



Nudgee College Swimming Long Course Preparation Meet

This meet is a Long Course Preparation qualifying meet sanctioned by Swimming Queensland. Times achieved will be recognised as official qualifying times for all Australian, Queensland and Brisbane Championships.

Date: Sunday 10 February 2019

Venue: St. Joseph's Nudgee College, 2199 Sandgate Road Boondall 4034

Meet Fee: A \$4.00 meet fee in place of an admission fee on the day. This fee will be payable when nominating through the OME.

Sessions: Session 1 (12yrs & Over) : Warm up from 6:30am
Session 2 (11yrs & Under) : Not before 12:30pm
Finals Session (12yrs & Over) : Warm up not before 3:00pm
Gates open at 6:15am. Competition for Session 1 commences at 7:30am.
See schedule of events for more information.

Age: Age as at 10 February 2019.
Minimum age is 8 years for Junior Events and 11 years for Open Events.

Eligibility: Entry is open to all Swimming Queensland 'Competitive' registered swimmers, who are members of a club that have been allocated to this meet:

Australia Crawl	Padua
Bracken Ridge	Pine Rivers
Dayboro	Redcliffe Leagues
Genesis	Sandgate
Grace	Somerset Hills
Lawnton	Southern Cross
Nudgee College	Wide Bay

Events: As per attached Schedule of Events. Rule tolerances will NOT apply for any event (as per SQ's Competition Framework for Meets). All SQ General Rules apply. All events in Session 2 will be conducted as timed finals. Heats and events may be combined on the day subject to Referee approval.

Closing Date: Tuesday 29 January 2019 at 11:59pm

Entry Fee: \$7.00 per event

Entries: Entries will be via the Online Meet Entry system
[Click here to nominate](#)

General: Clubs nominate on the condition that they will assist with timekeeping during the day. Semi-automatic timing system will be used. Details of timekeeping duties, meet entry list and timeline will be emailed to clubs closer to competition date.

Nominating clubs are responsible for ensuring that all competitors are registered with Swimming Queensland and that all details are current and correct.

Late entries may be accepted on the day however, this is subject to lane availability and our absolute discretion. There will be a \$20 late entry fee per event.

For 400/800/1500m events, they will run as Timed Finals in the first session with the last heat in the finals session.

Finals will be swum for the following events (as per the program of events):

12-14yrs Male 100m Freestyle, Backstroke, Breaststroke & Butterfly
15yrs+ Male 100m Freestyle, Backstroke, Breaststroke & Butterfly
12-13yrs Female 100m Freestyle, Backstroke, Breaststroke & Butterfly
14yrs+ Female 100m Freestyle, Backstroke, Breaststroke & Butterfly
Open Female 200m IM, Freestyle, Backstroke, Breaststroke & Butterfly
Open Male 200m IM, Freestyle, Backstroke, Breaststroke & Butterfly

Refunds: No refunds will be given for the withdrawal from the meet unless it is due to medical reasons. Of which a medical certificate must be given to the Race Secretary within 7 days of the meet.

Programs: A link to the PDF version will be sent to all entrants prior to the meet.

Coaches: Each participating Club will receive for each of their Coaches a pack comprising a printed program, burger and drink voucher.

Awards: Medals will be awarded to the three fastest times in each age group below:
50m events – 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16&over
100m events – 9yrs, 10yrs, 11yrs, 12-13yrs (female), 14yrs+ (female), 12-14yrs (male), 15yrs+ (male)
200m, 400m, 800m & 1500m events – three fastest places only

Raffles: Tickets will be on sale – there are lots of prizes to be won!

Other: There will be food & drinks available for purchase throughout the day. Clubs are welcome to bring their own tents to set up on our grass hill. There is adequate room for everyone, although bringing your own chair/blanket is recommended.

Enquiries: Lauren Byrne – Race Secretary at lbyrne@nudgee.qld.edu.au or 3865 0435

Program of Events

Session 1

Warm-up: 6:00am

Competition: 7:30am

Male Events	Event Detail	Female Events
1	Open 800m Freestyle	2
3	Open 1500m Freestyle	4
5	12yrs & Over 50m Freestyle	6
7	Open 200m Breaststroke	8
9	12yrs & Over 100m Butterfly	10
11	Open 200m Backstroke	12
13	Open 400m Freestyle	14
15	12yrs & Over 50m Backstroke	16
17	Open 200m Butterfly	18
19	12yrs & Over 100m Breaststroke	20
21	Open 200m IM	22
23	12yrs & Over 50m Butterfly	24
25	12yrs & Over 100m Backstroke	26
27	Open 200m Freestyle	28
29	12yrs & Over 50m Breaststroke	30
31	Open 400m IM	32
33	12yrs & Over 100m Freestyle	34

depending on number of entrants, events 1, 2, 3 & 4 may be combined

Session 2

Warm-up: 25m pool available from 7:30am

Competition: 12:45pm (TBC)

Male Events	Event Detail	Female Events
35	9 – 11yrs 100m Breaststroke	36
37	8 – 11yrs 50m Freestyle	38
39	9 – 11yrs 100m Backstroke	40
41	8 – 11yrs 50m Butterfly	42
43	9 – 11yrs 100m Freestyle	44
45	8 – 11yrs 50m Backstroke	46
47	9 – 11yrs 100m Butterfly	48
49	8 – 11yrs 50m Breaststroke	50

Finals Session

Warm up: 3:00pm

Competition: 4:15pm (finish approx. 7pm)

Male Event	Event Detail	Female Event
12 – 14yrs	100m Freestyle	12 – 13yrs
15yrs+	100m Freestyle	14yrs+
12 – 14yrs	100m Butterfly	12 – 13yrs
15yrs+	100m Butterfly	14yrs+
12 – 14yrs	100m Backstroke	12 – 13yrs
15yrs+	100m Backstroke	14yrs+
12 – 14yrs	100m Breaststroke	12 – 13yrs
15yrs+	100m Breaststroke	14yrs+
Male Final	200m Freestyle	Female final
Male Final	200m Butterfly	Female final
Male Final	200m Backstroke	Female final
Male Final	200m Breaststroke	Female final
Male Final	200m IM	Female final
Fastest Heat	800m Freestyle	Fastest Heat
Fastest Heat	1500m Freestyle	Fastest Heat
Fastest Heat	400m Freestyle	Fastest Heat
Fastest Heat	400m IM	Fastest Heat