

Name	Age	Gender	Do you have any	How many hour	How often do yc	On a scale of 1-	Have you ever u	If yes, which type of medit	On a scale of 1-	Which meditation technique do
P1	24	Male	No	6	Occasionally	6	No		7	Music Based Meditation
P2	22	Male	No	7	Occasionally	7	No		8	Music Based Meditation
P3	23	Female	No	6 hours	Occasionally	5	No		7	Music Based Meditation
P4	23	Female	No	7-8	Never	6	Yes	Guided Voice Meditation	9	Guided Voice Meditation