days when the Mahâstomas are required (the Chandomâ days) the Maitrâvaruna inserts, ko adya naryo devakâma (4, 25, 1), the Brâhmanâchhamsi, vanena vâyo nyadhâyi (10, 29, 1), and the Achhâvâka, âyâhy arvâmg upa (3, 43, 1). These are the Avapana hymns (intercalary hymns), by means of which the Gods and Rishis conquered the heaven-world, and by means of which the sacrificers conquer heaven (also).

## 20.

(On the hymns repeated by the Maitravaruna, &c. which precede the Sampatas.)

Before the (Ahina) hymns are repeated, the Maitrâvaruna repeats every day, sadyo ha jâto vrishabhah (3, 48). This hymn leads to heaven; for by means of this hymn the Gods conquered the heavenly world, and the Rishis did the same; by means of it the sacrificers also conquer the heavenly world. This is a Vis'vâmitra hymn, for Vis'vâmitra (all-friend) was the friend of all; therefore all will be friendly towards him who has this knowledge, if the Maitrâvaruna knowing this repeats (this hymn) every day before the Ahina Sûktas. This hymn (sadyo ha) contains the word "bull," and is therefore a pas'umat (having cattle), serving for obtaining cattle. It consists of five verses; five-hood comprises five feet, and five-hood is food, for obtaining (which this hymn is useful). The Brâhmanâchhamsi repeats every day the Brahmâ hymn, which is complete, ud u brahmany airata (7, 23).

This hymn leads to heaven; by means of it the Gods conquered the heavenly world, and the Rishis did the same; by means of it the sacrificers conquered the heavenly world. It is a Vasishtha hymn; by means of it Vasishtha obtained Indra's favour, and conquered the highest world. He who has such a