

















Quick-Start a Session:

Left click (right click shows menu) 💸



Launch and Wake Behavior:

- Launch Amphetamine at login
- Start session when Amphetamine launches
- Start session after waking from sleep

Other:

- Hide Amphetamine in the Dock
 - ☐ Takes effect after closing all open windows
- Reduce motion

Reset warnings and dialogs

Reset all preferences



















Default Duration: Indefinitely 💸

End Time Calculation: Use timer 💸

Forced Sleep: End session when Mac is forced to sleep

Display Sleep: Allow display sleep

Closed-Display Mode: <a>Allow system sleep when display is closed

Screen Saver: Allow screen saver after

HIII Oh 45m of inactivity

Exceptions...

Battery: End session if charge (%) is below:

10%

Prompt before ending a session

Power Adapter: Ignore charge (%) if power adapter is connected

Start a new session if reconnected











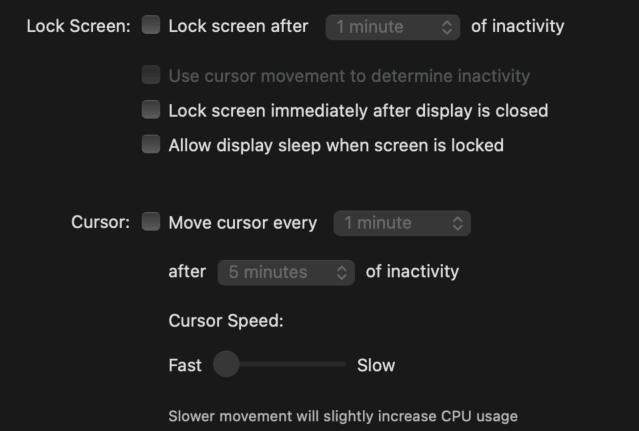






of inactivity





Fast User Switching: End session when switching accounts











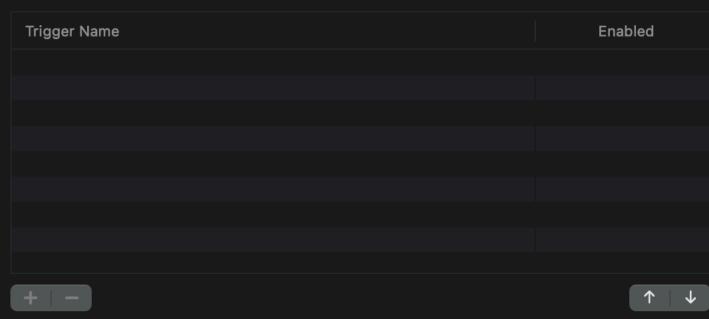






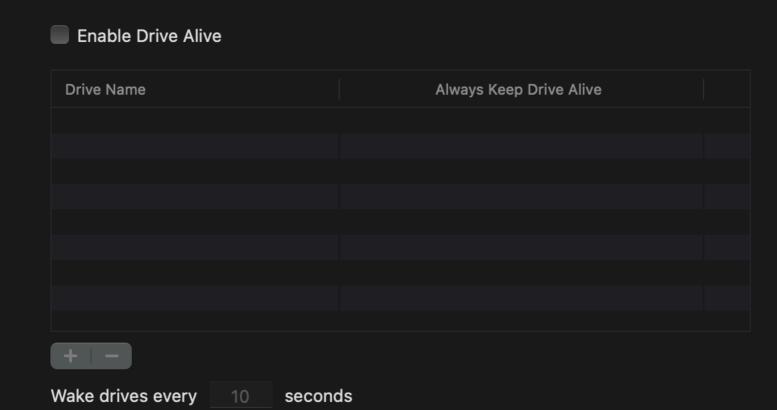


Enable Triggers



Double-click a Trigger's name to edit the Trigger

Preferences (i) (ii) (iii) (i



Statistics



















Start or End Session:

Record Shortcut

If a session is already running:

End the session and start a new session 🗘

Start Session:

Record Shortcut

with duration:

Indefinitely



End Session:

Record Shortcut

Open/Close Menu:

Record Shortcut

Use Esc to close menu

Toggle Allow Display Sleep:

Record Shortcut

Toggle Allow Screen Saver:

Record Shortcut



















Session Reminders: Remind every 60 minutes

Triggers/Scheduled: V Notify when Trigger/scheduled sessions auto-start

✓ Notify when Trigger/scheduled sessions auto-end

Sound: V Play with session reminders/other notifications

Play when any session starts or ends

Play when any session is extended

Session start/reminder: Session end:

Default system sound 📀 🗆 Default system sound 💸

+ -

Closed-Display Mode: Play closed-display warning tone

Repeat tone every 5 minutes 💠

Momentarily set system volume to 5% \$

Enabling this feature will cause the warning tone to play from the default sound output rather than the Sound Effects output.

Notification Center: <a> Remove notifications after delivery













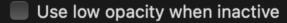




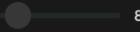


Menu Bar Image:





Manually manage padding for menu bar image



8 pixels

Menu Bar Text:

Show session time remaining in menu bar

standard font size 💸

Standard format (08:15)

- Use 24-hour clock
- Include seconds

Menu Extras: ✓ Show current session details

Show Drive Alive details



















Amphetamine has kept your Mac awake for

0 days 0 hours 00 minutes 11 seconds

Average Session Duration

0 days 0 hours 00 minutes 11 seconds

Total Sessions

•

Reset Statistics

▼ Enable statistics collection