

Prescription Details

Possible Conditions:

1. Common Cold
2. Influenza
3. Sinus Infection
4. Migraine

Prescription:

1. ****Paracetamol (Acetaminophen):****

- Dosage: 500 mg every 4-6 hours as needed, not to exceed 3000 mg in 24 hours.
- Purpose: To reduce fever and alleviate headache.

2. ****Ibuprofen (if additional pain relief is necessary and no contraindications):****

- Dosage: 200-400 mg every 4-6 hours as needed, not to exceed 1200 mg in 24 hours.
- Purpose: For pain relief and anti-inflammatory effects.

3. ****Rest and Hydration:****

- Encourage plenty of fluids and rest to aid recovery.
- 4.

Decongestant (if sinus congestion is present):

- Pseudoephedrine: 30-60 mg every 4-6 hours, not to exceed 240 mg in 24 hours.
- Purpose: To relieve nasal congestion.

These are standard over-the-counter treatments for symptoms like headache and fever, but it's important for a medical professional to verify the cause and adjust treatment as needed.