

# 2019 Speedo National Preparation Meet

Brisbane Aquatic Centre

23 - 24 March 2019

MALE	14 Years		15 Years		16 Years		17/18 Years		Open	
	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM
50 FREE	27.91	27.35	27.67	27.12	26.96	29.36	26.24	25.72	25.83	25.31
100 FREE	1:01.24	1:00.02	1:00.72	14:24.00	59.15	57.97	57.58	56.43	56.19	55.07
200 FREE	2:14.28	2:11.59	2:13.13	2:10.47	2:09.68	2:07.09	2:06.24	2:03.72	2:04.26	2:01.77
400 FREE	4:46.46	4:40.73	4:44.01	4:38.33	4:36.67	4:31.14	4:29.32	4:23.93	4:25.79	4:20.47
800 FREE	9:53.08	9:41.22	9:48.01	9:36.25	9:32.81	9:21.35	9:20.60	9:09.39	9:18.59	9:07.42
1500 FREE	18:48.30	18:25.73	18:38.66	18:16.66	18:09.73	17:47.94	17:40.80	17:19.58	17:17.23	16:56.49
50 BACK	31.82	30.65	31.55	30.92	30.73	30.12	29.91	29.31	30.25	29.65
100 BACK	1:08.16	1:06.80	1:07.57	1:06.22	1:05.83	1:04.51	1:05.08	1:03.78	1:04.72	1:03.43
200 BACK	2:29.34	2:26.35	2:28.06	2:25.10	2:24.23	2:21.35	2:20.40	2:17.59	2:20.24	2:17.44
50 BREAST	34.77	34.07	34.47	33.78	33.58	32.91	32.69	32.04	33.27	32.60
100 BREAST	1:15.54	1:14.03	1:14.89	1:13.39	1:12.96	1:11.50	1:11.02	1:09.60	1:10.50	1:09.09
200 BREAST	2:43.81	2:40.53	2:42.41	2:39.16	2:38.21	2:35.05	2:34.01	2:30.93	2:33.82	2:30.74
50 FLY	29.68	29.09	29.43	28.84	28.67	28.10	27.90	27.34	27.55	27.00
100 FLY	1:05.21	1:03.91	1:04.65	1:03.36	1:02.98	1:01.72	1:01.31	1:00.08	1:01.09	52:48.00
200 FLY	2:27.54	2:24.59	2:26.28	2:23.35	2:22.50	2:19.65	2:18.72	2:15.95	2:17.21	2:14.47
200 IM	2:30.88	2:27.86	2:29.59	2:26.60	2:25.73	2:22.82	2:21.86	2:19.02	2:20.46	2:17.65
400 IM	5:23.11	5:16.65	5:20.35	5:13.94	5:12.06	5:05.82	5:03.78	4:57.70	5:02.21	4:56.17

FEMALE	13 Years		14 Years		15 Years		16 Years		17/18 Years		Open	
	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM
50 FREE	29.97	29.37	29.55	28.96	29.45	28.86	29.40	28.81	29.35	28.76	28.35	27.78
100 FREE	1:07.16	1:05.82	1:06.00	1:04.68	1:04.84	1:03.54	1:04.27	1:02.98	1:03.69	1:02.42	1:00.80	59.58
200 FREE	2:27.28	2:24.33	2:24.74	2:21.85	2:22.20	2:19.36	2:20.93	2:18.11	2:19.66	2:16.87	2:12.30	2:09.65
400 FREE	5:10.75	5:04.54	5:05.39	4:59.28	5:00.03	4:54.03	4:57.35	4:51.40	4:54.68	4:48.79	4:39.30	4:33.71
800 FREE	10:31.25	10:18.63	10:20.37	10:07.96	10:09.49	9:57.30	10:04.40	9:52.31	9:58.60	9:46.63	9:29.10	9:17.72
1500 FREE	20:09.05	19:44.87	19:48.20	19:24.44	19:27.36	19:04.01	19:16.93	18:53.79	19:06.51	18:43.58	18:33.00	18:10.74
50 BACK	34.96	34.26	34.35	33.66	33.75	33.08	33.45	32.78	33.15	32.49	32.55	31.90
100 BACK	1:13.94	1:12.46	1:12.67	1:11.22	1:11.39	1:09.96	1:10.76	1:09.34	1:10.12	1:08.72	1:09.30	1:07.91
200 BACK	2:41.52	2:38.29	2:38.73	2:35.56	2:35.95	2:32.83	2:34.56	2:31.47	2:33.16	2:30.10	2:28.57	2:25.60
50 BREAST	37.00	36.26	36.37	35.64	37.51	36.76	37.18	36.44	36.84	36.10	36.23	35.51
100 BREAST	1:24.68	1:22.99	1:23.22	1:21.56	1:21.76	1:20.12	1:21.03	1:19.41	1:20.30	1:18.69	1:18.75	1:17.18
200 BREAST	3:04.36	3:00.67	3:01.18	2:57.56	2:58.00	2:54.44	2:56.41	2:52.88	2:24.82	2:21.92	2:49.57	2:46.18
50 FLY	33.11	32.45	32.53	31.88	31.96	31.32	31.68	31.05	31.39	30.76	30.14	29.54
100 FLY	1:12.30	1:10.85	1:11.05	1:09.63	1:09.81	1:08.41	1:09.18	1:07.80	1:08.56	1:07.19	1:06.68	1:05.35
200 FLY	2:41.79	2:38.55	2:39.00	2:35.82	2:36.21	2:33.09	2:34.81	2:31.71	2:33.42	2:30.35	2:28.26	2:25.29
200 IM	2:45.55	2:42.24	2:42.70	2:39.45	2:39.84	2:36.64	2:38.41	2:35.24	2:36.99	2:33.85	2:35.04	2:31.94
400 IM	5:52.23	5:45.19	5:46.45	5:39.52	5:40.37	5:33.56	5:37.33	5:30.58	5:34.29	5:27.60	5:19.72	5:13.33

Qualifying times must have been achieved on or after 1 January 2018.

Converted short course qualifying times will only be used where an existing long course qualifying time has **not** been achieved.