# **Exercise of Supervised Learning: Advanced Risk Minimization Part 1**

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#### **Exercise 1: Risk Minimizers for Generalized L2-Loss**

Consider the regression learning setting, i.e.,  $\mathcal{Y} = \mathbb{R}$ , and assume that your loss function of interest is  $L(y, f(\mathbf{x})) = (m(y) - m(f(\mathbf{x})))^2$ , where:  $m : \mathbb{R} \to \mathbb{R}$  is a continuous strictly monotnone function.

Disclaimer: In the following we always assume that Var(m(Y)) exists.

(a) Consider the hypothesis space of a constant models

 $\mathcal{H} = \{f : \mathcal{X} \to \mathbb{R} | f(\mathbf{x}) = \boldsymbol{\theta} \ \forall \mathbf{x} \in \mathcal{X} \}, \text{ where } \mathcal{X} \text{ is the feature space. Show that }$ 

$$\hat{f}(\mathbf{x}) = m^{-1} \left( \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right)$$

is the optimal constant model for the loss function above, where  $m^{-1}$  is the inverse function of m.

### Solution to Question (a)

- 1. f is a constant model:  $f(\mathbf{x}) = \theta$  for all  $\mathbf{x}$ .
- 2. The empirical risk can be formulated as:

$$\mathcal{R}_{emp}(f) = \sum_{i=1}^{n} \left( m(y^{(i)}) - m(f(\mathbf{x}^{(i)})) \right)^{2} = \sum_{i=1}^{n} \left( m(y^{(i)}) - m(\boldsymbol{\theta}) \right)^{2}.$$

3.  $\mathcal{R}_{\text{emp}}(f)$  is **strictly convex** (because MSE loss and m is strictly monotone). So the minimum is unique, and can be computed by solving  $\partial \mathcal{R}_{\text{emp}}(f)/\partial \theta = \mathbf{0}$ .

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Goal: Compute the optimal  $\theta$  by solving  $\partial \mathcal{R}_{emp}(f)/\partial \theta = \mathbf{0}$ .

1. Compute the derivative:

$$\frac{\partial \mathcal{R}_{emp}(f)}{\partial \theta} = 2 \sum_{i=1}^{n} (m(y^{(i)}) - m(\theta)) \cdot \frac{\partial m(\theta)}{\partial \theta} = 0$$

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$$\Rightarrow \theta^* = m^{-1} \left(\frac{1}{n} \sum_{i=1}^{n} m(y^{(i)})\right)$$

(b) Verify that the risk of the optimal constant model is  $\mathcal{R}_L(\hat{t}) = (1 + \frac{1}{n}) \text{Var}(m(y))$ .

Recall that the risk of  $\hat{f}$  is defined as

$$\mathcal{R}_L(\hat{t}) = \mathbb{E}_{xy}[L(y,\hat{t}(\mathbf{x}))]$$

### **Solution to Question (b)**

$$\mathcal{R}_{L}(\hat{f}) = \mathbb{E}_{xy}[L(y, \hat{f}(\mathbf{x}))]$$
$$= \mathbb{E}_{xy}[(m(y) - m(\hat{f}(\mathbf{x}))^{2}]$$

## **Solution to Question (b)**

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$$= \mathbb{E}_{xy}[(m(y) - m(\hat{t}(\mathbf{x}))^{2}]$$

$$= \mathbb{E}_{xy}\left[\left(m(y) - \frac{1}{n}\sum_{i=1}^{n}m(y^{(i)})\right)^{2}\right]$$

## **Solution to Question (b)**

$$\begin{split} \mathcal{R}_{L}(\hat{f}) &= \mathbb{E}_{xy}[L(y, \hat{f}(\mathbf{x}))] \\ &= \mathbb{E}_{xy}[(m(y) - m(\hat{f}(\mathbf{x}))^{2}] \\ &= \mathbb{E}_{xy}\left[\left(m(y) - \frac{1}{n}\sum_{i=1}^{n}m(y^{(i)})\right)^{2}\right] \\ &= \mathbb{E}_{xy}[m(y)^{2}] - 2 \cdot \mathbb{E}_{xy}\left[m(y) \cdot \frac{1}{n}\sum_{i=1}^{n}m(y^{(i)})\right] + \mathbb{E}_{xy}\left[\left(\frac{1}{n}\sum_{i=1}^{n}m(y^{(i)})\right)\left(\frac{1}{n}\sum_{i=1}^{n}m(y^{(i)})\right)\right] \end{split}$$

Now take a look at the second term: 
$$-2 \cdot \mathbb{E}_{xy} \left[ m(y) \cdot \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right]$$
.

Because  $y, y^{(1)}, \dots, y^{(n)}$  are i.i.d. with  $\mathbb{E}_{xy}[m(y^{(i)})] = \mathbb{E}_{xy}[m(y)]$ , we have

$$\mathbb{E}_{xy}\left[m(y)\cdot\frac{1}{n}\sum_{i=1}^{n}m(y^{(i)})\right] = \frac{1}{n}\cdot\mathbb{E}_{xy}\left[m(y)\sum_{i=1}^{n}m(y^{(i)})\right]$$
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$$= \mathbb{E}_{xy}[m(y)]^{2}.$$

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$$= \frac{1}{n^2} \left( \sum_{i=1}^{n} \mathbb{E}_{xy} [m(y^{(i)})^2] + \sum_{i=1}^{n} \sum_{j \neq i} \mathbb{E}_{xy} [m(y^{(i)}) m(y^{(j)})] \right)$$

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= \left( 1 + \frac{1}{n} \right) \text{Var}(m(y)).$$

Derive that the risk minimizer  $f^*$  is given by  $f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{y|\mathbf{x}}[m(y)|\mathbf{x}])$ .

- ▶ Consider unstricted hypothesis space  $\mathcal{H} = \{f : \mathcal{X} \to \mathbb{R}\}$
- Since  $\mathcal{H}$  is unrestricted, for each  $\mathbf{x}$ , we can predict any value  $c \in \mathbb{R}$  we want.  $\rightsquigarrow$  Point-wise prediction.
- Point-wise prediction: given unlimited space, we can use a look-up table to store  $f^*(\mathbf{x})$  for all  $\mathbf{x}$ .

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### Solution to Question (c)

By the law of total expectation,

$$\mathcal{R}_{L}(f) = \mathbb{E}_{xy}[L(y, f(\mathbf{x}))]$$

$$= \mathbb{E}_{\mathbf{x}}[\mathbb{E}_{y|\mathbf{x}}[L(y, f(\mathbf{x})) \mid \mathbf{x}]]$$

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Since we consider a point-wise prediction, we can omit the  $\mathbb{E}_{\mathbf{x}}$ , and we focus on computing  $f^*(\mathbf{x}) = c$  given a **fixed x**. In other words, we solve the optimal c for each  $\mathbf{x}$  separately.

To solve  $f^*(\mathbf{x}) = \arg\min_c \mathbb{E}_{\mathbf{y}|\mathbf{x}}[(m(\mathbf{y}) - m(f(\mathbf{x})))^2 \mid \mathbf{x}]$ , we adopt the same way as the solution of Question (a), obtaining

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$$f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{\mathbf{y}|\mathbf{x}}[m(\mathbf{y}) \mid \mathbf{x}]).$$

(d): What is the optimal **constant** model in terms of the (theoretical) risk for the loss above and what is the risk?

Note: in Question (c), we allow f outputs different values c for different  $\mathbf{x}$ . In Question (d), we aim to search an optimal  $\bar{f}(\mathbf{x}) = c$  for all  $\mathbf{x}$ .

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$$= \int_{y} \int_{\mathbf{x}} (m(y) - m(\overline{f}(\mathbf{x})))^{2} \rho(\mathbf{x}, y) d\mathbf{x} dy$$

$$\mathcal{R}_{L}(\overline{f}) = \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} \left[ (m(y) - m(\overline{f}(\mathbf{x})))^{2} \right] \right]$$

$$= \int_{y} \int_{\mathbf{x}} (m(y) - m(\overline{f}(\mathbf{x})))^{2} p(\mathbf{x}, y) d\mathbf{x} dy$$

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$$= \int_{y} (m(y) - m(c))^{2} p(y) dy \quad \triangleright$$

$$= \mathbb{E}_{y} \left[ (m(y) - m(c))^{2} \right]$$

The (theoretical) risk for a constant model  $\bar{f}(\mathbf{x}) = c$  is:

$$\mathcal{R}_{L}(\overline{f}) = \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} \left[ (m(y) - m(\overline{f}(\mathbf{x})))^{2} \right] \right]$$

$$= \int_{y} \int_{\mathbf{x}} (m(y) - m(\overline{f}(\mathbf{x})))^{2} p(\mathbf{x}, y) d\mathbf{x} dy$$

$$= \int_{y} \int_{\mathbf{x}} (m(y) - m(c))^{2} p(\mathbf{x}, y) d\mathbf{x} dy$$

$$= \int_{y} (m(y) - m(c))^{2} p(y) dy \quad \triangleright$$

$$= \mathbb{E}_{y} \left[ (m(y) - m(c))^{2} \right]$$

Therefore, the optimal constant model is

$$\bar{f}(\mathbf{x}) = c = m^{-1}(\mathbb{E}_y[m(y)])$$

The risk given 
$$\overline{f}(\mathbf{x}) = c = m^{-1}(\mathbb{E}_{\nu}[m(y)])$$
 is:

$$\mathcal{R}_L(\overline{f}) = \mathbb{E}_{xy}[(m(y) - m(\overline{f}(\mathbf{x}))^2] = \mathbb{E}_y[(m(y) - \mathbb{E}_y[m(y)])^2] = \mathsf{Var}(m(y))$$

# Question (e)

(e): Recall the decomposition of the Bayes regret into the estimation and the approximation error. Show that the former is  $\frac{1}{n} \text{Var}(m(y))$ , while the latter is  $\text{Var}\left(\mathbb{E}_{y|\mathbf{x}}[m(y)\mid\mathbf{x}]\right)$  for the optimal constant model  $\hat{f}(\mathbf{x})$  if the hypothesis space  $\mathcal{H}$  consists of the constant models.

- ► Recall from Question (a) that  $\hat{f}(\mathbf{x}) = m^{-1} \left( \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right)$  and  $\mathcal{R}_L(\hat{f}) = \left( 1 + \frac{1}{n} \right) \text{Var}(m(y))$ .
- ▶ Recall from Question (d) that  $\bar{f}(\mathbf{x}) = \arg\min_{f \in \mathcal{H}} \mathcal{R}_L(f)$  and  $\mathcal{R}_L(\bar{f}) = \operatorname{Var}(m(y))$ .
- Recall from (c) that the point-wise risk minimizer  $f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{y|\mathbf{x}}[m(y)|\mathbf{x}]) = \arg\min_f R_L(f)$  for an **unstricted** function space.
- ▶ Remember to differentiate between these risk minimizers
- The Bayes regret can be decomposed as:

$$\mathcal{R}_{L}(\hat{f}) - \mathcal{R}_{L}^{*} = \underbrace{\left[\mathcal{R}_{L}(\hat{f}) - \inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f)\right]}_{\text{estimation error}} + \underbrace{\left[\inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f) - \mathcal{R}_{L}^{*}\right]}_{\text{approximation error}}$$

- ► Recall from Question (a) that  $\hat{f}(\mathbf{x}) = m^{-1} \left( \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right)$  and  $\mathcal{R}_L(\hat{f}) = \left( 1 + \frac{1}{n} \right) \text{Var}(m(y))$ .
- ▶ Recall from Question (d) that  $\bar{f}(\mathbf{x}) = \arg\min_{f \in \mathcal{H}} \mathcal{R}_L(f)$  and  $\mathcal{R}_L(\bar{f}) = \operatorname{Var}(m(y))$ .
- Recall from (c) that the point-wise risk minimizer  $f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{v|\mathbf{x}}[m(y)|\mathbf{x}]) = \arg\min_f R_L(f)$  for an **unstricted** function space.
- Remember to differentiate between these risk minimizers
- The Bayes regret can be decomposed as:

$$\mathcal{R}_{L}(\hat{f}) - \mathcal{R}_{L}^{*} = \underbrace{\left[\mathcal{R}_{L}(\hat{f}) - \inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f)\right]}_{\text{estimation error}} + \underbrace{\left[\inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f) - \mathcal{R}_{L}^{*}\right]}_{\text{approximation error}}$$

- ► Recall from Question (a) that  $\hat{f}(\mathbf{x}) = m^{-1} \left( \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right)$  and  $\mathcal{R}_L(\hat{f}) = \left( 1 + \frac{1}{n} \right) \text{Var}(m(y))$ .
- ▶ Recall from Question (d) that  $\bar{f}(\mathbf{x}) = \arg\min_{f \in \mathcal{H}} \mathcal{R}_L(f)$  and  $\mathcal{R}_L(\bar{f}) = \operatorname{Var}(m(y))$ .
- Recall from (c) that the point-wise risk minimizer  $f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{\mathbf{y}|\mathbf{x}}[m(\mathbf{y})|\mathbf{x}]) = \arg\min_f R_L(f)$  for an **unstricted** function space.
- Remember to differentiate between these risk minimizers
- The Bayes regret can be decomposed as:

$$\mathcal{R}_{L}(\hat{f}) - \mathcal{R}_{L}^{*} = \underbrace{\left[\mathcal{R}_{L}(\hat{f}) - \inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f)\right]}_{\text{estimation error}} + \underbrace{\left[\inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f) - \mathcal{R}_{L}^{*}\right]}_{\text{approximation error}}$$

- ► Recall from Question (a) that  $\hat{f}(\mathbf{x}) = m^{-1} \left( \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right)$  and  $\mathcal{R}_L(\hat{f}) = \left( 1 + \frac{1}{n} \right) \text{Var}(m(y)).$
- ▶ Recall from Question (d) that  $\bar{f}(\mathbf{x}) = \arg\min_{f \in \mathcal{H}} \mathcal{R}_L(f)$  and  $\mathcal{R}_L(\bar{f}) = \operatorname{Var}(m(y))$ .
- Recall from (c) that the point-wise risk minimizer  $f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{\mathbf{y}|\mathbf{x}}[m(\mathbf{y})|\mathbf{x}]) = \arg\min_f R_L(f)$  for an **unstricted** function space.
- Remember to differentiate between these risk minimizers.
- The Bayes regret can be decomposed as:

$$\mathcal{R}_{L}(\hat{f}) - \mathcal{R}_{L}^{*} = \underbrace{\left[\mathcal{R}_{L}(\hat{f}) - \inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f)\right]}_{\text{estimation error}} + \underbrace{\left[\inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f) - \mathcal{R}_{L}^{*}\right]}_{\text{approximation error}}$$

- ► Recall from Question (a) that  $\hat{f}(\mathbf{x}) = m^{-1} \left( \frac{1}{n} \sum_{i=1}^{n} m(y^{(i)}) \right)$  and  $\mathcal{R}_L(\hat{f}) = \left( 1 + \frac{1}{n} \right) \text{Var}(m(y))$ .
- ▶ Recall from Question (d) that  $\bar{f}(\mathbf{x}) = \arg\min_{f \in \mathcal{H}} \mathcal{R}_L(f)$  and  $\mathcal{R}_L(\bar{f}) = \operatorname{Var}(m(y))$ .
- Recall from (c) that the point-wise risk minimizer  $f^*(\mathbf{x}) = m^{-1}(\mathbb{E}_{\mathbf{v}|\mathbf{x}}[m(y)|\mathbf{x}]) = \arg\min_f R_L(f)$  for an **unstricted** function space.
- Remember to differentiate between these risk minimizers.
- The Bayes regret can be decomposed as:

$$\mathcal{R}_L(\hat{f}) - \mathcal{R}_L^* = \underbrace{\left[\mathcal{R}_L(\hat{f}) - \inf_{f \in \mathcal{H}} \mathcal{R}_L(f)\right]}_{ ext{estimation error}} + \underbrace{\left[\inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^*\right]}_{ ext{approximation error}}$$

The estimation error is:

$$\mathcal{R}_{L}(\hat{t}) - \inf_{f \in \mathcal{H}} \mathcal{R}_{L}(f) = \mathcal{R}_{L}(\hat{t}) - \mathcal{R}_{L}(\bar{t})$$

$$= \left(1 + \frac{1}{n}\right) \operatorname{Var}(m(y)) - \operatorname{Var}(m(y))$$

$$= \frac{1}{n} \operatorname{Var}(m(y)).$$

$$\inf_{f\in\mathcal{H}}\mathcal{R}_L(f)-\mathcal{R}_L^*$$

$$\inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* = \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*)$$

$$\begin{split} \inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* &= \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*) \\ &= \mathsf{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(f^*(\mathbf{x}))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (d))} \end{split}$$

$$\begin{split} \inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* &= \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*) \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(f^*(\mathbf{x}))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (d))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(m^{-1}(\mathbb{E}_{y|\mathbf{x}}[m(y) \mid \mathbf{x}])))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (c))} \end{split}$$

$$\begin{split} \inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* &= \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*) \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(f^*(\mathbf{x}))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (d))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(m^{-1}(\mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (c))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - \mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])^2 \mid \mathbf{x}] \right] \end{split}$$

$$\begin{split} \inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* &= \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*) \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(f^*(\mathbf{x}))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (d))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(m^{-1}(\mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (c))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - \mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])^2 \mid \mathbf{x}] \right] \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \text{Var}(m(y) \mid \mathbf{x}) \right] \end{split}$$

$$\begin{split} \inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* &= \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*) \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(f^*(\mathbf{x}))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (d))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(m^{-1}(\mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (c))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - \mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])^2 \mid \mathbf{x}] \right] \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \text{Var}(m(y) \mid \mathbf{x}) \right] \\ &= \text{Var}(\mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}]) \end{split}$$

The approximation error is:

$$\begin{split} \inf_{f \in \mathcal{H}} \mathcal{R}_L(f) - \mathcal{R}_L^* &= \mathcal{R}_L(\overline{f}) - \mathcal{R}_L(f^*) \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(f^*(\mathbf{x}))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (d))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - m(m^{-1}(\mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])))^2 \mid \mathbf{x}] \right] \quad \text{(plug in (c))} \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \mathbb{E}_{y|\mathbf{x}} [(m(y) - \mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}])^2 \mid \mathbf{x}] \right] \\ &= \text{Var}(m(y)) - \mathbb{E}_{\mathbf{x}} \left[ \text{Var}(m(y) \mid \mathbf{x}) \right] \\ &= \text{Var}(\mathbb{E}_{y|\mathbf{x}} [m(y) \mid \mathbf{x}]) \end{split}$$

The last step holds because of the law of total variation:

$$Var(Y) = \mathbb{E}_X[Var(Y \mid X)] + Var[\mathbb{E}_{Y \mid X}[Y \mid X]]$$