



CJ'S SWIM CLUB

LC Preparation Meet aka the Clem Jones Memorial Carnival

Sunday 9th September, 2018

Clem Jones Centre, 56 Zahel St, Carina

- TIME :** Junior Session - 10:15am racing (warm-up 9:30am)
Senior Session - tba once timeline finalised
25m Warm up/ warm down pool available throughout the meet.
- AGE:** As at 9th September 2018. Minimum age 8 yrs. Open events min. 11 yrs.

- ELIGIBILITY :** This meet is open to members of the following Clubs -
- Acqua Rosa, Albany Creek, Ashgrove, Ashgrove Tridents, Aspley, Australian Crawl, Boondall, Bracken Ridge, CJ's, Clayfield Aquatics, Craigslea, Dayboro, Eagle Junction, Electric Eels, Elements, Everton Park, Ferny Hills, Genesis, Grace, Healthstream, Lawnton, MCA, Newmarket Racers, Nudgee College, Padua, Pine Rivers, Redcliffe Leagues, Samford, Sandgate, Somerset Hills, Southern Cross, Stafford, The Gap, Wilston, Wide Bay

- EVENTS :** All events to be swum as timed finals as per the following Program of Events.
MC swimmers welcome in all events.
The Referee reserves the right to combine / cancel heats / events on the day.

- MEDALS :** Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (8, 9, 10, 11, 12, 13, 14, 15 & Over)., and the 50m MC events.
- Fastest three placegetters overall will be awarded medals in the Open events (200m, 400m, 800 and 1500m)

NOMINATION Fees : \$7 per event (plus online card transaction fee of 1.5%)

A \$4 meet fee payable through OME will be charged instead of entry fees on the day.

CLOSING DATE : Monday 27th August, 2018 @ 11:59pm

NO nominations will be taken on the day.

RULES : This meet will be conducted under SQ/SAL Rules. No rule tolerances will apply.

GENERAL : The Clem Jones Centre has a well equipped Kiosk onsite providing hot and cold food and drink.

Meet entry list, timeline guide and timekeeping roster will be emailed.

All Clubs will be required to supply timekeepers based on the number of nominated swimmers.

ALL Clubs with nominated swimmers in distance events are required to provide timekeepers and lap counters for these events.

Meet program will be available on the CJ's website for download

www.carinaleagues.swimming.org.au

Coaches will receive a Meet Program on entry plus a lunch voucher.

For further information, please contact :

Marie Walklate **clcjsracesec@gmail.com**

PROGRAM OF EVENTS

SESSION 1—JUNIOR SESSION

Warm Up – 9:30 am

Competition – 10:15 am

Boys Events	Event Description	Girls Events
1	8 – 11 Years 50m Freestyle	2
3	9 – 11 Years 100m Backstroke	4
5	8 – 11 Years 50m Breaststroke	6
7	9 – 11 Years 100m Butterfly	8
9	8 – 11 Years 50m Backstroke	10
11	9 -11 Years 100m Breaststroke	12
13	8 – 11 Years 50m Butterfly	14
15	9 – 11 Years 100m Freestyle	16

SESSION 2

Competition – TBA

Men's Events	Event Description	Women's Events
17	Open 400m Freestyle	18
19	Open 200m Butterfly	20
21	12 Years & Over 50m Freestyle	22
23	Multi Class 50m Freestyle	24
25	12 Years & Over 100m Breaststroke	26
27	Open 200m Freestyle	28
29	Multi Class 50m Butterfly	30
31	12 Years & Over 50m Butterfly	32
33	Open 200m Individual Medley	34
35	Open 200m Breaststroke	36
37	12 Years & Over 100m Butterfly	38
39	12 Years & Over 50m Backstroke	40
41	Multi Class 50m Backstroke	42
43	Open 200m Backstroke	44
45	12 Years & Over 100m Freestyle	46
47	12 Years & Over 50m Breaststroke	48
49	Multi Class 50m Breaststroke	50
51	Open 400m Individual Medley	52
53	12 Years & Over 100m Backstroke	54
55	Open 800m Freestyle	56
57	Open 1500m Freestyle	58