2018 VORGEE BRISBANE OPEN WATER MEET LAKE KAWANA SATURDAY, 22 SEPTEMBER 2018

IMPORTANT INFORMATION

EVENT LOCATION

The event will be conducted on the eastern side of Lake Kawana, at the northern end of the lake, off Sportsmans Parade near the finish tower (directly across the road from the Sunshine Coast Stadium).

TOILETS

The Stadium toilets across the road are available for our use (ground floor, left-front corner of the Stadium).

FOOD & DRINKS

Coffee and breakfast burgers will be available from Frank's Café, across the road in the front of the stadium, from 6.00am and the canteen beside it will be open from 8.30am, with a full range of food and drinks available.

LITTER

Please ensure all litter is placed into the bins provided as Brisbane Swimming is held accountable for the cleanliness of the lake grounds, the stadium toilets and the stadium area post-meet.

PRE-RACE PROCEDURES

It is the responsibility of competitors to arrive promptly at the registration times (listed on page 4) to allow sufficient time for the following three procedures. **Starts will not be delayed for swimmers who are late.**

Registrations Tables 1 & 2 - Swimmer IDs, Caps & Temporary Tattoo Competitor Numbers: Located on the concrete apron in front of the Finish Tower, competitors must present for registration wearing the swimsuits in which they will be competing so that they can be checked for compliance (see page 2 for swimsuit by-laws). Competitors will then be issued with their accreditation cards (swimmer ID), caps and temporary tattoo competitor numbers at Tables 1 and 2, and will also be checked to ensure that no jewellery (including ear and facial piercings) is worn, and that fingernails and toenails are cut short. Free programs will be available from here.

Registrations Table 3 - Transponders: Located beside Registration Tables 1 & 2, competitors must immediately report to this table after registration. As electronic timing will be used for this event (supplied and operated by Event Timing), two transponders will be issued to each competitor and must be worn on the competitors' wrists during the event. Please show your Swimmer ID to the person at this desk to ensure you are given the correct transponder numbers. It is the responsibility of the competitors to ensure that these transponders are securely fitted to their wrists. If you wish to tape the transponder to your wrist, it is your responsibility to provide the tape. (See page 2 for the procedure regarding the return of the transponders.)

Registrations Table 4 - Temporary Tattoos: Located beside the Transponder Table, competitors must immediately report to this table after being issued with transponders to have their temporary tattoo competitor number applied to each shoulder blade, on each upper arm, and on each hand. Please show your temporary tattoo number to the people at this table to ensure you are given the correct tattoo number. Competitors must not apply sunscreen lotion to their arms, hands or back prior to the temporary tattoos being applied as they can only be applied to clean, dry skin.

LATE NOMINATIONS

7:00am - 7:30am only (late fee of \$50.00 applicable)
Cash will not be accepted for late fees. Clubs will be invoiced post-meet.

RACE START / FINISH

Competitors must allow at least 10 minutes to be checked in by the Clerk of the Course at the Start Line checkpoint immediately prior to entering the water (located under the McDonald's marquee on the sand, to the north of the finish tower). At the completion of the event, competitors are to exit the water via the Finish Line checkpoint (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint), identify themselves, have their accreditation cards returned to them by the Official stationed here, and return their transponders into the grey plastic container located beside the First Aid Attendant's table, who will also be stationed at this location.

FINISHES

- Swimmers must hit the gate to finish.
- Competitors who are in 7.5km events must hit the gate at both the 5km mark and 7.5km mark, otherwise no result will be recorded for the 5km and 7.5km events.

TIME LIMITS - FINA OWS RULE 6.17 & 6.17.1

FINA OWS Rule 6.17 will be applied at these Championships:

OWS 6 17

In all events, time limits shall apply as follows from the finish time of the first swimmers:

15 minutes per 5 Km (or part thereof) up to a maximum time limit of 120 min.

OWS 6.17.1

Competitors who do not finish the course within the time limits "shall be removed from the water except that the Referee may allow a competitor outside the time limit to complete the course but not be eligible for any points or prizes."

Swimsuit By-Law Changes

OWBL7

All Open Water swimsuits shall comply with the FINA approved standards in all respects or comply with CBL15.1.3 (traditional swimwear). Open Water swimwear, for both Men and Women, shall not cover the neck, extend past the shoulder, nor shall extend below the ankle.

Based on this change, age group athletes are now permitted to wear any FINA approved OWS swimwear when competing in open water events. Please note: CBL 15.2 no longer applies to age group athletes competing in OWS events.

RETURN OF TRANSPONDERS

Competitors must return their transponders to the Official when having their names checked off at the Finish Line checkpoint at the finish of their event (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint). If a competitor fails to return the transponder/s, they will be liable to reimburse Event Timing at the rate of \$75.00 per transponder for replacement of the missing unit/s.

TEMPORARY TATTOO REMOVAL STATION

Buckets of water, wipes, baby oil, Isocol and Vaseline will be available in the vicinity of the area where the temporary tattoos are applied for competitors to remove their temporary tattoos post-race.

WITHDRAWALS

If you withdraw or fail to complete the designated course for any reason, you must report in person to the First Aid attendant at the Finish Line checkpoint (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint) for examination. After release from the medical area, you must report in person to the Official stationed here to have your accreditation card returned and competitor number recorded. This process is mandatory. Please do not leave the area without reporting to the Official.

Relays

- Relays will consist of 4 swimmers completing a 250m loop (one swimmer at a time) from the beach.
- Swimmer #1 will enter the water and complete the loop before tagging swimmer #2 on the beach.
- This will then happen for swimmers #3 and #4.
- Swimmer #4 will complete the loop and finish by touching the finish gate.
- ONLY swimmer #4 is to wear the timing transponder and this must be worn to receive a time.
- Each swimmer is to wear their club swimming cap.
- The final swimmer in each Relay event needs to register again for these events. The temporary tattoo numbers from the individual events are <u>NOT</u> to be removed before competing in the Relay events.



REGISTRATION, PRE-RACE BRIEF & RACE ORDER/START TIMES

Please listen carefully for when the Chief Referee announces that a pre-race briefing is starting. Pre-race briefs will take place approximately 30 minutes prior to the start of each race.

Event	Registration	Pre-Race Brief	Race Start Time
Boys 2.5km race 14 Years & Under	6:30am	Approx. 7:30am	Approx. 8:00am
Boys 2.5km race 15 Years & Over	6:30 am	Approx. 7:30 am	Approx. 8:10 am
Girls 2.5km race 14 Years & Under	7:30pm	Approx. 8:30pm	Approx. 9:00am
Girls 2.5km race 15 Years & Over	7:30 pm	Approx. 8:30pm	Approx. 9:10am
Men's 5km & 7.5km races (combined)	8:30am	Approx. 9:30am	Approx. 10:00am
Boys 1.25km race 10 & 11 Years	10:00am	Approx. 11:00am	Approx. 11:30am
Boys 1.25km race 12 & 13 Years	10:00 am	Approx. 11:00 am	Approx. 11:40 am
Women's 5km & 7.5km races (combined)	10:45am	Approx. 11:45am	Approx. 12:15pm
Girls 1.25km race 10 & 11 Years	12:15pm	Approx. 1:15pm	Approx. 1:45pm
Girls 1.25km race 12 & 13 Years	12:15pm	Approx. 1:15pm	Approx. 1:55pm
Mixed Relay race 15 years & Over	1:00pm	Approx. 2:00pm	Approx. 2:30pm
Mixed Relay race 10 to 14 Years	1:30pm	Approx. 2:30pm	Approx. 3:00pm

CAP COLOURS & NUMBERS

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7.5km	12	Orange	286 - 297
5km	58	Yellow	228 - 285
2.5km 14 Years & Under	45	Red	1 - 45
2.5km 15 Years & Over	46	Yellow	46 - 91
1.25km 10 & 11 Years	39	Red	298 - 336
1.25km 12 & 13 Years	40	Yellow	337 - 374

Girls

7.5km	16	Orange	422 - 437
5km	47	Yellow	375 - 421
2.5km 14 Years & Under	84	Red	92 - 174
2.5km 15 Years & Over	53	Yellow	175 - 227
1.25km 10 & 11 Years	55	Red	438 - 491
1.25km 12 & 13 Years	58	Yellow	492 - 546

Mixed Relays

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15 Years & Over	13	Club Cap	
10 to 14 Years	19	Club Cap	

FEEDING STATION

The location of the feeding station for the 7.5km competitors will be announced at the pre-race briefing. There will be no feeding station for the 5km competitors.

MEDALS

Medals will be awarded in the following age categories:

• **1.25km** 10yrs, 11yrs, 12yrs, 13yrs

2.5km
 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over
 5km
 13yrs, 14yrs, 15yrs, 16yrs, 17/18yrs, Open

7.5km
 Relays 4x250m
 15yrs, 16yrs, 17/18yrs, Open
 10-14yrs, 15yrs & Over

Medal Presentations for all age groups will be conducted as soon as possible after the conclusion of each event.

COURSE INFORMATION

The event will be conducted on a 1.25km course, on the eastern side of Lake Kawana. The course is to be swum in a clockwise direction. The smaller course size also allows for a more concentrated approach to water safety. Depending on the water level in the lake on the day, the Finish Line checkpoint may be as shown on the map below (to the left of the Finish Tower) or at the same location at the start line checkpoint (on the sandy foreshore to the right of the Finish Tower.



SAFETY

- 1. A3 copies of the course map will be displayed on site, in the area of the Finish Tower.
- 2. A pre-race briefing will be held for all coaches, competitors and water rescue escort personnel (see page 4 for times).
- **3.** Water safety escort personnel will be on course in a combination of water safety craft: IRBs (fitted with propeller guards, surf skis and paddle/rescue boards. Individual escort craft are not permitted.
- **4.** A First Aid Officer will be located under the McDonald's marquee at the Finish Line checkpoint (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint) to provide basic first aid cover.
- **5.** Competitors who become distressed during the race must raise their hand to attract the attention of safety officials.
- 6. Emergency procedures will take effect immediately in the event of a major incident.
- **7.** The Meet Manager has the authority to call off the event prior to the start or during the event if inclement weather, fog, heavy winds, or any other conditions adversely affect the safety of the swimmers.
- 8. The local hospital, Qld Ambulance Service, and police station have been notified of the event.
- **9.** A Public Notice appeared in the Sunshine Coast Daily on Saturday, 15 September re the closure of the lake (from the 500m mark to the Finish Tower end) to all users between 5.30am and 5:00pm on the day of the event.

