

# Ollama on Ubuntu: Llama 3.2 + Web App Backend

Step-by-step guide (updated 2026-01-06)

**Ollama** is a tool that helps you run large language models (LLMs) on your own machine (server or laptop). After a model is downloaded once, you can chat and build applications without sending your prompts to a cloud service.

## What you will learn

- What Ollama is and why people use it
- Hardware requirements (simple sizing guidance)
- Install Ollama on Ubuntu Server
- Download and run **llama3.2** (1B/3B sizes)
- Use Ollama as an API backend for a web app (Node.js example)
- Expose Ollama safely on your LAN (OLLAMA\_HOST)
- Common troubleshooting (disk full, ports, firewall)

## 1. What is Ollama?

Ollama is a local model runner. It installs a background service and provides:

- A CLI: **ollama** (pull models, run chats)
- A local HTTP API (default: **127.0.0.1:11434**) so your apps can call the model programmatically
- A model library (e.g., Llama, Mistral, Gemma) you can download and run locally

**Why use it?** Privacy, offline use after download, and easy integration into your own apps.

## 2. Models ("variants") you can run in Ollama

Ollama itself is one program. The “variants” usually refer to the **models** and their sizes (1B, 3B, 7B, 13B, etc.). Smaller models are faster and need less RAM; larger models can be smarter but need more resources.

Model family	Example Ollama name	Typical use
General chat	llama3.2, mistral, gemma	Everyday Q&A;, summaries, basic reasoning
Coding	codellama, deepseek-coder (if available)	Code help, explanations, refactoring
Vision (image)	llava (if available)	Image + text tasks (requires a vision-capable model)

### 3. Minimum hardware requirements (practical)

Exact requirements depend on the model size and quantization, but the table below works well for planning.

Target model size	Recommended RAM	CPU/GPU notes	Good for
1B–3B (llama3.2:1b / 3b)	8–16 GB	CPU-only is fine; SSD helps	Chatbots, simple assistants
7B–13B	16–32 GB	CPU works but slower; GPU helps a lot	Better reasoning, longer writing
30B–70B	64 GB+	Usually needs strong GPU/VRAM	Advanced tasks (heavy setup)

### 4. Install Ollama on Ubuntu Server

These steps follow Ollama’s official Linux installation method.

```
sudo apt update && sudo apt upgrade -y

sudo apt install -y curl ca-certificates

curl -fsSL https://ollama.com/install.sh | sh
```

Verify installation:

```
ollama --version
systemctl status ollama
```

## 5. Download and run Llama 3.2

Llama 3.2 is available in small sizes (1B and 3B). You can pull the default tag or specify the size tag.

```
ollama pull llama3.2
# or explicitly:
ollama pull llama3.2:1b
ollama pull llama3.2:3b
```

Run an interactive chat:

```
ollama run llama3.2
# exit with Ctrl+d or /bye
```

List installed models:

```
ollama list
```

## 6. Use Ollama as an API (quick test)

Ollama provides an HTTP API (default: localhost:11434). Example generate request (non-streaming):

```
curl http://localhost:11434/api/generate -d '{
  "model": "llama3.2",
  "prompt": "Explain AI in 1 line for kids.",
  "stream": false
}'
```

## 7. Expose Ollama on your LAN (optional)

By default Ollama binds to 127.0.0.1:11434 (local only). To allow LAN access, set **OLLAMA\_HOST**. For systemd-managed installs, use a service override.

```
sudo systemctl edit ollama.service
```

Add this override, then save:

```
[Service]
Environment="OLLAMA_HOST=0.0.0.0:11434"

sudo systemctl daemon-reexec
sudo systemctl restart ollama
```

If using a firewall (UFW), allow the port:

```
sudo ufw allow 11434/tcp
```

## 8. Use Ollama as the backend for a web app (Node.js)

Recommended architecture: **Browser** → **Your Backend** → **Ollama**. Do not expose Ollama directly to the public internet. Put authentication and rate-limiting on your backend.

### 8.1 Install Node.js + create a backend

```
sudo apt update
sudo apt install -y nodejs npm

mkdir -p ~/ollama-backend && cd ~/ollama-backend
npm init -y
npm i express
```

### 8.2 Create server.js (API + simple health page)

```
const express = require("express");
const app = express();
```

```

app.use(express.json());

const OLLAMA_URL = process.env.OLLAMA_URL || "http://localhost:11434";

app.post("/chat", async (req, res) => {
  try {
    const prompt = req.body.prompt || "Hello!";
    const response = await fetch(`${OLLAMA_URL}/api/generate`, {
      method: "POST",
      headers: { "Content-Type": "application/json" },
      body: JSON.stringify({ model: "llama3.2", prompt, stream: false }),
    });
    const data = await response.json();
    res.json({ reply: data.response });
  } catch (err) {
    res.status(500).json({ error: err.message });
  }
});

app.get("/", (req, res) => res.send("Backend is running. Use POST /chat"));

app.listen(3000, "0.0.0.0", () => console.log("Backend running on port 3000"));

```

### 8.3 Run and test

```
node server.js
```

Test from the same server:

```

curl -X POST http://localhost:3000/chat \
  -H "Content-Type: application/json" \
  -d '{"prompt": "Explain music in 10 words"}'

```

## 9. Troubleshooting (common)

**Disk full:** Check `df -h`. Free space or extend the filesystem (common on LVM installs).

**Port not reachable:** Check listening sockets (**ss -lntp**) and firewall rules (UFW).

**Browser shows “Cannot GET /chat”:** /chat is POST-only; use POST or add a UI route.

**Remote Ollama access:** Set `OLLAMA_HOST` or keep Ollama local and proxy through your backend.

## References (official)

- <https://docs.ollama.com/linux>
- <https://docs.ollama.com/api/generate>
- <https://docs.ollama.com/faq>
- <https://ollama.com/library/llama3.2>