

DEVELOPMENTAL MILESTONES

Gross Motor = GM
 Fine Motor = FM
 Social and behavioral = S
 Language and hearing = L

NEWBORN

GM = Flexed Limbs, sym Posture
 , Head lag
 L = Startled to loud noises
 Vac: Hep B, BCG

6 wk - 2 m

GM = Raises head in prone (2 m)
 FM = Follows moving objects (with eyes)
 S = Smiles responsively
 Vac (2 m) : 1st shot of:
 IPV, DTaP, Hib, Hep B, PCV13, Rota

6-8 m

GM = sits w/o support (7m)
 rolls from supine to prone.
 FM = (7m) transfers from hand to another
 L = Turns to soft sounds out of sight
 S = Puts food in mouth
 Stranger anxiety

4-6 m

GM = Sits with support
 FM = Palmar grasp
 Vac (6m) : 3rd shot of:
 IPV, DTaP, Hib, Hep B,
 PCV13, Rota

3-4 m

GM = Head control
 rolls from prone to supine
 FM = Reaches out for toys
 L = Laughs and coos
 Vac (4m) : 2nd shot of:
 IPV, DTaP, Hib, Hep B,
 PCV13, Rota

8-10 m

GM = Crawling (9m), Stands (10m)
 FM = Mature Pincer grip (10m)
 L = Diff sounds to call parents
 Vac (9m) : Measles and MCV 4

10-12 m

GM = Walks unsteadily
 L = 2-3 words
 S = Waves bye-bye, plays peek-a-boo
 drinks from a cup with 2 hands (12m)
 Vac (12 m) : OPV, PCV13, MMR, MCV4

18-24 m

L = Joins 2-3 words to make simple phrases
 S = Symbolic play
 Vac (24 m) : Hep A

16-18 m

FM = Makes marks with a crayon
 Builds a tower of 3 cubes
 L = 6-10 words, show 2 parts of body
 S = Holds spoon and eats safely
 Vac (18 m) : OPV, DTaP, Hib, MMR, Varicella, Hep A

15 m

GM = Walks steadily

Draws: | ○ + □ △
 2y 3y 3½y 4y 5y

tower of 6 cubes (2y)

2-6 y

tower of 8 cubes (2½y)
 L = 2 sentences (2y)
 3-4 sentences (3y)

S = Interactive play takes turn

Vac (4-6y) : OPV, DTaP, MMR, Varicella

Main References :

- Kaplan USMLE Step 2 Lecture Notes : Pediatrics
- Illustrated Text Book of Pediatrics