# Child Studies Program

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The Child Studies Program offers a degree program leading to the bachelor of science in child studies. The child studies major is designed for undergraduates interested in a career working with children and families in a school or community-based setting. The curriculum is designed for students interested in careers in elementary school teaching, social work, early childhood education, counseling, family law, speech and language pathology, occupational therapy, or nonprofit agencies that provide community services to children and families. Students with a B.S. in child studies are prepared to go on to postgraduate studies related to diverse career goals, such as teacher credential programs and graduate programs in education as well as postgraduate programs in psychology, social work, or other fields. Advisors in child studies can provide information about teaching credential programs and many other vocations requiring further graduate or professional school education.

## Requirements for the Major

In addition to fulfilling undergraduate Core Curriculum requirements for the bachelor of science degree, students majoring in child studies must complete the following program requirements:

* CHST 3, 4, 5, 6, 11, 12, 75, 100, 101, 102, 104, 106 (ELSJ), 180, 181, 182
* PSYC 2, 185 (ELSJ)
* One elective selected from: CHST 66, 109, 111, 114, 115, 123a, 138, 190, 199; PSYC 134, 172

## Lower-Division Courses

### 3. Child Studies

Designed to cultivate critical awareness, thinking, and action with respect to children and families in schools and broader communities. The course fosters an understanding of social justice issues related to children and youth in schools and communities, historical movements and organizational structures within education, and the emerging professions of child studies. (4 units)

### 4. Cultural Competence and Humility with Children and Families

### Cultural competence and humility taken together allow us to better communicate, listen, teach, learn, support, and lead in multiple contexts. Becoming culturally competent requires the critical development of awareness, attitudes, knowledge, and skills that create supportive and transformative interactions when working with children and families within diverse environments. This course is designed to cultivate knowledge of self and others while also promoting a formative anti-oppression framework. Through readings, films, discussion, and trainings, we will devote ourselves to the rigorous examination of personal, interpersonal, and systemic/structural racism, classism, sexism, heterosexism, ageism, ableism, and religious discrimination toward the pursuit of social justice with children and families. (4 units)

### 5. Compassionate Leadership

Explores current research on how mindfulness (cultivating self-awareness) within our personal and professional lives leads to essential workplace leadership competencies such as: leading courageous conversations, managing conflict and emotions, and developing resilience in challenging situations. Students analyze how mindfulness programs can impact the role businesses and public organizations (e.g., schools, prisons) play in civic life. (4 units)

### 6. Information Literacy in Child Studies

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An introduction to a wide variety of databases and internet sources useful in preparing papers, presentations, workshops, grant proposals, and informing oneself and others about a topic. Students will gain skills in scientific and data literacy as they understand traditional production flow of scholarly communication, the role of peer review, the expanding role of the Web,and recognize the difference betweens scholarly research and popular sources of information. Students will also effectively organize and credit information sources. Students will gain experience with reference management software, excel, and understand foundational elements of writing in the social sciences. (4 units)

### 11. Quantitative Research Methods and Statistics in Child Studies

An introduction to research methods and exploratory data analysis, descriptive statistics, probability, sampling, estimation, and statistical inference. Work problems are focused on how statistics are used in evaluating and understanding questions about children in school and community settings. Statistical software is included in course. Prerequisite: CHST 6. (4 units)

### 12. Qualitative Research Methods and Statistics in Child Studies

An introduction to qualitative research methods and analysis with a focus on the case study method, in-depth interviews, naturalistic observations, and focus groups. Focus is on research questions related to evaluating and understanding issues related to children and families. Emphasis is on observation, interviewing, and reflection skills. Prerequisite: CHST 6. (4 units)

### 66. Movement Education

An exploration of movement as a primary site of learning and meaning-making for children and youth. Students learn how to facilitate learning in the conceptual/cognitive, affective/socio-emotional, and psychomotor/kinesthetic domains, and reflect critically on the teaching process. Course culminates in student-led collaboratively designed lessons taught to children from neighboring K–8 schools. (4 units)

### 75. Technology and Education

Explores the relationship between technology, society, and education. Students investigate the appropriate role of technology in educational reform, evaluate the personal impact of social media on children and adolescents, and propose solutions to the pressing educational needs of our society. Interactive and engaging discussions and team projects highlight the dynamic quality of these issues. (4 units)

## Upper-Division Courses

### 100. Advanced Writing for Research in Social Sciences

Explores quantitative and qualitative social science research on children, youth, and families, with a focus on the relationship between a research problem, the exploration of that problem, and the inferences that can be drawn from empirical inquiry. Students engage in close readings of scholarly articles while planning and participating in lessons to support collective learning. Emphasis on the development of skills in social science writing for academic audiences. Prerequisites: CTW 1, 2, and CHST 6, 11, 12 for majors; permission from instructor for non-majors. (5 units)

### 101. Early Childhood, Family and Community

An overview of theory and research of infancy and early childhood (ages 0–5). Requires participation in community-based learning experiences off campus. Specific topics vary and the course may be repeated for credit. Prerequisite: CHST 100 or permission of instructor. (5 units)

### 102. Middle Childhood, Family and Community

An interdisciplinary examination of children in middle childhood (ages 5–12). Requires participation in community-based learning experiences off campus. Specific course topics vary and the course may be repeated for credit. Prerequisite: CHST 100 or permission of instructor. (5 units)

### 104. Advocacy for Children

An interdisciplinary examination of child and family advocacy and the prevention of child abuse and neglect within a risk and resilience framework. Requires participation in community-based learning experiences off campus. (5 units)

### 106. Urban Education and Multiculturalism

The American ideal of equal educational opportunity is at odds with the persistent reality of the “achievement gap” between those students in affluent suburban schools and their counterparts in urban schools. This course focuses on education in large urban contexts, with a particular emphasis on students from low-income environments. Ethnicity and class are two critical lenses that examine the reasons for: (a) historical contexts underlying education in urban contexts; (b) lack of cultural competence, school failure, underachievement, and the preschool to prison pipeline; and (c) the politics and policy of education reform. This course requires participation in community-based learning experiences off campus. Fulfills ELSJ requirement. (5 units)

### 109. Children, Art, and Society

This course allows students to investigate the role of art and creativity in human development and understand the personal and societal impact of accessible, high quality, embodied arts experiences. The way the arts creates a path for more justice in the world, democratizes the classroom for English language learners, gracefully assists with classroom management, and fosters higher order thinking is explored, as is the notion of public schools offering all arts to all students. Student learning in this course culminates with transdisciplinary perspectives, acknowledging the powerful complexity and potential of the arts to serve as a bridge between diverse fields and perspectives creating new epistemologies. Final research papers have students investigating arts education efforts and organizations dedicated to the most pressing issues of our time (democracy, peace, diplomacy, the environment, migration, economic and social disparities, etc.), and offering imaginative analysis of ways to better serve the human family, particularly children and youth, via generative, creative, artful solutions. (5 units)

### 111. Immersion for Mindful Leadership

A formational immersion experience where students foster deeper social and emotional intelligence, vocational discernment, and strategies that support resilience and essential leadership competencies in preparation for demanding vocations in social, human, and business service sectors. Specific immersion sites vary. (5 units)

### 114. Parenting

Investigates parent-child relations from infancy through early adulthood with an emphasis on the social, cultural, and environmental forces that have an impact upon family dynamics. Reviews current research on parenting styles and practices, discipline, parent-child interactions, attachment, and the family context with an emphasis on professional implications for promoting local and global child health and well-being. (5 units)

### 115. Special Topics: International Internship/Study

Topics may vary. (1–5 units)

### 123A. Media and Youth

Cross-listed with COMM 123A. For course description, see COMM 123A. (5 units)

### 138. Exceptional Child

Introduction to childhood mental, intellectual, and developmental disabilities, behavior disorders, communication (speech and language) disorders, hearing impairments, physical and health impairments, severe disabilities, and the gifted and talented. The impact of these differences in comparison with typical development is addressed. This course requires participation in community-based learning experiences off campus. (5 units)

### 180. Internship in Child Studies

Field experience in a school, human services, or community organization required for all Child Studies majors. Class meetings and 80 hours at organization site. P/NP only. Prerequisite: Child Studies Major or permission of instructor. (5 units)

### 181. Senior Capstone I

This course provides students with the opportunity to develop a research project and learn through direct engagement with children in school, family, or community settings. Students will be guided as they review the literature, devise a research question, and design and pilot research procedures. Prerequisites: senior status; CHST 100 and 180. This course is taught in the fall quarter and requires participation in community-based learning experiences off campus. (5 units)

### 182. Senior Capstone II

Students will complete their research project developed in CHST 181 including data collection and analysis, writing a research paper in APA style, and presenting a research poster. Prerequisites: senior status; CHST 100 and 181. This course is taught in the winter quarter and requires participation in community-based learning experiences off campus. (5 units)

### 190. Resilient Families

A community-engaged guided research experience focused on promoting well-being and resilience in children and families. Fifty hours of research for 1 credit. May be repeated for credit. Permission of instructor required. P/NP only. (1–2 units)

### 196. Future Teachers Project Seminar

A seminar addressing education and the teaching profession for students participating in the Future Teachers Project. May be repeated for credit. (1 unit)

### 199. Directed Reading/Directed Research

Independent study or supervised research project with a faculty sponsor from CHST. Requires a written proposal and approval by both the faculty sponsor and the CHST program director. Proposal for enrollment is due before finals week of the previous quarter. P/NP only. (1–5 units)