According to the Vājasaneyi Samhitā, it formed the essential element of gruel (karambha), and Upavāka groats (saktavah) are mentioned in the Śatapatha Brāhmaṇa.⁴

Upa-veśi is mentioned as a pupil of **Kuśri** in a Vamśa (list of teachers) in the Brhadāranyaka Upaniṣad (vi. 5, 3, in both recensions). See also **Aupaveśi**.

Upa-śrī, Upa-śraya, are two readings of the same term. The former is found in one recension of the Kauṣītaki Upaniṣad,¹ while the latter is probably the reading of the other recension of the Upaniṣad,² and certainly the reading in one passage of the Atharvaveda,³ though the text has apaśrayaḥ, which is accepted as possible by Roth.⁴ In both cases the term clearly means something connected with a couch (Āsandī in the Atharvaveda, Paryanka in the Kauṣītaki Upaniṣad). Aufrecht,⁵ Roth,⁵ and Max Müller¹ render it as 'coverlet' or 'cushion,' but Whitney³ seems evidently right in holding that it must mean a 'support' or something similar.

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1 i. 5.

2 See Keith, Śānkhāyana Āraņyaka,
20, n. 3.
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Upa-starana denotes in the description of the couch (Par-yanka) in the Kauṣītaki Upaniṣad¹ a 'coverlet,' and has this sense, used metaphorically, in the Rigveda² also. In the Atharvaveda³ it seems to have the same meaning. Whitney,⁴ however, renders it 'couch,' though he translates⁵ the parallel word Āstarana in another passage⁶ by 'cushion.'

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1 i. 5.

2 ix. 69, 5.

3 v. 19, 12.

4 Translation of the Atharvaveda,

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³ xv. 3, 8. Cf. Whitney's note in his Translation.

⁴ St. Petersburg Dictionary, s.v., and still followed by Böhtlingk, Dictionary, s.v.

⁵ Indische Studien, 1, 131.

⁶ S.v. apaśraya.

⁷ Sacred Books af the East, 1, 278.

⁸ Translation of the Atharvaveda,

Cf. Weber, Indische Studien, 1, 402; Zimmer, Altindisches Leben, 155.

⁵ Ibid., 776.
6 xv. 3, 7.
Cf. Weber, Indische Studien, 1, 403;
Zimmer, Altindisches Leben, 155.