for any battle-array. The victory earned by a King with his elephants is more respected.

For all diseases of an elephant Anuvasana or Snehavasti is recommended. A bath after anointing it with oil or ghee is good. For skin diseases the ghee may be combined with Manjal (Turmeric), Maramanjal or gomūtra (cow urine). If it suffers from enlargement of the belly, giving it a bath with sesame oil is good. It can be given Pañcalavaņas and Vāruņīmadya to drink. If there is fainting it must be given rice mixed with Vlalari, Triphala, Cukku, Mulaku and Tippali and water mixed with honey to drink. If there is headache anointing the head with sesame oil and inhala-

tion of the same is good. For diseases of the foot, treatment with Snehaputas is prescribed. To get motion of the bowels Kalkanta Kaṣāya (infusion of sugar candy) is good. To those who have shivers should be given the flesh of peacock, Tittiri bird and Lava bird mixed with Tippali and pepper. For dysentery the tender fruit of Kuvala, skin of Pāccotti, flower of Tātiri should be dried and powdered and be given mixed with sugar along with rice. For Karagraha (pain inside the trunk) Nasyam of ghee with Intappă mixed in it should be done. It must be given "Muttanga Kanci with tippali, Cukku and Jiraka in it. For Utkarnaka (pain in the ear) flesh of pigs should be given. For Galagraha (pain in the neck) a liniment made of Dasamula, Mutirappuli and Kākkappancci in oil should be rubbed at the site of pain and the elephant kept under chains. If there is difficulty in passing urine light liquor containing powdered Astalavanas should be given. For all skin diseases use Vep oil as an ointment and give the infusion of Atalotaka to drink. For worms (inside the stomach) give cow's urine with powdered Vlalari in it. If the elephant is getting reduced and weak it should be given milk or meat soup with Cukku, Tippali and grapes well mixed in it. If there is lack of appetite it is to be given Mulgaudana (rice boiled along with Cerupayar) to which is added Cukku, Mulaku and Tippali. If it is Gulma it should be given sesame oil boiled with the following: Trikotpakkonna, Cukku, Mulaku Tippali, Kotuvelikkilangu, Nāgadantiveru, Erikkinveru, Nätkkotpakkonna, Milk and Attittippali. Navara rice with sort of cerupayar can also be given. For swellings on the face, a paste made of tender Kūvala fruits can be rubbed at the site of the swelling. For all sorts of pains in the stomach rice well mixed with the powder made by grinding together Vlālari, Kuṭakappālayari, Asafoetida, Carala, Mañjal, Maramanjal may be given.

The best food for elephants is the rice of Navara, Vrīhi and cennellu. Yava and wheat are next to the above. Any other food is inferior to these. Yava and sugarcane will give strength to elephants. Dry yava rice is not good. Milk and meat cooked with carminative ingredients are good for elephants who have gone lean.

If the elephants receive great injuries in a battle the meat of birds like crow, fowl, cuckoo and Hari mixed with honey is good. Fumigation by the burning of chilli, fish, Vlalari, caustic soda, Puttal, Piram and maramañjal mixed together is effective. Dropping honey medicated with tippali tandula, sesame oil, and fruit honey in the eyes is not only good for the eyes but is also inducive of digestion. Make an ointment with the faces of the birds cātaka and Pārāvata mixed with the burnt skin of Nātpāmara dissolved in light spirit. If this ointment is applied, the elephant would defeat all enemies in a battle. Powder Nilotpala, Muttanga and Takara and make an ointment using rice gruel. Applying this ointment in the eye is excellent.

If the nails grow they should be cut at least once a month. Once in a month an oil bath is good for the elephants. Elephant sheds should be spread with cowdung discs and dust. Doing Seka with gliee during autumn and summer is advisable. (Chapter 287, Agni

Purāṇa).

- Vlalari-The grain of Vlal-Vidanga (Babreng)
- Triphala-A combination of the three fruits : a) āmalakī (Emblic Myrobalam) b) Vibhītakī (Beleric Myrobalam) and c) Harītakī (Myrobalam)
- Cukku-Sunthi (dry ginger
- Mulaku—Raktamarica (chilli) Tippali—Pippali (long pepper) Kūvala—Vilva (Bengal Kins)

- Paccotti—Lodhra (symplocos Racemosa) Tatiri-Dhataki (Grislea Tomentosa)
- Nasyam—A method of introducing medicine through the nose Intappū—Sallakī Puṣpa (Flower of Boswellia Thurifera)
- 10. Muttanga - Musta (Cyperus Rotendus) Kanci means rice boiled with water and Muttanga Kanci means rice and muttanga boiled

88

- together. Jīraka – Jīraka (cumin seeds)
- Dasamula-A combination of ten herbs. 13.
- Mutirappuh
- Kākkappanacci Kākatindu
- 16. Aştalavanas - Eight salts like common salt, rock salt, magnesium sulphate etc.
- Āṭaloṭaka—Āṭarūṣa (Vasaka)
- Cerupayar-Mudga (green-grain)
- 19. Gulma
- Trikotpakkonna—Trivrt (Turbithroot) 20.
- Kotnvelikkilangu-Citraka (Plumbago rose)
- Nägadantiveru—Root of Nägadanti (Glancous leaved Physicnut) Erikkin Veru—Root of Arkka (Gigantic swallow wort)
- 23.
- Nātkkotpakkonna—Kṛṣṇa Trivṛt Attittippalī—Hasti-pippalī 24.
- 26. Navara-Şaştikā-A kind of rice.
- Carala—Saralā (long leaved pine) Mañjal—Haridrā (Turmeric) 28.
- Maramañjal-Dārvī
- Vrîhi-Cînah (A kind of paddy)