



TOEFL Emergency Course Study Schedules

Introduction

There are three different study schedules listed below: **two days, one week and two weeks.**

The times have not been fixed. It is up to you to decide how you will make the content of this course fit your day. As a rough outline, the days of each schedule have been separated into mornings, afternoons and evenings, but feel free to change these times in a way that is convenient for you.

If you have a choice in the matter, **I suggest the one or two-week option** since it will reduce the cognitive load and help enhance your focus on the day's material.

The video lessons encompass approximately five hours of video footage and the homework assignments account for about eleven hours of work, totaling sixteen hours.

Every schedule includes the expectation that you will do the assignments portion of the course. If you do indeed need to learn everything in five hours, then you should skip the assignments and just watch the videos. Still, if you have the time, I strongly encourage you to do the assignments as well since the application of the material will help solidify the information in your memory.

While the video length is fixed, the assignment length will vary depending on your personal capabilities. Go at your own pace. Don't worry if some assignments take longer than expected.

During this entire process, your top priority should be on understanding the material and applying what you have learned.

Good luck everyone ;)

-Josh



2-Day Schedule (8-10 hours each day)

2-Day Schedule			
Dates	Morning	Afternoon	Evening
Day 1 Lectures	1. Introduction to the TEC lectures (15 minutes)	1. The TOEFL Reading Section lectures (65 minutes)	1. The TOEFL Listening Section lectures (65 minutes)
Day 1 Assignments	1. Send an email to contact@tstprep.com 2. Create a study schedule 3. Complete the TOEFL Diagnostic test <i>(2-3 hours)</i>	1. Identify reading question types, diagnostic and complete 2. Udemty quizzes 3. Read time management handout 4. Research flashcard apps 5. Reading actively handout <i>(3 hours)</i>	1. Identify listening question types, diagnostic and complete 2. Udemty quizzes 3. Practice notetaking in the diagnostic and/or complete test 5. Listening actively handout <i>(3 hours)</i>
Day 2 Lectures	1. The TOEFL Speaking Section lectures (95 minutes)	1. The TOEFL Writing Section lectures (70 minutes)	1. Final review. Rewatch videos you feel are important or didn't understand.
Day 2 Assignments	1. Complete the mindset questionnaire 2. Udemty quizzes 3. Do the entire TOEFL Speaking section in the complete test 4. Practice scoring your own responses <i>(1-2 hours)</i>	1. Write an integrated and independent essay 2. Udemty quizzes 3. Practice scoring your own responses <i>(1-2 hours)</i>	1. Review materials or handouts you would like to learn more about 2. Visit TST Prep's official website for more TOEFL materials.



1-Week Schedule (2-3 hours each day)

1-Week Schedule	
Dates	Lectures and Assignments
Day 1	<ul style="list-style-type: none"> - Introduction to the TEC lectures (15 minutes) - Send an email to contact@tstprep.com - Create a study schedule - Complete the TOEFL Diagnostic test
Day 2	<ul style="list-style-type: none"> - The TOEFL Reading Section lectures (65 minutes) - Identify reading question types, diagnostic and complete - Udemmy quizzes - Read time management handout - Research flashcard apps - Reading actively handout
Day 3	<ul style="list-style-type: none"> - The TOEFL Listening Section lectures (65 minutes) - Identify listening question types, diagnostic and complete - Udemmy quizzes - Practice notetaking in the diagnostic and/or complete test - Listening actively handout
Day 4	<ul style="list-style-type: none"> - The TOEFL Speaking Section lectures (95 minutes) - Complete the mindset questionnaire - Udemmy quizzes - Do the entire TOEFL Speaking section in the complete test - Practice scoring your own responses
Day 5	<ul style="list-style-type: none"> - The TOEFL Writing Section lectures (70 minutes) - Write an integrated and independent essay - Udemmy quizzes - Practice scoring your own responses
Day 6	<ul style="list-style-type: none"> - Final review. Rewatch videos you feel are important or didn't understand. - Review materials or handouts you would like to learn more about - Visit TST Prep's official website for more TOEFL materials.
Day 7	Relax. It has been a long week. ;)



2-Week Schedule (1-2 hours each day)

2-Week Schedule	
Dates	Lectures and Assignments
Days 1-2	<ul style="list-style-type: none"> - Introduction to the TEC lectures (15 minutes) - Send an email to contact@tstprep.com - Create a study schedule - Complete the TOEFL Diagnostic test
Days 3-4	<ul style="list-style-type: none"> - The TOEFL Reading Section lectures (65 minutes) - Identify reading question types, diagnostic and complete - Udemmy quizzes - Read time management handout - Research flashcard apps - Reading actively handout
Days 5-6	<ul style="list-style-type: none"> - The TOEFL Listening Section lectures (65 minutes) - Identify listening question types, diagnostic and complete - Udemmy quizzes - Practice notetaking in the diagnostic and/or complete test - Listening actively handout
Days 7-8	<ul style="list-style-type: none"> - The TOEFL Speaking Section lectures (95 minutes) - Complete the mindset questionnaire - Udemmy quizzes - Do the entire TOEFL Speaking section in the complete test - Practice scoring your own responses
Days 9-10	<ul style="list-style-type: none"> - The TOEFL Writing Section lectures (70 minutes) - Write an integrated and independent essay - Udemmy quizzes - Practice scoring your own responses
Days 11-12	<ul style="list-style-type: none"> - Final review. Rewatch videos you feel are important or didn't understand. - Review materials or handouts you would like to learn more about - Visit TST Prep's official website for more TOEFL materials.
Days 13-14	Relax. It has been a long two weeks. ;)



