



2019 Grace Short Course Preparation Meet

Saturday, 6th July 2019

Grace Lutheran College Pool,
Buchanan Road Rothwell 4022

Entries Close Monday 24th June 2019



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***This meet is sanctioned by Swimming Queensland & Brisbane Swimming.
Times will be recognised as official qualifying times for all meets including
state and national***



GRACE SWIMMING

- Date:** **Saturday 6 July 2019**
- Venue:** 25m, 8 lanes heated pool, Grace Lutheran College, Buchanan Rd, Rothwell
Shaded seating provided.
- Entry:** Gates open at 7:45am
Free Entry for Competitors, Coaches & children.
\$2.00 Entry Fee for all Spectators/Non-swimmers per session
Program will be emailed to all swimmers
- Time:** Session 1: 8-11yrs **9:00am START** – **8:00-8:45am Warm-up**
Session 2: 12yrs & over **12:00pm or later** (start time will be confirmed after nominations close. 45 min warm-up prior to start)
- An expected time line will be posted on the website prior to the meet
- Nominations:** **\$8.00 per event** * via the Online Meet Entry System only.
* (OME surcharges apply)
- [ENTER ONLINE HERE](#)** For assistance please contact your race secretary
Online entries will open once Swim Central goes live.
- Payments:** Paid online via the OME system
- Closing Date:** **Monday 24th June 2019.** Late nominations are at the discretion of the Meet Director providing lanes are available. Fee of \$20 per event will apply.
- Age:** As at 6th July 2019. Minimum age 8 years. Open events minimum 11 years.
- Eligibility:** Open to SQ registered "competitive" swimmers from clubs allocated to this meet by Brisbane Swimming as per Appendix 1. Multi-class swimmers welcome, please email president@graceswim.org.au after nominating with your name and classification so multi-class sub-events can be created.
Club registrars are to ensure all swimmers are correctly registered.
- Events:** As per the Program of Events. All events to be swum as multi-age timed finals.
The Meet Referee reserves the right to combine/cancel heats/events.
- Rules:** SAL/SQ general rules will apply, no tolerances.
- Timing:** Semi-automatic timing with 3 time keepers per lane. Clubs will be allocated lanes to assist with time keeping.
- Food/Drinks:** A canteen & BBQ will be operating from opening time.
- Awards:** Medals to be awarded to the fastest three placegetters in each age group: (8, 9, 10, 11, 12, 13, 14, 15, 16 years & over) for all 50m and 100m events & 200 free (10, 11 years). Fastest three placegetters overall in the Open Events (200m, 400m, 800m and 1500m)
- Program:** Programs **will not** be provided, please print your own as required. The program will be emailed to clubs/all swimmers before the meet and be available for download from the Grace Swimming website. Meet Mobile will be operating.
- Enquiries:** Any enquiries to our President: president@graceswim.org.au



* Please note, by nominating for this event, swimmers agree that they may be photographed by authorized club photographers. These images may be used on our official club website and social media page.

Program of Events – Session 1: Warm up 8:00am Start 9:00am

Event No.		Age	Distance	Stroke
Male	Female			
1	2	9 -11 years	100	Individual Medley
3	4	8-11 years	50	Freestyle
5	6	9-11 years	100	Backstroke
7	8	8-11 years	50	Breaststroke
9	10	9-11 years	100	Butterfly
11	12	8-11 years	50	Backstroke
13	14	8-11 years	100	Freestyle
15	16	8-11 years	50	Butterfly
17	18	9-11 years	100	Breaststroke
19	20	10-11 years	200	Freestyle

Session 2: TBA. Warm-up 45mins before

21	22	12 & over	100	Individual Medley
23	24	Open	400	Freestyle
25	26	12 & over	100	Breaststroke
27	28	12 & over	50	Freestyle
29	30	Open	200	Backstroke
31	32	Open	200	Butterfly
33	34	12 & over	100	Freestyle
35	36	12 & over	50	Backstroke
37	38	Open	200	Individual Medley
39	40	12 & over	100	Backstroke
41	42	12 & over	50	Butterfly
43	44	Open	200	Breaststroke
45	46	Open	200	Freestyle
47	48	12 & over	100	Butterfly
49	50	12 & over	50	Breaststroke
51	52	Open	400	Individual Medley
53	54	Open	800	Freestyle
55	56	Open	1500	Freestyle

* Minimum age for open events 11 years

Appendix 1: Eligible clubs allocated by Brisbane Swimming

Albany Creek
Aspley
Australian Crawl
Boondall
Bracken Ridge
Dayboro
Everton Park
Genesis
Geebung
Grace
Lawnton
Mitchelton
Pine Rivers
Redcliffe Leagues
Samford
Sandgate
Southern Cross
Wide Bay Region Clubs