



Jyoti



Helen Keller once said, "Life is either a daring adventure or nothing at all." Born in 1880 in Alabama, Helen overcame incredible challenges. Despite being both deaf and blind from an early age, she became a world-renowned author, political activist, and lecturer.

Her breakthrough came through her remarkable teacher, Anne Sullivan, who taught her to communicate.
Sullivan used a method of spelling words into Helen's hand, which gradually helped Helen understand

