

# Hey Leia, This Is Your Monthly BlogLite Engagement Report

Report Generation Date: 11-02-2023, 16:24

**Total Users Followed: 5**

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**Total Posts Added: 3**

**Posts Created**

**My first Post**

I am happy to post my first blog

## What Popular Culture Is Telling Us About Parenting

Every discussion of parenting is also, to some degree, a discussion about gender dynamics. There are families in which both parents strive for a 50-50 share of responsibilities, and stay-at-home dads are becoming less and less of an anomaly. Nevertheless, parenting remains arguably the most gender-normative component of modern adulthood. My wife Xenia and I, both physicians with busy work schedules, have tried to employ a 50-50 split of parenting, but, in truth, her share approaches something like 65 percent

## **Most humans haven't evolved to cope with the cold, yet we dominate northern climates - here's why**

Humans are a tropical species. We have lived in warm climates for most of our evolutionary history, which might explain why so many of us spend winter huddled under a blanket, clutching a hot water bottle and dreaming of summer. Indeed all living apes are found in the tropics. The oldest known fossils from the human lineage (hominins) come from central and eastern Africa. The hominins who dispersed northwards into higher latitudes had to deal with, for the first time, freezing temperatures, shorter days that limited foraging time, snow that made hunting more difficult and icy wind chill that exacerbated heat loss from their bodies.