8/18

1. My highlight of yesterday was getting to see friends that I hadn’t seen during the summer, and my lowlight was not being able to leave at lunch due to schedule changes.
2. How in depth will we go on each body system, for example how long will we spend learning about the nervous system?
3. 10 minutes to complete the stations

8/22

This weekend I went to the football game, went thrifting (I got a bunch of cool clothes for only $14), and I hung out with my friends after the game.

I solidified the concept that the lungs and heart work together to take in oxygen and distribute it within the bloodstream.

8/23

1. One example is the term superior, which usually means higher or better. This can give a clue as to what the term means in directional context.
   1. The elbow is proximal to the fingertips.
   2. The spine is dorsal to the belly button.
2. The word that pairs with medial is lateral.
3. No questions! I used most of them during the DN sports medicine internship.

8/25

1. Another word for the area of our fingers and toes is distal.
2. Another word for the back of your knee is popliteal.
3. Simon says nod your cephalic region. Itch your axillary region.