



ACSC Long Course Sprint Preparation Meet

SATURDAY 19th JANUARY 2019

This meet is sanctioned by Swimming Queensland and Brisbane Swimming. Times will be recognised as official qualifying times for Australian, Queensland and Brisbane Championships events.

Venue: Albany Creek Leisure Centre
Corner of Old Northern Road and Explorer Drive, Albany Creek.

Sessions: **Session One** (11 Yrs & Under): Warm-up: 9:00 am, Start 10.00am
Session Two (12 Yrs & Over): *TBA once nominations close & timeline finalised*

Age: Minimum age is 8 years as at 19th January 2019

Closing Date: **Tuesday 8th January 2019 at 11.59pm**
*Late entries may be accepted for a fee of \$20.00 subject to availability of a spare lane.
Please contact our Race Secretary for more information.*

Entry Fees: \$7.00 per event.
Online Entries only via **Online Meet Entry** (OME) System.
<https://connect.swimming.org.au/sal-wrap-public/workflows/MEMBER.EVENT.DETAIL&dbWorkflowKey=019762&subdomain=ALBAN>
Click on the following link to nominate: [2019 Albany Creek LC Sprint Meet OME](#)

Meet Fee: We will be charging a \$4.00 Meet Fee in place of an admission fee on the day.
This fee will be payable when nominating through the OME.

Programs: A PDF version of the Program will be available on our Club website prior to the Meet.
Clubs will be notified by our Race Secretary when this is available. All Club Coaches will receive a free hard copy of the Program on the day.

Events: As per the attached Schedule of Events. This is a Preparation Meet and will be conducted and run under SQ/SAL rules (rule tolerances will NOT apply for any event). All events will be swum as timed finals.
Multi Class Swimmers can enter in any event.
Heats and events may be combined on the day subject to Referee approval. Referees decision will be final.

Eligibility / Allocated Clubs:	Entry is open to all SQ registered competitive swimmers, who are members of the following Clubs as allocated to this meet by Brisbane Swimming:			
	<i>Aqua Rosa</i>	<i>Clayfield</i>	<i>Albany Creek</i>	<i>Aspley</i>
	<i>Australian Crawl</i>	<i>Boondall</i>	<i>Bracken Ridge</i>	<i>Craigslea</i>
	<i>Dayboro</i>	<i>Eagle Junction</i>	<i>Electric Eels</i>	<i>Everton Park</i>
	<i>Ferny Hills</i>	<i>Genesis</i>	<i>Grace</i>	<i>Lawnton</i>
	<i>Padua</i>	<i>Pine Rivers</i>	<i>Redcliffe Leagues</i>	<i>Samford</i>
	<i>Sandgate</i>	<i>Somerset Hills</i>	<i>Southern Cross</i>	<i>Stafford</i>
	<i>The Gap</i>	<i>Competitors from Wide Bay region are invited to attend.</i>		
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Awards:	Medals will be awarded to the fastest three swimmers in each age group for 50m events: 8, 9, 10, 11, 12, 13, 14, 15 years & Over. Aggregate trophies will be awarded and calculated over the four primary strokes. Points for aggregate trophies are: 1 st – 7 points 2 nd – 3 points 3 rd – 1 point <i>Please note that swimmers must collect their medals by the end of the meet.</i>			
Refunds:	No refunds will be given for withdrawal from the Meet unless it is due to medical reasons. If withdrawing for a medical reason, notification (to our Race Secretary) must be given by 5pm Wednesday 16 th January 2019, and refund request with a medical certificate provided within 7 days of the Meet.			
Timing:	Semi-automatic timing system will be used, three timekeepers per lane. Timekeeping allocations for each Club will be based on the percentage of each Clubs nominations per session. A time keeping roster will be emailed to participating Clubs' Race Secretaries and posted on our website closer to the Meet date.			
Food:	Drinks and food available from Club BBQ & Albany Creek Leisure Centre Café.			
Facility:	Albany Creek Leisure Centre has partly shaded concreted stepped area for seating. BYO chairs is recommended. Clubs are welcome to bring tents to set up on the grassed area.			
Coaches:	All Coaches receive free entry and a program			
Enquiries:	Belinda Creswell ACSC Race Secretary raceseecretary.acsc@gmail.com			

2019 ALBANY CREEK SWIM CLUB

Long Course Sprint Preparation Meet

Albany Creek Leisure Centre
Saturday 19th January 2019



PROGRAM OF EVENTS

Session 1

10.00 am Start (9.00am warm up)

Boys Events	Age	Event Description	Girls Events
1	8 – 11 years	50m Backstroke	2
3	8 – 11 years	50m Breaststroke	4
5	8 – 11 years	50m Butterfly	6
7	8 – 11 years	50m Freestyle	8

Note: Medals to be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years)

Session 2

Exact timing of session 2 will be provided when all nominations have been received.

Boys Events	Age	Event Description	Girls Events
9	12 years & over	50m Backstroke	10
11	12 Years & over	50m Breaststroke	12
13	12 years & over	50m Butterfly	14
15	12 years & over	50m Freestyle	16

Note: Medals will be awarded to the fastest three placegetters in each age group (12, 13, 14, 15 years & over).

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