



ABOUT

An Active and energetic individual holds bachelors of physical education from university of Bahrain seeking a position to use teaching, motivational and organizational skills to help people in establishing lifelong fitness goal and provide them wellness information.

CONTACT

ADDRESS:

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DATE OF BIRTH:

16th June 1995

CPR NO.:

950604089

NATIONALITY:

Bahraini

LANGUAGES:

English (reading- writing-speaking)

Arabic (reading- writing- speaking)

INTERESTS:

- Sports: volleyball and basketball.
- Internet surfing.
- Photography

Basil Hussain Matooq

EDUCATION:

- 2013 - 2018 **Bachelor in Physical Education - University of Bahrain**
- 2011 - 2013 **Naim Secondary Boys School - Literary Major**

WORK EXPERIENCE:

December 2018 - Present

Reef Island | Security Guard | (Full Time)

- ❖ Gatekeeping and receiving visitors' receipts and applied visiting fees.
- ❖ Driving the car between the islands.

2019 – 2020

Hunger Station | Driver | (Part Time)

- ❖ Transporting foods to the customers.
- ❖ Taking payments upon delivery.

2019

Al-Jaafari Institute | Academic Trainee - Physical Education Teacher

- ❖ Supervising the sports teams.
- ❖ Participating in organizing sports events (e.g., International Day of Sports)
- ❖ Assessing students' physical fitness levels and ensuring that they follow the correct dress code.
- ❖ Planning and organizing sports events.

2019

Sheikh Mohammed bin Khalifa Al Khalifa primary Preparatory Boys School Academic Trainee – Physical Education Teacher

- ❖ Managing and restocking exercise and fitness equipment.

2018

Al-Budaiya Primary Boys School | Academic Trainee - Physical Education Teacher

- ❖ Coaching students.
- ❖ Managing the class.

2013 – 2018

Bahrain Ship Repairing and Engineering Company | Driver | (Full Time)

- ❖ Transporting employees to their desired destinations.

SKILLS:

- Teaching
- Lesson Planning
- Fitness development
- Individualized instruction
- Integrated Activities
- Behavior modification
- Performance Assessments
- Motivational Techniques
- Microsoft Office