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Broadening Horizons: Using Curiosity to Diversify Behaviour - App Store Version

PARTICIPANT INFORMATION STATEMENT**(1) What is this study about?**

You are invited to take part in a research study about your food preferences and we want to know your opinion about a website we're developing to suggest different recipes based on these preferences.

You have been invited to participate in this study because you are over 18 and indicated that you are interested in participating. This Participant Information Statement tells you about the research study. Knowing what is involved will help you decide if you want to take part in the research. Please read this sheet carefully and ask questions about anything that you don't understand or want to know more about.

Participation in this research study is voluntary.

By giving your consent to take part in this study you are telling us that you:

- ✓ Understand what you have read.
- ✓ Agree to take part in the research study as outlined below.
- ✓ Agree to the use of your personal information as described.

You will be given a copy of this Participant Information Statement to keep.

(2) Who is running the study?

The study is being carried out by the following researchers:

- Dr Kazjon Grace, Lecturer, the School of Architecture, Design and Planning - Chief investigator
- Mr Hamish Henderson, PhD Student, the School of Architecture, Design and Planning

(3) What will the study involve for me?

If you decide to take part in the research study, you will be asked to use a (prototype) mobile app. During this time you will document what you eat, answer questions about your preferences, and cook, eat and review recipes from the app's selections every week. You may be asked to participate in several

semi-structured interviews through the video-conferencing platform Zoom. In those voluntary interviews we would ask you questions about your thoughts on the app and the recipes you're shown.

With your permission, during those interviews, we would like to capture how you felt using screen and audio recordings as well as written notes and use this information in our research.

(4) How much of my time will the study take?

Time taken will depend how you integrate the app into your cooking schedule. You will be asked to complete an onboarding process the first time you use the app that will take around 15 minutes. You may also be asked to speak to researchers in (online) interviews several times during the study (not more than four times, and for less than 20 minutes each time). Overall, we estimate that the study should take at most 10 minutes per day if you use the app to cook several times per week.

(5) Who can take part in the study?

To participate in the study, you must be over 18, not be involved as a student of any of the researchers involved, not have severe dietary restrictions, and be able to both shop and cook for your household.

(6) Do I have to be in the study? Can I withdraw from the study once I've started?

Being in this study is completely voluntary and you do not have to take part. Your decision whether to participate will not affect your current or future relationship with the researchers or anyone else at the University of Sydney.

If you decide to take part in the study and then change your mind later, you are free to withdraw at any time. You can do this by simply contacting Dr Kazjon Grace. There are no consequences of withdrawing from the study.

You are free to stop the study at any time. If you wish, any recorded data you have provided will be erased and not be included in the study results. You may also refuse to answer any questions that you do not wish to answer during the interview.

If you decide to withdraw from the study, we will not collect any more information from you. Please let us know at the time when you withdraw what you would like us to do with the information we have collected about you up to that point. If you wish your information will be removed from our study records and will not be included in the study results, up to the point that we have analysed and published the results.

(7) Are there any risks or costs associated with being in the study?

Aside from your time, we do not expect that there will be any risks or costs associated with this study.

(8) Are there any benefits associated with being in the study?

There is no benefit from using the app aside from the app itself. If we ask you to participate in interviews to further the study we will offer to compensate you for your time in those interviews. The compensation will be in the form of electronically delivered supermarket gift cards.

(9) What will happen to information about me that is collected during the study?

By providing your consent, you are agreeing to us collecting information about your cooking habits for the purposes of this research study. Your information will only be used for the purposes outlined in this Participant Information Statement, unless you consent otherwise. Specifically, our mobile app will:

- Ask for a working email address by which we can contact you during the study.
- Ask you to rate recipes and ingredients and collect information on your preferences and familiarity with them.
- Collect which recipes you look at, select to cook, and review after cooking.

Your information will be stored securely and your identity/information will be kept strictly confidential, except as required by law. Study findings may be published, but you will not be individually identifiable in these publications.

We will keep the information we collect for this study, and we may use it in future projects. By providing your consent you are allowing us to use your information in future projects. We don't know at this stage what these other projects will involve. We will seek additional university ethics approval before using the information in any future projects. Your information will not be provided to any third parties.

(10) Can I tell other people about the study?

Yes, you are welcome to tell other people about the study.

(11) What if I would like further information about the study?

When you have read this information, *Dr Kazjon Grace* will be available to discuss it with you further and answer any questions you may have. If you would like to know more at any stage during the study, please feel free to contact *Dr Kazjon Grace* kazjon.grace@sydney.edu.au.

(12) Will I be told the results of the study?

You have a right to receive feedback about the overall results of this study. You can tell us that you wish to receive feedback by contacting Dr Kazjon Grace. You will receive this feedback after the study is finished.

(13) What if I have a complaint or any concerns about the study?

Research involving humans in Australia is reviewed by an independent group of people called a Human Research Ethics Committee (HREC). The ethical aspects of this study have been approved by the HREC of the University of Sydney [*INSERT protocol number once approval is obtained*]. As part of this process, we have agreed to carry out the study according to the *National Statement on Ethical Conduct in Human Research (2007)*. This statement has been developed to protect people who agree to take part in research studies.

If you are concerned about the way this study is being conducted or you wish to make a complaint to someone independent from the study, please contact the university using the details outlined below. Please quote the study title and protocol number.

The Manager, Ethics Administration, University of Sydney:

- **Telephone:** +61 2 8627 8176
- **Email:** human.ethics@sydney.edu.au
- **Fax:** +61 2 8627 8177 (Facsimile)

This information sheet is for you to keep