

**Égo**

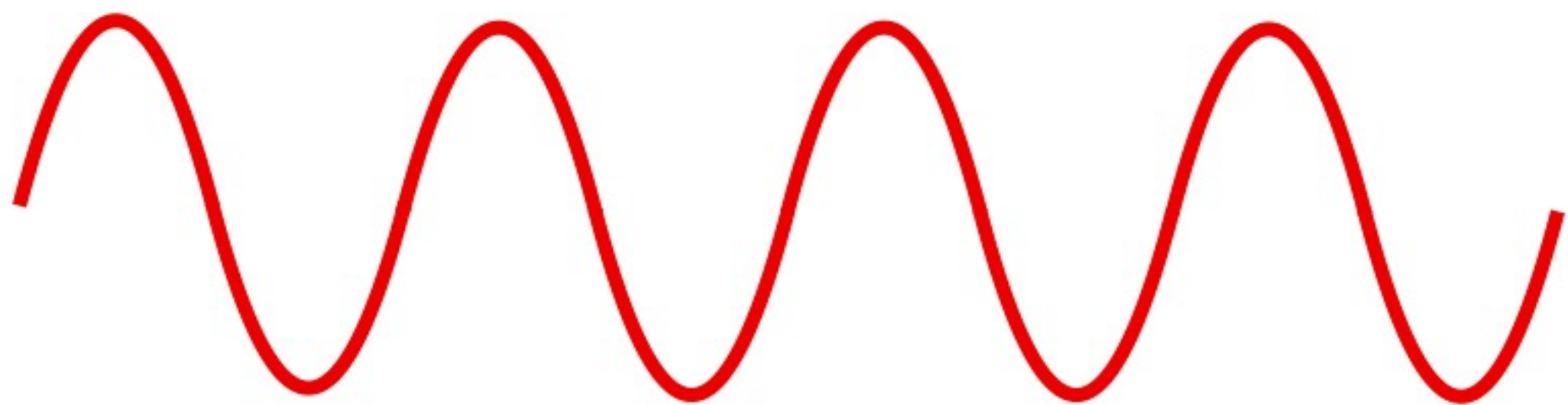
**Confiance**

**Fais-le**

**Fais-le**

**Fais-le**

**Juste**

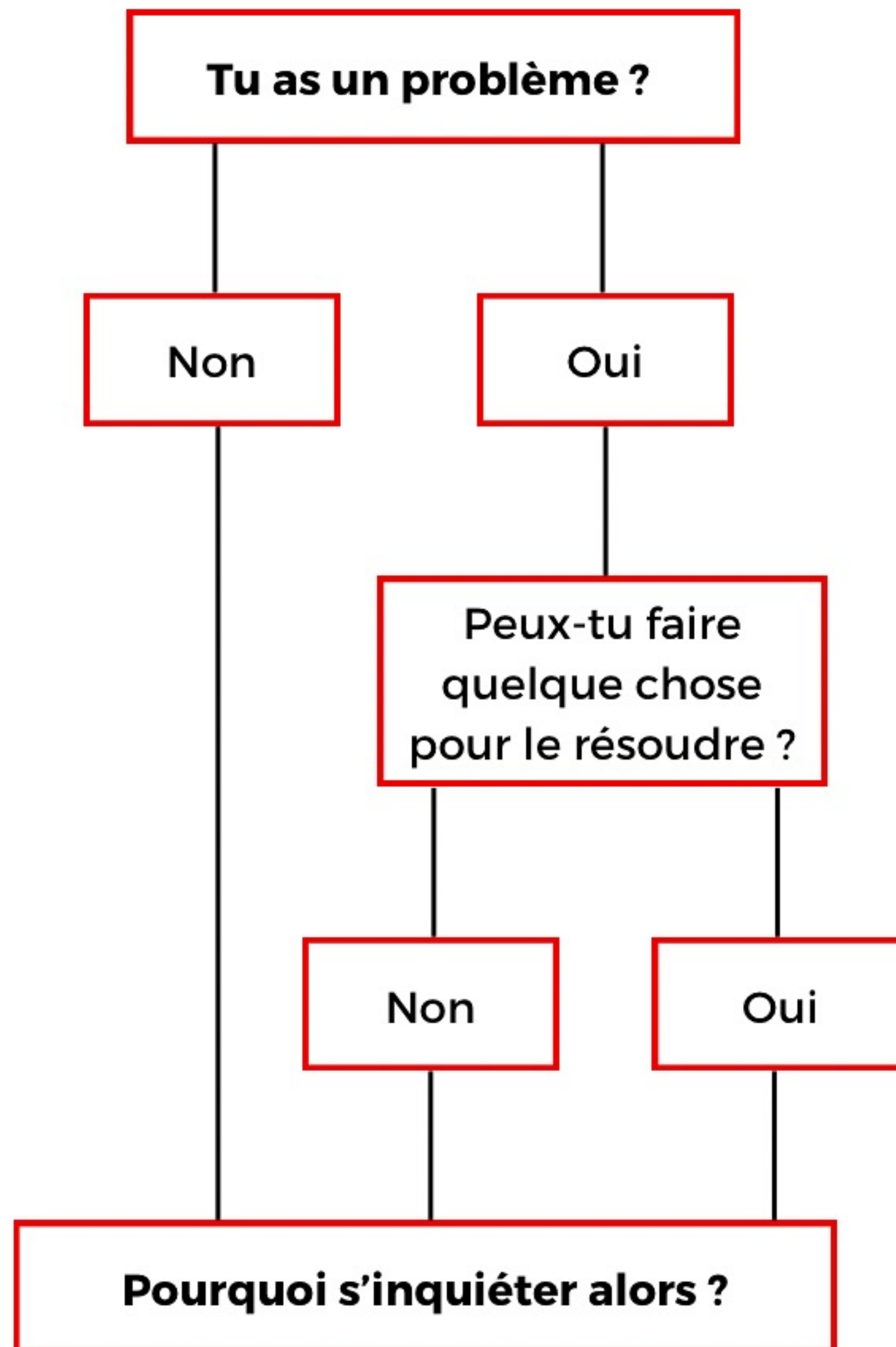


**Seul**

**Fatigué**

**Effrayé**

**Fais-le**





**Supermarché**  
1€



**Hôtel**  
3€



**Aéroport**  
5€

**Demande-toi si tu es à  
la bonne place**

**APPRENDS**

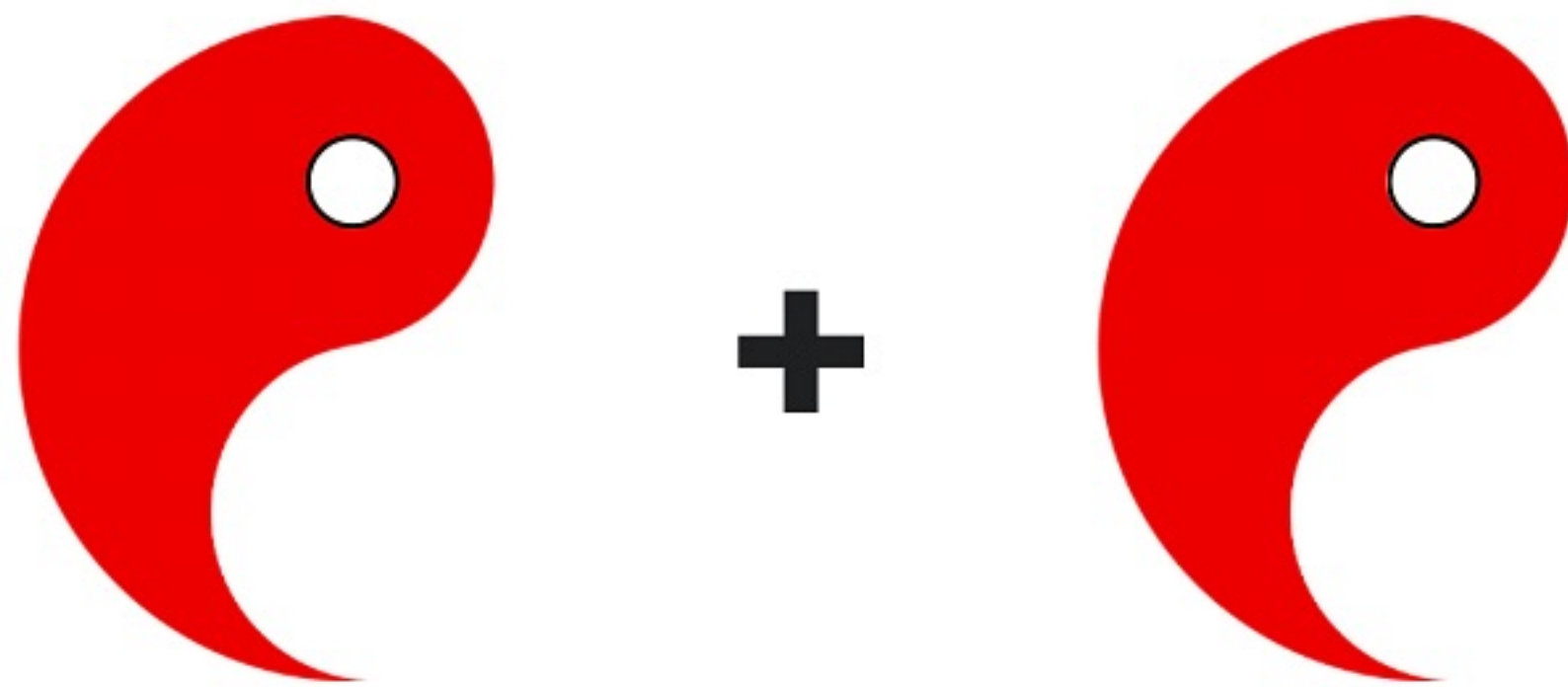


**CROIS**

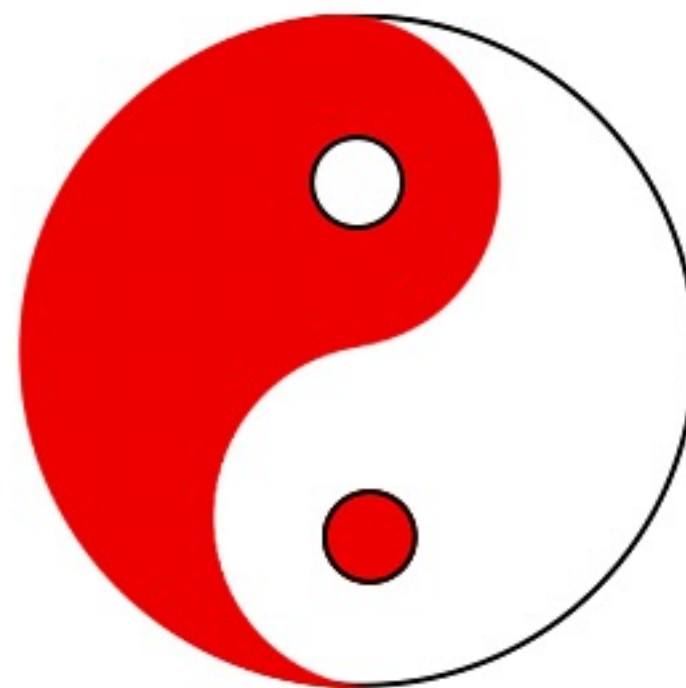


**VIS**

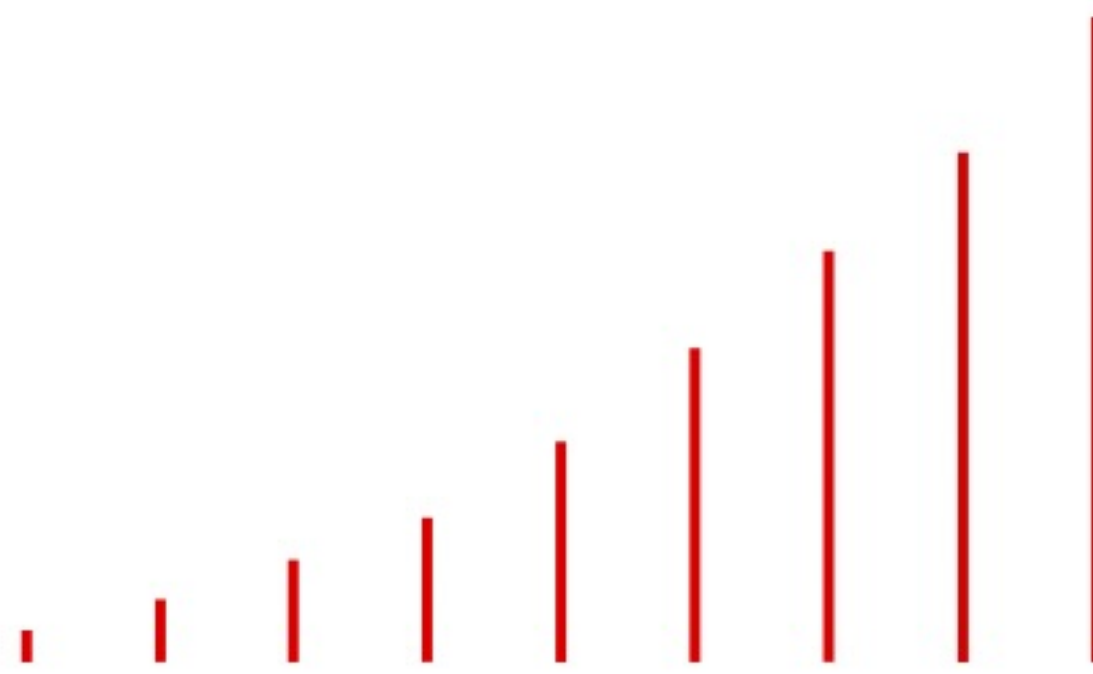
**Travail assis + Pauses assises  
= fatigue**



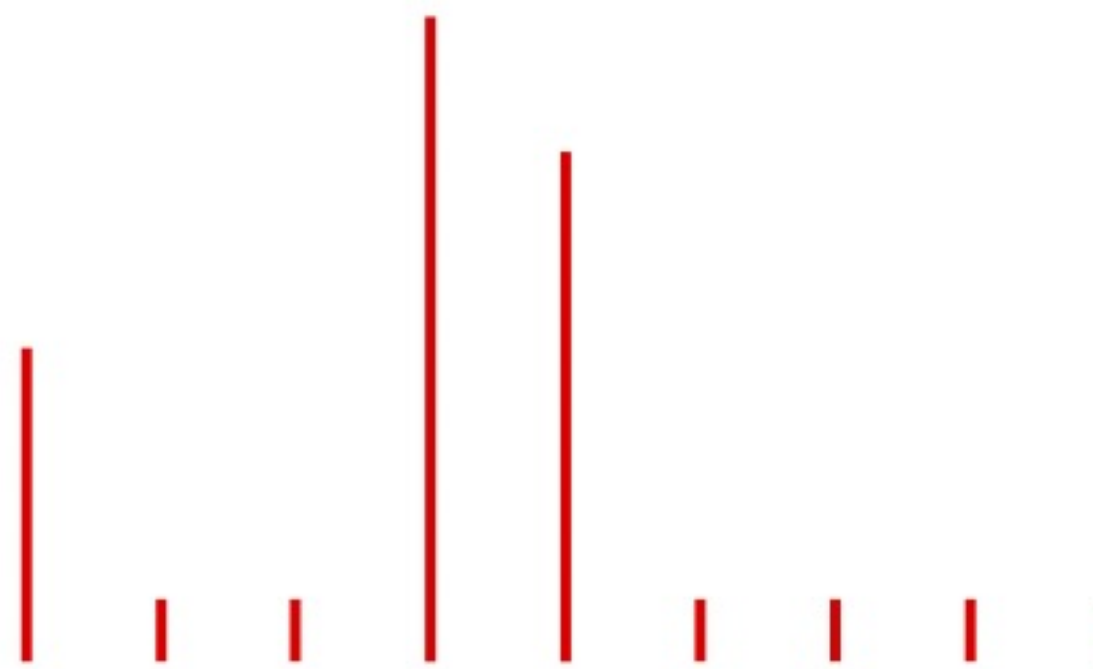
**Travail assis + Pauses actives  
= équilibre**



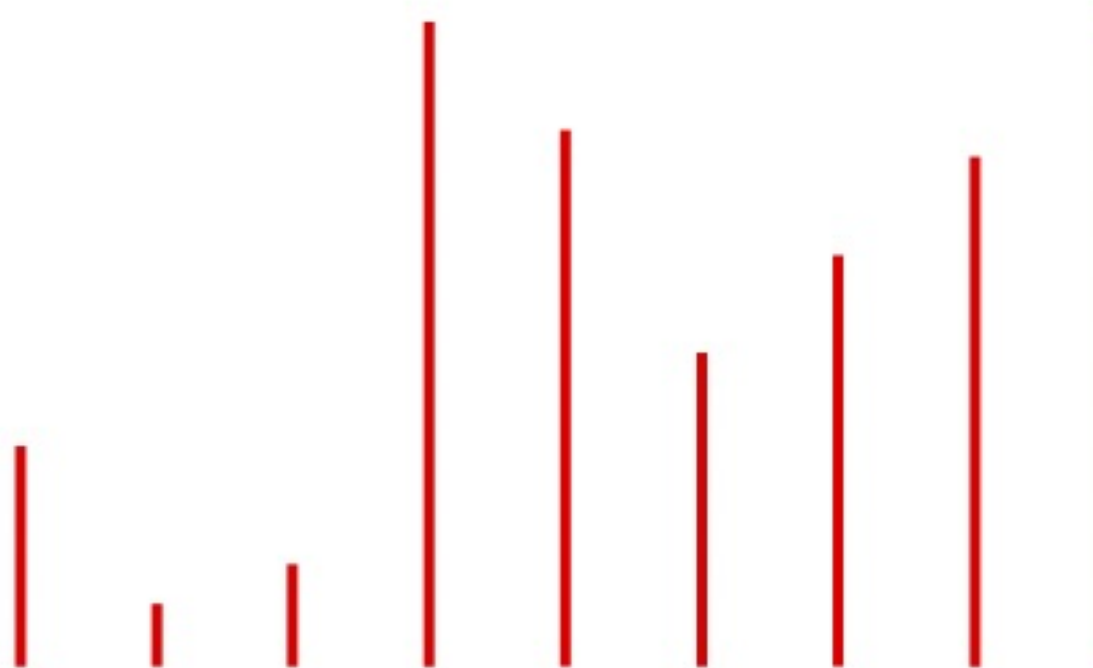




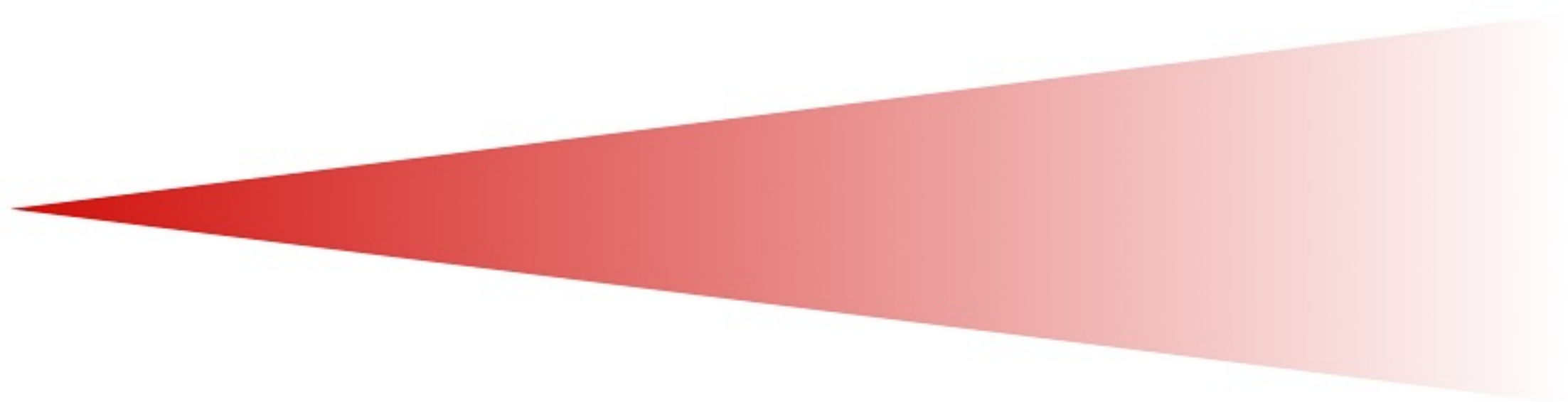
**Travail**



**Chance**

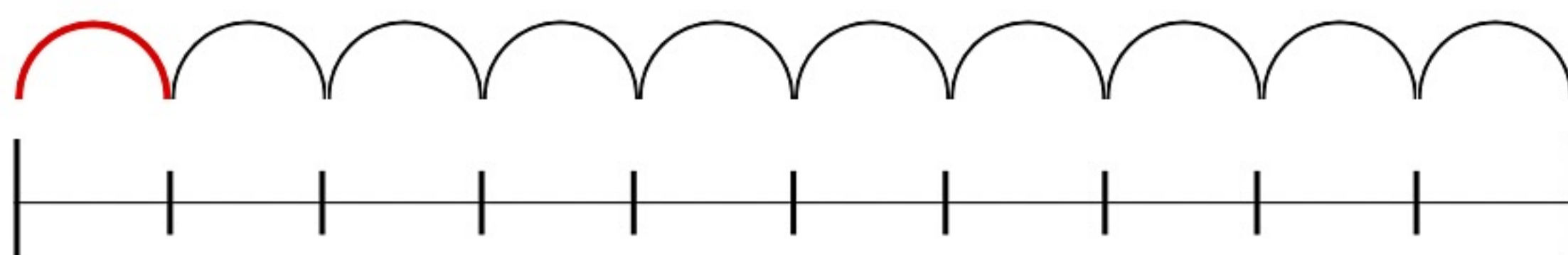


**Travail + chance**



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**Tu n'as pas besoin de voir tout  
le chemin**



**Tu as juste besoin de faire le  
premier pas**



