# Welcome to TRIUMPH



## **Dear Triumphants**

It is my great pleasure to introduce to you the first issue of the e-newspaper of TRIUMPH! From now on, we are going to write down all events, lectures, workshops and trainings in this e-newspaper, for the memories to stay always noted as a part of the Triumphant happenings in our organization.

Dear friends, I would like to tell you that this newspaper will be published monthly, and it will contain explanations on the events from the past couple of weeks and updates on the events that will happen during that month. As this is our first issue, it is my honor to present all the events that has happened since the founding of TRIUMPH!

We'll start with the founding of TRIUMPH and the grand opening that happened in the beginning of April. We'll tell you about our first project, *The stories of Grandma and Grandpa*, in collaboration with two Grandmas and the kindergarten "Orce Nikolov" in Karposh. The projects in EU started out by sending out applications for trainings and projects, from the program Youth in Action and the program LifeLongLearning.

In May, we partnered with several NGOs in EU and we got our first sponsorship from RedBull. We started to hold trainings and lectures, first on Professional Orientation and then on applying for Gruntvig trainings.

This month, we started out by organizing eco-creative workshops. We organized a campaign for gathering recycling materials, as well as a workshop for EcoJewelry from e-waste. The next EcoJewelry workshop will be from fabrics.

I truly hope you will be entertained and enlightened by our projects and find a suitable event that you would like to be active in!

Respectfully, Angelevska Angela

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## **Grand Opening of TRIUMPH**

On 6<sup>th</sup> of April this year, the main initiators for founding this NGO, Angela and Sanja, on a quite humble way, but accompanied with many friends and supporters, ceremoniously opened the doors of the Career Center TRIUMPH Skopje.

For the first time ever, in the first issue of our e-newspaper, we are sharing the photos of the grand opening. Once more, we would like to express our

sincere gratitude to everyone who came to the opening event, and especially to Jovana and Zdravko Bogeski who unselfishly gave the space for the office and work for our organization.



Be Active! Create a community without prejudice of age and social status! Every innovation starts with one small idea.

# Recognition for our volunteers

Career Center Triumph respects its members and volunteers and acknowledges their work and dedication, by giving them a welldeserved award.

Every month, the Career Center
Triumph gives a statement of
accomplishment to one member or
volunteer of our organization that
made and interesting event and
contributed the most for increasing
the social and professional status of
the citizens. We strongly believe
that this kind of person should be
rewarded and declared a star of our
Career Center Triumph

## **About TRIUMPH**

The non-profit organization <u>Career center -Triumph</u> is founded as an Assembly of citizens for improving the social and professional status of the citizens CAREER TRIUMPH Skopje, on 1st of March 2013. As such organization, TRIUMPH will organize various courses, trainings, lectures and conferences. The main goals of the Career center Triumph are:

- 1] Improving the social and educational status of the citizens
- 2] Informing the citizens about the opportunities for professional upgrade and employment opportunities offered in the world, and the possibility of the implementation of such opportunities in our country
- 3] Promoting healthy life style through various mental and physical activities.
- 4] Supporting business and individual entrepreneurs by giving them opportunity for their promotion through the activities in the organization (training preparation, promotions, workshops, conferences etc.)
- Organizing lectures, counseling, congresses, training, exhibits, conferences and other forms of non-formal education and vocational improvement.
- 6] Giving opportunities to the employees in various sectors, from different vocations, for attending in-service trainings and other lessons in the EU countries.
- Pledging for social integration of the citizens of all ages through making events for the entire population, from the youngest to the oldest.



# The stories from Grandma and Grandpa

The stories from Grandma and Grandpa- successfully executed project in the kindergarten Orce Nikolov in Karposh on 25.04.2013. Two wonderful, elderly women Dragica Najcevska and Liljana Andonova, shared their life stories of the development of their careers. From their dreams when they were as little as the children from the kindergarten, through their interesting and exciting journey to creating fruitful careers, each in their own department.

The event started out by short presentation of the project. Dragica and Lile tell their stories to the little children with vivid imagination. The inspired children hurried to the classrooms to draw and paint their future careers.

We left the happy women to the office of the principal of the kindergarten to share more stories of their life and careers.

We started out with this first project on purpose, since it breaks down the limits of age and link up the youngest and oldest, accomplishing the main theme of TRIUMPH- raising the social and educational status of the citizens.

## Youth in Action Program

In April, Career Center TRIUMPH applied for a project in the Youth in Action Program, in the part 1.1 Youth Exchanges with partners from Latvia, Lithuania, and Turkey. We also signed partnerships with several NGOs in Europe for participating in Youth Exchanges and Trainings in their countries.



## The Life Long Learning Program

The LLL Program has few parts, and TRIUMPH presented and applied for two of them in April: GRUNTVIG and COMENIUS.

Comenius is a program designed for the educational sector for children and youngsters, up to 24 years of age.

The Gruntvig program is designed for the educational sector for adults, age 24 and up.

The trainings offered from these two programs last for 5-10 days, and can be found on the following database:

http://ec.europa.eu/education/t rainingdatabase/

All interested in participating in one of these trainings can choose their favorite and apply for them through TRIUMPH.

In April, through TRIUMPH, two teachers, for the subjects of History and English Language, from Gymnasium Nikola Karev applied for these trainings, as well as members from TRIUMPH.

In May
During the month of
May, we organized two
lectures in TRIUMPH:
Professional Orientation
and How to write
applications for
GRUNTVIG

#### Professional Orientation

On 27th May 2013, at TRIUMPH, an event in a form of a lecture was held at which young people 18-25 years of age participated.

In the focus of the upcoming enrolments for graduate schools and the need for direction, graduated psychologist Svetlana Pecanovska led the lecture on professional orientation.

The factors that steer young people in wrong directions were mentioned, as well as the pressure of our parents and peers and the need for self-awareness.

On the lecture the participants filled out psychological questionnaires for professional orientation and energizing beverages from our sponsor, RedBull.

The lecture lasted for hour and 30 minutes, and was held at the office of Career Center TRIUMPH.



# Обука за АПЛИЦИРАЊЕ ЗА ТРЕНИНЗИ ОД РУНДТВИГ ПРОГРАМАТА

Поради големиот број заинтересирани членови и волонтери од невладината организација КАРИЕРА ТРИУМФ Скопје за учество на тренинзите од програмата за Доживотно Учење, иницирана од Европската Унија, подпрограма Грунтвиг; Центарот за КАРИЕРА ТРИУМФ Скопје, одлучи да организира обука за целиот процес на аплицирање за овие тренинзи.

Првата обука од ваков карактер ќе се одржи на 18.05.2013 година во 16:00 часот, во просториите на КАРИЕРА ТРИУМФ, на адреса Козле 456.

Обуката ќе ја води Ангелевска Ангела.



## 5 **ЈУНИ** 2013 СОБИРАЊЕ РЕЦИКЛИРАЧКИ **МАТЕРИЈАЛ**

По повод Светскиот ден на Животната Средина, а со цел да ја зачуваме нашата животна средина и да го намалиме отпадот во градот Скопје, ги повикуваме сите граѓани да се приклучат во акцијата за собирање рециклирачки отпад во Бистро ПИКОЛО, ТЦ Лептокарија, каде членови и волонтери од КАРИЕРА ТРИУМФ ќе има од **16:00 до 18:00** часот.

Што може да се рециклира?

- Е-отпад (стари компјутери, тастатури, принтери, телевизори, телефони, секаков помал апарат од дома кој веќе не го користите)
- Весници (весниците кои може да се рециклираат се весници кои не се со мрсна хартија)
- Картони (картонски кутивчиња од креми, лекови, храна која не била во директен допир со

World **Environment Day** 5th June 2013

Дознај кој отпад можеш да го рециклираш

Види креативни користење на рециклирачкиот материјал

Придонеси за почисто Скопје

Триумфирај и Донирај!

### **IUNE**

We started this month of ecology with a campaign of gathering recycling material and workshops for creative usage of the waste that can be recycled.

During the campaign we gathered E-Waste; Fabrics (some decent clothes were selected and donated to the foster home 11 Oktomvri Skopje); Newspapers and Cardboards.

The first free of charge creative workshop was led by Elena Gjorgjievska, the initiatior for the workshops for EcoJewelry. Examples of the jewelry made on the workshop for E-Waste recycling are presented on the pictures.

The next free creative workshop will be held on 12th June, for creating EcoJewelry from Fabrics.

All interested in participating can send an email with their Name and Surname and Name of Workshop to prijavisenatriumf@gmail.com to register their seat.



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#### Career center TRIUMPH

Kozle 45b, 1000 Skopje, Republic of Macedonia (+389) 78 308 168 careercentertriumph@gmail.com

We want you to win!

Find us on the Web: http://careertriumph.weebly.com



#### Next in TRIUMPH

In June, TRIUMPH started with one-on-one coaching for writing and developing professional portfolios for applying for work. Workshops on preparing a professional biographies and motivational letters will be held free of charge.

Other days that TRIUMPH will mark in June, besides 5<sup>th</sup> of June [World Environment Day] are:

- 14<sup>th</sup> June, World Blood Donor Day
- 19<sup>th</sup> June Butterfly Day
- 21<sup>st</sup> June, World Music Day

### Suggest an event or an idea for a project

Do you want to share your knowledge? Do you have a hobby that would be interesting for others? Or, you have an idea that can improve the professional or social status of the citizens? TRIUMPH can help you accomplish them! Contact us on phone or by email, or simply come to our office.

Career center TRIUMPH Kozle 45b, 1000 Skopje, Republic of Macedonia



With your donation you can help us improve the social and professional level of the citizens. You can choose a special project that you like, or you can support the entire yearly program of TRIUMPH!

Donate on the next account to Zdruzenie KARIERA TRIUMF Skopje

Account number: 27 00 685 970 401 41

NGO ID: 40 570 135 211 20

Name of Bank: Halkbank a.d. Skopje