



Mohamed Ahmed Abdou

QHSSE Manager / QHSSE Trainer / Marine-Construction-General Industry /
MBA / MQM / NEBOSH IGC / ISO Lead Auditor

Summary

A highly experienced and accomplished QHSSE (Quality, Health, Safety, Security, and Environment) Manager with over 25 years of expertise in the maritime, oil, Construction, and gas sectors.

Proven ability to design, implement, and manage comprehensive QHSSE systems aligned with international standards and codes, including ISO (9001-14001-45001), ISM, ISPS, STCW, and IMDG.

Acclaimed for leadership in fostering safety culture, reducing incidents, and driving operational excellence.

Adept at managing disaster recovery, cybersecurity, and compliance programs while mentoring teams to achieve strategic goals.

Experience

AL MUTAWA MARINE WORKS LLC

QHSSE Manager

January 2024 - Present (1 year 9 months) United Arab Emirates

- Oversight of Integrated Management System (IMS) across operations for offshore oil and gas services.
- Conducted internal and external audits, ensuring compliance with regulatory and international standards.
- Promoted safety culture and led incident investigations with actionable recommendations.
- Evaluated QHSSE company performance and implemented improvement programs.
- Monitored operations to ensure alignment with mandatory international and national regulations
- Directed teams to apply lessons learned after incidents for organizational growth.

Contact

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Top Skills

Quality Management

Environmental Management Systems

Safety Management Systems

Security Management

Languages

English (Professional Working)

Arabic

French

Certifications

NEBOSH IGC
Certified Safety Director (CSD)
ISO 45001:2018 Lead Auditor
ISO 14001:2015 Lead Auditor
ISO 9001:2015 Lead Auditor
ISM & ISPS Lead Auditor
MLC Auditor
Certified Safety Manager (CSM) & TOT

Freelance Trainer

QHSSE Instructor

October 2010 - Present (15 years)

worldwide

International Instructor / Trainer for (QHSE) Management and Security Chemical Process and water treatment.

Maridive-Group

9 years 9 months

QHSSE Director

2019 - December 2023 (4 years) Egypt

- Lead the development, implementation, and continuous improvement of the Integrated Management System (IMS) across all operational domains.
- Make executive decisions related to QHSSE strategy, IMS performance, and regulatory compliance.
- Review and approve QHSSE dispensations, ensuring alignment with international standards and operational integrity.
- Report regularly to Top Management on IMS effectiveness, safety performance, and improvement opportunities.
- Promote a culture of safety, quality, and environmental responsibility throughout the organization.
- Ensure all IMS processes are established, implemented, and maintained across departments and vessels.
- Monitor operations for compliance with IMS, international conventions (ISM, ISPS, SOLAS, MARPOL), and national regulations.
- Authorize the cessation of any unsafe work that may endanger personnel, assets, or the environment.
- Oversee internal and external audits, inspections, and verification activities, ensuring full implementation and close-out of findings.
- Lead investigation teams for incidents, hazardous occurrences, and emergencies.
- Ensure timely issuance and implementation of Lessons Learned and preventive measures.
- Track and verify the effectiveness of corrective actions until formal close-out.
- Maintain oversight of emergency preparedness, including drills, exercises, and response protocols.
- Serve as the primary shore-based link between vessels and senior management for safety and operational matters.

- Conduct shipboard visits to verify implementation of safety procedures and crew awareness.
- Liaise with Flag States, Classification Societies, and Port State Control on safety and compliance issues.
- Develop, implement, and maintain Company and Ship Security Plans in accordance with the ISPS Code.
- Conduct security assessments and ensure readiness for audits and inspections.
- Monitor security levels and ensure appropriate threat mitigation measures are in place.

QHSSE Manager & DPA

January 2019 - November 2021 (2 years 11 months)

Egypt

Quality Manager

January 2016 - December 2018 (3 years)

Egypt

HSE Manager

April 2014 - December 2015 (1 year 9 months)

Egypt

VSE Corporation

Instructor and trainer Safety Engineer

August 2011 - April 2014 (2 years 9 months)

Egypt

* Preparing safety Training Programs, & conducting the training programs for all units.

* Instructing HSE training courses, Risk management – Firefighting, Safety Awareness, Damage control, Incident Investigation, safe working practices....etc.)

* Monitor the HSE aspects to ensure their compliance with the applicable Laws, regulations & the company policy.

Booz Allen Hamilton

Trainer & instructor firefighting/ Safety / Damage Control

August 2010 - August 2011 (1 year 1 month)

Egypt

- * Preparing safety Training Programs, & conducting the training programs for all units (HSE and loss control programs).
- * Instructing HSE training courses, Hazard identification & Risk management – Fire Fighting (Theoretical & practical) , Safety Awareness, Damage control, Incident Investigation, safe working practices....etc.)
- * Monitor the HSE aspects to ensure their compliance with the applicable Laws, regulations & the company policy.
- * Safety & Firefighting Trainer

Egyptian Navy

Senior Safety Engineer

January 1991 - August 2010 (19 years 8 months)

- ** Prepare the HSE dept.'s Activities Monthly & Annual Reports and responded to legal authority concerning the Periodical Statistics.
- * Full Supervision of Complete Plant Overhaul through managing maintenance activities - Installation & replacement of equipment's, ... etc.).
- * Implement risk –based Self-Inspection program.
- * Follow – up integrity, adequacy, and maintenance of blow down system, Fire & Gas Detection System, and Pressure Safety Relief System.
- * Implement a Loss Control Program to ensure adequate protection for personnel, property and productivity.
- * Participated in Establishment and maintaining a Risk Assessment procedure for all gas plant activities including routine and non-routine activities.
- * Provide all level of management with HSE Technical Safety and Loss Prevention advice, information, data and support.
- * Determine the Fire Fighting equipment's maintenance requirements, (Spare Parts, stocks and issue related purchase orders)
- * Leader for laboratory of (from 1994 – 2004) of vast experience in all Chemical Analysis (Qualitative, Quantitative & Instrumental)

- * Lead the Supply Chain, Manufacturing & Maintenance for a Chemicals Manufacturing facility with 60 Engineer / Operators (Process Similar to Soap Making)
- * Senior Engineer & Consultant for all Cathodic Protection during the Maintenance & Renovation of the Navy units
- * Senior Engineer and consultant for all Nuclear & Chemical issues for the Navy forces
- * High experience in institutions security – Security officer for my unit throughout my working period
- * High experience in detection of Environment Contamination (Gas, Water & Soil) & Decontaminate all Pollution (Chemical & Nuclear)

Education

Arab Academy for Science, Technology and Maritime Transport

Master's degree, Quality Management, Excellent (April 2019 - June 2021)

Delaware City University

Master of Business Administration - MBA, HSE, Excellent (2014 - 2015)

Military Technical College

Chemical and Nuclear Engineer, Very Good · (1986 - 1991)

Ecole Saint Mark (French School - Secondary)

high school, Excellent · (1982 - 1985)