

Prescription Details

Here is a possible prescription based on the provided symptoms, age, and gender:

****Possible Condition:**** Anemia, Viral Infection, or Chronic Fatigue Syndrome

****Prescription:****

1. ****Iron Supplement (for Anemia)****
 - Dosage: 325 mg ferrous sulfate orally once daily
 - Note: Take with Vitamin C for better absorption.
2. ****Ibuprofen (for Viral Infection-related Fatigue)****
 - Dosage: 200-400 mg orally every 4-6 hours as needed for pain
 - Maximum: 1200 mg per day
3. ****Vitamin B12 Supplement (if B12 deficiency is suspected)****
 - Dosage: 1000 mcg orally once daily
4. ****Rest and Hydration****
 - Encourage fluid intake and adequate rest.

Please consult a healthcare professional for diagnosis and before starting any treatment.