

# Karishma Sanghi

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## Work Experience/Internships

Restaurant Akrame, Paris, France (*Stagiaire*)

February 2016 - August 2016

Worked in the production and service of vegetable, protein and pastry components as part of a modern French menu; gained culinary exposure and insight through working with a diverse, global team of varied skills and backgrounds; overlooked initiation and training of new admits.

Sourdough Works, Mumbai, India

April 2015 - July 2015

Conceptualized and put into place a sourdough bread subscription service, which supplied naturally leavened breads to customers on a weekly basis. Worked for product trials and recipe development; setting up of production processes and multiplication of production output along with cost management and accounting.

The Table, Mumbai, India (*Stagiaire*)

January 2015 - March 2015

First professional role as a stagiaire in a highly reputed continental restaurant in Mumbai; trained in a rotational basis in the preparation, garde manger, saucier, patisserie, and pasta making sections of the kitchen; assisted with offsite events and catering.

Out of The Box, Mumbai, India

January 2015 - August 2015

Led the conceptualization and launch of a new venture seeking to provide premeasured and ready-to-cook meal kits to customers in Mumbai; managed the photography, documentation and online presence of the establishment, assisted with recipe development and design of individual meals.

Cafe Food For Thought, Mumbai, India

March 2011 - April 2012

Core member of the marketing and development team concerned with the setting up of a new establishment in Mumbai; assisted with menu development and recipe testing; responsible for photography and documentation; managed the social media accounts and online activity.

## Education

Ferrandi, l'Ecole Francaise de Gastronomie, Paris

September 2015 - January 2016

Intensive Professional Programme in Cuisine

Institute of Hotel Management, Mumbai

July 2014 - October 2014

Craftsmanship in Cookery Course

Sophia Shree B.K. Somani Polytechnic, Mumbai

July 2013 - September 2013

Bakery and Patisserie Course

H.R. College of Commerce and Economics, Mumbai

June 2012 - April 2015

Bachelors of Commerce (B.Com. with Honours)

Cathedral and John Connon School, Mumbai

March 1999 - April 2012

12th Grade Indian School Certificate (ISC),

10th Grade Indian Certificate of Secondary Education (ICSE)