

Hey Sandip, This Is Your Monthly BlogLite Engagement Report

Report Generation Date: 11-02-2023, 16:24

Total Users Followed: 1

Total Followers Added: 3

Total Posts Added: 4

Posts Created

Cold

Real Cold temp

Trains always give hope

for a traveler like me, trains are an awesome view

Hope in Darkness

This photo is just the right illustration of the title

How do you define awe? And what is it in the context of our everyday lives?

In the broadest sense you can define awe as the feeling you have when you encounter vast mysteries that you can't understand. When I sat there and I looked at Rolf, a very strong physical guy suddenly disappearing, I just didn't understand it. So awe is the vast mystery that you can't make sense of with your current knowledge. Then, importantly, the second part of defining awe is to say, "Well what's it about? What context are we in? Where does it happen?" And that's where the eight wonders come in: moral, beauty, nature, collective movement, et cetera. It varies profoundly for every person, from one individual to the next. Some people find awe more terrifying. Some people find it in different realms such as nature. If people are religious, they'll find it through belief systems about the divine and spirit. But what's interesting about awe is that there's a universal structure to it. When you hear other people's stories you understand that it's kind of how you feel, but in a different way. In many different countries, we asked people each day to tell us if they felt awe that day. What we found is that they feel awe about two to three times a week. You always have to think about emotions as families of experiences, and there are really extraordinary experiences of awe, right?