



**REDCLIFFE LEAGUES SWIMMING CLUB, INC.**

**2018 RLSC LC PREPARATION MEET**

**SUNDAY 7<sup>TH</sup> OCTOBER 2018**

**REDCLIFFE CITY HIGH PERFORMANCE CENTRE**

**SYDNEY STREET, REDCLIFFE**

**NOMINATIONS OPEN: WEDNESDAY 8<sup>TH</sup> AUGUST 2018**

**NOMINATIONS CLOSE: MONDAY 24<sup>TH</sup> SEPTEMBER 2018**

**NOMINATIONS: \$7.00 PER EVENT**

**GATES OPEN 8:00AM**

**FREE ADMISSION TO COACHES, COMPETITORS AND  
CHILDREN UNDER 12**

**ADULTS - \$3.00 EACH**

**BBQ AND CANTEEN WILL BE AVAILABLE  
THROUGHOUT THE MEET  
RAFFLE TICKETS WILL BE SOLD ON ENTRY  
AND DRAWN ON THE DAY**

**ENQUIRIES: [racesecretary.rlsc@gmail.com](mailto:racesecretary.rlsc@gmail.com)**



Redcliffe Leagues Swimming Club wishes to extend this invitation to your club to compete in the Redcliffe Leagues Swimming Club 2017 LC Preparation Meet, to be held at the Redcliffe City High Performance Centre.

<b>Date:</b>	Sunday 7 <sup>th</sup> October 2018
<b>Time:</b>	Morning Session (8-11 Years): Warm up 8:00am, Competition 9:00am sharp Afternoon Session (12 Years & Over): Will not start before 12 noon.
<b>Programs:</b>	\$3.00 each – Will be available to purchase on arrival
<b>Age:</b>	Age as at 7 <sup>th</sup> October 2018. Minimum age for competitors is 8 years.
<b>Eligibility:</b>	Entry is open to all Swimming Queensland 'Competitive' registered swimmers who are a member of a club on the attached list who are allocated to this meet.
<b>Conditions of entry:</b>	A Swimmer may nominate in any or all events in their age group. No swimming up is allowed. Nominations are accepted on the understanding that the nominating club has the responsibility to ensure that all competitors are registered with Swimming Queensland, date of birth is correct, and times entered are current. Clubs nominate on the condition that they provide timekeepers on the day.
<b>Timing:</b>	Semi-automatic timing system will be used; three timekeepers per lane. Time keeping assignments for each club will be based on the percentage of each clubs' nominations per session. Lane assignments will be emailed to club secretaries prior to event and will be available on the day.  Times recorded may be used as qualifying times for ALL other meets, including State & National.
<b>Entry cost:</b>	<b>\$7.00 per event. Entries will be via the Online Meet Entry system.</b>
<b>Nominations:</b>	Online nominations <b>OPEN Wednesday 8<sup>th</sup> August 2018</b> . Follow this link <a href="#">Nominations</a> <b>CLOSES 23.59 EST Monday 24<sup>th</sup> September 2018.</b> Incomplete or late entries will not be accepted. NO DECK ENTRIES WILL BE ACCEPTED.
<b>Events:</b>	As per the attached Schedule of Events. The meet will be conducted and run under SQ/SAL rules. One start rule will apply. All events will be swum as timed heats and placing given to the three fastest times in each age group. Referees decision is final.  Minimum age of 11 years is required for Open Events; however, consideration may be made for swimmers who are 10 years old and will age up prior to the Brisbane Championships. Please email the Race Secretary for consideration.
<b>Awards:</b>	Medals will be awarded to the three fastest placegetters in each age group. 50m – 8, 9, 10, and 11 years, 12, 13, 14, and 15 years & Over 100m – 8, 9, 10, and 11 years, 12, 13, 14, and 15 years & Over  Fastest three placegetters overall will be awarded medals in the Open events - 200m, 400m, 800m, 1500m

## Program of Events – 7<sup>th</sup> October 2018

### Session 1 - 9.00am Start – 8.00am warm up

Boys Events	Age	Event Description	Girls Events
1	8 – 11 years	50m Freestyle	2
3	9 – 11 years	100m Backstroke	4
5	8 – 11 years	50m Breaststroke	6
7	9 – 11 years	100m Butterfly	8
9	8 – 11 years	50m Backstroke	10
11	8 – 11 years	100m Freestyle	12
13	8 – 11 years	50m Butterfly	14
15	9 – 11 years	100m Breaststroke	16

*Note: Medals to be awarded to the fastest three placegetters in each age group for the following events: 50m events (8, 9, 10 and 11 years) 100m events (9, 10 and 11 years).*

### Session 2 - 12.00pm noon or later start

Boys Events	Age	Event Description	Girls Events
17	Open	400m Freestyle	18
19	Open	200m Butterfly	20
21	12 years & over	50m Freestyle	22
23	Multi Class	50m Freestyle	24
25	12 years & over	100m Breaststroke	26
27	Open	200m Freestyle	28
29	12 years & over	100m Backstroke	30
31	12 years & over	50m Butterfly	32
33	Multi Class	50m Butterfly	34
35	Open	200m Individual Medley	36
37	Open	200m Breaststroke	38
39	12 years & over	100m Butterfly	40
41	12 years & over	50m Backstroke	42
43	Multi Class	50m Backstroke	44
45	Open	200m Backstroke	46
47	12 years & over	100m Freestyle	48
49	12 years & over	50m Breaststroke	50
51	Multi Class	50m Breaststroke	52
53	Open	400m Individual Medley	54
55	Open	800m Freestyle	56
57	Open	1500m Freestyle	58

*Note: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).*

*Note: Minimum age of 11 years for Open Events; however, clubs are to use their discretion regarding swimmers who are 10 years old and will age up prior to the Brisbane Championships.*

## CLUB ALLOCATION LIST

Only clubs listed on this allocated list can nominate for this meet.

- Acqua Rosa Clayfield
- Albany Creek
- Aspley
- Australian Crawl
- Boondall
- Bracken Ridge
- Clayfield Acquatics
- Dayboro
- Eagle Junction
- Electric Eels
- Genesis
- Grace
- Lawnton
- Newmarket Racers
- Nudgee College
- Padua
- Pine Rivers
- Redcliffe Leagues
- Samford
- Sandgate
- Somerset Hills
- Southern Cross
- Stafford
- The Gap
- Wide Bay Region