



Look at the pictures and discuss.



Have you gone to all these places?

Now, complete the sentences with the correct words.

- You buy vegetables at the .....
- You buy crayons and drawing papers at .....
- You can have your hair cut at .....
- You can find everything in the ..... It's big store.
- You can get your birthday cake from .....
- You get medicines from .....



## Read and act.

Hello, what would you like to buy today?

Do you like mangoes or bananas?



I'd like to buy fruits.

I like to buy some mangoes.

Good morning, what would you like to buy today?

Do you like cotton pants or jeans?



I'd like to buy a pair of pants.

I like to buy jeans.

Good morning, what would you like to drink today?

Do you like green tea or masala tea?



I'd like to drink tea.

I like masala tea.

**Make similar conversation with your partner.**

- a. (At bakery) eat bread/selroti or doughnut
- b. (At stationery shop) buy exercise book/small or big
- c. (at coffee shop) drink coffee/ coffee with sugar/ coffee without sugar



## Read and answer.

### At the Shoe Shop

Shopkeeper : Can I help you?

Customer : Yes, please. I'm looking for a pair of shoes.

Shopkeeper : What kind of shoes would you like?



Customer : I like leather shoes with fine smooth look.

Shopkeeper : What about this one?

Customer : It's just what I wanted. May I try it on?

Shopkeeper : Yes, please. How is it?

Customer : It's nice. How much is it?

Shopkeeper : Two thousand and five hundred rupees.

Customer : Oh, it's very expensive. Have you got a little cheaper one?

Shopkeeper : Certainly, look at this one, please. It costs one thousand and eight hundred rupees. It's of the same size.

Customer : It's good. I'll take it. Here is the money.

Shopkeeper : Here you are. Thank you.

Customer : Thank you.



### Answer the following questions.

- a. Where is the conversation taking place?

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- b. Who are the people?

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- c. What kind of shoes does the customer want to buy?

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- d. How much is the cost of the shoes he buys?

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## Describe your town or the town you visited recently.

[illegible]

## Lesson: 29

# I Love Shopping



Look at the pictures and discuss.



Why do we use money? What would happen if there were no money?

Now, write their names in English.











1. One rupee note. 2. \_\_\_\_\_ 3. A five rupee note.

4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_



## Ask and answer.

Grocery Section				
				
Rs. 80 per Kg	Rs. 65 per Kg	Rs. 115	Rs. 50	Rs. 135
				
Rs. 15	Rs. 100 per kg	Rs. 50 per kg	Rs. 200	Rs. 45 per kg

**Example:** A: How much is the orange?

B: It's 80 rupees per Kg.

A: Give me one Kg. Here is 100 rupees.

B: 20 rupees is your change. Here you are.

**Now, make similar conversation with your partner.**



## What do you like?

Look at the above task. Write what you like and what you don't like. Use 'and', 'but' and 'because' in your sentences.

**Example:** I like orange and watermelon.

I like apple juice but I don't like watermelon.

I like milk because it is good for our health.

1.

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2.

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3.

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4.

5.

6.

7.

8.



## Read and act.

Guests : A table for four, please.

Waiter : Yes, of course,  
no problem.

Guests : Thank you.

Waiter : Here you go.  
What would  
you like to  
have? Would  
you like to see  
the menu?

Guests : Yes please.  
We are very hungry.

(The guests look at the menu)

Waiter : Are you ready to order?

Guests : Yes. We'd like fish, rice and curry please.

Waiter : Would you like any drinks?

Guests : No, thanks, just a bottle of water.

(The guests have finished their meals)

Waiter : Would you like a desert?

Guests : No, thank you. Could we have the bill please?

Waiter : Yes, of course.



Now, use the words in your own sentences.

- a. hungry: \_\_\_\_\_
- b. menu: \_\_\_\_\_
- c. order: \_\_\_\_\_



Read and answer.

### Shopping at the Supermarket

I'm Bikash. Now I am at the supermarket. I have come here with my friends: Bijaya and Nabina. I love shopping at the supermarket because we can find everything here in one place. We don't need to move here and there. The goods in the supermarket have the good quality. Bijaya and Nabina also like supermarket.



We go to the cinema whenever we come here. We are watching the film today too. I like English film. Nabina likes the Nepali ones. But we have agreed to watch the English film today. Then we will go to the restaurant on the top of the supermarket. It's very famous. It's always full of people. I like cold drinks. Bijaya prefers apple juice. I like bread and curry because it's good for our health. Nabina and Bijaya like chicken wings. We don't like junk foods.



Then comes the time for shopping! We shop clothes for us today. We chose the best one. Do you like shopping too? What do you like doing?

Answer the following questions.

- a. Where is Bikash?

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- b. Why do they like supermarket?

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- c. Where is the restaurant?

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- d. What are they shopping today?

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Do you like shopping too? What do you like doing?  
Write in a paragraph.

[illegible]

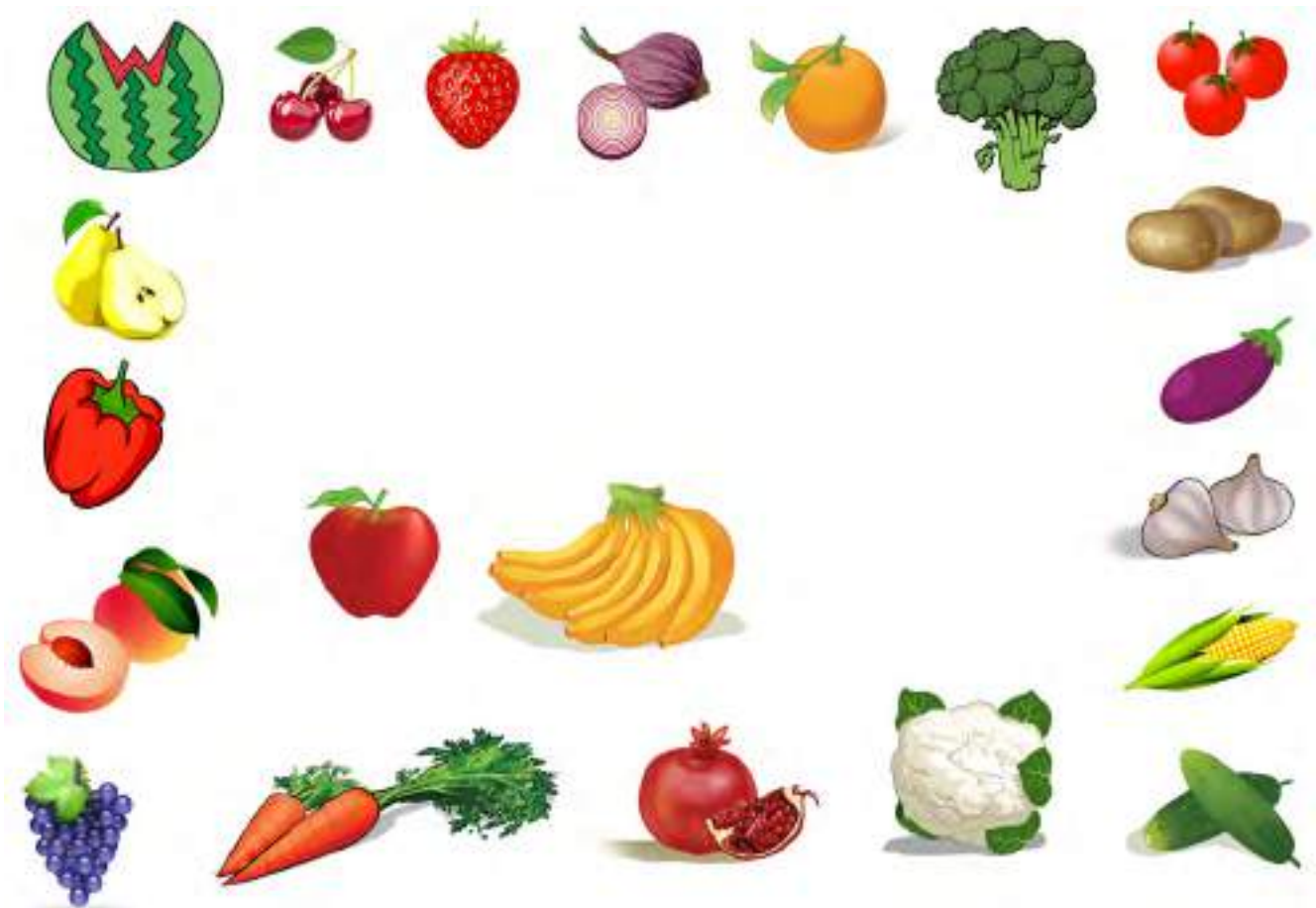


# Fruits and Vegetables





Look at the pictures and name them.



Listen and say.

It's not a plant. It's not green.  
It grows in the dark. It has  
a cap and a stem. It's a  
vegetable. What's it?



Is it a mushroom?

Yes, it is.



**Have similar conversations for the followings.**

It grows under the ground.  
It's long and thin.  
You can eat it raw.  
You peel it before eating.  
It's orange in colour.  
Rabbits like it.

It's quite small.  
It's round and green.  
It stays in pods. You cook it  
before you eat.

It's a very popular vegetable.  
It grows under the ground.  
You cook it before you eat.  
You can cook it in many  
ways.

It's big. It's round or oval. It's  
green outside.  
It's red inside.  
It's sweet.  
You don't eat its skin.

**Discuss the meanings of these words.**

**hunt, moiden, replied, message, ordered**

**Now, fill in the blanks with the words.**

- a. The teacher asked me a question and I .....
- b. Kopila sent me a ..... on my birthday.
- c. Mr. Lama we has gone to the forest to ..... a deer.  
He likes the meat of a deer.
- d. The captain ..... the army to run.
- e. There is a ..... at our home. She helps my mother.



## Read and answer.



One day, a king went to the forest to hunt a deer. In the forest he lost his friends and became alone.

He walked here and there. He saw a hut with a beautiful garden. A beautiful young maiden was working in the garden.

The king asked her, "What plants are you growing here?"

She replied, "I am raising pumpkins and melons."

The king was thirsty, and so he asked the maiden for a drink. "We were hunting in the heat of the day," he said, "and I'm very thirsty."

The maiden replied, "We have water but the jar to serve is old. It is not right for the king to drink from such a jar. If we had a jar of gold, it would be good for you."

The king replied to the girl, "Never mind the jar. I'm very thirsty! I care not if the jar is old"

The maiden went into the house, and gave water to the king. The king drank the water.

The king gave the jar back to the girl but she broke it.



He cried, "You see that I am a king. For what reason did you break that jar?"

The maiden replied, "I should not like to have it used by anyone else after you, your majesty, has touched it."

Upon hearing that, the king made no reply. He thought she was a clever girl after all.

The king one day ordered a soldier to carry to the maiden a new jar, one with an opening at the top not much more than one inch across. The soldier's orders were to tell the maiden that the jar was from the king, and that she was to put a pumpkin inside the jar. The soldier was also to tell the maiden that she should not break the jar. Both the jar with the small opening at the top and the pumpkin must remain whole.

The maiden sent a message to the king that she was sure she could do what the king said, but that such a task might take some time.

It was several months before the maiden arrived at the palace. In her hands she held the same jar, and sure enough, an entire pumpkin sat inside it. When the king saw the jar, he knew that the jar was the same one that he had given. What's more, he saw that both the jar and the pumpkin were undamaged. He asked the maiden to marry him on the spot and she agreed.

Later, when his new wife told her secret, the king laughed long and hard.

*(Adapted from [storiesgrowby.org](http://storiesgrowby.org))*

**Write 'True' for true statements and 'False' for false statements.**

a. The king met a girl in the forest.

- b. The king asked for a jar of gold.
- c. The girl broke the jar because she was angry with the king.
- d. The king sent a jar to the girl.
- e. The girl had a pumpkin in the jar.

**Write 1 to 5 to put the following sentences in the correct order.**

A king went to the forest to kill a deer.

The king was thirsty.

A girl gave him water.

The king liked the girl.

The king married the girl.

**Answer the following questions.**

a. Where was the girl?

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b. Why did the king ask for a drink?

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c. How long did it take her to put a pumpkin in the jar?

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d. How did she put the pumpkin in the jar? Can you guess?



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<h2>Watermelon</h2> <p>Watermelon is a fruit. It is big and heavy. It is green on the outside but red inside. It has many seeds. It is sweet and juicy. I like this fruit because it is tasty.</p>	 A cartoon illustration of a young girl with dark hair in pigtails, wearing a white short-sleeved shirt, a black skirt, white socks, and brown shoes. She is holding a triangular slice of watermelon in her right hand and pointing with her left hand.	 A realistic illustration of a whole watermelon with green stripes and a small stem, next to a large triangular slice of watermelon showing its red flesh and black seeds.
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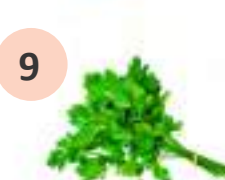
[illegible]

## Lesson: 31

# Fruits and Vegetables



Look at the pictures, discuss and write their names.



1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	



## Listen and say.



Now, move around the class. Have the conversation as given above. Then complete the table below.

S.N.	Name	Fruits and vegetables s/he likes	Fruits and vegetables s/he doesn't like
1.			
2.			
3.			
4.			
5.			
6.			
7.			



**Pronounce the following words.**

**cover, explain, bite, fleshy, nod**

**Now, discuss and match these words with their meanings.**

- |            |                                    |
|------------|------------------------------------|
| a. cover   | i. thick                           |
| b. explain | ii. to move your head down and up  |
| c. bite    | iii. to use your teeth to cut food |
| d. fleshy  | iv. to put something over          |
| e. nod     | v. to describe                     |



**Read and answer.**



"Mom, what makes a tomato a fruit? My teacher said it isn't a vegetable" Casey asked his mother.

"Well, why do you think it is a vegetable?" She asked.

Casey said, "They're not sweet like apples."

"But all the fruits are not sweet." Mom said.

"Still, fruits are usually sweet, right?" Casey said.

"Fruits are really something that covers a seed." Mom explained.

"Not bananas" Casey said.

"Sure they do. Bananas have little tiny seeds inside. If you bite into it you can see them." Mom said.

"So all fruits have seeds in them?" She asked.

"Yes, but vegetables are different. They are parts of a plant, like a stem, a leaf, a root, or just the seed." Mom answered.

"A leaf? It is odd to imagine chewing on tree leaves." Casey said.

"Like, spinach is a leaf." Mom explained.

"I don't like spinach." Casey said.

"Lettuce?" Mom asked.

"That's good in salads and burgers. So if it's not a leaf, what were the other options again? She asked.

"Stems like celery, or roots, like radishes and potatoes." Mom replied.

"It is odd to think of stems." She said.

Mom added, "They can be seeds, too, like peas. Fruits have fleshy covering around the seeds."

"So green peppers and cucumbers are fruits." She said.

Mom nodded. "Science says they are but the way we cook makes them vegetables."

"It's hard to remember all." Casey said.

"But remember it's not true for all." Mom laughed.

*(Adapted from the story of Andrew Frinkle 'Fruits and Vegetables')*

## Who said?

- "Fruits are really something that covers a seed." .....
- "I don't like spinach." .....
- "Fruits have fleshy covering around the seeds." .....
- "It's hard to remember all." .....

Fill in the blank spaces with the appropriate words from the bracket.

- Fruits are usually ..... (sweet, bitter)
- Bananas have ..... seeds inside. (big, tiny)
- Spinach is a ..... (stem, leaf)
- Fruits have fleshy covering around the ..... (seed, skin)
- According to science, cucumbers are ..... (fruits, vegetables)

Discuss, how fruits and vegetabes are different.



## Write.

What's happening in the picture? Write a paragraph. Colour the picture.

[illegible]





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# Hobbies and Interests



## Lesson: 32

## My Hobbies



Look at the pictures and discuss.

			
fishing	swimming	painting	drawing
			
riding a horse	playing Madal	trekking	listening to music
			
dancing	shopping	camping	watching cartoons
			
reading a book	going to parties	cooking	

Do you like doing these things? Do you have other hobbies and interests?



## Act out the conversation.

Bikash : Madhu, do you like swimming?

Madhu : I don't really. Why?

Bikash : I want to go swimming or trekking.

Madhu : I don't like trekking. It's boring to walk long.

Bikash : Do you like playing cricket?

Madhu : It's very hot outside. I hate playing in Sun.

Bikash : How about watching TV? Do you like watching cartoons?

Madhu : Yes, I love cartoon. Let's go!



## Ask and answer.

Now, make questions about the hobbies and interest discussed on the previous page. Then ask and answer questions with a partner. Use 'I like/love/prefer .... I don't like/hate.... etc.' in your answer.

Example:

Do you like riding a horse?

Yes, I do. I like riding a horse.

No, I don't. I prefer riding a bike to riding a horse.

## Read and match.

Match the sentences in column A with appropriate sentences in column B.

### Column A

I don't like tea.

I wake up at 6 a.m.

I will go to Chitwan.

Rupa made this picture.

I play football and cricket.

Rani is afraid of water.

I like to dance.

My grandpa has a horse.

I go to school by bicycle.

### Column B

I love sleeping.

I like riding it.

I like travelling.

I prefer tea to coffee.

I hate walking.

She loves drawing.

She hates swimming.

But I prefer football to cricket.






I don't like singing.

Now, give a half minute talk about what you like and what you don't like. Use the sentences beginning with ' I like/love/prefer.....I don't like/hate.....etc.





## Read and answer.

 Hobbies	 Raksha	 Dinesh	 Ayush	 Reena
1. reading comics	✓	X	✓	X
2. go shopping	✓	✓	✓	✓
3. gardening	X	✓	✓	✓
4. collecting stamps	✓	X	X	X
5. dancing	X	✓	✓	✓

## Answer the questions.

a. Which hobby is liked by all?

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b. Name the person who likes collecting stamps?

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c. What doesn't Ayush like?

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## Write a paragraph about your hobbies and interests.

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Look at the pictures and discuss.



Do you know other sports? Talk to your friends.

Now, write the names of the sports you discussed.

1. _____ _____	2. _____ _____	3. _____ _____
4. _____ _____	5. _____ _____	6. _____ _____
7. _____ _____	8. _____ _____	9. _____ _____
10. _____ _____	11. _____ _____	12. _____ _____
13. _____ _____	14. _____ _____	15. _____ _____

Other sports you know:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Pronounce the following words with the help of your teacher.

team	champion	fond of	match	favourite
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Now, complete the following sentences with the words.

- a. I like football. It's my ..... sport.
- b. There are 11 players in a football .....
- c. My sister likes chocolate. She is ..... eating chocolates.
- d. The red house won the ..... and became the .....



## Read and answer.

### My Favourite Sport

My name is Mahesh. I am 9 years old. My favourite sport is football. I play twice a week at school and in the afternoon I have football lessons on Monday, Wednesday and Friday. On Saturday afternoon I usually have a match with my team. We are very good at football and often win. Of course I'm in the school team too! My favourite team is Three Star and I hope to be a champion as Anil Gurung.



I'm Rita and I live in Parsa. I'm 10 years old and I practise cycling. I like cycling because I can practise in the field. In the winter I go cycling everyday usually in the morning. In summer it's difficult to go cycling because it's very hot. I always wear helmet to protect my head and drink a lot of water. My brother is also fond of cycling. So we often go to school by bike.

Complete the table.

Name	Age	Favourite sport
<hr/> <hr/> <hr/>	9 years old	<hr/> <hr/> <hr/>
Rita	<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>

Answer the following questions.

- a. Which team does Mahesh like?

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- b. Why does Rita wear helmet?

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- c. How does Rita go to school?

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## Which sport do you like? Write a paragraph.

[illegible]

# Birds and Animals





## Listen and sing.

Five little eggs were sitting in the nest  
On top of the tree and all at the rest  
Mama bird saw them starting to crack  
And soon all the eggs were hatched.



The first baby bird looked down at the ground  
He got scared and couldn't make a sound  
Mama bird said now fly fly fly  
But the baby bird was too shy shy shy.



The first baby got out of the nest  
The next baby bird looked at the rest  
Mama bird said now fly fly fly  
But the baby bird said oh my my my.



The second baby bird flew way up high  
The next baby bird then gave a sigh  
Mama bird said now fly fly fly  
But the baby bird said too high high high.



The third baby bird at last went out  
The next baby bird then gave a pout  
Mama bird said now fly fly fly  
But the baby bird said oh why why why.





The fourth baby bird went down to eat  
The last baby bird gave a long loud tweet  
Mama bird said now fly fly fly  
But the baby bird wanted to cry cry cry.



Mama bird said it'll be okay  
You'll be alright and there's a way  
The little baby bird then started to sing  
And flew off flapping his wings.



All the baby birds with mother in the lead  
Flew through the sky quite well indeed  
Mama bird said now fly fly fly  
And all the birds flew to the sky sky sky.



Underline these words in the above song.

saw, hatched, looked, scared, got, said, was, flew, gave,  
went, started.

Listen to your teacher and repeat the words after him.



Look at a dictionary and write the meanings of the following words.

penguin

:

species

:

lay

:

hemisphere

:

pole

:

hops

:

bills

:

Obelly

:

gland

:

feather

:

waterproof

:

neck

:

Now read the text below and underline the words. See what meanings do these words have.



## Read and answer.

### The Penguin



Penguins are birds that cannot fly, but they swim very well and spend most of their lives in the sea. Some species spend as much as 75% of their lives in the water. However, they lay eggs and raise their chicks on land.

There are 17 species of penguins. The Emperor Penguin is the tallest of all penguin species, reaching as tall as 120 cm in height. Little Blue Penguins are the smallest type of penguin averaging around 33 cm in height. King Penguins are the second largest penguin species.



Most penguins live in the Southern Hemisphere. Many live at the South Pole of Antarctica. Large penguin populations can be found in countries such as New Zealand, Australia, Chile, Argentina, South Africa. They are defenseless birds, so they usually live in remote places.

All penguins have a big head and a short, thick neck. They dive deep into the water and 'fly' underwater at a great speed of about 15 miles per hour. Penguin legs are short and strong. They have webbed feet with visible claws.

Penguins walk with short steps or hops. Sometimes using their bills or tails to assist themselves on steep climbs.

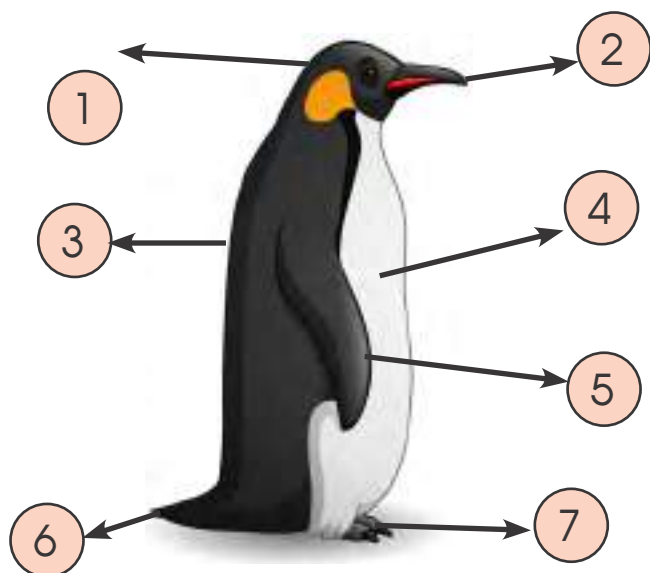


Penguins have a lighter colour on belly and a darker colour on their back. Penguins have more feathers than most other birds – about 70 feathers every 5 square cm. They produce oil from a gland near the tail, and

they use this to coat their feathers to keep them waterproof.  
Penguins eat a range of fish and they can drink sea water.  
Penguins live about twenty years.

**Name the parts of the body of a penguin. The words are in the box.**

**back, belly, foot, flipper, tail, head, beak**



1. ....
2. ....
3. ....
4. ....
5. ....
6. ....
7. ....

**Read the text again and write 'True' or 'False'.**

- a. Penguins are birds.
- b. They live in water.
- c. There are 20 species of penguins.
- d. Emperor Penguin is the tallest of all the penguins.
- e. Penguins live at the North Pole.
- f. They can 'fly' underwater at a speed of 15 m/h.
- g. Penguins can walk.
- h. They eat fish.
- i. They live about 15 years.


## Talk to your friends.

Find these sentences in the text and complete them with missing words.

a. Penguins are birds that ..... fly.

b. Penguins ..... drink sea water.

Can means you are able to do something.

Cannot means you are not able to do something.

Now, take turns to talk to your partner what you can do and cannot do. Say at least five things for each. Make notes in the table first.

Things I can do	Things I can't do

## Match the verbs with their correct past tenses.

### Column A

get

is

see

go

give

scare

start

say

fly

hatch

### Column B

saw

hatched

scared

got

said

was

flew

gave

went

started

What did you do yesterday? Talk to your friend. Tell each other at least five things.



**Write.**

**Make sentences which are true for you.**

a. speak English: I can speak English.

b. drive a car: I can't drive a car.

c. swim: \_\_\_\_\_

d. play football: \_\_\_\_\_

e. ride a bike: \_\_\_\_\_

f. play chess: \_\_\_\_\_

g. cook rice: \_\_\_\_\_

h. touch the ceiling: \_\_\_\_\_

i. write a story: \_\_\_\_\_

**Look at the pictures and put the sentences according to the order of the pictures. Put numbers 1 to 6.**



.....The crow dropped the pebbles into the pitcher.

.....The crow couldn't drink the water as it was low.

.....The water level rose.

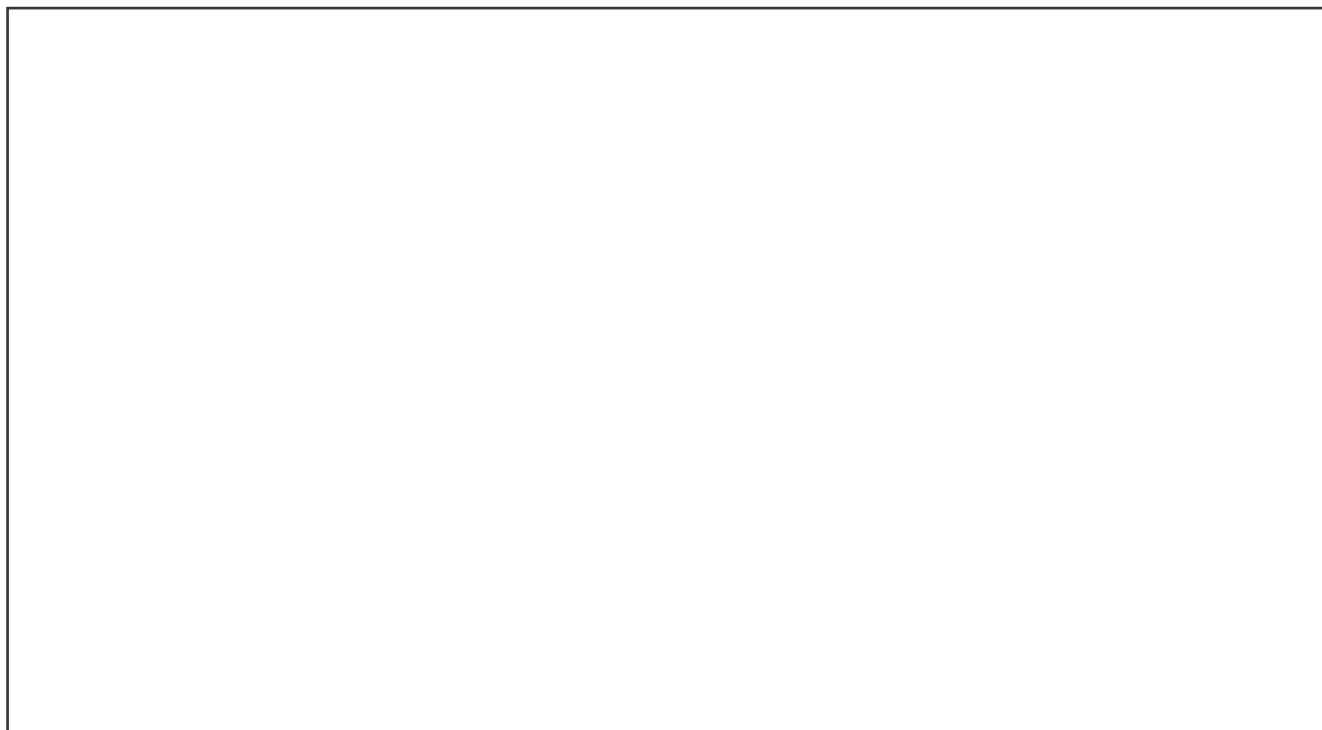
.....A crow was thirsty.

.....The crow drank water.

.....The crow tried to drink the water.



Draw a picture of a bird you like and write a short description of it.



Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, and bottom lines) in red and blue colors.

## Lesson 35

# The Polar Bear



Say the names of birds and animals.



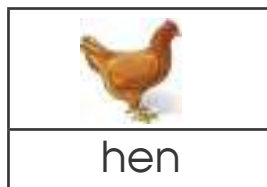
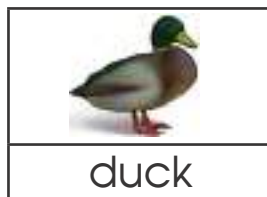
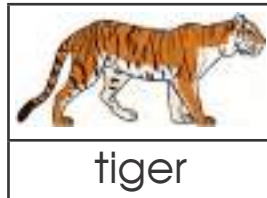
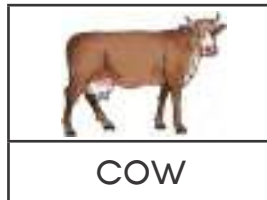
Now, write their names below.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

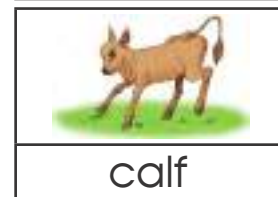
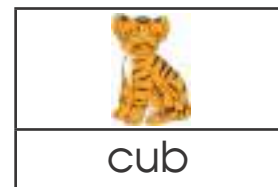
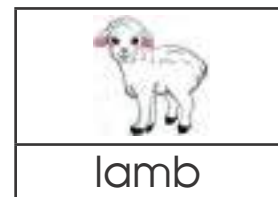
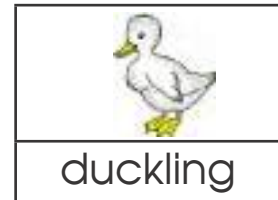
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_

Discuss and match the animals with the names of their babies.

## Animals



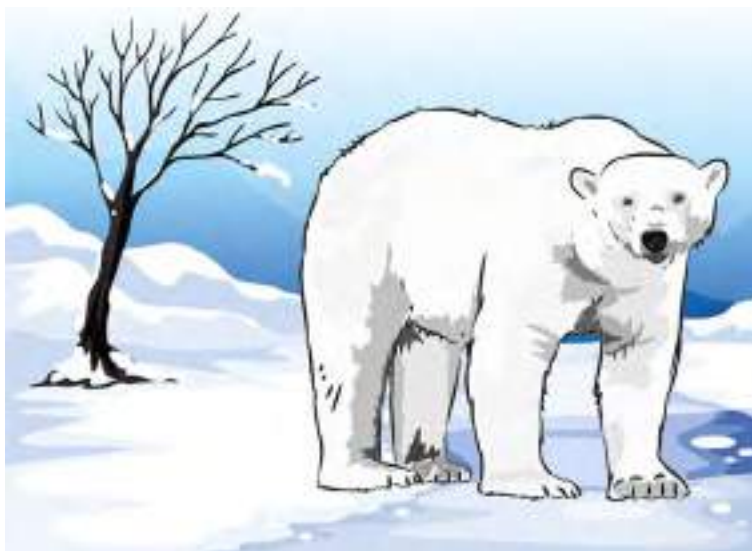
## Babies





### The Polar Bear

Polar bears usually have thick white fur. The fur does not allow its body heat to escape easily. This keeps the animal warm. Thick layers of fat beneath its skin protect the animal from the cold waters of the Arctic Ocean, helping it to swim very far out.



Polar bears have a keen sense of smell and can smell food as much as 10 miles away. A polar bear knows exactly which holes to watch in the ice when it is waiting to catch a seal. As soon as a seal pokes its head through its head through a hole for air, it kills it with its huge paw. One blow can kill a seal weighing 772 lbs. Besides seals, the polar bear also eats sea birds, fish, berries and grasses.

Female polar bears spend the winter in a den in the snow. The cubs are born in January or February. The cubs suckle while their mother dozes. They stay with her until they are big enough to live on their own.





Polar bears rarely kill people, though people kill many of them. Hunters shoot these bears for their good-looking and costly fur. There is now a rule to limit the number of these bears that hunters can kill. This has helped to reduce the number of polar

bears killed by hunting. But the latest changes in climate are leading to polar bears dying.

**Look at the meanings of the words in the dictionary and complete the sentences with correct meanings.**

**fur, layers, holes, paw, den, cubs, suckle, costly**

- a. The hares live in .....
- b. Look! A mother dogs is ..... their puppies.
- c. The ..... of soil in our field are thick.
- d. Lion lives in a .....
- e. The hair of animals is called .....
- f. The baby polar bears are called .....
- g. The tiger has a huge .....
- h. The clothes nowadays are expensive. They are .....

**Answer the following questions.**

- a. What keep the polar bears warm?

---

---

---

b. How do polar bears eat?

---

---

---

c. What do polar bears eat?

---

---

---

d. When are the baby polar bears born?

---

---

---

e. Why are polar bears hunted?

---

---

---



**Work in pairs. Take turns to ask and answer about the things in the box about polar bears.**

**where they live, what they eat, what they look like, baby polar bears, how they look.**

**Look at the following sentence from the text.**

Polar bears can smell food as much as 10 miles away.

Polar bears can kill a seal weighing 772 lbs.

**What do the following animals can or can't do? Discuss with your friends and write.**

Animals	can do	can't do
Cows	can walk.	can't run fast.
Buffaloes		
Oxen		
Monkeys		





## Word list

abacus	blow	clean	dishes
aeroplane	boat	clever	doughnut
aggressive	bookshelf	clip	doze
agree	boots	close	drawer
ahead	bored	coat	drawing
air	bottle	coconut	duckling
air hostess	bowl	coffee	east
along	bread	colony	eat
amazing	bright	colourful	eggplant
appearance	broccoli	comb	eighty
armchair	brown	comfortable	enough
around	buffalo	compass	equipment
arrive	building	competition	eraser
art	burger	compose	every
assembly	busy	computer	exchange
attend	butcher	congratulation	exciting
attractive	cabbage	contribution	expensive
auto rickshaw	cabinet	cook	express
autumn	calculator	cooking	fair
avocado	calendar	copy-book	famous
badminton	calf	correct	farm
bakery	camping	costly	fast
barber	candy	count	favourite
bargain	canteen	country	fax
basketball	carpet	countryside	feather
beak	carry	crayons	feel
beans	cartoons	cub	female
beard	catch	cucumber	fifty
beat	ceiling	cuddle up	fight
beautiful	celebrate	culture	film
behave	champion	curry	fireplace
behind	cheap	curtain	fishing
belly	cheetah	customer	flat
belt	cherry	dance	fleshy
berries	chess	dangerous	flew
between	chew	dark	flies
bicycle	chick	dear	flipper
big	chicken	decide	floor
bike	Chinese	den	fly
bill	chocolate	dentist	fond of
birthday	chores	describe	food
bite	city	difficult	football
blonde	classmates	dinner	forest
blouse	claw	disc	forget

friendly  
fun  
funny  
fur  
games  
garbage  
garden  
gardening  
garlic  
German  
gift  
ginger  
giraffe  
gland  
glasses  
globe  
gloves  
glue  
gourd  
grand  
ground  
grow  
guess  
guest  
hair saloon  
hairband  
hallow  
handmade  
handsome  
happy  
hard working  
hatch  
hate  
hear  
heavy  
helicopter  
hemisphere  
herself  
high  
highlight  
hill  
history  
hobbies  
hole  
holidays  
homemade

homework  
hop  
hostel  
hungry  
hunt  
hunter  
husband  
ice skate  
in  
in front of  
Indian  
industry  
inside  
instrument  
interesting  
interest  
internet  
introduce  
jacket  
Japanese  
juice  
juicy  
jump  
keen  
kids  
kind  
kitten  
kiwi  
lab  
lamb  
land  
laptop  
lay  
layer  
lazy  
leaf  
leather  
left  
lesson  
lettuce  
library  
light  
listen  
litter  
long  
lovely

lunch  
machine  
magazine  
magic  
maiden  
mall  
many  
map  
marker  
market  
marry  
match  
mathematics  
meal  
mechanic  
medium  
melons  
menu  
message  
middle  
mirror  
mittens  
money  
monsoon  
motorcycle  
mountain  
moustache  
movies  
municipality  
mushroom  
music  
musician  
national  
nationality  
neck  
neighbour  
Nepali  
newspaper  
next to  
nice  
ninety  
nod  
noisy  
north  
notepad  
notice board

obey  
observe  
occupation  
ocean  
office  
omelette  
order  
oval  
own  
ox  
painter  
painting  
palace  
papaya  
paperclip  
parents  
park  
participate  
party  
pass  
passerby  
path  
paw  
peach  
pear  
pebbles  
peel  
pencil case  
penguin  
pepper  
pet  
pharmacy  
physical  
piano  
pick up  
pieces  
plant  
player  
playground  
please  
pods  
poem  
pole  
policewoman  
polite  
pomegranate

popular	scholarship	stay	trousers
porridge	schoolbag	stem	trunk
praise	scissors	stool	twice
prepare	seal	stores	ugly
private	season	straight	undamaged
prize	secret	strange	under
problem	seed	strap	understand
protractor	seek	strawberry	underwater
publish	select	strict	unhappy
pullover	sense	strong	uniform
pumpkin	separate	study	vain
pupil	seventy	subject	vase
puppy	share	subways	vegetable
purple	sharpener	suckle	video
quality	ship	sugar	violin
radio	shirt	summer	visible
raining	shoe	supermarket	visit
raise	shoot	sweater	volleyball
rarely	shop	sweep	waiter
ready	shopkeeper	swimming	walk
reception	shopping	swing	warm
recite	shorts	switch off	water
reduce	shower	table tennis	watermelon
remote	sign	take care	waterproof
reply	silk	tall	wavy
respect	singer	task	weak
rest rooms	sixty	tasty	weather
restaurant	skipping	taxi	webbed
ride	skirt	team	weekend
riding	slides	telephone	west
right	slim	tempo	winter
ring	slippers	thick	
river	small	thin	
roof	snowman	thirsty	
root	socks	ticket	
round	soldier	tired	
roundtable	solve	tomorrow	
rule	south	tongue	
ruler	sow	town	
Russian	species	toys	
sad	spider	traditional	
salad	spinach	train	
salesman	sports	trainer	
sandwich	spring	travel	
sausage	stapler	trekking	
scared	stationery	triangle	