## CFI items and sub-scale allocation

- CFI 1. I am good at "sizing up" situations.—(Alternatives)
- CFI\_2. I have a hard time making decisions when faced with difficult situations.—(Control)
- CFI\_3. I consider multiple options before making a decision.—(Alternatives)
- CFI 4. When I encounter difficult situations, I feel like I am losing control.—(Control)
- CFI 5. I like to look at difficult situations from many different angles.—(Alternatives)
- CFI\_6. I seek additional information not immediately available before attributing causes to behavior.—
  (Alternatives)
- CFI\_7. When encountering difficult situations, I become so stressed that I can not think of a way to resolve the situation.—(Control)
- CFI\_8. I try to think about things from another person's point of view.—(Alternatives)
- CFI\_10. I find it troublesome that there are so many different ways to deal with difficult situations.—(Control)
- CFI\_11. I am good at putting myself in others' shoes.—(Alternatives)
- CFI\_12. When I encounter difficult situations, I just don't know what to do.—(Control)
- CFI 13. It is important to look at difficult situations from many angles.—(Alternatives)
- CFI\_14. When in difficult situations, I consider multiple options before deciding how to behave.—
  (Alternatives)
- CFI\_15. I often look at a situation from different viewpoints.—(Alternatives)
- CFI\_16. I am capable of overcoming the difficulties in life that I face.—(Control)
- CFI\_17. I consider all the available facts and information when attributing causes to behavior.—(Alternatives)
- CFI\_18. I feel I have no power to change things in difficult situations.—(Control)
- CFI\_19. When I encounter difficult situations, I stop and try to think of several ways to resolve it.—
  (Alternatives)
- CFI 20. I can think of more than one way to resolve a difficult situation I'm confronted with.—(Alternatives)
- CFI\_21. I consider multiple options before responding to difficult situations.—(Alternatives)